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NEW HEIGHTS

REVOLUTION 2017

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LEXINGTON HIGH SCHOOL

revolution 2017
volume 92

Freshmen	556
Sophomores	561
Juniors	558
Seniors	520
Staff	379

Lexington High School
251 Waltham Street
Lexington, Ma 02421
Office: 781.861.2320
web: http://lexingtonps.schoolwires.net/domain/8

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We are a collection of students with drive, with passion, and with an indomitable spirit that motivates us throughout our lives. While our merits are gauged on a four point scale, our passions are limitless. We rise above the limitations of our age and of our weaknesses. Lexington is a school for the passionate, those that dream big and work hard.

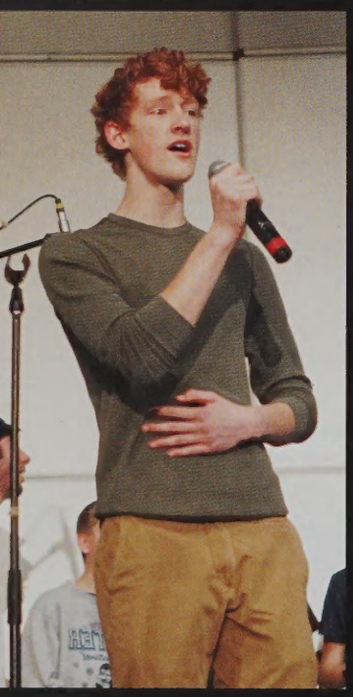
Starting out in our freshman year we are running, spreading out and hoping to take flight. Throughout these years at high school we rise and we fall, but our eyes consistently look skyward. Always looking to the new, the different, the challenging, and the exciting.

NEW HEIGHTS

We are a school of students that dream of something great. Who shoot for the moon and expect nothing less. Who are not content with the bare minimum. Who have learned, failed, grown, and built themselves into something great.

Our dreams and ambitions transcend every field, terrain, and world that could be explored. No matter the destination in mind, it is a guarantee that these students are destined to rise to the top. To be leaps and bounds above the competition, and to never stop dreaming. Never stop aspiring to

NEW HEIGHTS.



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In 2017, Niche.com, a website that analyzes data to produce comprehensive rankings and reviews for every K-12 school in the United States, ranked LHS the best public school in Massachusettts. The site ranked LHS #1 for college readiness as well.

95

2017 National Merit Scholarship Commended Students

2205

students in grades 9-12 walked the halls of LHS in 2017

228

faculty members teach the young minds of our students. 215 of our faculty have advanced degrees.

482

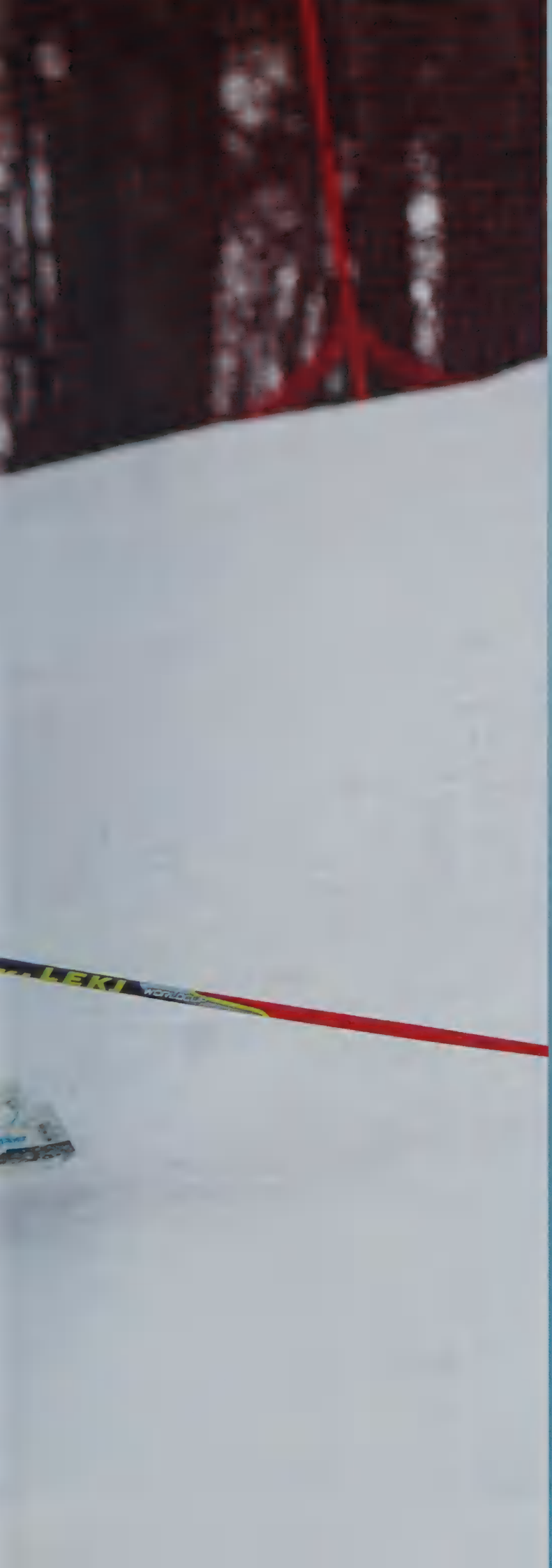
The Class of 2017 has applied to 482 different colleges spread across the United States.

13:1

Student to faculty ratio at LHS

Daphne Li leaps into the air as she takes the stage to perform a Chinese Dance at Asian Night. "When I perform a dance more than once, you would think that it gets less tiring with experience. But for me, it just gets more exhausting because I can always find more things to improve whether it's my facial expressions or how I'm breathing. I just try to get it closer to perfection each time," Li said.

REACHING the SUMMIT



Sophomore Jonny Bachman, a member of the combined Lexington-Waltham Alpine Ski team, accomplished a feat that his coach, Russ Sorin said was "unbelievable for a sophomore." After qualifying for the MIAA State Championship Tournament, he finished in the top 20 out of the best 132 male high school skiers in the state in both Slalom and Giant Slalom. During the regular season he was one of the top point getters on the team.

Susannah Gaines, a junior, jumps over the opposing player and tips the ball to her teammates, winning the jump ball.

18th
out of
132
top
skiers
in the
state

Spencer Kendall, a senior, takes advantage of his height and leaps over his defender to catch the incoming ball for a first down.

FRESHMEN

CLASS OF 2020

Minna Abalian
Lila Ablimit
Emin Abrahamian
Gino Abrams

Miriam Abrams
Charlotte Adams
Youssef Afify
Ashlan Ahmed

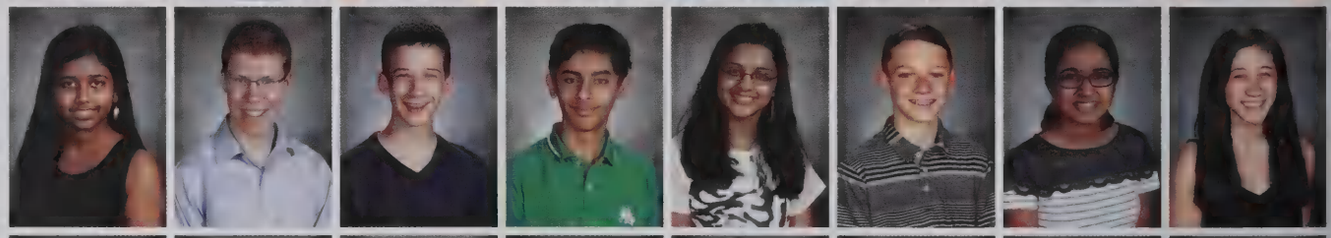
Rayhan Ahmed
Jiangyuan Ai
Karam Al-Afandi
Zain Al-Ragheb

Mickhael Alemayehu
Nathaniel Alessandrini
Michael Alessandro
Eduardo Alvernaz
William Amsler
Sidharth Anantha
Samuel Andrews
Benjamin Aquilina-Piscitello

Dario Arcieri
Arun Asthagiri
Mohammad Atiyyat
Chrisondra Awomah
Joshua Backert
Selvin Backert
Jun Ki Baek
Meher Bal

Cathryn Barbour
Daisy Baril
Emily Barnes
Mia Baskey
Yonatan Bason
Rishi Basu
Swetha Battini
Regan Beers

Serena Behera
Micah Benson
Adam Bernstein
Neel Bhalla
Ria Bhandarkar
Samuel Boehm
Jyothsna Bolleddula
Marisa Boni



Alexis Boudreau
David Boudreau
Chris Bourjolly
Gregory Braginsky
Megan Brand
Barnaby Brandon
Mia Braunstein
Colin Breen

Jesper Brenner
Audrey Brown
Nyree Brown
Taylor Brown
Madelin Bryant
Deniz Bulucu
Joseph Cacciatore
David Cai

Alessia Caira
Rachel Caldwell-Glixon
Andrew Calini
Rachel Camp
Brendan Caracino
Mary Carney
Isaiah Carver
Christopher Cervone

Erin Cesmeli
Talia Chait
Sachiv Chakravarti
Poojitha Chandrashekar
Richard Chang
Jenssey Charles
Aaron Chen
Cathleen Chen

Justin Chen
Victor Chen
Pascal Cheung
Pamela Chiakpo
Alexander Chin
Christopher Chin
Thomas Chiu
Yubin Cho

Yukyung Cho
Leeya Chohan
Kurissa Choi
Nathan Choi
Brian Chong
Christina Chow
William Cincotta
Jonathan Clark

Takirah Clark
Lucy Conlin
Ryan Connolly
Angelina Conte
Alexander Coombs
Hein Coonen
Kyra Cooper
Dylan Corbett

Liam Cotter
Ryan Cotter
Marc Courtemanche

Adina Covic
Sophia Cox
Matthew Crowe

Tucker Crowley
David Cser
Mariano Cuartas

Mirabella Cue
Seth Cutler
Liam D'Souza

what is your FAVORITE DAY of the week?

"Friday, because of the weekend is tomorrow and I don't have math." - Ana Ortiz DeRosa

"Friday because my schedule is very good and soccer practice is always super fun on Friday." - Elizabeth Stump

"Friday, because I can go home and relax and there is no school the next day." - Miranda McGuire-Eggleston

"Friday because it is the last day of the week and school is almost over." - Isa Lundstrom Svahnqvist

"Thursday, because I have the classes I like the most." - Roshni Ray

"Friday, because it is one day before the weekend." - Aishwanga Kajagopaian

"Friday, because it's one day before weekend." - Jessica Xiao

"Friday, because they play music." - Emilie Rennie

"Saturday, because I have free time." - Mia Baskey

"Fridays, because one day before weekend." - Sophia Lehrer

Danika Dai
Jason Dai
Elissa Daniel
Sarah Daniel
Jackson Davy
Lilia Dawson

Eric Decoste
Stelia Deligiannidou
Arjun Delity
Mason Denton
Avinash Desai
Samedh Desai

Steven Dillman
Elizabeth Ding
Charles Dixon
Hyunah Do
Glen Thanh Doan
Toranosuke Dohi

Caroline Donaghy
Sofia Donald
Nicholas Donatelli
Ines Dupupet
Arunendro Dutta
Emily Dye

Anna Eaglesham
Andrew Egan
Thomas Ekrem
Amir Elananzeh
Lucas Elliott
Lillian Ellmore

Nairi Enright
Harris Erdman
Ezra Erives
Nikki Farahani
Luciano Filippi
Jennifer Fiore

Alasdair Fletcher
Regina Fong
Avery Fortier
Molly Fortier
Aidan Fox
Ava Fray-Witzer

Melanie French
Carlos Fruzzetti
Amanda Fucci
Kaoru Fujiwara
Robert Philip Galehouse
Simran Gandhi

Keena Gao
Arianna Gaston
Alyssa Gee
Katherine Gehring
Luca Gentile
Rebecca Gerfen

if you could sing DISNEY MOVIE song right now, what would it be?

"Hakuna Matata' because is it cheery and that makes me happy."- Justin Zhu

"'In Summer' because it is raining and I think about Olaf and what Olaf would do. Olaf would sing 'In Summer.'"
- Nathaniel Sheehan

"'Be Prepared' that Scar sings because it is a cool song and the only one I remember from The Lion King Musical (Clarke Middle School) that I was in." - Elena Serenko

"I would sing a parody of 'Let It Go' that I made because it is awesome! It is 'Let It Go' but told from Zazu's point of view when Scar becomes king in the Lion King."
- Seray Kauffman

"I would sing 'Reflection' from 'Mulan' because I find it quite poignant, and I believe it has a strong message applicable to many." - Callie Moody

"I would sing the Cruella Deville theme song, because she is my favorite Disney villan." - Mira Ward

"'Reflection' from 'Mulan.' This song means a lot because it talks about not being who you are on the outside but rather who you are on the inside." - Lillian Ellmore

"If I could sing a Disney Movie song right now I would sing 'I See the Light' from 'Tangled' because this year has been really good and I can see where I am headed." - Stella The

"I would sing 'How Far I'll Go' by Moana becasue I feel like if I was let out in the world then I would do my best but I know I need to learn before and not everything is perfect."
- Poojitha Chandrashekar

"The song that I would sing is 'I'll Make a Man Out of You.'"
- Hannah Goodman

"I would probably sing 'Life is a Highway' from Disney Pixar's movie 'Cars.' It has a great message of living life the way it is. Though it is also a fun catchy song that I just love."
- Talia Chait

what makes a PERFECT LEADER and who is an example?

"A perfect leader is someone who is honest and loyal to the people they lead and is reliable. An example of this is Ashoka, who was the ruler of the Mauryan Empire in India, and his use of soft power." - Joline Maher

"A perfect leader is someone who is considerate and cares about the people. They are committed to solving the problems faced by the people while still being a great moral role model for others. An example of this is Eleanor Roosevelt because she always fought for the people and their rights and she had compassion for the people so therefore she made a positive change in the world." - Leia Jekel

"A perfect leader is fair, kind, qualified, and has the capability to unite the people. An example of one is Nelson Mandela." - Vivian Ho

"A perfect leader is someone who inspires through inclusiveness and innovation, not fear. They bring people together, not tear them apart. An example is Hillary Clinton and Barack Obama as well." - Lily Lawrence

"No one is perfect leader. No one is perfect. There are only close to perfect leaders, no perfect ones. So, therefore there are no examples of a perfect leader." - Cathleen Chen

Isabella Gharabegian
Anushka Ghosal
Jesse Gilbert
Brian Gillis
Jonathan Gimble
Rishi Goel
Marie Goemans
Shreya Gokhale

David Goldberg
Eitaro Gono
Hannah Goodman
Seth Goodman
Ishika Goyal
Elle Gruber
Emily Gu
Iris Gu

Michael Gupta
Gabriel Haddad
Matthew Harding
Naiomi Harris
Sierra Harris
Lilly Hart
Sydney Hart
Spencer Hart-Thompson

Annika Hawkins
Owen Hefferman
Alicia Hennessey
Jinhee Heo
Olivier Hepler
Brian Her
Lianne Herzog
Thomas Hewes

Vivian Ho
Charlotte Hobbs
Nicholas Hogan
Remy Horne
Noah Hoshino
Angela Houh
Jonathan Hsu
Anka Hu

Jie-Sin Huang
Jodie Huang
Kelly Hui
Joseph Hunt
Lewis Hwang
Shreyas Inamdar
Alexa Infelise
Carl Ivarsson

Finna Jacobson
Milad Jaffari-Shahreza
Fayza Jaleel
Salvador Jaramillo
Jacey Jardine
Leia Jekel
Kaleigh Jenness
Ishika Jha

Michael Ji
Rosanna Jiang
Cyriac Joyce
Sahaj Kakullavarapu
Arushi Kalpande
Ethan Kanef
Anjali Kannan
Katya Kappler

Seray Kauffman
Miriam Kaufman
Zachary Kaufman
Harnidh Kaur
Samiha Kazi
Declan Kelly
Carson Kemp
Abdul Khan

Shiv Khandelwal
Rena Khoury
Hannah Kim
Jiwon Kim
Lauren Kim
Yuri Kim
Savik Kinger
Kaya Kinli

Marcell Kiss
Jos Klaeffling
Thomas Klebe
Christopher Klein
Parvati Kodendera
Rachel Koh
Shweta Kondapi
Linda Kong

Joris Konijnenberg
Emily Kormos
Clara Kuli
Amolak Kumar
Anjali Kurup
Madison Lacombe
Angela Lai
Maya Lamm

Eric Landers
Lindsey Laquerre
Nora Lavins
Katherine Lawee
Claire Lawrence
Lily Lawrence
Manon Le Donne
Anna Lee

do you think HIGH SCHOOL is preparing you for COLLEGE?

"Yes, I strongly agree that high school is preparing me for a college." - Regan Beers

"Yes because I think the amount of work we do will help us better prepare ourselves for the workload we will do there and give us a better picture of what to expect." - Jackson Davy

"I think that high school generally does a pretty good job of preparing students for college by granting students many individual freedoms that challenge or test one's sense of time management, organization, and self-control. These are crucial skills not only for college, but also for the rest of one's life, so a good introduction is needed to insure a successful (and less stressful) future."- Anka Hu

" Yes, high school helps us to prepare for a college because it motivates us to have specific dreams or expectations about our future. The teachers in high school keep encouraging us to work hard and make an advancement. The grades and improvements that we made from high school determine the fact whether you will be able to go to college or not. Lastly, I think the most important things that we learn from high school is the ability to aware and control ourselves which will be required to survive in the society when we become adults." - Grace Lee

"Yes. High school teaches us new concepts and facts that we will need to know to get through college." - Ethan Xi

Brianna Lee
David Lee
Jae Lee
Karis Lee

Luke Lee
Seoyoung Lee
Jacqueline Legutko
Sophia Lehrer

Charles Leightheiser
Tiffany Leung
Maxwell Levine
Daniel Lewitzky

Brandon Li
Caroline Li
Evan Li
Jonathan Li

what was your FIRST IMPRESSION OF LHS?

"It was big; I was scared." - Simran Gandhi

"There was a lot of opportunity to do what I love to do." - Molly Zeytoonian

"That it was really big but I'd have to get used to it because I'd be spending the next four years there!" - Keena Gao

"Huge." - Zain Al-Ragheb

Robert Li
Zhaowei Li
Huining Liang
Gary Liao
Justin Lin
Kexin Lin
Amanda Liu
Justin Liu

Robert Lloyd
Aron Lu
Ke Lu
Isa Lundstrom Svahnqvist
Yihan Luo
Nicholas Lupone
Emma Luzio
Albert Ma

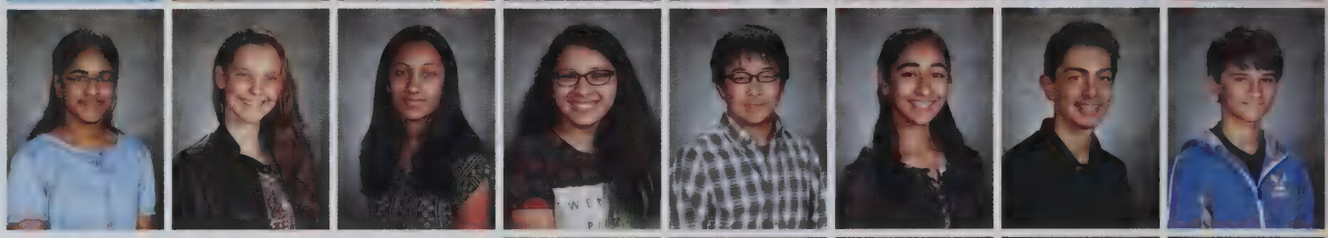
Emily Ma
Emily Ma
Shuhe Ma
Anthony Mabardy
Charles Mabardy
Joshua Machado
Sydney Mackler
Naoko Maeda

Joline Maher
Sarine Mahrokhian
Aggeliki Mamounas
Eugenie Mangon
Aditi Mannem
Nicholas Maus
Hallan Nicholas Maxwel
Matthew McAlarney

Kyle McCandless
Katrina Mccarthy
Mae Mae Mcdermott
Jack McGaraghan
Sarah McGloin
Andrew McGovern
Fiona McGuire-Eggleston
Miranda McGuire-Eggleston

Dylan McLaughlin
Grace McLaughlin
Addison Metzger
Caroline Michaud
Jacob Milendorf
Eliza Miller
Cyril Millot
Ashna Mitta

Shruti Mohan Karthikeyan
Callie Moody
Kriti Moogala
Sarah Morii-Sciolla
Ryo Moriyama
Khushi Morparia
Joseph Mostika
Joshua Mozes



Isaac Mukamal
Rishi Mukherjee
Conor Murphy
Luke Murphy
Margaret Murphy

Lordrich Muyanja
Victoria Nagle
Navya Nakka
Benjamin Nevis
Daniel Nothaft

Helena Nybakken
Meghan Nyhof
Oonah O'Neil
Danna Ofek
Hannah Oh

Karen Oh
Tristan Ohler
Hailey Olcott
Sara Olivares Velazquez
Michelle Olofsson

Nicholas Orf
Ana Ortiz DeRosa
Junpei Ota
Anushka Pachaury
Ashwin Padaki

Gabriela Padilla
Felipe Palacio
Aadharsh Pannirselvam
Sameer Paranjape
Jenny Park

Sarah Park
Bryna Patel
Devesh Pathak
Sai Teja Pathivada
Elias Paulino

what do you think is the MEANING of life?

"To experience all the wonderful feelings that are accessible to living things before we die. We also need to fulfill our duty to make sure that generations after us are also lucky enough to feel the same things and more." - Janabel Xia

"The meaning of life is to live! To experience new things, try everything, give 110% to everything you do and to love with your whole heart." - Molly Zeytoonian

"I don't think there is one. All of us are lucky coincidences, but we might as well make the most of our time." - Sydney Hart

"I think the purpose of life is to have a purpose." - Mira Ward

"I guess just finding your purpose and finding what makes you happy in your life." - Spencer Hart-Thompson

"I think the meaning of life is to pursue things you really like to do, go nuts over those, and try your best not to screw everything else up too bad." - Ashlan Ahmed

"I think the meaning of life is to fulfill what you've been put on this earth to do, and to just live life to the fullest." - Rachel Koh

what COLOR represents your PERSONALITY?

"I guess like a yellow and orange mix. I like being friendly and making friends so I have sort of a warm personality." - Luke Lee

"The color green represents my personality because it's a bright and lively color which is similar to my personality. Green usually represents nature and the outdoors and I enjoy both those things as well!" - Elizabeth Ding

"I think the color light blue because I tend to be a light, happy, funny guy, but sometimes can be a little distant because of stress from school!" - Alexander Chin

"The color that most describes me is orange. For me, when you want to get the color orange, I think of somewhere between red and yellow. Red for me is kind of violent and very intense. I don't really think that I am the really the intense, drill sergeant type of guy. Yellow for me is kind of bright, and very cheerful. The color kind of reminds me of the sun, just really happy. So I would put myself as somebody who is intense at times, but not in a constant cheerful state. I would say that I am a pretty neutral and normal, like orange." - Aarya Tavshikar

Matthew Pearlman
Thais Perros
Abigail Pickar
Olivia Pitts
Paula Prado
Zoe Prestbo
William Pullen
Rohan Purandare

Ashish Puri
Emily Qiu
Sabrina Quadir
Aishwarya Rajagopalan
Anjali Raman
Jillian Ranauro
Roshni Ray
Tristan Raymond

Andrea Reier
Emilie Rennie
Davis Richard
Cameron Richards
Annika Richter
Ian Richter
Pedro Henrique Rodrigues De Freitas
Ofek Rotlevy

Taylor Salerno
Shymon Samsel
Luciana Santillana Linares
Tara Sarma
Srinivasan Sathiamurthy
Arunima Saxena
Theodore Schroeder
Aditya Sen

Elena Serenko
Nikita Seth
Noah Sevigny
Vani Sharma
Nathaniel Sheehan
Andrew Shen
Nathan Shenoy
Lily Sheth

Ella Shubert
Vir Sikand
Johanna Simon
Justin Siri
Isabel Siu-Zmuidzinas
Emily Sjodin
Kirea Snell
Paul Song

Tiancheng Song
Aaron Sousa
Victoria Sowle
Summer Spencer
Pranathi Srirangam
Lauren Steiger
Malte Steines
Pauline Steines

who is your FAVORITE MUSICIAN?

"Kendrick Lamar"- Justin Wu

"Drake" - Shivendra Vythesharan

"Kanye West"- Aakash Thumma

"Drake"- Tori Sowle

"NF"- Lianne Herzog

"Eminem"- Abdul Khan

"The Weeknd"- Zain Al-Ragheb

"Troye Sivan"- Elle Gruber

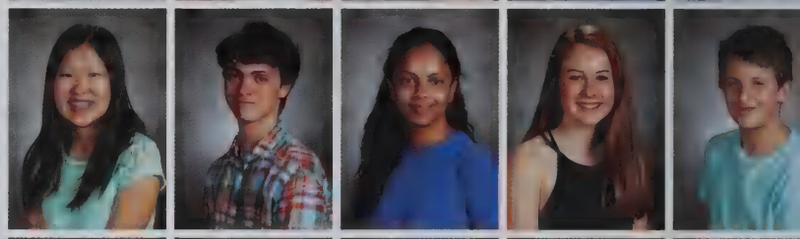
"The Weeknd"- Simran Gandhi

"Logic"- Shreyas Inamdar

"G-Eazy"- Aadharsh Pannirselvam

John Stevens
Eliza Stokes
Bella Strollo
Elizabeth Stump
Kyle Suh

Angelina Sun
Hamish Swanson
Anviti Swaraj
Hannah Sweeney
Nathan Swirnoff

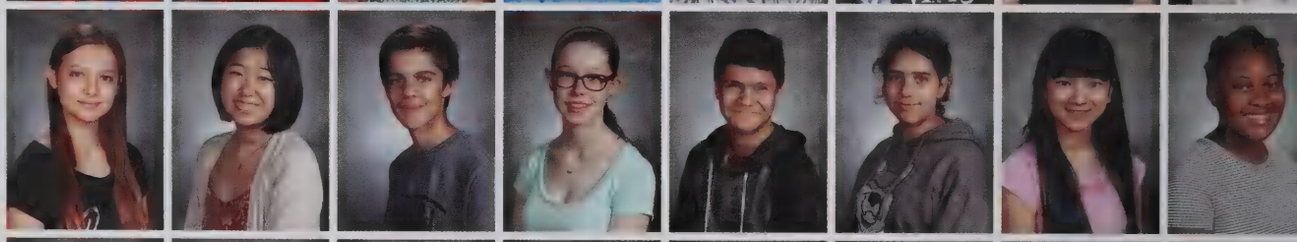


Ariya Syed
Gabriella Tagliamonte
Gaia Taig
Yasuto Takahashi
Matthew Tam

Antoinette Tan
Jacob Tan
Eric Tang
Yike Tang
Zhengwei Tang
Benjamin Tangora

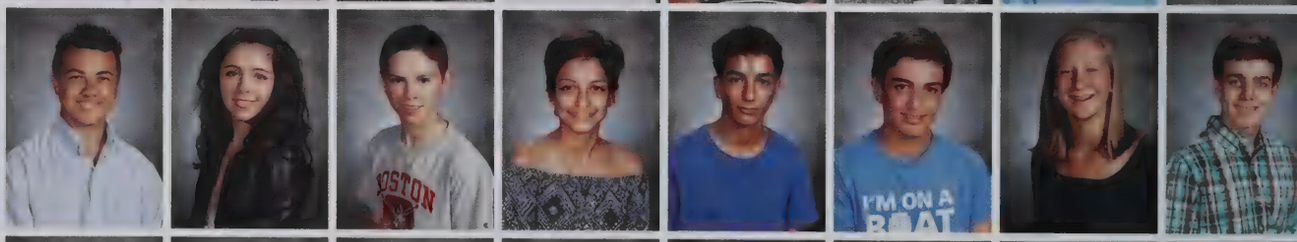
Aarya Tavshikar
Andrew The
Stella The
William Thibodeau
Jaiden Thomas
Rifka Thomas
Aakash Thumma
Yitong Tian

Renee Titemore
Michelle Tom
Armaan Tornow
Lilla Torontali
Emiliano Torres Valencia
Ameli Gitl Tsirkin
Michelle Tu
Alea Turner



Nicholas Ursino
Mateo Useche Rosania
Alana Valdez-Downing
Lukas van der Laan
Valerie Vaz
Darshana Venkatesh
Jakob Venzke-Kondo
Emily Vergne

Beau Vernet
Gaia Vignoli
Benjamin Vlacich
Anjali Vlassak
Johan Vlassak
Jason Vogel
Katherine Vogelzang
Isaac Volan



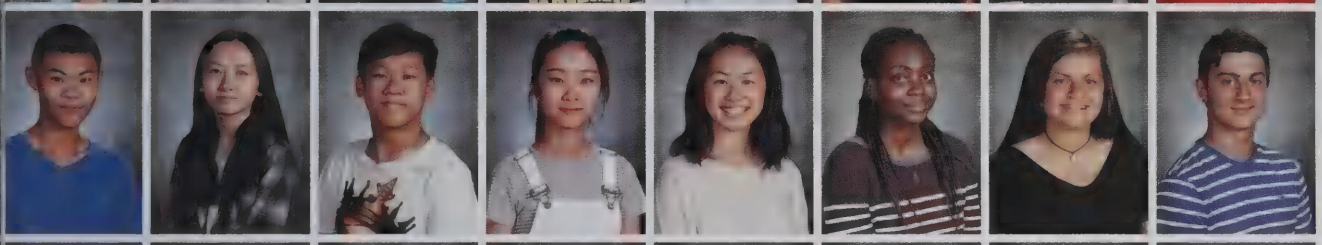
Shivendran Vytheswaran
Bruce Wan
Christine Wang
Evan Wang
Kikuno Wang
Michelle Wang
Yida Wang
Yifei Wang

Yilin Wang
Mira Ward
Sydney Wardwell
Graham Warren
Lael Watson
Jackson Weber
Camryn Wedgwood
Lauren Wedgwood

Emily Weinberg
Shachar Weinmann
Daniel Wen
Nicholas Whalen
Maxwell White
Naor Wiesel
Brandon Wilkins
Luke Wille

Daniel Winter
Rachel Wong
Elland Woodnutt
Julia Wu
Justin Wu
Payton Wynn
Ethan Xi
Edward Xia

Janabel Xia
Jessica Xiao
Kevin Xiong
Conway Xu
Charles Yang
Haiyue Yang
Kevin Yang
Eric Ye



Jeffrey Yeung
Helen Yin
YuXiao You
Shiyu Yu
Emi Yuki
Daisy Yuyun
Jessica Zales
Yianni Zavaliagkos

Molly Zeytoonian
Alex Zhang
Annie Zhang
Elizabeth Zhang
Haoyang Zhang
Patrick Zhang
Rachel Zhang
Yuweiming Zhao

Boqing Zheng
Linxi Zhong
Jiayi Zhou
Justin Zhu

Not pictured:
Brendan Albert
Yunsheng Bi
Cassidy Corbin
Giselle Hoermann
Katrina Sagan
Shelby Settle
Mason Smith
Luke Stocker
Olivia Testa
Andrew The
Abhiraj Tuniki
Talya Washington
Makai Yerkes

how do you think you will have CHANGED by the time you GRADUATE?

"I think that by the time I graduate, I'll be a lot more motivated, because challenge makes me motivated. I feel as if I'll have a lot of experiences at that point to use to my advantage." - Carlos Fruzzetti

"I think I will have grown a lot by senior year. I think I will have learned so much not just academically but about who I am and I am so excited." - Grace McLaughlin

"I can only hope, but I want to be able to look back and see how far I've come and the work that I put in to get to wherever I'll be and to be able to look ahead and know that nothing will be able to intimidate me and to be able to look inside and know that I'll fear anything as much as I do myself." - Anka Hu

"I think that when I graduate high school I will have a much better idea of who I want to be in the world, and how to become that person." - Jonathan Clark

"Well, I guess besides the obvious intellectual growth, I hope I'll grow as a person, in more nonlinear ways. I think that Lexington is such a great environment in that way, where you get to experience things and meet people and just grow into a more informed and compassionate person in society." - Kelly Hui

"By the time of graduation, I will most likely be much more mature and independent, able to make wise decisions and choices that will benefit me greatly." - Andrea Reier

In order for us to begin building up to our maximum heights, we must first lay a solid foundation on which to grow. For us, academically speaking, that foundation begins with our core subjects, without which, we cannot hope to stretch ourselves. Based upon our cores curriculum of mathematics, English, world language, history, and sciences, our foundation is required of all students, regardless of their academic preferences or extracurricular activities.

LAYING THE FOUNDATION

Every student has to take them. We all have our favorites, and our.... less than favorites. But they are a fundamental part of our education. The knowledge gained from these required subjects is meant to serve us throughout our lives. Even though many adults search in vain for applications of math in their workplaces, having a solid foundation in a variety of subjects has allowed them to develop their interests and thinking skills so that they can be successful in the workplace.

This foundation serves as our baseline. It builds us up to be well rounded as we pursue our interests. Without this strong foundation, we would collapse. So this is where we begin our yearbook, and this is where we begin our academic lives.

1659

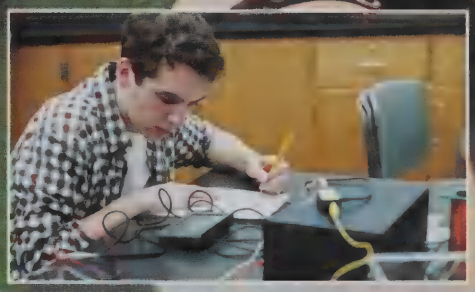
49

17

Biology
Calculus AB
Calculus BC
Chemistry
Economics
Music Theory
Chinese Language and Culture
Computer Science
French Language and Culture
Human Geography
Italian Language and Culture
Physics 1
Physics C
Psychology
Spanish Language and Culture
Statistics
US Government and Politics
United States History
World History

A Reflective Moment

Student and artist Eva Kyneberg models a portrait in her sketchbook during art class.



Tomo Brais

THE DEEPER MEANING

Students analyzed literature and expressed their thoughts.

1

1. Excitement with Podcasts

Pieter Svenson and Ethan Lin, speak about their podcast assignment in their Senior English elective. According to Svenson, "Ms. Lamoly encourages a little excitement in her classes. Her assignments often leave plenty of room for creativity and maybe some theatrics. We were listening to the podcast "Serial" in Social Change Literature and the prompt was to create an ending episode that neatly concludes the series. Of course, many groups decided to make it more interesting and maybe a little ridiculous. No one wants to make it entirely realistic; where's the fun in that? I was given the important role of impersonating one of the characters with a particularly abrasive tone of voice." His facial expression went along with the character of the project - "I'm simply overjoyed that this picture was taken right at that moment," Svenson said.

2

Kiri Loeb & Caelyn Nord

One second they're riding a magic carpet to a mystical world. The next, they're rolling with the rocky waves of the Atlantic Ocean. English took students to different worlds and transformed them into different people. From motifs to symbolism, English taught students to think outside the box. Delving deeper into stories brought out the lessons that the author was trying to convey. Students considered diction, similes, and irony to find a deeper meaning.

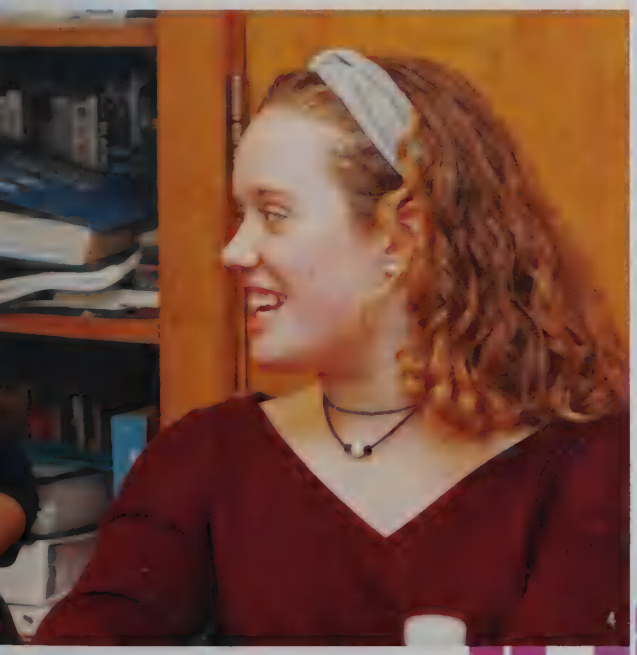
Sandeep Vadlamudi, a junior, said, "English class helped me become more analytical in my thinking. The skills I used in English carried on to other classes like History. Overall, English helped me express my ideas better." Other students felt that English helped in a more literary way. Garrett Lu, a junior, said, "English class helped me by exposing me to new literature and new ideas I haven't seen before."

Joy Chen

3. Creativity and Individuality

William Steinfeld, a sophomore, discusses a reading with his classmate. On the subject, Steinfeld said "I really enjoy the creative aspect of English class, which is something I don't often find in my other classes. Specifically, I like being able to formulate my own thoughts and arguments rather than just answering fact-based questions and following strict guidelines." Many students loved the freedom that English class offered, including the freedom to think and express themselves in unique ways.

3



4

4. Time to Talk

Allison Chaput, a sophomore, shares her thoughts with Anna Benson in English class. Sophomore English focused on developing skills including writing and the exploration of genre and theme. In Ms. Russell's English class students often shared moments of discussion with their classmates.

2. Discuss!

Maxwell Seidel discusses material in his 10th grade English class. Debates often got heated, and the interpretations of the same piece of literature were endless. Additionally, cooperation and sharing of ideas were encouraged as part of class participation.

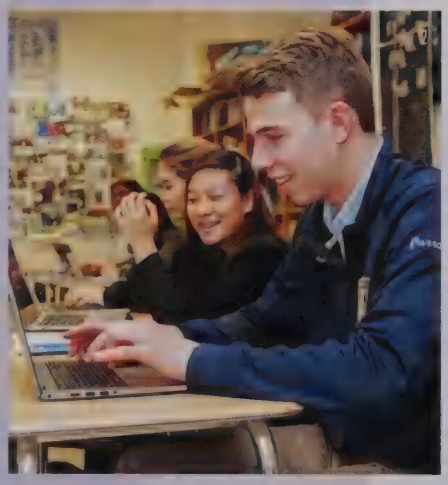
HISTORY in action

Students learn about the past to better understand the present.

When was the last time you thought about the Great Depression? How about the Renaissance? Could you categorize the pros and cons of a growing Roman Empire? What about the Mongolian Empire? These are ideas and topics that are central to our understanding of the modern world. Yes, you heard right, the modern world. Students spent countless hours throughout their four years at high school writing papers, giving presentations, and learning to conceptualize the rich and deep history of the world.

Once its conceptualized, this knowledge was applied to the modern day ins and outs of contemporary society. "History class did something for me that no other subject will," said Senior William Sherwood "it taught me to think. It showed me that there doesn't always need to be a right answer. History is messy, and so is the modern world, but now I can figure out where I'm supposed to be in all of this mess."

1. Working Hard
Avery Gehring, a junior, flips through her AP U.S. History binder as she reviews notes. AP classes required lots of reading, writing, and research. . Keeping everything organized was key to making sure everything got done.



2. Exchange of Ideas
Adrian Porras and Julia Chiang work together during AP Economics. This Social studies elective was open only to seniors. Students were often asked to collaborate with others to accomplish projects in this class.

5

5. A Humorous Affair

Youjung Ko and Jihoon Ko share laughs as they review notes In Mr. Egbert's AP U.S. History class. AP History required lots of work and, studying with a friend often made the time fly by.

4

4. Write It Down!

Ming Lin takes note of Mr. Wilson's instruction in Issues in American History. This class emphasized the development of thinking skills rather than just the facts of American history. The art of notetaking was just one of the skills students learned.

Frederick Reynolds and Zachary Hann-Du Pont

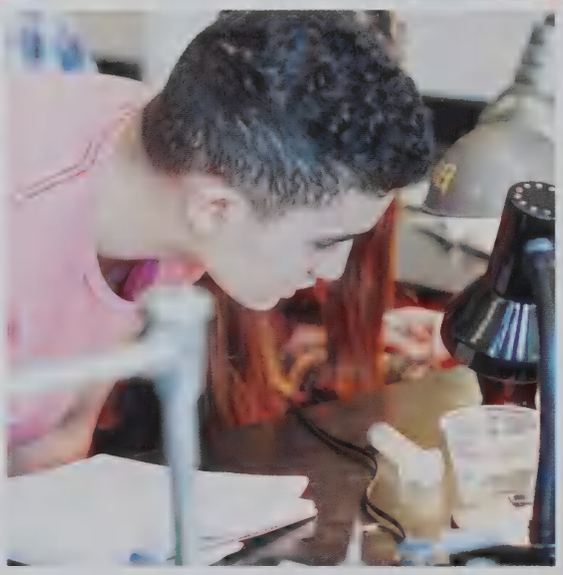
3

3. Go Team!

Olivia White, a junior, reviews some material in Mr. Egbert's AP U.S. History class in preparation for a class discussion with a classmate. Class discussions often revolved around significant events in a specific time period. Students were often given time in class to work out talking points.

1. Power Up

Eric Sirkovich and Nathan Ngo work on a circuit together in AP Physics. The course provided students the opportunity to explore topics of physics including mechanics and electricity and magnetism. Hands-on activities such as this one allowed students to gain a genuine understanding of the laws of physics.



2. Work in Progress

After using her pipette,Hongjia Yang records data in her Biology lab notebook. Learning to record data accurately was a big part of labs.

3. Web Learning

Kevin Zhou and his partner Stanley Wu work on their online AP Biology classwork. Mr . Hobbs encouraged his students to work independently in preparation for upcoming research projects.

4. Getting Physical

Cameron Davis records his observations and data in his Physics lab notebook. Physics classes focused on the interrelationship between matter and energy. Activities allowed students to become familiar with concepts such as force and motion, momentum, and energy.

the world of STEM

Students examine the world around us using science, technology, engineering and math

The Science Depatment taught advanced concepts in ways that speak to all learning styles, from the hands-on learning of labs to the modern luxury of online learning through web courses. In these courses, everyone got the chance to be a scientist. From freshman Environmental Earth Science to sophomore Biology to junior Chemistry and finally to senior choices of Physics, Robotics, or Astronomy, the Science teachers strove to satisfy everyone's needs and interests. Many courses were offered in a variety of levels, giving students the chance to delve deeper into an area of interest. Maria Schapfel, a sophomore, said, "Taking AP Bio this year was such a good decision for me. I love biology, so having the opportunity to learn a lot about it was awesome. My class has been phenomenal. Everyone in it is great and has made this year so much fun."

If classes were not enough, the annual Science Fair was a popular activity for people who wanted to display the results of their research. For those who wanted to have a little competitive fun with science, there were team opportunities including Envirothon, Department of Energy National Science Bowl (DOE), Science Olympiad (SciOly), or National Ocean Sciences Bowl (NOSB).

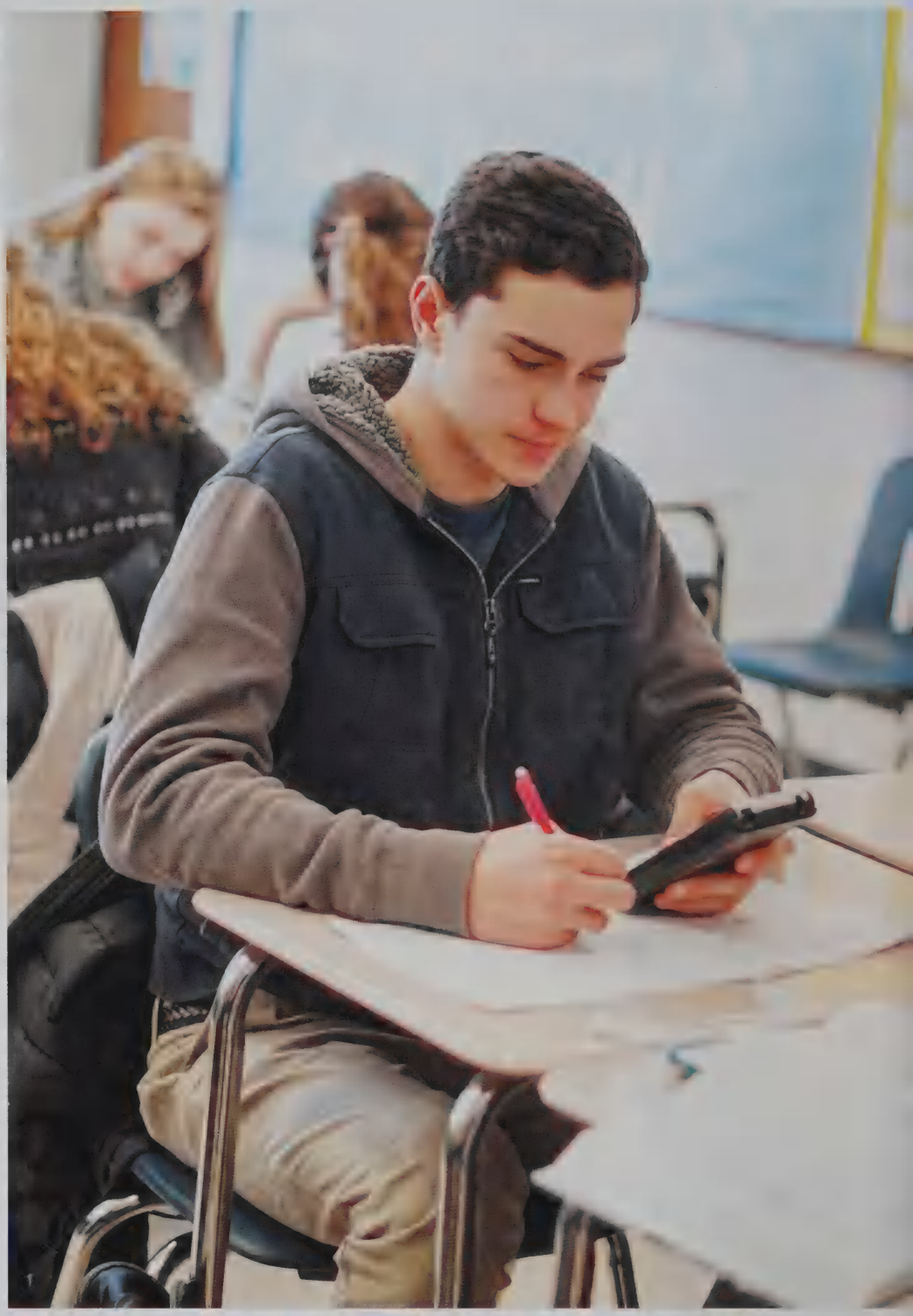
5. A Closer Look
Andrew Croke takes a picture of plant cells that he and his lab partner Lilly Bove viewed under the microscope in Ms. Ferrari's Biology class. Students regularly participated in labs which allowed exploration of a particular topic.

6. Data Driven
Chloe Ireland and Matthew Zhang input data from their latest AP Physics experiment. Students were responsible for accurately recording data as part of the scientific method of researching. The next step was to analyze the data.

1. Getting the Numbers
Evan Bitsko, a junior, copies down numbers from his calculator onto his worksheet. He tried to get his classwork done before the bell rang.

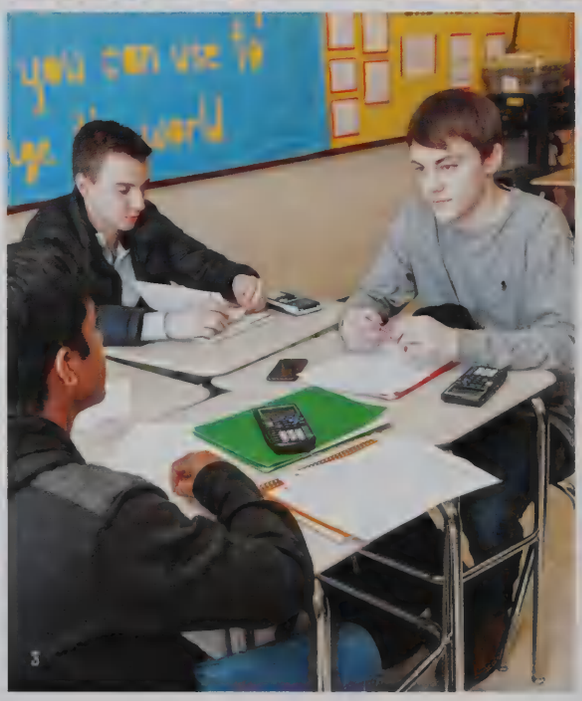
2. Group Work
Juniors Reed Weiler, Rithvik Nambiar, and Owen Graham-O'Regan discuss questions they have from last night's assignment. For many students, getting help from their peers was essential to having success in math class.

3. Messing Aroung
Surya Purohit, a junior, jokes around with her classmate while doing classwork. The pair tried to lighten the mood with a mid-class mess around.



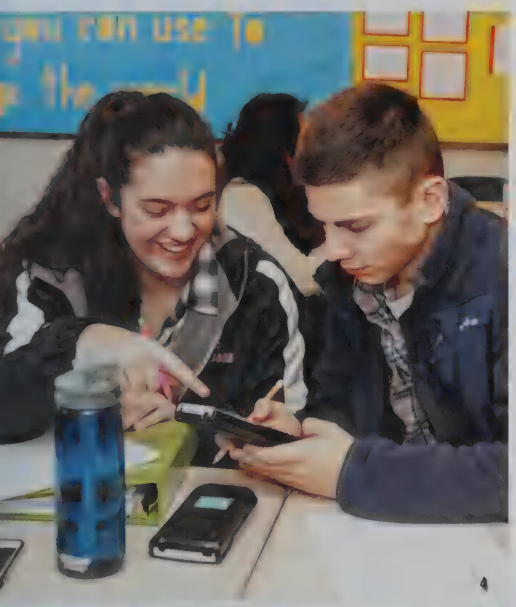
From solving equations to graphing parabolas, math provides a compelling curriculum for all level of students. Math was a mandatory course throughout high school for good reason. Math taught students not only how to solve mathematical problems, but it also taught essential problem solving skills. These skills often carried over to other subjects like Chemistry and Physics. Math also provided fundamentals for future courses in college.

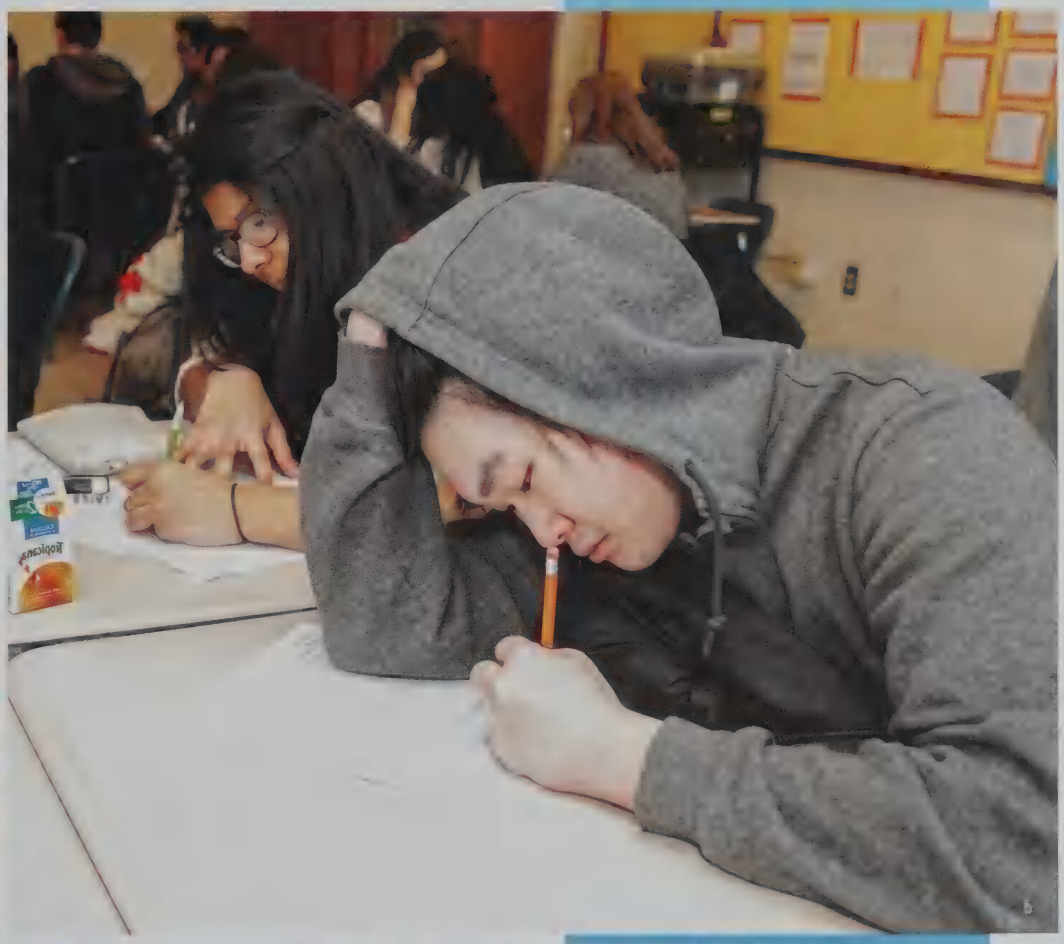
Alvin Zheng, a junior, said, "Math helped me develop problem-solving skills that then carried over to other courses like Chemistry." Others believed that Math helped in developing a different skill set. Junior Garrett Lu said, "Math probably helped me the most with being able to think fast. I have to think quickly in order to finish my tests."



LIMITLESS

Students put their problem solving skills to the test.





4. Odd Answer
Reign Charbit, a junior, and a classmate mess around as Reign shows her an odd answer he got for a problem. Reign lightened the mood in math class by cracking a joke or two.

5. Laser Focus
John Lee, a junior, focuses on his math work. He was having trouble with a particular problem and leaned over his desk in an attempt to get his problem solving juices flowing.

6. Racing the Bell
Azalea Yunus, a junior, tries to finish her homework before class ends. Although she did not finish in class, she got a lot done.

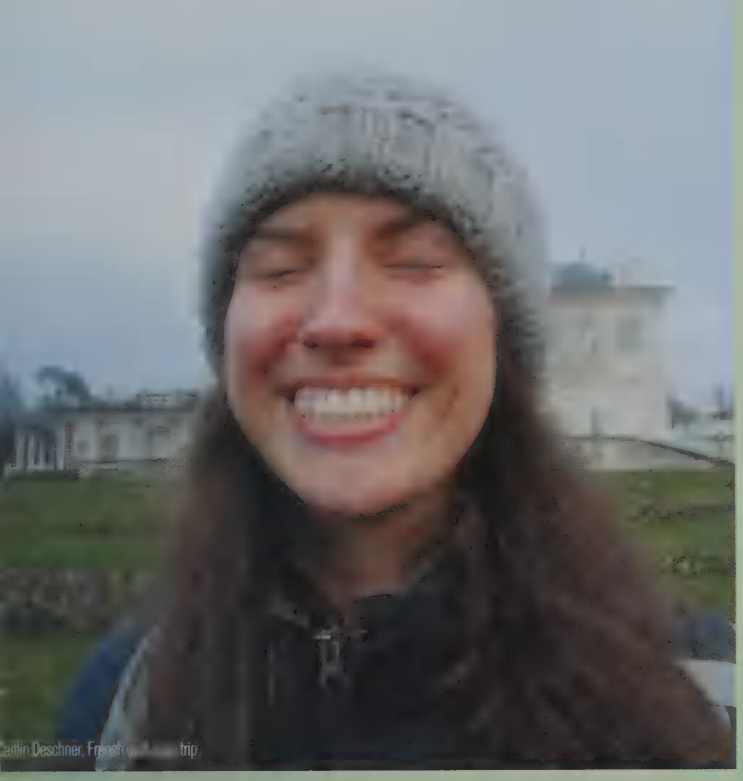
7. Hard Work Pays Off
Maria Santillana Linares, a junior, and a classmate complete their do nows in silence. They spent a significant amount of time on the do now, but eventually got the answer.

Zahra Adamjee
French exchange trip

1. New Perspectives

Learning new languages helps students understand new perspectives and experiences around the world. Sophomore Aradhna Johnson said, "I'd say learning French has helped me view the world from a different lens. The way a French person views the world is wonderfully different from how I view the world, and I'm glad that I've gotten to learn that."

Genevieve Wharton, Benjamin Maffa, Madison Levine
French exchange trip



Caitlin Deschner, French exchange trip

You could travel the world right here at school. The World Language Program coul spirit you away through learning the language and culture of another country. Right from your desk you might have visited France, Spain, Italy, German, China (Mandarin), and even Ancient Rome (Latin). And just in case you need to communicate visually, there was American Sign Language.

A new language is often difficult to learn because of its unfamiliarity. However, the teachers are always there to help; as sophomore Will Dziadzio said, "learning a new language is always very challenging but thankfully LHS has very supportive teachers available to offer help whenever it is needed"

Some lucky students did actually get to travel. A group of French language students traveled to Antony, France to visit our French sister school. While there they had the chance to live the life of French high schoolers for a week. Caitlin Deschner, who was on the trip, said, " I'd say my two biggest takeaways from the trip are amazing friends and a new appreciation for cheese."

Living with other students allowed them to build stronger ties with students in France and to come back home with a new found love for life... and, apparently, cheese.

Derik Kauffman

Zahra Adamjee, Madison Levine

Brenda Makumbi, French exchange trip

A WHOLE NEW WORLD

Education that made the world just a little bit smaller.

1. Tough Decisions
Elena Serenko portrays a young mother in a coffee shop with her baby in one arm.

4. Candy from Strangers
Lauren Steiger and Yoojee Kim perform a comedy skit at WinterFest.

2. Shading to Perfection
Heather Yun focuses on adding proper shading to her drawing

3. A Confrontation
Daniel Winter grabs Max White during their WinterFest performance.

unleash the IMAGINATION

Students are given an array of classes to show off their creative passions.

Located on the second floor of Arts/Humanities Building, students chose art and drama classes to take for a semester, based on their personal interests. A variety of after school activities that were related to the arts such as Art Club, Humans of LHS, Improv Troupe, and the Yearbook also helped students tap into their creative abilities.

In art elective classes, students used their imaginations to create drawings, paintings, and other art mediums. In the process of working on their art, some students came up with new ideas to enhance their work. Students looked forward to the point when their visualizations were fully complete, a process requiring patience.

Another option for students was to take drama classes such as The Art of the Theater, Improvisation, and Drama of Social Issues. Students learned numerous dramatical techniques from staying in character in The Art of the Theater to saying "Yes, and..." in Improvisation.

Even though art credits were required to graduate, many students considered the classes as a time to relax, express themselves, and take a break from their hectic schedules.

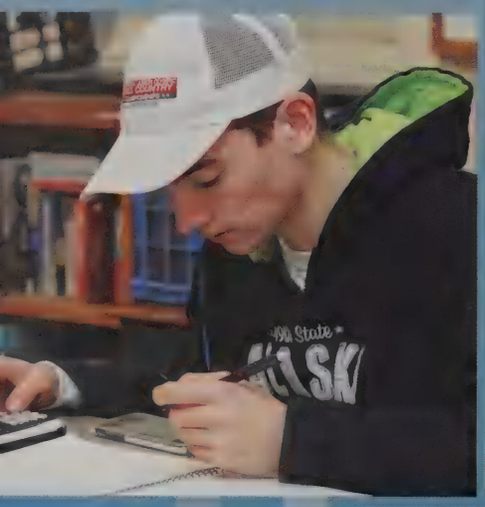
4. Mystery in the Air
Molly Zeytoonian and Josh Backert perform their mystery crime scene at WinterFest. "The audience was super energetic and responsive and it was super fun," Molly Zeytoonian, a freshman, said. "It was also kind of a small crowd which made it super low-key and fun."

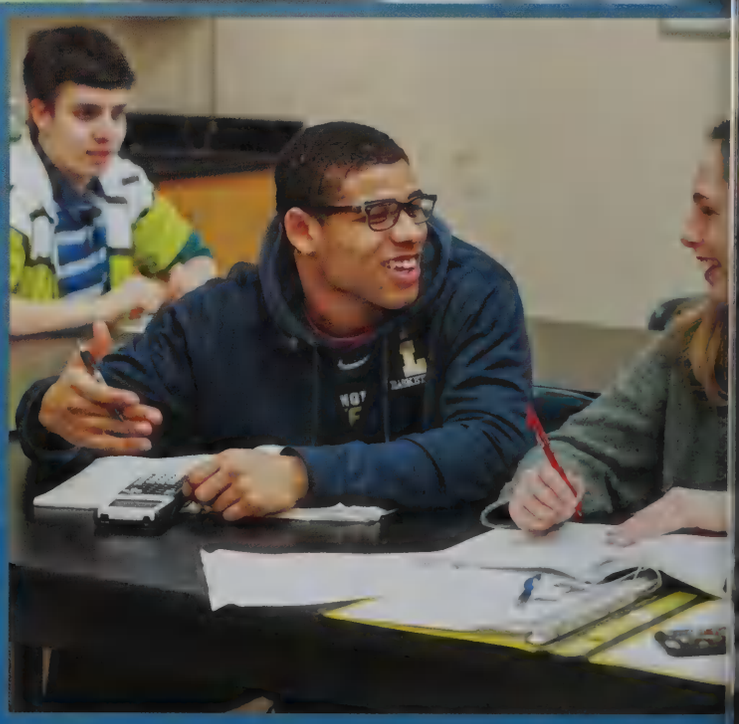
THE PERFECT ADDITION

Students agreed that I-Block was a brilliant idea that furthered education and offered students precious time.

I-Block was originally implemented to reduce the stress of students. I-Block provided students with extra time during the day to work on academic activities or to just relax. Daniel Hoffman, a senior, said, "So far, I-Block has been a great time for students to get help from teachers, make up tests, and participate in activities they normally wouldn't have the opportunity to."

Some of these unique activities targeted topics of student interest that were not covered with an elective class, enhancing the student experience at the high school. Hoffman said, "While I usually use I-Block as much-needed homework time, I've also used it to attend a microphone technique workshop and listen to a live talk by a Nobel Prize winner. I'm excited to see what else students use it for in the future!"





1

1. A Time to Collaborate
Seniors Kevin Wu and Sophia Zhang work together to solve a physics problem.

2. Silent Study
I Block gives Chanseo Lee, sophomore, a chance to work on his laptop and de-stress from the school day. "I think I-Block is the only useful iProduct I've ever used," Lee said.

3. Extra Time
Minki Baek, a junior, works on a Photoshop project in one of the computer labs. "I Block is chill and gives me time to do homework," Baek said.

3

1. Aiming for First

Test tube in her hand, Asiya Karim explains her science fair experiment to passers-by. Students from all grades voluntarily participated in the fair. Most spent months gathering data and preparing their presentations outside of classes , hoping to advance to regionals.

2. The Future of Health

As the judge listens, Ansel Link describes his science project, which displayed how various over-the-counter drugs affect the heart rate of a small planktonic crustacean named Daphnia Magna. The experiment took some time but Link enjoyed the process of his experiment and how it related to the health of humans. "Currently overdose and addiction have become a problem and although these organisms are not mammals they give insight on how over-the-counter drugs can have harmful effects on our bodies when taken in large quantities," Link said.

3. Devotion Is Key

Speaking to a judge, Kevin Rho explains his science project about engineering the ways to gather solar energy and implementing them. During the three weeks before the science fair, Rho spent every day making three models that gathered solar energy. "The science fair was really great. It was a challenge for me. You have to devote yourself everyday with passion in order to finish a good project on time. During the last 3 weeks before the science fair, it was very tough, but then it paid off in the end," Rho said.

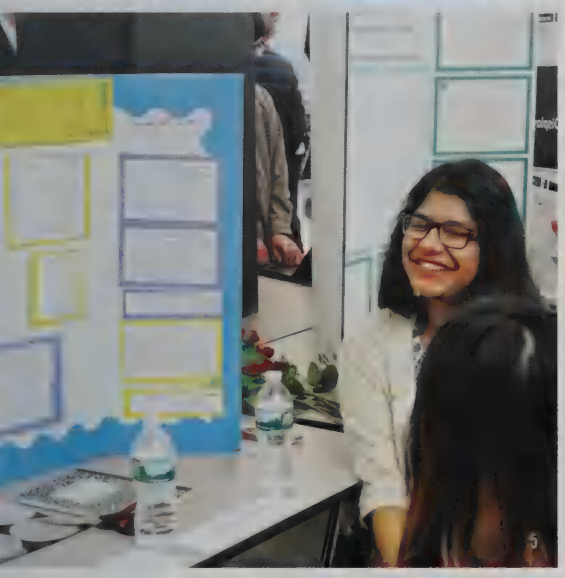
SCIENCE SHOWDOWN

Passionate students present their research after months of data collection and preparation.

Students and judges of the Science and Engineering Fair filled Commons II as posters, models, and diagrams were on display. Participants shared their experiences about their experiments with others and presented the results of what they had worked on for what seemed a long time.

For most students months of preparation went into the fair. All of the work was done independently, outside of the classroom, and students tended to be passionate about their work. Many were participating for a second or even third time.

"The Science Fair was an interesting experience to present our research and share our experience with other people," Raissa Li said. Although many were worried about their projects being judged, most found the experience to be rewarding. "All the judges were very nice and genuinely cared about learning more. It was especially interesting to walk around during breaks and see everyone's projects. One of my favorite projects was one about how music affects memory," Li said.



7. A Rewarding Process

Soham Dave and his partner Ayush Srivastava explain their science experiment to a judge. Although the science fair took a lot of time and energy, it all paid off at the end. "Overall, we thought the science fair was a lot more rewarding to us than just cash and a credit," Dave said.

4. Enjoy the Moment!

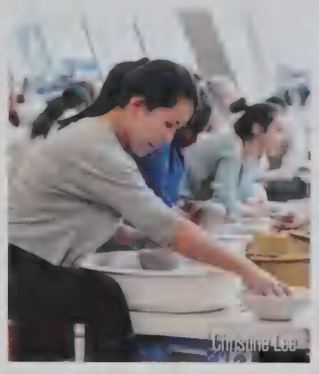
Ben Defay, a freshman, talks with other participants and reflects on his experience so far. During the science fair, participants presented to judges but many also enjoyed some time off with other participants. "We had an awesome time at the LHS Science and Engineering Fair!" Defay said.

5. Project Diversity

Grinning from ear to ear, Surya Purohit, a junior, talks with her group. Purohit and her group performed experiments regarding how UV light affects yeast cells with different layers of sunscreen to demonstrate how sunscreen actually protects human skin. "Science fair was a lot of fun because I got to see so many cool projects and I had a great time doing the experiment with my group," Purohit said.

6. Advice of Pros

Chatting with a judge, Veda Murthy speaks about her science experiment that she worked on from April to October. With so much time put into this project, she appreciated hearing feedback from the judges. "I was really grateful to have the opportunity to present my project to the judges at the LHS Science Fair. Many of them are engineers or computer scientists by profession, so I received excellent, targeted feedback as to strengths and weaknesses of my project," Murthy said.

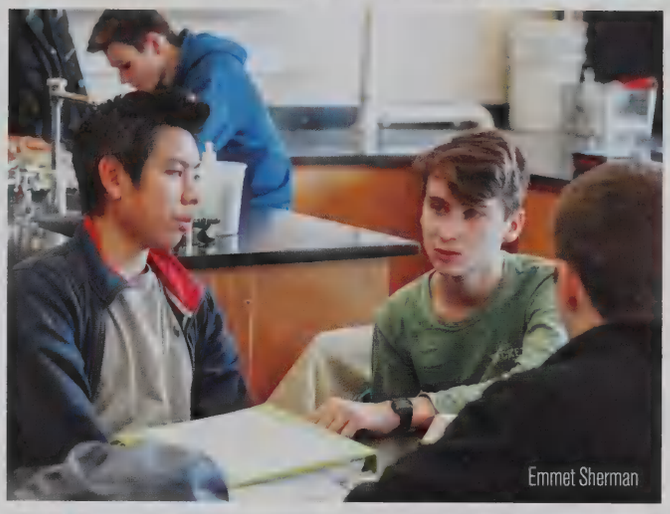

Christine Lee

Sonia Gullerkeri

Eric Sirkovich

USE YOUR HANDS

Melanie French, Grace McLaughlin


Emmet Sherman

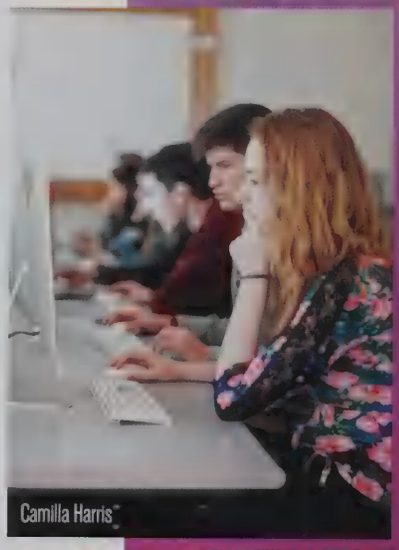
Magdalena Cataldo

SHARED LEARNING

ENGAGE YOUR BRAIN

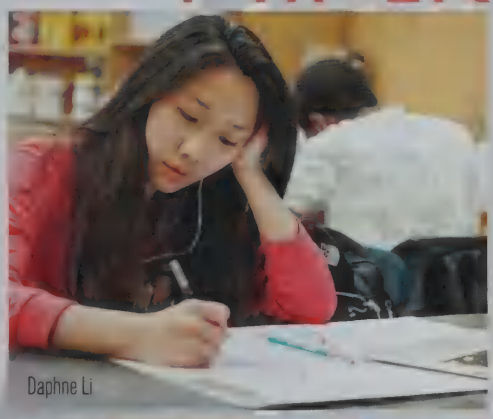
Nathan Ngo

Mr. Michael Egbert

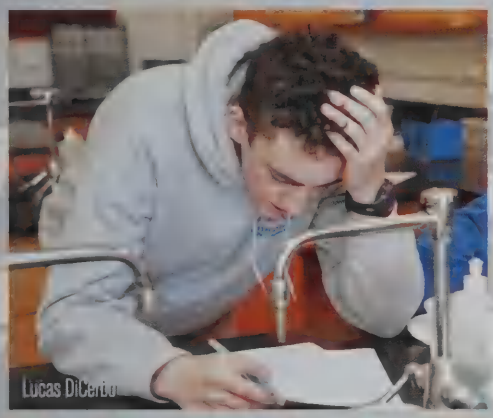

Camilla Harris

Ms. Tracy

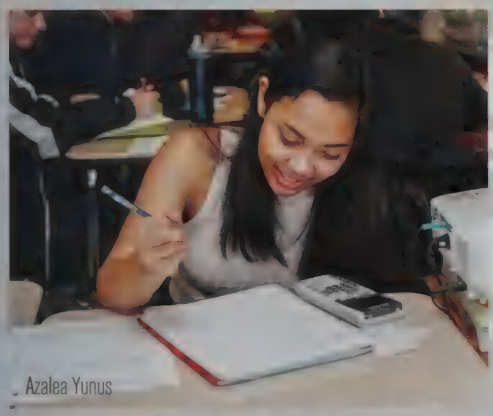
PENCIL TO PAPER



Daphne Li



Lucas DiCerto



Azalea Yunus

Ms. Laura Lasa

SOPHOMORES

CLASS OF 2019

Natalia Abbate
Grace Abe
Karl Abramson
Brady Adams

Reina Aires
Katrina Aguiar
Rida Akmal
Anthony Albino

Samar Aldahan
Laurine Aldairy
Eden Alemayehu
Adriana Ali Hassan

Samantha Altschuler
Yuval Amitay
Kripa Anand
Miriam Arellano Aranda
David Arena
Abigail Arliss
Luca Arshad
Soumya Atnoor

Ali Aydemir
Margaret Babson
Jonathan Bachman
Jinwoo Baik
Beatrice Barbesino
William Baron
Surita Basu
Gabriela Batista-Vieira

Carlos Beinbrech
Elias Benghiat
Anna Benson
Jack Berkes
James Berliner
Devanshi Bhangle
Anthony Bianchi
Charles Birnberg

Talia Blatt
Jillian Bodemer
Patrick Bodrog
Heather Born
Jonah Boruta
Lilly Bove
Wayne Brasco
Felice Brennan

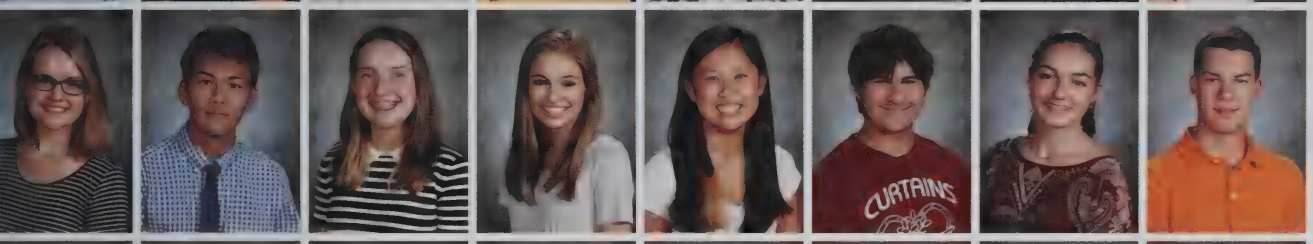
Caralyn Briggs
Catherine Bruce
Katherine Bruno
Ronan Bryant
Ava Buchanan
Catarina Buchatskiy
Martha Bujwid
Ian Bulovic

Ashley Burke
Lucas Burkholder
Benjamin Burnham
Christian Burwell
Luke Butler
Courtney Campbell
Brendan Cantwell
Rona Cao

Magdalena Cataide
Nicholas Cenzella
Ethan Chan
Laurie Chan
Vrinda Chandar
Shiv Chandra
Jeffrey Chang
Allison Chaput

Jessica Chase
Meng Chau
Akshita Chaudhry
Anthony Cheang
Edith Chen
Emily Chen
Kevin Chen
Robert Chen

Albert Chi
Zoe Chin
Kevin Chin-Sam
Cyruss Cho
Hangyun Cho
Minwoo Cho
Caroline Choi
Janice Choi



Alexa Christ
Jasma Chung
Ainsley Clark
Anna Clough
Shelby Coe
Alexander Cohen
Caitlin Conners
Gregory Conrad

Ian Conrad
Isa Coonen
Ava Courduvelis
Samuel Crampton
Anna Craver
Andrew Croke
Kase Cronin
Adam Cser

Nicolas Daglio Fine
Mazdak Darvari
Soham Dave

Alice Davidson
Luke Davis
Candela De Amorrortu

Benjamin Defay
Efthimis Deligiannidis
Bill Demirkapi

Joseph Denham
Samuel Diamond
Lucas Dicerbo

what is your FAVORITE TIME of the year?

"My favorite time of year is summer because it's when I go to camp (my favorite place) with my best friends" - Cayla Weiss

"I like winter/December because of the winter break: I get to spend time traveling with my family and celebrating Christmas and New Years." - Jessica Ma

"My favorite time of year is spring because the weather is finally warming up and buds start sprouting, making Lexington brighter and prettier." - Ansel Link

"I like the holidays because I get to spend lots of time with my family and I get to drink hot chocolate every day." - Maia Laats

"My favorite time of year is the spring because you know everyone in your classes pretty well and you've made new friends. You get to have spring break to take a break from school and the weather gets warmer. It just overall makes it feel like it's getting better...until finals." - Andes Willemsen

"Winter because I don't have any pollen allergies." - Shelby Coe

how is SOPHOMORE YEAR compared to FRESHMAN YEAR?

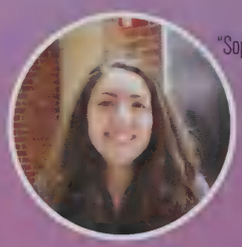
"I'm happy to say that (so far) sophomore year has been better than freshman year for me! I think for most of us last year, transitioning into the crazy, loud, and ginormous high school was pretty scary and super overwhelming. Now that we've walked the hallways and developed a comforting routine of the general high school schedule, we are closer to our (very, very difficult) goal of smooth sailing." - Anna Maffa

"Sophomore year I now feel like I kind of know what's going on and I have a feeling of how everything works. Freshman year was all new and we were just seeing how to do things." - Yoojee Kim

"To be honest, it feels the same." - Ansel Link

"So far it feels similar to freshman year. But what's different is me: It's like playing a game for the second time, and you know what you've got to do to succeed." - Richard Tang

"The year has actually been much easier to handle. There's definitely a lot of work, pressure, and stress (even more than freshman year) but I feel like I handle it slightly better than last year. It's also great to not be the youngest, and know what's going on (most of the time)." - Khushi Soni



"Sophomore year in my opinion is less stressful, because freshman year I had trouble adjusting to LHS and the expectations and workload." - Anelga Hajjar

where is the best WATER FOUNTAIN in the school?

"The water fountain across the Auditorium because it allows me to fill my water bottle." - Eric Espino

"The water fountain in the first floor in the Math building." - Antonios Mamounas

"I personally like the water fountain in the Math building beneath the stairs." - Nachiyappan Solaiyappan.

"The water fountain in the 2nd floor in the main building next to room 223." - Jason Dai

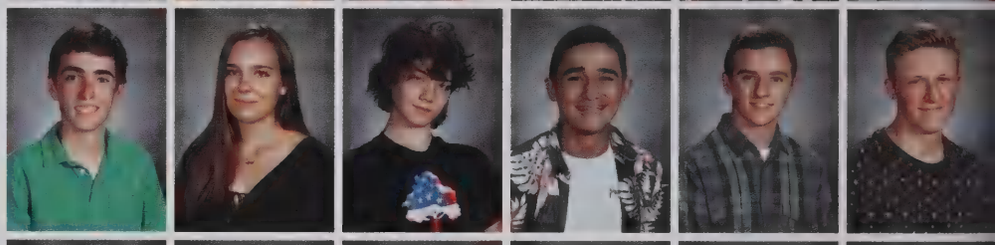
Sarah Dickenson
Jillian Dimmock
Madison Dina
Ido Dinnar
Abigail Donaghy
Nicholas Dube

Joseph Dudek
Arjun Dulipsingh
Rachel Dye
Edward Dziadzio
Emily Eayrs
Alea Edson

Brianna Edwards
Zoey Edwards
Danielle Efrat
Andrew Elbert
Madeline Ellmore
Luke Eriksson

Eric Espino
Sage Fabricant
Abigail Fanucci
James Feeney
Joseph Fernandes
Stella Fisher

Brennan Fiske
Tora Fjaellskog
Christian Flaherty
Joao Franca Silva
Carter Franciskovich
Madison Fries



Li Fen Frothingham
Noah Fryou
Matthew Fucci
Maria Jose Galvan Murillo
John Gao
Eli Gappelberg

Sebastian Garcia-Lavin
Nerea Garcia-Mariscal
Olivia Gay
Natalie Gebeyan
Pranav George
Emma Germanetto

Jaelyn Gillum
Nishan Glorikian
Sidney Goldinger
Rishi Gollerkeri
Maya Gong
Riya Gopal

Cameron Gordon
Zachary Greenberg
Maximilian Griner
Emma Gruber
Jeffrey Gu
Patience Gubisch

what SCHOOL EVENT are you most looking forward to?

"Sophomore Cruise because people have said it is really fun, and I get to hang out on a boat with my friends."
- Anju Minemoto

"I am excited for debate, because it's interesting and intellectually challenging."
- Catarina Buchatskiy

"I am most looking forward to the a capella concert because I will be in it and they are fun!"
- Shiv Chandra

Joyce Guo
Sahgar Gupta
Anju Haas
Anelga Hajjar
Kevin Halim
Amanda Han
Claudia Han
Jason Han

Jiaxuan Han
Aria Harris
Rachel Harvey
Amr Hassan
Daniel Hausmann
Marijke Heinisch
Randy Heney
Hyun Heo

Rocio Hernandez Chavez
Jakelin Hernandez Escobar
Sheyda Hershberger
Duncan Hewitt
Alexander Hiser
Lauren Hobbs
Leah Hodge
Sharai Holley

Elizabeth Hopkins
Evangelos Horiatis
George Horiatis
Emma Horwitz
Justin Hsu
Amy Hu
Grace Hu
Chen Huang

Dylan Hudacek
Christopher Hughes
Thomas Hwang
Dallie Jackson
Foster Jackson
Gabriella Jackson
Jeb Jacob
Ameya Jain

Lilli Jarausch
Arjith Jegannathan
Anna Jensen
Jake Jesurum
Jonathan Jiang
Zhi Quan Jiang
Alex Jin
Aradhna Johnson

Rebecca Johnson
Jane Jung
Avani Kabra
Shrutika Kalve
Martin Kane
Asiya Karim
Jessica Karson
Sidney Kavanagh

Aditi Kaveti
Emily Kaye
Raylee Keane
Nabil Kebichi
Paola Kefallinos
Patrick Kelly
Dalton Kern
Pravushi Khandelwal

Ishaan Khurana
Rebecca Kielar
Dong-Ju Kim
Eugene Kim
Genna Kim
Jason Kim
Jeremy Kim
John Kim

Suwon Kim
Tony Kim
Yoojee Kim
Jonn King
Rin Kitazume
Brandon Kiwanuka
Tedjube Klebenov
Elizabeth Komar

Patrick Kridaratikorn
Aditi Krigovski
Laya Kumar
Neil Kumar
Saahil Kumar
John Kuszmaul
Rachel Kuznetsov
Maia Laats

Roger Laoson
Miriam Landis
Jonnathan Larrabee
Claire Larson
Rayla Lasovick
Andre Lauzier
Elisabeth Lawrence
Madeleine Leake

Aidan Lee
Arielle Lee
Catherine Lee
Dhan Seo Lee
Christopher Lee
Elliott Lee
Gino Lee
Janna Lee

Laureni Lee
Mina Lee
Isadore Leginsky
Amelia Lemont

Rebecca Leopold
Benjamin Lesnan
Melanie Lesure
Alana Leung

Forrest Levey
Daphne Li
Katherine Lim
Hannah Lin

Ansel Lunx
Meha Littlewood
Beverly Liu
Bruce Liu

what is your FAVORITE PART of sophomore year

"Field hockey season because I love playing and I get to meet many new people and bond with old friends." - Eva Perhanidis

"I really like my F Block Russell English class. I have some of the best people in it which means it's a really supportive environment, and we have the best discussions in it where Ms. Russell really pushes us to look as deep as we can into the texts. Also, the writing prompts help me stay creative, while I always find things I can improve in my essays, and always strive for better results. I'm a big fan." - Emily Chen

"So far my favorite part is that I know where my classes are now. Also, I have made many new friends who have encouraged me to try new things." - - Laurie Chan

"So far I am really enjoying AP Bio. I have a really good class which makes the learning fun." - Maria Schapfel

Daniel Liu
Jessie Lo
Kit Loeb
Jacob London
Leonard Loser
Alexander Lux
Henry Lu
Knut Lundstrom Svahnover

Anika Luo
Zachary Lynch
Jessica Ma
Ashley Madness
Anna Maha
Sanan Mamrakhan
Lane Mazatew
Justin Malex

Nicholas Malek
Iskender Mambetkadiev
Antonios Mamounas
Helene Mandl
Therese Mandl
Mangalam Mandell
John Martin
Jonas Manzoos

Sandra Marcos Torres
James Marin
Jonatan Mason
Tess Mason
Ella Mattingly
Devin McAlister
Natalie McClain
Claire McElwee

Ryan McElwee
Haley Meganagle
Max Melhugh
Michael McNamia
Kirsten McLaren
Isabelle McRedmond
Kenyon Mei
Joseph Meis

Anat Melenteyv
Eileen Melkonian
Jasmine Meltzer
Mesay Merseth
Aditya Meruva
Swetha Meruva
Elisa Mezhirov
Eden Min

Jacqueline Minasian
Anju Minemoto
Alexander Mingolla
Anne Grace Miniutti
Charles Mitchell
Michaela Mitzenmacher
Taisuke Miyamoto
Charles Mo

Miyuki Moesner
Arman Movsesian
Julia Murphy
Ryan Murphy
James Murray

Veda Nagaraja
Jessica Nahigian
Yuri Nakano
Ayush Nanavati
Alice Ni

Caelyn Nordman
Aujinai Noyes
Kalina Nurse
Jordan O'Hare Gibson
Nicolo Omenetto

Dante Ortiz
Abbie Ortyl
Irene Ouyang
Danny Overton
Matthew Ozgen

Rajvir Pabla
Stephanie Pagnozzi
Michelle Pak
Samuel Pak
Aditya Pandey

James Park
Elliot Parry
Tihan Perera
Nickolay Perezhogin
Eva Perhanidis

Alexander Perry
Jules Petit
Julian Petrillo
Jonathan Pfeffer
Caroline Pfrommer

which TEACHER had the biggest IMPACT on you?

"Mrs. Small because she is harsh but in a comforting way if that makes sense. She'll tell her opinion but she'll also listen and help from what you are thinking." - Aujinai Noyes

"Probably Mrs. Carllechio. She has had a huge impact on me and my grades. She's shown me how much doing well in school matters and helped me achieve my academic goals." - Isabelle McRedmond

"I would say Mr. Kelly had the biggest impact on me because he was a great person to be around. He taught us to be driven, selfless, and to stay positive. Hands down the best teacher I've ever had." - Christian Sevigny

"The teacher that has had the biggest impact on me was my science teacher freshman year, Ms. Regdos. Not only was she an amazing person and a great teacher, but she made me think about actually pursuing a job in that category of science when I grow up." - Ariana Schreibman

"My history teacher Ms. Manning had the biggest impact on me because she changes the way I study for different tests and the way I organize my life. I've opened up as a person because of her. I've gradually become more talkative in class and I feel like I've become a much different person in a good and more studious way." - Vrinda Chandar

what SPORT do you wish could play?

"I wish I could play football." - Andrew Zhang

"I wish i could play lacrosse so I could be a lax bro." - Talia Blatt

"I wish I could play ping pong." - Brady Adams

"Football, so I can be... like Patrick." - Ryan Wu

what aspects of SOPHOMORE YEAR has left the GREATEST IMPRESSION on you?

"That AP Bio is actually super fun, but it's mostly just because nobody in my class is annoying." - Maria Schapfel

"Goodbye childhood, hello student loans, messed up politics, and runaway greenhouse effect!" - Jacob Mela

"The fact that taking both AP classes leaves me with virtually no free time. Actually, I take that back. I'm not surprised." - Brendan Cantwell

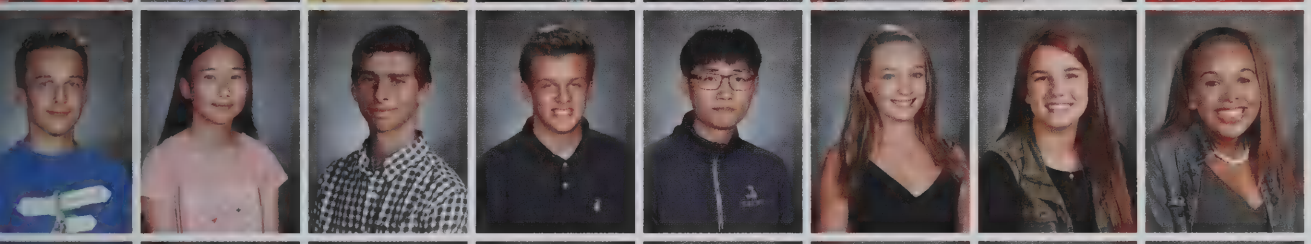
"The aspect of sophomore year that has left the most biggest impression on me is the realization that academics are so much more than just memorizing things, and have a much deeper, more profound meaning that cannot be expressed with my limited vocabulary." - Nicholas Rommel

"How useful I-block actually is." - Natalie McClain

"The worst thing that can happen to you isn't that you fail a test or miss a class, its getting kicked out of the Year of 2020 group." - Pierce Warburton

Roy Nadav Pianka
John Pierro
Nyiesha Pope
Sydney Porter
Griffin Posey
Megha Prasad
Theodore Price
Parth Purohit

Matthew Pusatere
Amaya Quick
Nathan Ramesh
Anushka Rathi
Rasmus Raukas
Sylvie Raymond
Leah Redmon
Connor Reese



Samuel Reitshamer
Megan Ren
Daniel Resnick
Patrick Reynolds
Shinkyum Rho
Miranda Ripley
Kate Robinson
Samantha Robinson

Andrew Rojnuckarin
Kate Romero
Nicholas Rommel
Ilana Rosker
Steven Rossi
Oliver Rourke
Vedant Roy
Kenneth Rubenstein

Hannah Ryu
Michael Sacco
Narek Sahakian
Aman Saiju
Junior Salcedo Rosario
Kirsten Salpukas
Sanjana Sankar
Bianca Santos Silva

Luana Santos Silva
Saskia Schacht
Sophie Schadler
Maria Schapfel
Piper Schneider
Carmel Schneur
Ariana Schreibman
Jack Schruender

Emma Schumacher
Olivia Scopa
Graham Seed
Adrena Seferian
Maxwell Seidel
Debayan Sen
Prithul Sen

what would your SUPERPOWER be?

"To have a voice that everyone believes in/always listens. Like, just say 'You get me free pizza' and people do it." - Edith Chen

"Be able to read people's mind so then I could do well on tests and I could see the good and bad in people." - Ashley Burke

"Probably the power to bring happiness to others." - Nachiyappan Solaiyappan

"Reading people's minds, I want to know what makes people so stupid." - Riya Gopal

"Breathing underwater because my fear is drowning/suffocating." - Eden Alemayehu

"When I touch someone else, I get their super power (like in X-Men) and that way I can have all superpowers." - Patrick Kelly

"I'd want to be able to control time because then I'd be able to stop time, walk across campus, and start time without bumping into people." - Li Fen Frothingham

"I want to be able to control time so I could never be late to class and freeze it whenever I would need a few more hours of sleep." - Brianna Edwards

"The superpower that would let me talk to my past self and if i made things in the past change it wouldn't have any consequences in the future." - Saskia Schacht

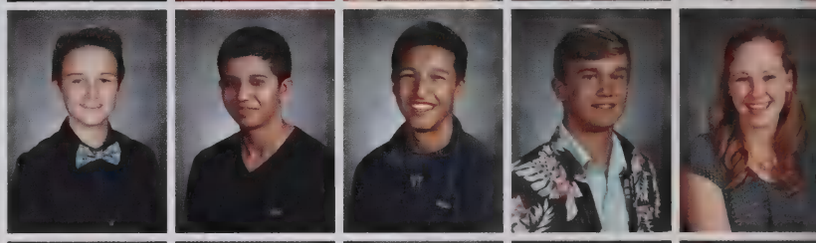
"I would want to turn invisible, because I could hide in danger, and spy on people." - Tudjube Klebenov

Christian Sevigny
Donya Shavarini
Emmet Sherman
Hyunwoo Shin
Claire Shiple

Nathaniel Sidel
Harnaz Sidhu
Melissa Sidley
Stephanie Siracuse
Rajat Sirohi

Anthony Sjodin
Ashanthi Snell
Isabella Snyders Dykeman
Nachiyappan Solaiyappan
Khushi Soni

Kesinia Sortor
Ayush Srivastava
William Steinfeld
Maxwell Stevens
Juliet Stevenson



Olivia Stewart
Joanna Suber
Rimika Sugimoto
Rafe Sullivan
Danica Sun
Timothy Sun
Mary Swan
Susannah Swann

Liam Sweeney
Michael Swift
Nathaniel Swinger
Andrew Swingle
Nathan Tadigiri
Grace Takvorian
Richard Tang
Jake Terrell

Asutosh Thakur
Aditya Thatai
Mckenzie Thomas
Simone Thornton
Joseph Tibbles
Isabella Toomey
Zoe Toulmin
Oleg Trofimov

Justin Tsai
Kay Tsukamoto
Alexander Tung
Kazuyoshi Uda-Thach
Emilie Ung
Isabella Van Der Weide
Gabriel Van Emon
Sandhya Vellayappan

Delia Wada-Gill
Riley Walsh
Alissa Wang
Charles Wang
Frank Wang
Franklin Wang
Joanne Wang
Pierce Warburton

Reed Warburton
Alexa Wardwell
Sarah Watanabe
Sydney Weekes
Cayla Weiss
Evan Weissburg
Xiangran Wen
Hannah Whalen

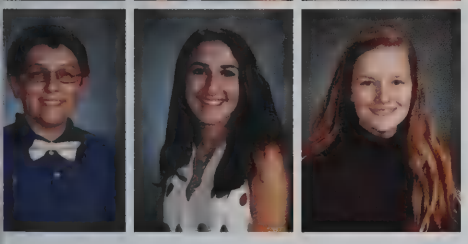
Christoper White
Micayla White
Michael White
William White
Clare Wiesen
Sarah Wille
Andes Willemsen
Timothy Willis

Julianna Winters
Rylee Wirtanen
Alexander Wu
Bill Wu
Evan Wu
Parker Wu
Ryan Wu
Sean Wu

Stanley Wu
Xi Xiao
Laura Xu
Ethan Yang
Hongjia Yang
Kairan Yang
Seo Hyun Yoo
Lucas Yuan

Zihang Yuan
Daniel Yun
Matthew Zak
Andrew Zhang
Zekai Zhang
Dorothy Zhao
Eric Zhao
Victor Zhao

Yingtong Zhao
Yiming Zheng
Chen Qi Zhou
Emme Zhou
Kevin Zhou
Kevin Zhou
Annie Zhu
Leo Zhu



Evan Ziegler
Sarah Zola
Morgan Zvezdov

Not Pictured:
Jean-Sebastian Brodeur
Sinan Bruce
Anthony Callahan
Triston Carney-Quander
James Darling
Justice Delvalle
Victor Detchev
Derin Ergul
Sebastian Garcia-Lavin
Elizabeth Geldart
Catherine He
Gilbert Hoermann
Elizabeth Hubbard
Colleen Levangie
Rachael Mathew
Uriah Sainterling
XinNan San
Yitao Wang
William Yang
Jiayi Zhou

what do you hope to ACHIEVE by the end of SOPHOMORE YEAR?

"By the end of sophomore year I want an A in AP Bio." - Mina Lee

"I want to try for A's in all my classes. Also I want to be best friends with Bob Coleman." - Andrew Rojnuckarin

"Well, I don't want to fail school." - John Kim

"To get A's in all my classes, and to become a really good athlete." - George Horiatis

6

14

159

The number of words spoken per minute in an average LHS Teacher's flow

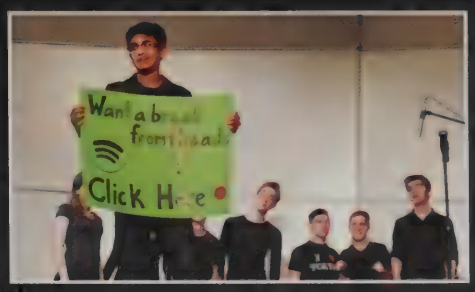
150

While our foundations might be academic, our aspirations rarely are. Students are not one dimensional; they posses traits that cannot be measured by a grade. After our foundations are built and our basics our mastered, we begin to live.

LIFTING OFF

We learn to pursue happiness in all forms. Through song, dance, debating and programming. After a sturdy foundation is laid, a direction can be picked, a style acquired, and students can become people.

At Lexington, diversity is encouraged and cultivated through almost two hundred clubs worth of after school activities. These include competitive teams like Debate, Robotics, and Science Bowls, but also far more relaxed clubs like Random Acts of Kindness and A capella. These are groups of people drawn together by shared passions and a desire to work and learn in ways beyond the basics.



2. Sign Language

A cappella group [illegible] some [illegible] during their [illegible] at Winter Jam.

3. Simply Euphoric

The all [illegible] A cappella group Euphoria [illegible] the [illegible] performing a [illegible] rendition of some of their favorite [illegible]

Match Made in Heaven

Accompanied [illegible] select members [illegible] the [illegible] the choir performs classical [illegible] contemporary [illegible] for the annual Seasonal Concert. This [illegible] the [illegible] time members from the choral, band, and orchestral [illegible] together on the same [illegible] making this a [illegible] evening for [illegible]

Beyond BORDERS

Students visited foreign countries, making lifelong memories

1. Past Meets Present

"In this photo I'm standing in Ali Qapu Palace in Shah Square, Esfahan," Kimia Abedi, a junior, said. Iran had noticeable transformations in comparison to her last visit. Abedi said,"While this is a really historic place, it was interesting to see how westernized the country had become over the course of only five years. I got to speak with college students who are learning English with the hopes of moving to the U.S., so I heard about how they view Americans as seen through their side of media - as well as how they're dealing with the western portrayal of Iran."

Endless beach trips, spending time with friends and family, and soaking up the sunlight: for students, summer was a time to relax and rewind, free from homework and assignments. Many used the summer as an opportunity to explore their interests and passions, which they did not have much time for during the hectic school year. Murat Ablimit, junior, said, "volunteering at Lexplorations for the past two summers were probably the most memorable and fulfilling experiences I have had during my time at LHS. Whether it was playing four square with the kids at recess, or helping the campers make math board games, there was no better feeling than seeing others benefit from the work I had done."

Arielle Lee, a sophomore, took a different approach to service during the summer. She went to Cambodia for a week and helped teach English and the arts to kids from kindergarten through high school. Lee said, "you're truly a different person outside of 45 minute period classes. All the experiences students have also make for great stories come September - and while the summer may end, the spirit still lives on within us."

2. Traditional Findings

Seniors Elaine Yue and William Sherwood pose next to a traditional Chinese temple. "We were visiting this old university in Harbin, known for its engineering courses," Yue said. They had the chance to meet some of the students there. "We bumped into a couple of engineering students at the field there and they were test - flying this plane that they had built. It was really cool to watch and they were so into it. Also, the hallways were so old. I swear they were haunted," she said.

3. Nature's Wonders

Charley Zhao, a senior, got to experience the vast lands and beauty of the Alaskan wilderness. He took many photographs as he journeyed through the park. "I was at Denali National Park and Preserve. I had just taken a six and a half-hour long bus ride into the park," he said. "By then, most of the people had already gotten off. The deeper into the park we went, the more wildlife we saw and the trees continued to thin as we went higher. The last stop where the picture is taken was called Wonder Lake. Adjacent to the lake was an opening with few trees and completely covered with wild blueberry bushes. I was taking a photo of a handful of blueberries that I had picked."

4. Colorful Cuba

Camilla Harris took a tour of Havana, Cuba in a hot pink car. "I went to Cuba this summer with a group through a program called Rustic Pathways and we traveled around Cuba learning about the culture and helping with conservation efforts," Harris said. "The last three days, we stayed in Havana and toured the city. I really enjoyed learning about the unique culture in Cuba while learning its history from an inside perspective as I talked with the locals. Overall, it was an amazing experience."

5. Lending a Hand

Phoebe Bruce, a junior, went to Tanzania during summer break. While visiting, she interacted with local children, which was the coolest part of her trip. "I was walking through a small Maasai (traditional tribal) village and those kids ran towards me. They circled around me and started dancing, raised my hands above my head and sang to me," Bruce said. "The most magical and amazing part of Tanzania for me was interacting with the children there. They were such pure and happy people and that was so beautiful to me. It made me realize that despite having nothing physically/materially, a person can be incredibly happy and it made me reassess my values and hopes for my own life."

THE STUDENT LEADERS

The student leaders comforted the new freshmen, and the freshmen comforted the student leaders back. "I was really worried about going into the infamous junior year," Maria Tavenner, a junior, said. "But being with the freshmen on their first day reminded me of LHS's strong community and all the support it offers. And painting rocks was a lot of fun!"

Peer mentoring was more than just a source of community service hours. "Being a peer mentor was one of the best moments I have at the school," Jaida Fenfield, a senior, said. "It allowed me to connect and help the new faces coming in and make a difference as they transition."

1. Give and Get

Peer mentoring didn't just benefit the incoming freshmen. "Peer mentoring is super rewarding," Adam Winter, a junior, said. "We help make sure everyone feels welcome and has a smooth transition to the high school."

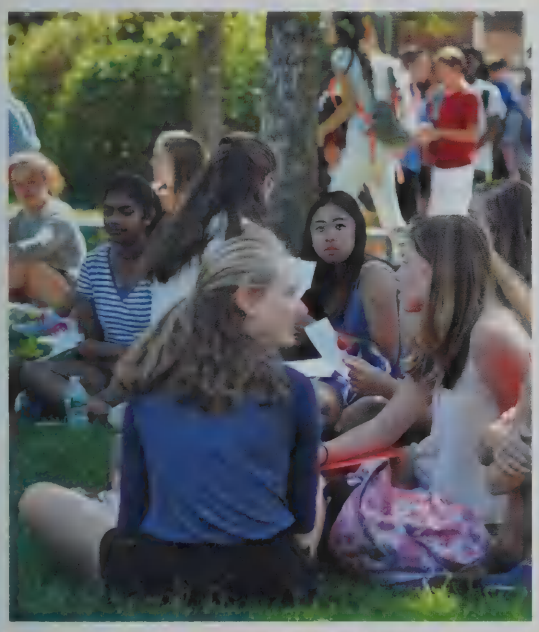
1.

TIME FLIES BY

The peer leaders made sure the first day of school went smoothly for freshmen

In late August, the school was flooded with students returning from their summer adventures to learn and reunite with friends. As new upperclassmen and freshmen nervously awaited a year full of excitement and challenges, the Peer Leaders helped facilitate the process of coming back to school.

"When school starts up we try to make sure the transition to high school is fun and easy for the incoming freshmen. We want to be there to help and make sure everyone settles in smoothly. And like Ms. Queenin says, we want to make happy happen!" Bliss Doney, a junior, said. Evidence of this effort was reflected in the testament of Ethan Kanef, a freshman, who said, "I was amazed at the low level of stress starting high school, and I left [the first day] realizing that it wasn't so bad."



2. Building Connections

Bill Gao, a junior, relishes the connections that he built with incoming Freshmen, and he loved to share what he wished to have known back when he was a freshman. "It is also such a benefit for us as peer mentors," Gao said, "because we get to learn from the freshmen and build a connection with underclassmen." Gao loved receiving greetings from freshmen in the hallways. "It makes my day!" Gao said.

3. Nexxus is Here

Coming back to school can been be a daunting prospect, especially if you're an upperclassman moving from another town to Lexington. Shira Garbis, a junior, said, "I'm part of a student group called Nexxus that has organized a welcome day for new students at the beginning of the school year where we give tours and eat lunch with the students. I really enjoy being a part of Nexxus because I get to help the new students learn their way around the school and meet new people."

4 Helping out the freshmen

One of the primary duties of the peer mentors is to welcome the freshmen to LHS and to quell any of their first-day jitters. "I've loved being able to welcome the freshmen to LHS and show them how fun it can be," Nicholas Tzannes, a senior, said.

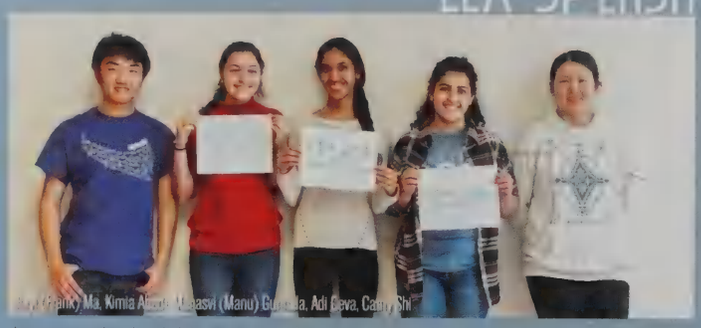
1. Making Music

Simona Innocenti and Constanza Reyes-Bricio make some noise with their instruments as they encourage students to sign up for Ukelele Club.

2. Passion Exploration

Jeana Choi and Courtney Zhang take a short break during a busy day at the fall Activities Fair. "The clubs at club fair have definitely changed my LHS experience – they open up multiple doorways to let students encounter areas that they may otherwise be unfamiliar with. In my case, I really knew nothing about robotics but decided to sign up for Parity Bits, a new all-girls robotics team at that time. I love how LHS lets underclassmen explore the different cultures of all the clubs – they can really shape you as a person, even help you decide your future," Choi said. Activities Fair gave students a chance find their passion, one which they could continue to develop throughout their high school years.

LEX SPLASH



Jiayi (Frank) Ma, Kimia Abedi, Manasvi (Manu) Gunnala, Adi Geva, Cathy Shi

Learning to play the ukulele, the basics of bioethics, yoga and meditation, the physics behind water bottle flipping... These are just a few of the classes being taught at Lex Splash, a one-day event inspired by MIT splash, where LHS students teach a variety of crash courses for middle school students. Splash is an entirely student-run organization, founded by senior Jiayi (Frank) Ma and junior Manasvi (Manu) Gunnala with the assistance of Adi Geva, Kimia Abedi, Julia Kan, and Cathy Shi. When asked what inspired him to start Lex Splash, Ma said, "When I went to my first MIT Splash, I didn't want to leave because it was the first time in a while I truly enjoyed learning and was seeking for more knowledge. And I thought, this is the type of learning that we need in schools. This is why we let teachers design their own classes and students pick their own courses. We want the least amount of intervention so that students are learning because they want to learn, and teachers are teaching because they love what they teach." Co-founder Manu Gunnala agreed. She said, "the best moments as a student are those brief minutes when you forget about grades and tests and genuinely enjoy learning. Whether that means finally understanding a difficult math concept after hours of studying, mastering a complex piano piece, or discovering a newfound passion for a sport, these lightbulb moments are what make learning worthwhile. That's why we decided to create Lex Splash, to pass those moments on to younger students and reignite a love for learning in our community, outside the high pressure classroom environment."

QUAD GOALS

Students discovered their new passions at the Actvities Fair

SADD? Debate? Quiz Bowl? With so many options for clubs at the school, the Activities Fair was a great place to present them all. The Activities Fair has been a tradition for many years. On a day in late September, an hour was taken out of the day for club leaders to set up for the fair. Each club was given a small space in the quad to persuade underclassmen to join their club. Persuasive tools ranged from giving out candy to playing video games. The fair gave the underclassmen a chance to explore the various clubs and teams that were offered at school.

Aman Saiju, a sophomore, said, "Activities fair was a fun and interesting experience. It exposed me to a lot of the clubs and activities that LHS has to offer. Although it was a bit rushed, it gave everyone a view of what the different clubs where. On the whole, the fair could be a lot more streamlined, but is still helped me expand my horizons."

By taking time out of daily classes to actively get students involved in clubs, the school set students up for success and helped them find their passion during and after school.

3. Putting On a Show
Oliver Cotran, the leader of the guitar club, plays guitar to showcase his club. "Club fair was very helpful for expanding the club. We performed a concert which was well received at the fair and it gave us a lot of members," Cotran said.

4. New Recruits
Leaning over his poster, David Wong converses with intrigued underclassmen about his club.

5. Time Used Efficiently
Armand Ghayspoor, the editor-in-chief of the yearbook, holds up the 2016 yearbook at the Activities Fair. Club leaders made sure to use the time efficiently because the Activities Fair was held only once a year. "The Activities Fair was extremely useful because I was able get underclassmen to join the Yearbook Staff," Ghayspoor said.

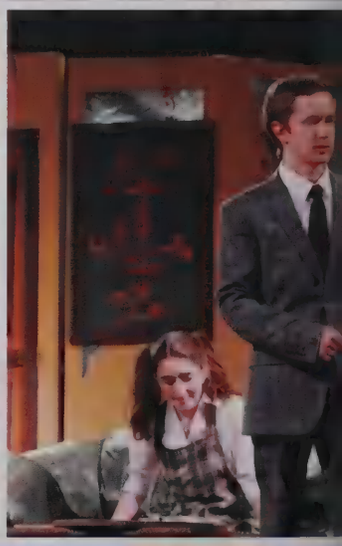
6. Humanitarian Help
With a bright red flag, Adel Chang stands in the quad in hopes to gain new recruits for his club Liberty in North Korea. The organization aims to help North Korean refugees and emphasizes the people over politics.

A HOUSEHOLD TO LAST THE AGES

The annual fall play received praise from the Lexington community.

The curtains opened and the audience was whisked back in time and into the world of "The Skin Of Our Teeth, " the Pulitzer Prize winning play by Thornton Wilder. The story, which is actually an allegory about the life of mankind, revolves around the Antrobus family. They take on an ice age in Act I, a world-ending flood in Act II and a cataclysmic world war in Act III. The family had to decide whether it was worth going on in a catastrophe-ridden world, while providing numerous reasons to give up.

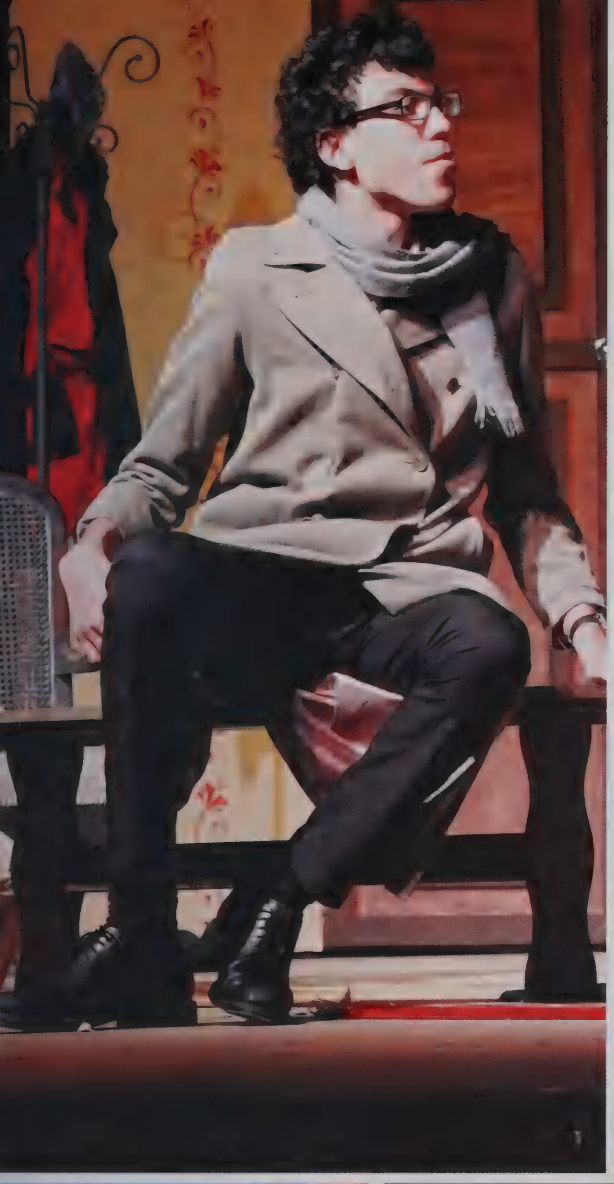
The ensemble cast embodies a world's worth of wandering unfortunates, great thinkers of history, and assorted fez-wearing mammals. Despite the small cast and the complex plot, this group of actors and actresses found a way to take this older text and make it relevant to the 21st Century.



3. Safe and Warm
Refugees Danna Ofek, Yoojee Kim, Clare Wiesen, and Carlos Fruzzeti seek shelter from a giant iceberg at the Antrobus home.

4. Sibling Love
Siblings Henry (Will Blumberg) and Gladys (Sarah Zola) Antrobus comfort each other in the cold.

5. Arguing With The Help
Mr. Antrobus (Henry Hoffman) argues with Sabina, the maid, (Sophie Kahn) as Gladys (Sarah Zola) looks on.

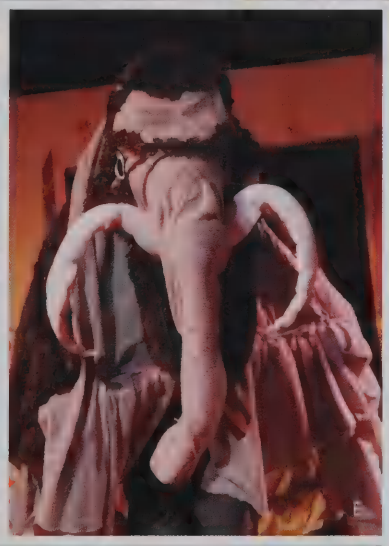


1. Lending a Helping Hand
Refugees (Sydney Hart, Ansel Link, and Trevor James) are cold and hungry for food.

2. Giving The Lowdown
Sabina (Sophie Kahn) talks to the audience about the Antrobus family's problems.

6. Curious Housepets
A mammoth (Lauren Sternberg and Allison Chaput) joins the Antrobus household as the family's new pet. "The family also has a pet dinosaur," Sydney Hart said. "There wasn't much of a story behind it, they just had them."

7. Reporting Here On The Scene
A news reporter (Maeve Wiesen) is on the scene of the Antrobus household.



8. Misbehavior
Mrs. Antrobus (Anelga Hajjar) scolds her daughter Gladys (Sarah Zola).

9. Family Comes First
Mr. Antrobus (Henry Hoffman) looks on at his family.

10. Time To Think
Mr. Antrobus (Henry Hoffman) gives his son Henry (Will Blumberg) his new invention: the wheel.

1. High Theory Hack

Sophomore Policy debater Justin Hsu discusses strategy with his partner Andrew Zhang before an upcoming tournament. Justin studied multiple advanced philosophers in order to prepare. "It was when I started reading critical literature, when I became engaged," Justin said, "specifically Psychoanalysis."

2. Performance Affirmatives

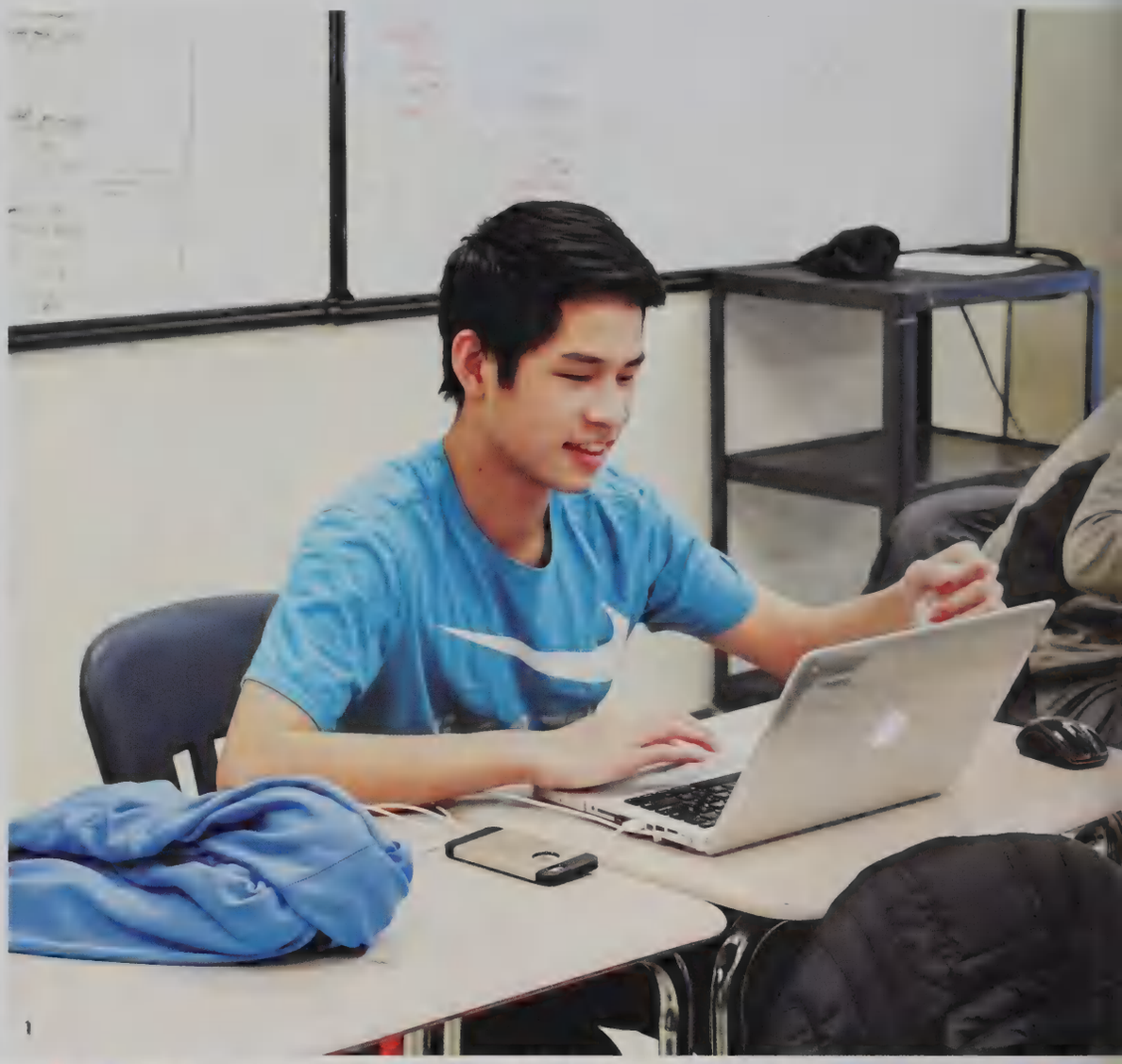
Policy debater Chris Jun gives a speech off his flow paper. Only a junior, Jun had already become well-versed in critical race theories and critical literature.

3. Rebuttal Redos

Public Forum debater Rithvik Nambiar uses previous flows to give a redo speech, correcting past mistakes and learning from his judge's advice. Formerly a Policy debater, Nambiar transitioned into Public Forum for the past season. Over the course of the year he honed his critical thinking and persuasion skills, while not at Dunkin' Donuts or on his phone. "I swear I was at the car wash," Nambiar said.

4. Lexington GL

Policy debaters and partners, Kevin Lu and Manasvi Gunnala, write down notes and arguments on their flow papers during a practice round. They were the first junior duo team to qualify for the Tournament of Champions in four years after receiving bids at Harvard and Pennsbury. At the beginning of the year, Lu said, "We're betting on who is going to get higher speaker points at the next tournament. The loser has to buy the other dinner." Gunnala proceeded to out-speak Lu at seven out of their eight tournaments.



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5. Prep Time

Rajeev Raghavan prepares his next speech by writing down his arguments. Raghavan partnered with Chris Jun, who would gave the speech that followed Raghavan's. In policy debate, this refers to a "block split", unique to the negative side, where one partner gives an eight-minute speech and the other follows with a five-minute one.

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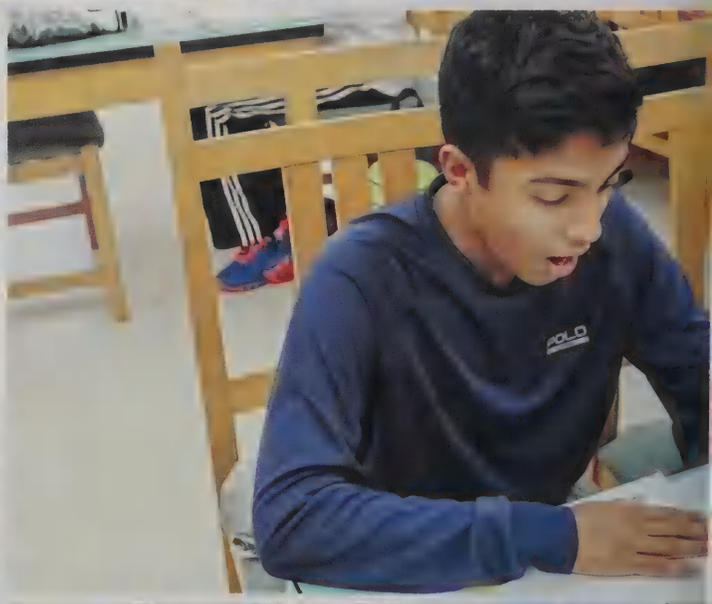


PEACEFUL CONFLICT

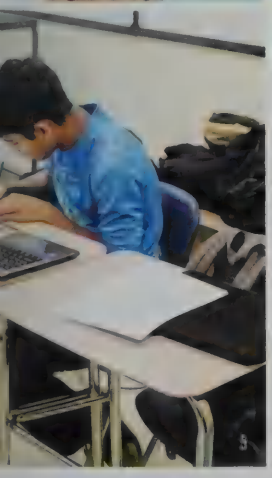
The debaters had a successful year with several bids to national tournaments.

At nationally top speeds of 300 words per minute, Policy and Lincoln- Douglas debaters speed read, or "spread", their arguments. Meanwhile, their opponents wrote down all the important points in short abbreviations, while anticipating possible responses. Including the Public Forum team, the entire debate team had a successful season competing locally and nationally. They secured a multitude of bids to the prestigious Tournament of Champions, where the best teams from around the country compete at one final gathering.

"No other activity is as educational, fun, and memeable as debate," Anthony Wong, a senior, said. "It's been life changing and I'll remember these four years for the rest of my life."

One distinct strength of Lexington's debate team was the community created that worked together. Everyone worked in unison to compile files every weekend for major tournaments or stayed after school to give advice and judge younger debaters. Even former team alumni frequently came back because of the strong bonds formed to help out.

"The Debate Team is a tight-knit community of highly competitive, dedicated students debating across the country issues that matter," Zachary Steigerwald Schnall, an assistant coach and alumni, said. "I've spent significant time during my gap year working with the team as a coach, because debate played such a large part in my high school experience, and I want to give back to the program that has helped me and others in so many ways."



6. Professor "Makarov Putin"
Senior Lincoln-Douglas debater Kaushal Balagurusamy celebrates after yenting his way to finals of the Newark Invitational. Facing multiple structural barriers such as the no-fly list, Kaushal worked tirelessly to receive a bid this year. Meanwhile, Sophomore Luke Eriksson looks to see if pairings for doubles have been released. "Oh wait, I don't clear at Tournaments," Luke said.

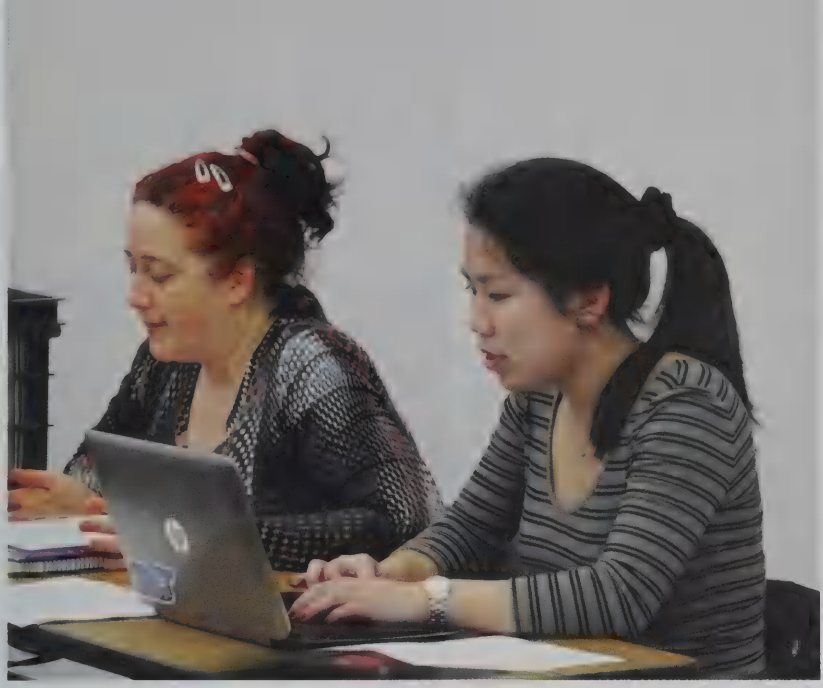
7. Practice Rounds
Sophomore Vedant Roy debates junior Reed Weiler in a Lincoln-Douglas practice debate. Both had promising seasons as Weiler received a bid to the Tournament of Champions at Valley Invitational.

POSITIVE CHANGE

The senate worked towards improving student life at the high school.

The Student/Faculty Senate met on a weekly basis during I Block in the Library Media Classroom and negotiated on behalf of the student body. The group proposed bills that addressed issues that were of interest to student, such as the number of minutes of passing time between classes. "Salvador Zamarripa, a freshman, said. "The LHS senate collectively proposes and passes bills that touch on the issues and changes of our school. While the class councils work on collecting money to fund these class events and changes, both working in unison to maintain and act on the needs and wants of the class."

The Senate was made up of ten faculty senators, along with approximately ten student senators elected per grade. This allowed for the senate to split up into committees that focused on specific topics. The format was modeled on the Senate in Washington.



2. Taking Charge
Faculty Moderator Ms. Laura Shepard-Brick and Senior leader Christine Lee call the Senate meeting to order. They had a packed agenda of items to bring to the Senators for discussion.

3. Settling In
Sophia Zhang, Courtney Zang, and Catherine Wang laugh at a joke made by the speaker. They had just sat down and were ready to discuss the matters at hand.

4. Waiting Time
Junior Azalea Yunus and Emily Berman talk before the start of a meeting.

1. End of an Era

Combined Class Councils gather for a meeting. They wrapped up an effective year of work in the rock room and look forward to doing it again. "We had a great year this year and look to keep it going until graduation" said Junior member Allen Cui.

2. Talking it Out

Junior Serena Valor speaks to the group as fellow Junior and Council member Diya Antony looks on .

3. Listening is Key

Junior Daniel Weiss looks on as his fellow Council members discuss important topics. Daniel was working on his computer until his classmate brought everyone's attention together.

4. Down Time

The Class Council relaxes for a moment after a long and productive meeting.

don't kill our V18E

The class councils held fundraisers for a variety of school events.

Class Council is a group of students who plan and fundraise class events and dances. There is a class council for the Freshman Class, Sophomore Class, Junior Class, and Senior Class. "Class council is so fun. We plan all the dance events for our class. Everyone in class council is so welcoming that you wave to each other in the halls and you support each other when we have to stay after school to finish a poster or something," said Talia Chait, a freshman.

Not only do they plan the dances but they also do fun bake sales and more. "We even did a fundraising event with Bertucci's this year. With that event, it was really rewarding to see how many people were there to support our Class Council," she said. "While Class Council does take some time as there are some arguments about what is the best thing to do, it is a welcoming environment and just so fun. I always wait for the time of day when I have Class Council. It really makes my Wednesday one step more happier," Chait said.

5. Getting it Done
Juniors Emily Lo and Logan Wells discuss the topic of the week during their Class Council Meeting. They started out the meeting slow but are now kicking into full gear.

6. Talking it Out
Junior Logan Wells starts off a discussion in a Class Council Meeting. He's trying to talk to his brother Devin from across the room.

RAISE THE ROOF

Blasting music and modern dance moves defined these memorable nights.

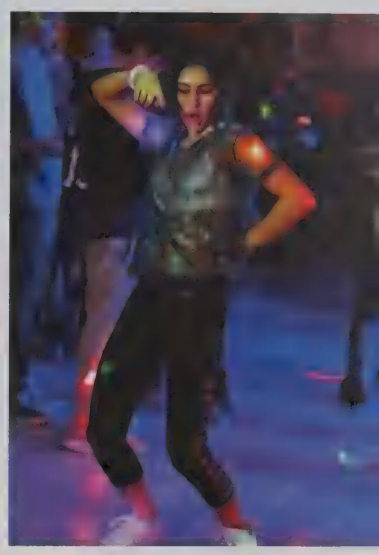
Although the school dances were often postponed this year, that did not stop students from tearing up the dance floor when the time came. In preparation for prom, students practiced their best dance moves, and in some cases, their worst.

Dances like the Freshman Blue Moon dance, the Sophomore Space dance, and the Junior-Senior Lexchella were much needed breaks from the day-to-day rigor of school.

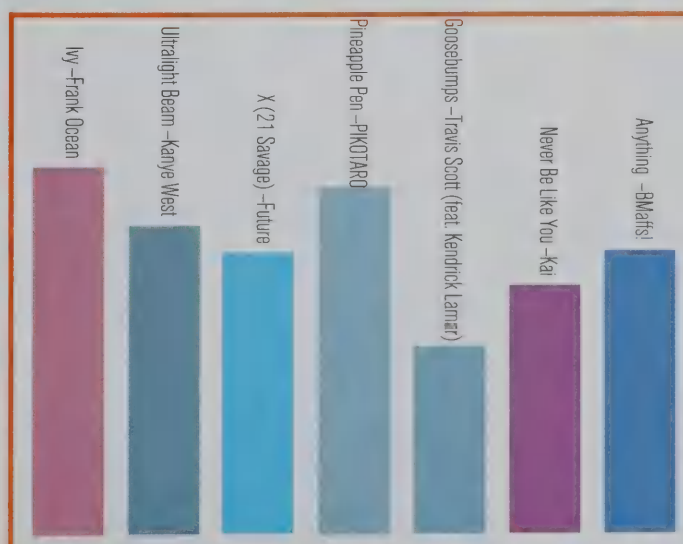
Taking full advantage of these nights, hundreds of students flocked to the Commons after hours to dance the night away!

DANCE MOVES NO ONE WANTS TO SEE

1. DAB
2. WHIP/NAENAE
3. GANGNAM STYLE



Best SONGS of 2016-'17



* Based on an Online Survey Completed by Numerous LHS Seniors

1. Get With the Beat

In organized formation, Karen Zhou, Michelle Lim, Daphne Li, and Audrey Zhu dance along to K-pop music for their Asian Night act. The genre melded elements of western pop with traditional Korean musical roots. Coordinating all of their moves required lots of practice before the performance.

2. Check One, Two!

Dabbing to the right, Evan Fang performs along with John Guo and Danny Roh. Their choreography combined moves from several modern dance styles. Some Asian Night performances were traditional while others were more modern.

3. Two Heads are Better Than One

Sean Wu and Vivian Li perform as partners with Chinese yo-yos. Together, they choreographed a routine based upon what they had learned from their teachers to entertain the crowd. "We knew different tricks coming from different teachers and in the process of choreographing, we took some original tricks and made them pair tricks. We also came up with ideas on what to do if one person made a mistake so we can keep the show going." Li, a junior, said.

4. Together Once Again

Looking into each other's eyes, Patrick Nie and Yooni Park harmonize together in a duet. The two had sung together before, and this performance brought back memories. "Patrick and I have enjoyed singing together in the past, so preparing for Asian Night was overall a fun time. Although I personally had some trouble with the song and was nervous for the performance, I felt great when it was over." Park, a junior, said.

5. Flower Blossom

Kneeling with his arms raised, Adel Chang,a junior, frames Sarah Oh's face as they perform dance moves to a K-pop song Performers tried to vary the style and substance of their choreography to keep the audience interested.

6. Moderism Meets Tradition

Standing side by side, April Chung, Merlin Joyce, Tina Bastin, and Kriti Moogala perform Bhangra, a type of dance that fuses traditional folk music with modern pop music Bhangra originated in the Punjab region of India.

CELEBRATING CULTURE

Students embrace their heritage through entertaining performances.

The sounds of cheers filled the auditorium as the crowd waited for the first act to appear on stage. Multiple acts from different cultures were presented as the Asian Student Union ran Asian Night, an annual event.

"Performing was such a rush, but I wanted to do something amazing for my senior year. And when we were dancing on stage and I heard the audience cheering and singing along to songs that was in a completely different language it was really amazing. Everyone did an amazing job, from the performers to the people behind the scenes," Dabin King, a senior, said.

As students watched the different acts of the show, they were able to let go of academic stress and enjoy the night. "I loved how everyone was so happy and could enjoy the dances like they could leave their worries behind when they saw the performances." Tina Bastin, a junior, said.

SPOOKY SCHOOL SPIRIT

Everyone at LHS was dressed especially colorfully that day.

You know something's up when your history teacher comes in looking like Hercules.... It's Halloween! Or is it just School Spirit Week? Either way, it's an opportunity to show fellow students a side of you that's never been seen before. Whether you're really into a comic book character or a sports team, this is the time to come together and express individual interests.

Students are glad to use School Spirit Week as a chance to show off some team pride, especially if team pride is an excuse to wear pajamas to school, or to break out that weird neon orange sweater you never get the chance to wear.

Halloween, on the other hand, is an exciting chance to show off a style students feel they can't normally wear on an every day basis. Whether you're Beyonce for a day, or just want to wear a wig to school, this is the time to do it.

1. Warrior Student

Michael Aspinall, a senior, was decked out in full armor, imitating a character from the popular gaming series, Dark Souls

2. Representing an Icon

Ms. Rachel Jayson's costume resembles Beyonce's outfit from the music video for her song "Formation". Beyonce's music is known for displaying female empowerment, and Ms. Jayson is definitely giving off powerful vibes!

3. Liberty, Equality, Sisterhood

Ms. Julie Kuo and her fellow History/Social Studies teachers all dressed as the Statue of Liberty. Various departments enjoy planning on group outfits to show their department pride.

4. Spirit of Mythology

The English department coordinated their outfits this year to be mythological characters, ranging from your average Greek goddess to a full-on unicorn.

5

5. Partners in Crime and Costume

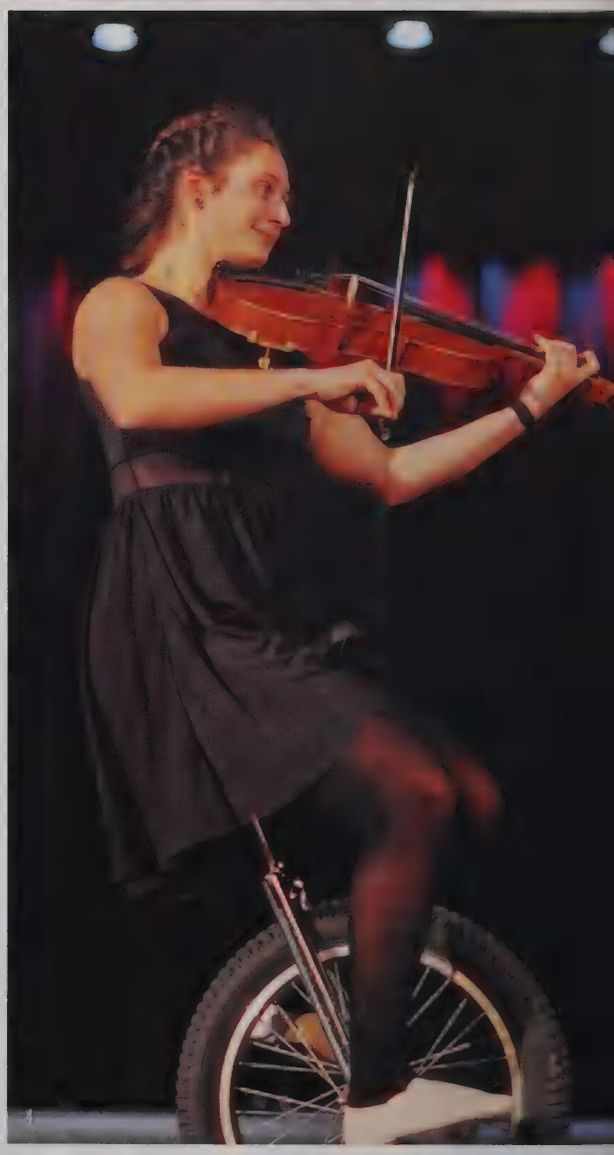
It's no fun to dress up alone! Jack Defay and Ashley Chen enjoyed their time looking more... different... than normal in their costumes.

Grace Leightheiser & Mary Began

7

6. Make Love Not War

English teachers Mr. Zachary Del Nero and Mr. Joshua Olivier-Mason are sending each other some love through their cardboard frames. The outfits were part of the English Department's group mythology theme.



2. Amazing Instruments

Yuetian Zhang, a junior, plays "Spring Arrives at Snow Mountain" on the Guzheng, an ancient Chinese instrument. Zhang said she always loved traditional music and learned to play the Guzheng in her elementary school back in China and has been playing ever since. Her performance won her first place in the Talent Show.

3. Need Some Fresh Air!

Dimitri Psyhojos, a junior, holds his breath for more than three minutes under water. He has been practicing holding his breath since second grade.. Psyhojos' ability to hold his breath had practical benefits as he was a Swim Team member and a trumpet player.

4. One Wheel, No Problem!

Lily Crandall-Oral, a junior, plays the viola while simultaneously riding a unicycle. Crandall-Oral started learning circus arts during middle school and taught herself to ride a unicycle. She added other tricks to her unicycle repertoire including juggling while riding.

Lights, Camera, PASSION

Students wowed the audience with their talents.

1. Pure Magic

Daniel Winter, a freshman, impresses the audience with magic tricks. Winter started practicing magic tricks at the age of six. "I like to see the way people's faces light up when they see something impossible," Winter said. His favorite trick was the coin trick even with a large audience. "It's right up close and personal," he said.

Who knew that we have a student who can play an instrument and ride a unicyle at the same time? What about a classmate who can hold his breath under water for more than three minutes? If you were at the Talent Show, you would have seen for yourself that we do because these were just two of the many talents showcased in the annual National Honor Society event.

There were a wide array of talents and interests displayed during the show which provided an opportunity for students to share their often unusual areas of expertise to a real audience. "My friends and I were truly amazed as we watched our classmates perform their talents. Not only were the acts incredibly impressive, but they gave us new perspectives to people that I otherwise wouldn't have known about," Armand Ghayspoor, a junior who attended the talent show, said.

5. Strike a Pose

Daphne Li, a sophomore, performs a traditional Chinese dance. Li said, "I always love the feeling I get when I'm finally on stage and showing everyone everything that I've spent time preparing for." Li used dancing as inspiration to work hard.

6. Hitting the Dance Floor

Triston Carney-Quander, a sophomore, puts on a show by exhibiting his dance moves. Carney-Quander, started dancing at the age of nine, and believed dancing was one way for him to express his feelings and relieve stress. He hoped to become a professional dancer and perform all over the world.

PLAY FROM THE HEART

The orchestras gave it their all, in concert and rehearsal.

Being an orchestra member was not as simple as it looked. In order to accommodate the numbers and skill levels of all interested musicians, there were three orchestras: Repertoire, Symphony, and Chamber. Auditions were a membership requirement for both Symphony and Chamber, so practice, practice, practice was the rule of thumb even before getting in. All of the groups allowed musicians exposure to a variety of musical styles and periods and to perform several times a year.

Jake Kanef, a junior, said, "After a concert, I feel a tremendous amount of pride and satisfaction. It feels good to know that all my hard work paid off." Other members of the orchestra also shared this sentiment. "I feel really accomplished knowing that all of our hard work came together to produce some well-played pieces," Henry Tao, a junior, said.

1. Take a Bow

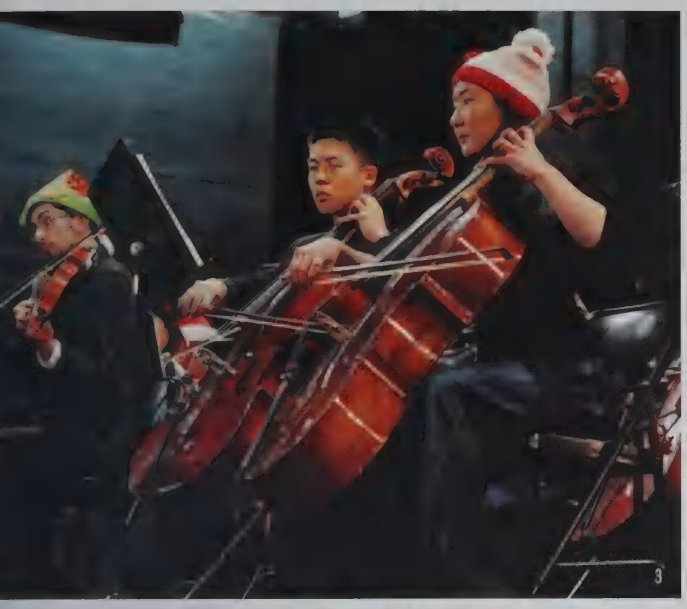
Sarah Park and Olivia Sheena keep their eyes on both the music and the conductor during the Holiday Concert. Musicians needed to be aware of the conductor's direction at all time. "I love playing in orchestra here because it gives me time to stop worrying about school and contemplate how to communicate a heartfelt story to the audience," Park, a senior, said.

2. Time Well Spent

Sarah Oh, a violinist, concentrates during rehearsal. All three orchestras met four times a week to perfect their repertoire. In addition to practicing with their groups, many musicians took private lessons and practiced for hours outside of school..

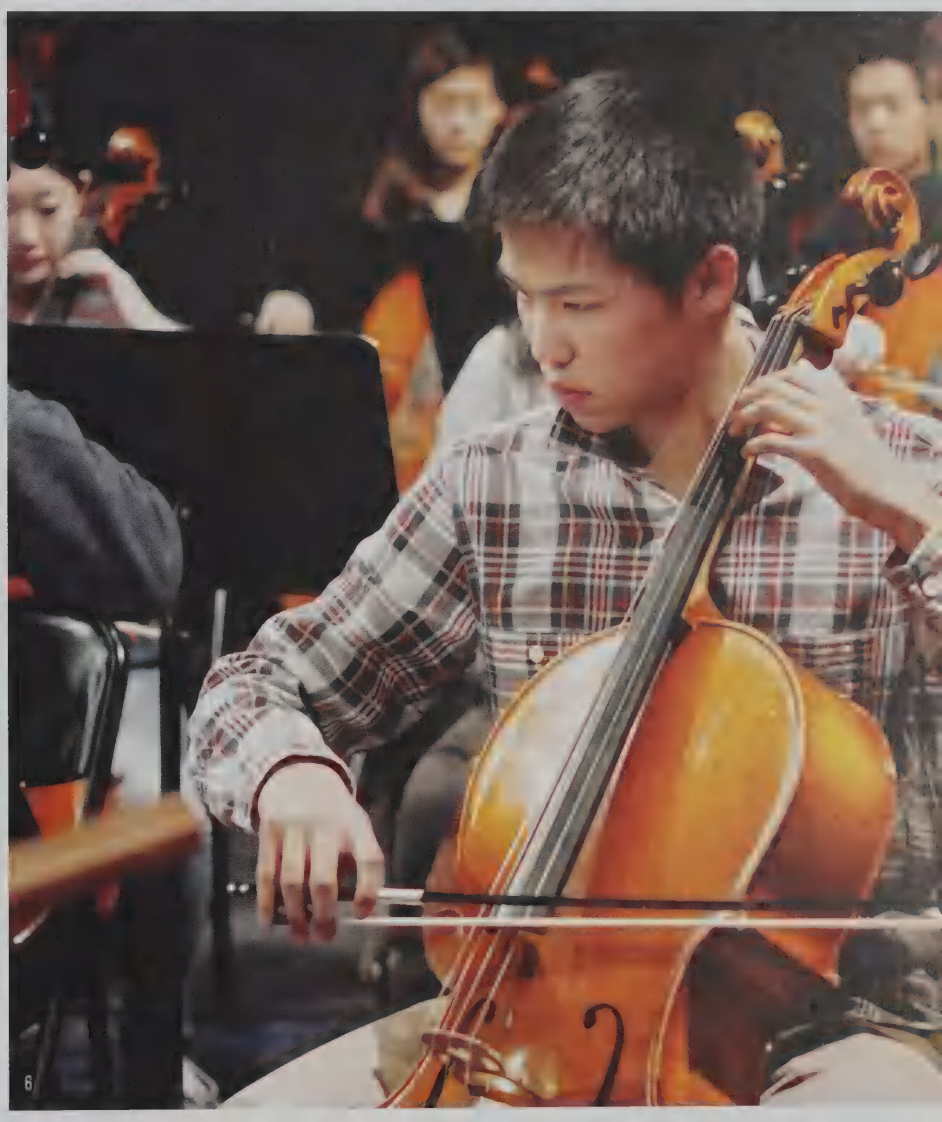
3. 'Tis The Season!

Chamber Orchestra members don fluffy hats and whimsical elf ears during the Holiday Concert. Playing familiar holiday songs, this festive concert featured songs such as "Rudolph the Red-Nosed Reindeer" and Jingle Bells." "Sometimes little kids find it hard to sit through a concert with unfamiliar music but with these popular holiday songs, they can actually feel a connection to music" Su Ko, a junior, said.



4. Musical Translation

Yibo Pu, a senior, takes a bow after conducting the orchestra during their Holiday Concert. "It was really great to be able to translate my own interpretation of the score into real life- I could push the tempo, pull back to emphasize, etc. by just waving my hands," Pu said. "Of course it's more complicated than that, but my place was mostly to get them to play to their fullest potential."



5. Making Music

While many musicians choose the instrument they play throughout high school at a very young age, students often find that their love for music only grows as they get older. "Honestly, I chose the cello at random," Julie Suh, a senior, said. "But once I started playing it, I realized that its sound is the closest to the sound of a human voice. I think that's a major reason why its sound resonates with so many people, and why I've kept playing it since elementary school."

6. Mind Over Matter

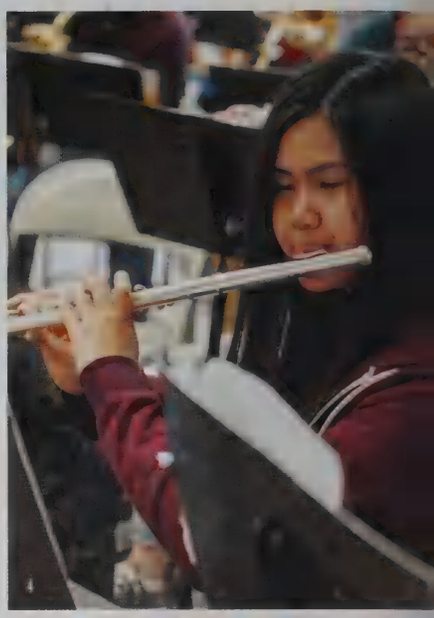
In rehearsal, Morgan Daciuk, a senior, works through a tough piece. "If the music is difficult, everyone has to work harder, and it sounds much better if we're working in tandem. That's what makes orchestra feel like a family, rather than a committee," Daciuk said. As musicians were grouped by instrument, those who played the same part often built a strong camaraderie that translated into their music.

7. The Most Important Member

Mrs. Janet Haas conducts the orchestra during the Holiday Concert. A wave of her baton cued in different sections, set the rhythm, and tied all the instruments together. The conductor was arguably the most important member of ensemble, for her direction led the group to success.

FROM THE TOP

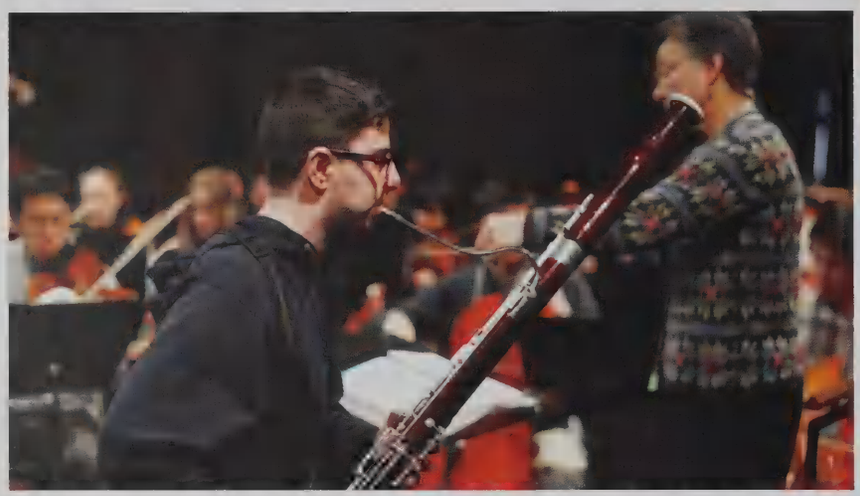
On the conductor's mark, the band moved as one.

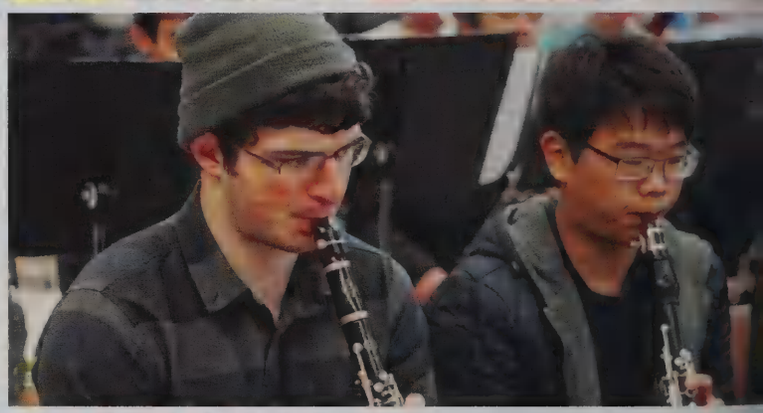


Cracked notes from the brass, squeaks from the reeds, and the occasional ear deafening clash of two crash cymbals were typically heard from Room 131 at the start of band rehearsals. Over the course of the year, the three large groups , Symphonic Band, Concert Band, and Wind Ensemble, rehearsed wind band repertoire varying from baroque to modern and classical to pop.

Rehearsals were meant not only to practice pieces but also to allow musicians the chance to to appreciate and understand them. Rehearsals also helped each band develop a strong sense of community that was reflected in their playing. "The concert band community has helped my playing by making me want to play more. I truly believe that band kids are the best kids, and in order to become a band kid, practicing and dedicating myself to the instrument is key," Adi Thatai, a sophomore, said.

In the process of preparing for performances, the bands sometimes split into sectionals, where musicians playing instruments of the same family homed in on specific trouble spots as well as in their role to the band as a whole. Flutist Abbie Zhu, a senior, said, "Sectionals help our section bond because we rely on each other for improving musically. We have to critique each other and be willing to accept the criticism, which brings us closer as individuals. We also get to know the other instruments' parts better."





1. Teacher Appreciation

Shant Arakelian practices his concerto piece in front of the Chamber Orchestra. Musicians had the opportunity to enter a contest, vying for a chance to perform a solo concerto in concert. "I played Mozart's Bassoon Concerto in B Flat Major, movements two and three," Arakelian, a senior, said. "My favorite part about playing the bassoon is the instrument itself and the uniqueness of it. My favorite note is low B flat which is the lowest note on the bassoon. I am so lucky to have learned to play the bassoon from a wonderful patient teacher named Donald Bravo who is of 83 years of age."

2. A Caring Conductor

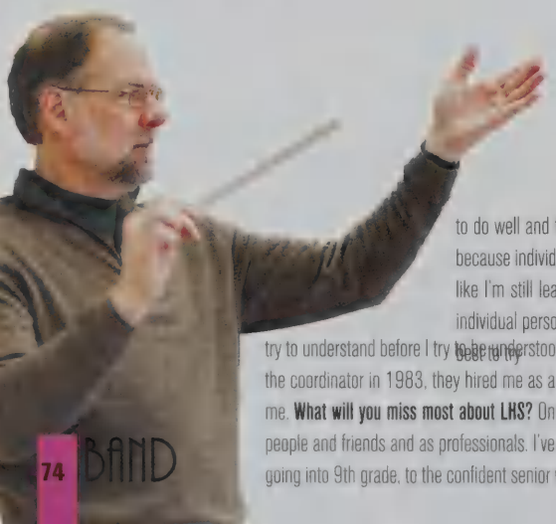
An excellent conductor is not only a teacher, but also a a source of friendship and inspiration. Daniel Cherenson, a senior, said, "[Mr. Leonard] is truly an amazing teacher, conductor, and musician. He cares for each and every one of his students and tells us stories about former students, remembering every small detail. It is clear that his love for music and teaching is what makes band so enjoyable."

3. Friendly Banter

Eli Haber plays his clarinet during rehearsal. Thanks to the banter of rehearsals students and their conductors/teachers formed unique relationships. "Your teachers openly insult you, and are okay with you insulting them back. It's fantastic," Haber, a senior, said.

MR. LEONARD

Mr. Leonard has taught in Lexington for 35 years; this is his last year before his retirement.



What techniques do you use to help your students improve as musicians? Music is an oral art form, so to me it all starts with listening. I used to always teach with a saxophone next to me, because I found I could explain an articulation, a dynamic, a phrase structure in words and some people would get it and some wouldn't, but if I picked up an instrument and played what I was talking about then almost everyone got it right away. That's one of the great things about music, especially in groups like this. They're so social. If you really open up to the people playing and listen to each other, that will improve everything. **What have you learned through your years of teaching?** I find the students I've worked with from '80 or '81 until now are very much the same. Mostly every one of them wants to do well and they want to do what's right and they want to do what's best. And that's it! The thing I've learned the most is that virtually everyone has a different path to doing that because individuals are all so different. It's really important to know how to speak to students and how to individualize what you offer them so they can gain a fuller understanding. I feel like I'm still learning that with people I work with everyday; I work with nine principles who are radically different, so I must figure out what the best approaches are towards each individual person. If you want to make that approach in not just music but teaching to really go to where somebody is, to help yourself be understood and to understand them. I do my best to try to understand before I try to be understood. **What moment in your career are you most proud of?** Probably the moment I got hired in Lexington! I've worked here for almost 35 years. When Mr. Gillespie retired as the coordinator in 1983, they hired me as a band director. I haven't given a thought to going anywhere else since then! That was probably my proudest moment; maybe then after that every day they haven't fired me. **What will you miss most about LHS?** One, the student and making music with them. One part a, my colleagues and the people I work with in the office here who are just very close to me. We get along well as people and friends and as professionals. I've worked at elementary schools, middle schools, colleges, but I feel most at home working in high schools. I love being a part of that journey: from the scared 8th grader going into 9th grade, to the confident senior who goes out ready to take over the world. That's absolutely what I'll miss the most: making music with student and people who are really passionate about doing that.

4. In One Breath

During a Wind Ensemble rehearsal, Arielle Lee concentrates on her flute part with the rest of the section. "The flute is a beautiful instrument that requires energy and motivation to actually play it skillfully," Lee, a sophomore, said. "It allows me to connect to other people, whether it's through a performance or through the ensembles that I play in."

5. Going Solo

Natalie Ramesh performs a flute solo at the Chamber Orchestra Holiday Concert. Performing solos often came with a side of nerves. "I get nervous! It's a side effect of caring," Natalie Ramesh, a senior, said. "I think it's detrimental to try to eliminate nerves completely because to some extent, that's what helps me perform better, so I don't aim to do that. Rather, I do a lot of positive self-talk and I try to convince myself that I'm one hundred percent prepared. That builds confidence, which is what makes a performance convincing regardless of a couple mistakes!"

6. Making Beats

Percussionists showcase the unique music that can be made through a blend of drums, cymbals, and other instruments. "My favorite part about being a percussionist is that whenever I'm not playing... I'm listening to the rest of the band make music. While the band's 'live' performances can be enjoyable, the more important aspect of these experiences as a spectator is that I leave rehearsal feeling inspired. In making me more aware of my peers' high levels of musicality, these experiences push me to strive for the utmost musicianship," Darsan Swaroop Bellie, a junior, said.

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5. Creating Cameraderie

Music has the power to bring together disparate people, giving students in different grades and from different backgrounds the opportunity to create new friendship. "Being in band and playing music in high school connects me to so many amazing peers all with a common goal: to create great music. It's an incredible experience to be able to explore the expanse of music with everyone else and develop alongside one another, something I am grateful for," Rohan Zeng, a senior, said. Many band players found that they formed friendships with the musicians they sat next to each week.

1. Smart Practice Makes For Good Practice

The Jazz Septet performs at Jazz Nite 1, the first of four quarter-end performances for all jazz classes. As a student-run group, band members had to demonstrate responsibility and professionalism in order to have efficient rehearsals and thus successful performances. Tim Watson, a senior, said "rehearsing a student-run group can be chaotic, but sometimes great things can happen. For example, there was one time where I thought he was gonna come in on the eight, but he came in on the six. Inspiring!"

2. Harder Than it Looks

Clay Oshiro-Leavitt, a senior trumpeter, uses the plunger mute during a Jazz Ensemble rehearsal. "Plunger playing adds a whole new element to the trumpet that you can use. It allows you to change the pitch, volume, and sound with ease," he said. Oshiro-Leavitt and other trumpet players often used the mute to add certain types of effects to the music. For Oshiro-Leavitt, "It's one more thing that you have to consider when soloing, and is not something that is easy to teach. You really just need to experiment with to find out how to make it work. It takes a different mindset when playing as well. You lose the effect of the mute if you just play complex lines. It really shines when you focus more on motifs in your solo. When you listen to the greats, like Clark Terry or Cootie Williams, they have such mastery over the mute that it just blends into their playing. They can make their trumpets "cry" or "talk" or "wail" with the plunger. It also really messes with the slotting of the instrument. Notes are no longer where you think they are. Due to the physics of the instrument, it actually compresses the higher overtones. That makes it easier to play higher, but the target for each note is smaller, making accuracy difficult."

3. JEN Uke, Uke-jen'

Guitarist Jeffrey Gordon plays the ukulele for the Jazz Combo's rendition of Becca Stevens' "Traveler's Blessing" at the 8th annual Jazz Education Network Global Conference. The combo attended the festival in New Orleans, where they performed, attended clinics, played in late night jam sessions, and met other high school musicians that shared a love for jazz. "It was incredibly inspiring to see the amazing performances by other students and professional musicians and just being in New Orleans, the birthplace of jazz, and thinking about, playing, and listening to jazz for four days was very fun, but the best part of the trip was really just hanging out with the LHS cats," Gordon, a junior, said.

Jazz Musicians HAVE GOT That Swang

The jazz program presented students with the opportunity to learn about and experience our nation's own brand of music. Jazz classes were unlike any others that students had seen before. For example, rather than just talking about the subject, the teachers demonstrated concepts through their instruments and the students played lines back. Over the course of the year, students new to the idiom improvised solos, listened to jazz recordings, and explored different song forms and chord scales. Meanwhile, the seminar classes, as well as the Jazz Combo and the student-run Jazz Septet, explored more advanced concepts.

The second half of the year, students immersed themselves in the music of saxophonist John Coltrane. For Darsan Swaroop Bellie, a junior, "To have an opportunity to study the music of revolutionary masters such as Coltrane for an entire quarter was a blessing and something truly special about our jazz program. It tremendously helped us develop a deep rooted passion and appreciation for the music." The program's two after school large group bands known as the 'Big Bands' studied entire masterworks, much like in a concert band setting, and participated in several jazz festivals. The more experienced Jazz Ensemble rehearsed the music of master composers such as Duke Ellington and Charles Mingus. They participated in the Charles Mingus High School Jazz Festival, where they placed first in the 'specialized' (non-arts school) category. For the fifth year in a row, the Jazz Ensemble was also accepted into Jazz at Lincoln Center's Essentially Ellington festival, one of the top honors any high school jazz band can achieve.

4. Transition Time

The Jazz Ensemble's trombone section rehearses the band's repertoire one last time before the Mingus Jazz Competition. Understanding jazz styles, especially those in Mingus' masterworks, was a hard task to take on. Rishi Gollerkeri, a sophomore, for whom this was not only his first year in a jazz group but in the genre as a whole, described his transition into the band as "not necessarily hard but particularly daunting or intimidating. The hardest part for me was just getting used to the feel of each piece we played and playing all this at a faster tempo than I was used to. Coming from really only a concert band background, I was never really exposed to some of the rhythms, the fast paced, the swing feel, and even how to really used the different mutes (I came to the first rehearsal with a cup mute thinking it was a plunger mute.) Plus the fact that seemingly everyone else in the band was in Wind Ensemble and myself being in Concert Band all intimidated me and playing Gunslinging Bird on the very first day did not help. But after a few weeks with the help of my private teacher, Mr. Donaher, Carey Tassel, and others, it became more and more manageable and I learned so much in the process and continue to learn and better myself as a jazz trombonist."

5. In the Moment

Sophomore Elias Benghiat takes a solo at Jazz Nite as the rhythm section accompanies him. Over the course of the year, his class explored the different concepts, vocabulary, and improvisation techniques necessary to create thoughtful solos. For Benghiat, the act of improvising "feels like giving the controls over to another person, but someone that I can guide in what to do, and make the person do certain things more. For me, its a very instinctual thing to improvise, albeit one that gets better with practice."

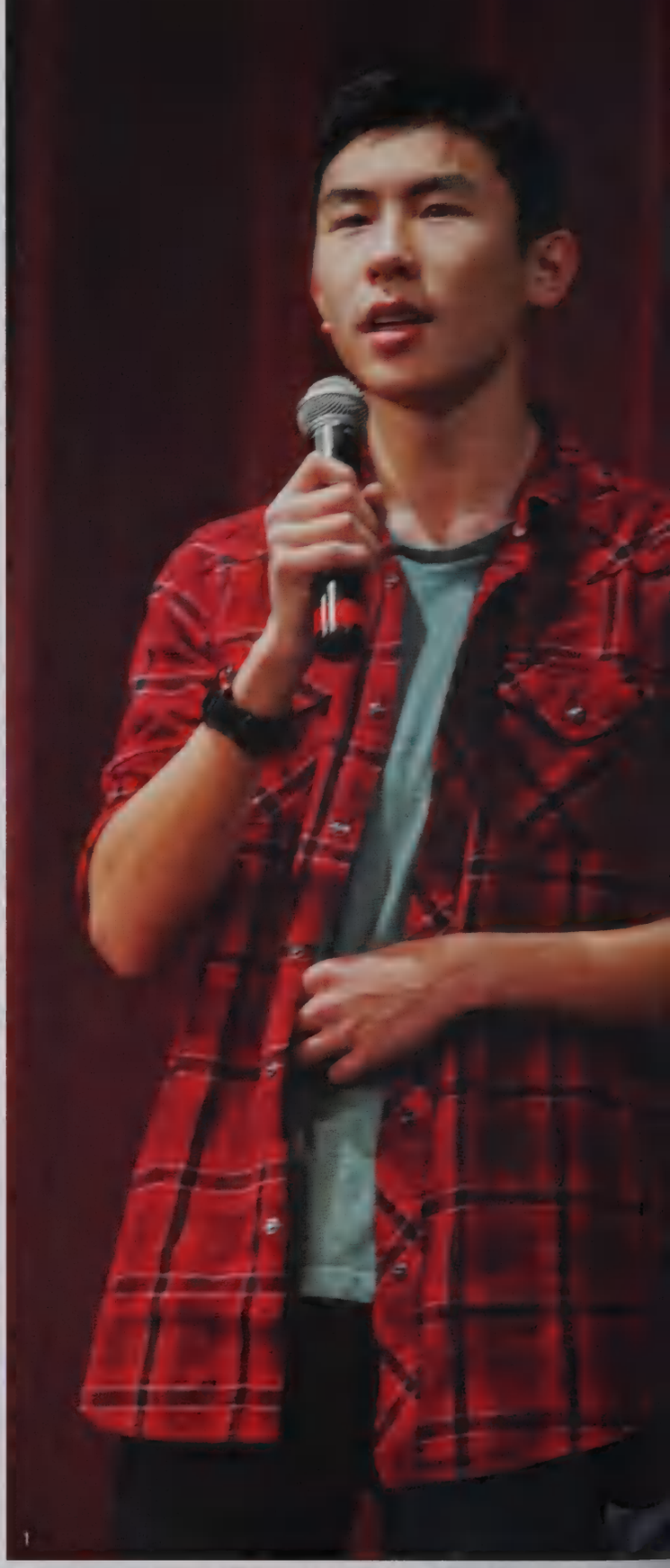
A CAPELLA

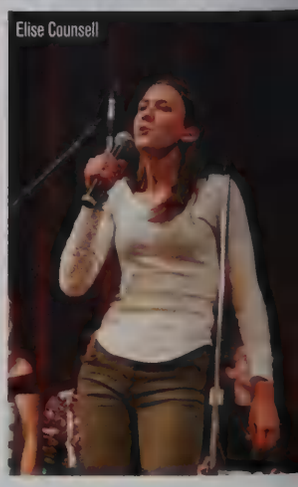
They sang their hearts out.

The vibrant music program would not be complete without the chorus and a capella groups. During the school day lively melodies mingled with harmonies seeped through the doors of room 133. The songs were diverse and selected from a wide range of cultures, languages, styles, and time periods, but the diversity didn't stop there. Many students formed their own a capella groups to display a unique style of singing. Without any accompaniment, their voices were the only "instruments" played, making the music created essentially limitless.

A love for singing wasn't the only thing that brought these groups together. The friendship formed between members was invaluable. "I love making music, and it's even better when I'm doing it with thirteen other incredible girls," said Annie Zhu. "I've learned so much from them, whether you're looking from a musical perspective or life in general." Ester Zhao, leader and head arranger of the group Euphoria described her experience in joining a capella as life changing. "When I became a part of Euphoria freshman year, a capella took over my life in the best way possible. I've spent four years 'doo'-ing and 'jen jen'-ing, and loving every minute of it. I don't think anything can describe how amazing it feels to stand on stage, singing a musical arrangement you wrote yourself, and hearing the crowd go wild when you hit that last, perfect chord. I know that when I look back at high school, a capella will be what I remember most fondly. The music, the friendships, and every way that it changed me."

As the variety of music performed engaged the audience from sing-a-longs to old time classics, the choral groups continued to attract large audiences year after year.



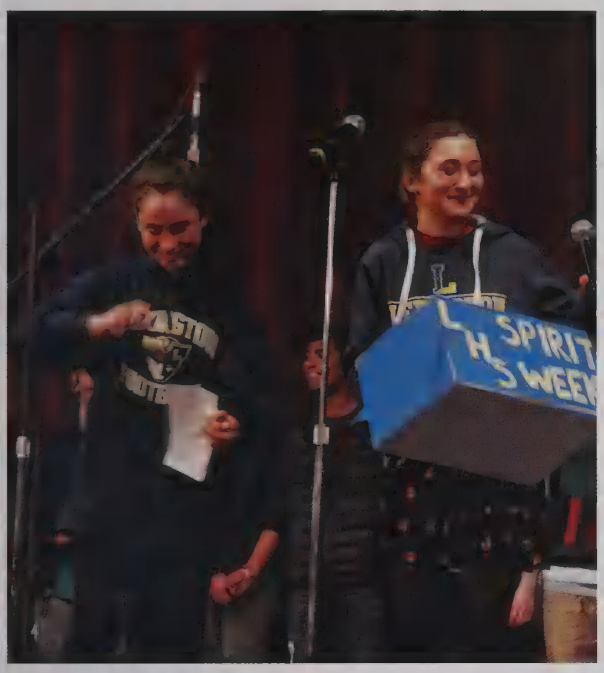


Elise Counsell

1. Singing Solo
Patrick Nie, a [illegible], sang a solo for the Gents at the Festival Getaway. The Gents is one of the newer a capella groups, and has quickly expanded and improved over the years.

2. Jamming out
Danielle Kerr sang wearing her matching Christmas sweater and hat. Many singers wore similar attire to the concert to celebrate their holiday spirit.

3 Singing with a Smile
Spencer Hart-Thompson smiled as he sang with his a capella group, Pitch Pipes. Pitch Pipes performed 2 songs., ending the concert on a high note.



4. Moving with the Music

Sophia Ryterband and Ilana Rosker get moving while performing at the Festival Getaway. Many groups used props to spice up their performance.

5. Still got it

LHS almuni come back once more to perform at the Festival Getaway. It's a regular tradition for Alumni to perform with their former groups.

6. Singing in Harmony

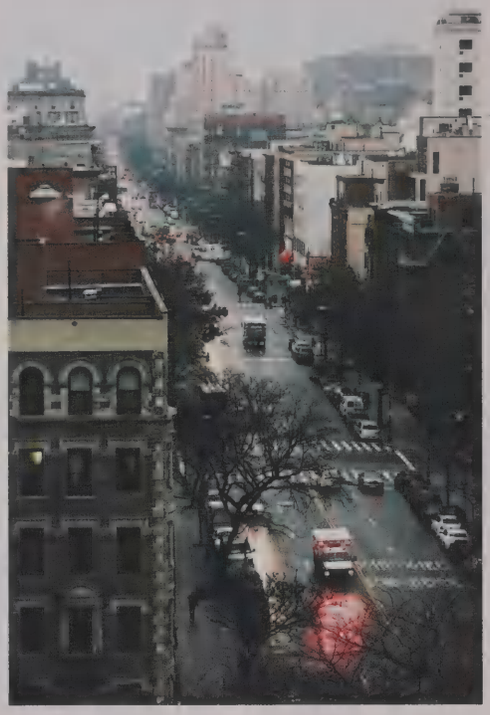
Emmet Sherman, Jongtae Jeon, and Nathaniel Houston perform together at the Festival Getaway as the Pitch Pipes were finishing up their second song.

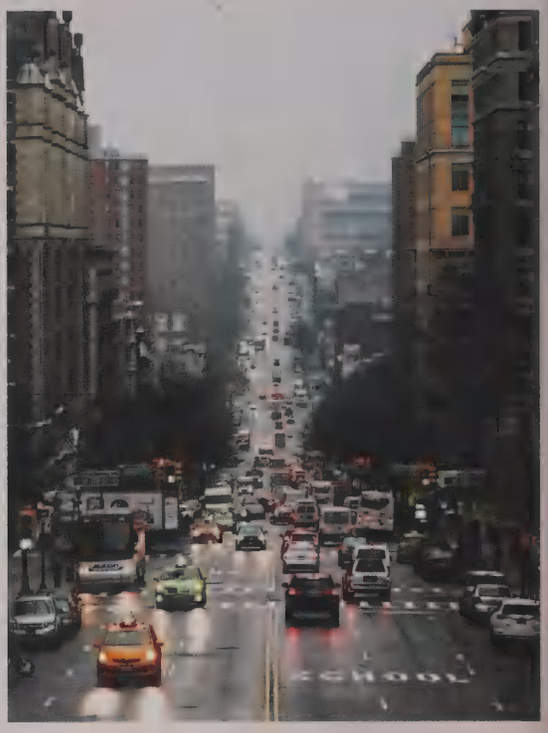
7. Christmas spirit

Brian Coburn sang solo at the Festival Getaway. Brian led the way into the group's next song.

"Photography was a hobby that I picked up in freshman year. I always saw really great photos on social media, but their styles were really difficult to emulate given my lack of photography and editing knowledge. Three and a half years later, I've learned so much about composition, camera settings, and editing that I think I've narrowed down and developed my own style. Maybe the rosy highlights, toned-down contrast, and reduced black clippings don't appeal to everyone, but I think it's more important that I'm satisfied with my own work."

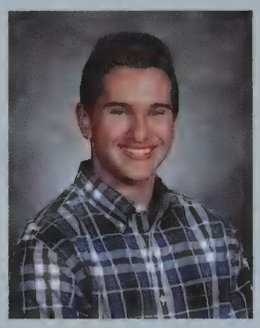
CHARLEY ZHAO





Eyes come in pairs, yet each one is unique. By using different mediums, the differences are exaggerated, but so are the similarities. To me this composition symbolizes the journey towards new heights: always looking forward.

JOHN DEFAY

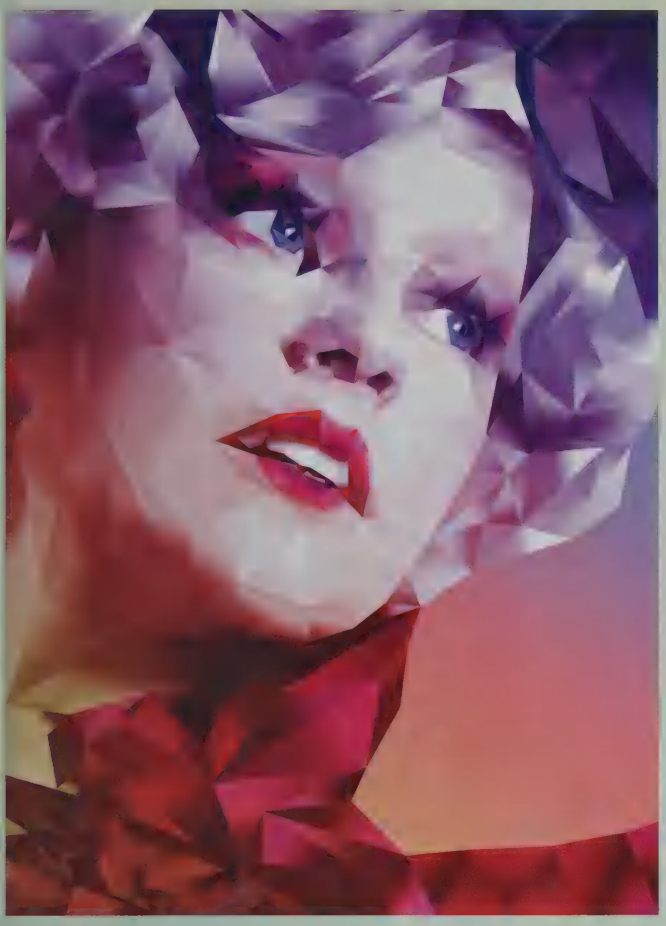


ART SUBMISSIONS

Creative Minds at Work

This is a drawing I drew which reflects my hopes and dreams to appreciate myself for who I am and to love myself for the way I look.

STEPHANIE PARK



"I think I first got into Photoshop because I found that swapping people's faces is really fun (it's still very fun to be honest). But as I explored more and more, I started navigating into the realm of digital art instead of a prank that usually gets a good laugh. Composed of over 500 triangles, this piece of work is the first time I've spent a substantial amount of time on a single project. To me, it represents "New Heights" because it marks an important step forward."

JIAYI MA

CATHERINE WANG

Consider this: your brain can draw itself. Somewhere in the neuronal watercolor there is a spark, and that spark becomes a dream, and that dream creates a physical image on a canvas that depicts the very process that created it. But how does this all work? It is my intention to find out. And then I will paint it in watercolor.

Shoot for the moon, they say, and even if you miss you will land among the stars. The insufferable know-it-all in me can't help but raise her hand and suggest a more plausible alternative: reach for the stars, and if you lack the necessary jet propulsion then you'll land in the vicinity of the moon's orbit. Yes, you missed the stars. It took me a long time to realize that was okay. The stars are lovely, but the moon has you on it. Isn't that enough?

To me, "New Heights" are any moments that my understanding of the world around me increases. Whether that means learning how to capture fireworks during a fireworks show, realizing when the perfect time of day to take a picture of Captain Parker is, or even recognizing when a heron is about to take flight. I appreciate these new heights not only because of my ability to learn, but that I was there to experience life.

JACKSON RHODES

HUMANS

Capturing the lives of students in the Lexington High School community.

Humans of LHS is an organization that was inspired by the popular blog by the name of Humans of New York that captures the unique atmosphere of New York City. Humans of LHS strived to do the same thing, only focusing on the culture of Lexington High School. Photographs of different students along with a small quote opened up windows into the amazing diversity present at the school. Amongst the business, stress, and struggles that defined every high schooler's life, HOLHS provided an avenue for students to get to know their peers and appreciate them. It offered students a sense of support in knowing that they were not alone in the battles that they faced every day and showed that LHS is a truly unified community.

624
Portraits and quotes posted since the club was founded

13
Photographers in 2016-2017

3
years since the club was founded

3000+
Facebook page likes and growing

1. Jay Healy
2. Emily Chen
3. Avani Kabra
4. Joyce Guo
5. Mina Lee
6. Sahana Sreeprakash

F LHS

*All pictures below courtesy of HOLHS Photographers.

1. Jiayi Ma

"Everyone has a story to tell. I'm always surprised by how diverse the LHS community is, and Humans of LHS gave me the opportunity to learn about those stories. Every time I interview a stranger or a friend and learn more about their lives, I get to know this community a little better. It's fascinating to look through the HOLHS Facebook page and realize what an amazing community our school is. By taking a photo or getting a quote, those stories and memories can be permanently recorded."

2. Lindsey Forg

"My favorite type of photography to do is street portraiture, so Humans of LHS has really helped me gain confidence in asking people I don't know for their photo, and asking them to give me a little bit of insight into their lives. I have had a lot of fun being part of a group of other talented photographers and bouncing ideas off of each other to make us all better photographers as a whole, and I will take my gained confidence in street photography with me as I continue to photograph in other locations."

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3. Jongtae Jeon

"I think being a part of Humans of LHS for the last two years has made the school feel a bit smaller for me. I've learned to value the conversations made possible by asking strangers 'Can I take your picture?' and seeing where that leads. Even when people were hesitant to open up initially, they always had something really special to share. I'm going to miss the diverse conversations I shared with the community here at LHS."

4. Gregory Murphy

"When I initially started using social media, I found myself fascinated by Humans of New York as well as numerous other platforms following the same stylistic approach. At the time, I was actively involved in the school's photography club, and happened to know some of the contributing members to Humans of LHS. When they told me that I could potentially join the group, I was simply intrigued by the concept of walking in the soles of photographers like Brandon Stanton and Ivan Velinov who would make this a quotidian priority. As of now, I think I differ from the other group members in the regard that I do not wish to solely feature individuals smiling in a wide aperture photograph with centralized composition as I believe in art and not mass production. Simultaneously, I fondly appreciate their critiques because I acknowledge that I'm still a beginner who possesses numerous flaws and it's essential to be aware of one's tendencies. Nonetheless, I've appreciated my time on Humans of LHS and wish the best for the newcomers."

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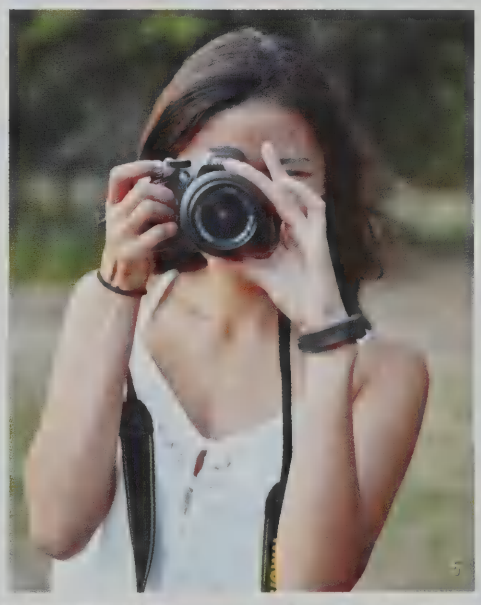

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5. Stephanie Zhou

"For me, Humans of LHS was much more than exposure to the world of portraiture and journalism. It was a unique and modern way of connecting our school together through each other's stories. It gave me a chance to interact and converse with people I'd never even met, and that experience in itself has been an invaluable part of my photojournalism career."

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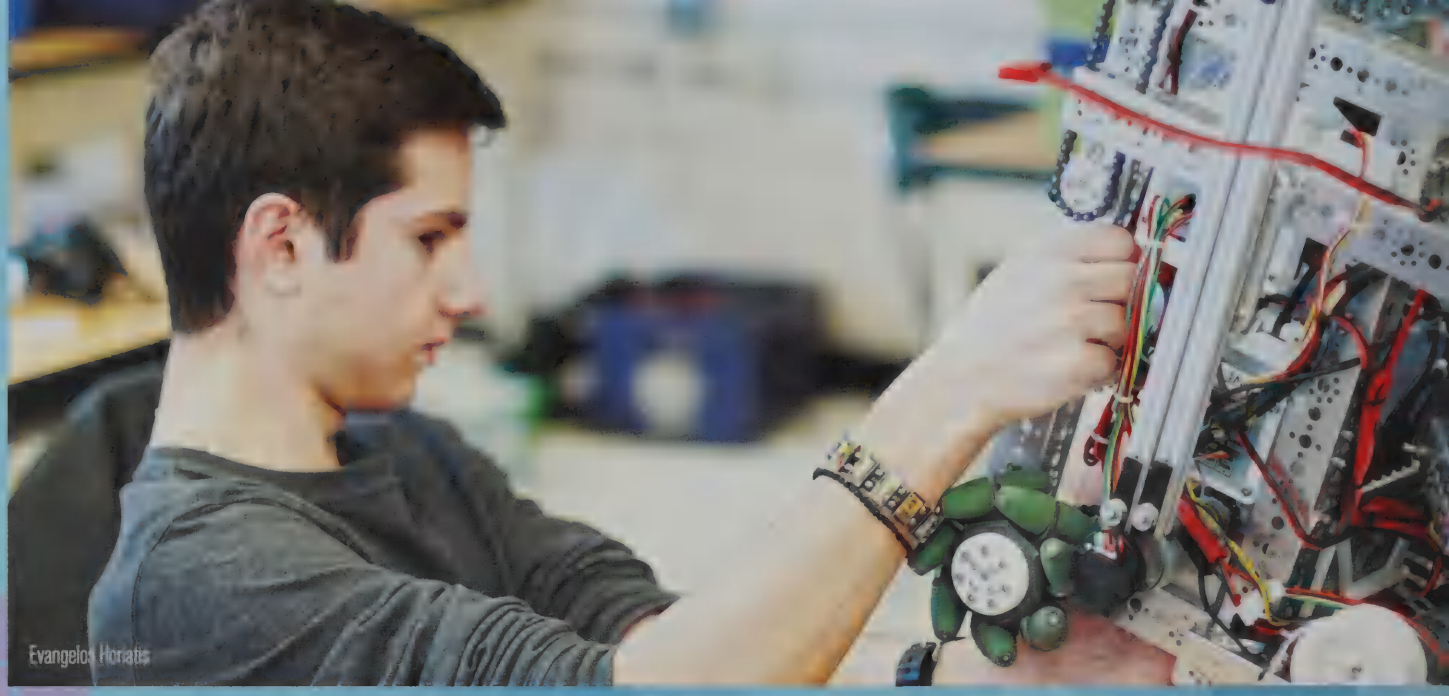
7. Alexander Lerner

"I joined Humans of LHS to learn more about the people I walk by every day. It gives me a cause to approach random students, make conversation, and get a brief window into their life. It's helped me make new friends and develop a stronger connection with the people here. The best part is that I then get to share that view with the rest of the school, and share that person's identity with everyone, which helps them make connections."

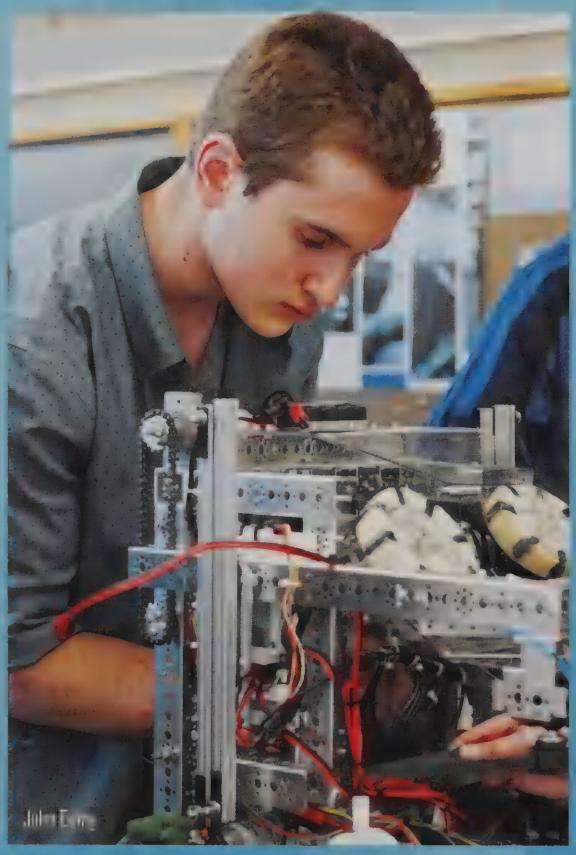
6. Maria McMillan

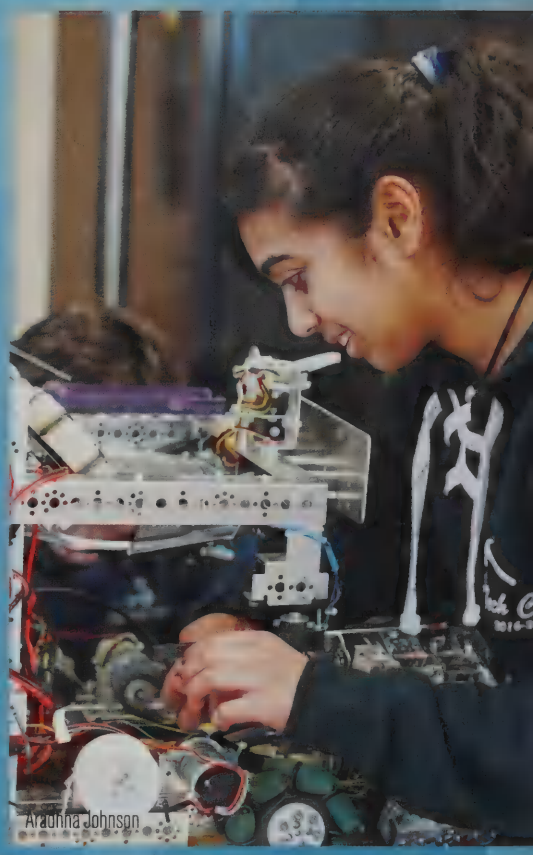
"Being a part of Humans of LHS for the past couple of years has given me so many opportunities- It's taught me to branch out and to step out of my comfort zone, but most importantly, it has allowed for me to meet so many new people and embrace how truly diverse the student body and teachers are at LHS. I'm so grateful I've been able to meet so many wonderful people and hear their personal stories, and leaving Lexington definitely won't be easy for me, but knowing that I have such a loving and welcoming community to return to makes it worthwhile."



Evangelos Horiatis

2 BITS & A BYTE





Arianna Johnson

The school's master tinkerers were drawn together with a desire to build, program, and solving problems. Spending hours each day hunched over work desks and wiping sweat from their goggles, these students were busy throughout the year doing an activity they loved.

"It's wonderful, and I've become friends with so many amazing, funny, and smart people through robotics," Cassidy Teng, a junior, said. "Everyone became really close, but I guess that's to be expected when you spend 12-15 hours a week with each other...."

That's no exaggeration either. 12-15 hours was a vacation for these students especially come competition time when they were bussed across the country to compete, and in most instances, win.

Cassidy Teng

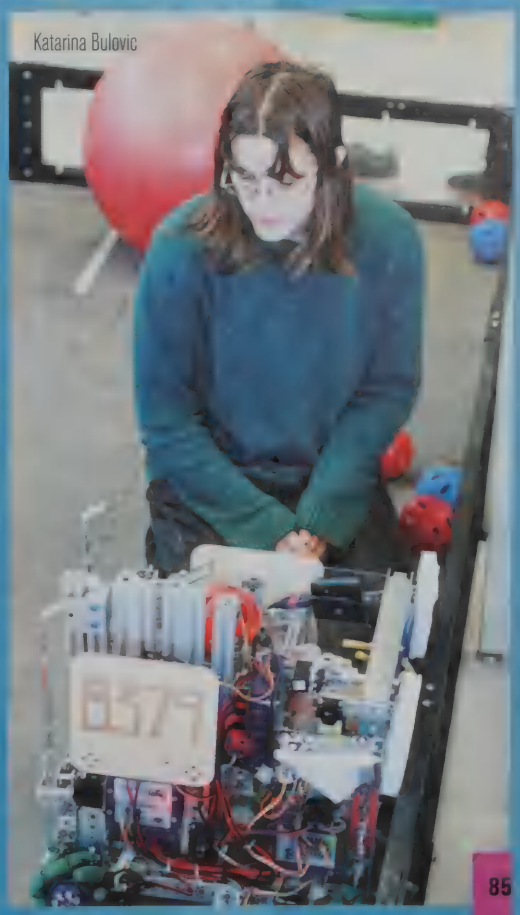
PARITY bits

Women were getting more involved in STEM fields over the years; watching the all-girl team Parity Bits compete brought life to that statement. Their confidence came from years of experience and a year's worth of prep time. "Watching the culmination of our hard work in prototyping on the field help us move on to Super Regionals is incredible, and the girls have never been more excited!" Courtney Zang, a co-Captain and senior, said just moments after qualifying for the Super Regionals Robotics competition.

While the robot may have looked like a jumble of steel beams and tangled wires, it was the product of hours of programming, building, and optimizing by these students to create a robot capable of demolishing the competition. Spending upwards of three hours each day after school working with these robots and with each other created a close-knit team of dedicated individuals that tackled any engineering problem thrown at them.

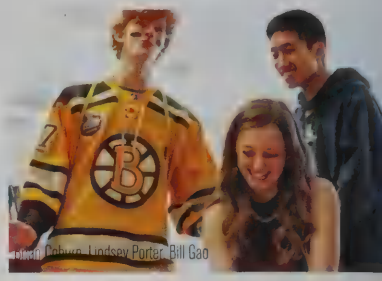
ushi Soni, Courtney Zhang

Jeana Choi



Katarina Bulovic

LOVE IS IN THE AIR


Lindsey Porter, Bill Gao

It's that time of year again. Chocolates are being sold in heart-shaped boxes, roses are $3 a piece, couples are everywhere. It's Valentine's Day. And what could possibly be more romantic than sending your loved one four high-schoolers in costume to sing an a-capella-fied love song? Yes, it's the singing Valentines! Lexington High School's unique annual tradition is a loved one, whether you're giving or receiving it. A capella singers are invited to audition for the chance to spend a day serenading other students in group-planned costumes. This year featured an all-girls biker gang, classy dames in black, and a farmer group that actually gave students cups of milk! Truly, love is still alive and well.

Maia Boni, Elise Counsell, Andrew Swingle

Brian Coburn, Matthew Ollendorf, Catherine Wang

1. Not All What It Seems

These girls may have looked tough on the outside, but they still spread the love! Sophia Ryterband, Esme Goldfinger, Maia Boni, and Elise Counsell serenade a student with one of their many songs.

2. Dorky But Charming

These boys were no ordinary milkmen (or cow)! Edward Tomic, Liam Novelline, Henry Hoffman, and Vivek Gopalakrishnan were milkmen with a mission, even gifting each of their song recipients with a cup of milk.

3. Lovely In Red

Danielle Kerr, Courtney Campbell, Ilana Rosker, and Lindsey Porter really know how to make a guy blush! The girls sang around Matthew Ollendorf in the middle of the library.

4. Back in Black

Vanessa Zhang, Stephanie Siracuse, Madelyn Lane, and Anelga Hajjar sang around Luke West. Singing Valentine groups practice a variety of songs before the big day to give each recipient a different experience.

JUNIORS

CLASS OF 2018

Kimia Abedi
Murat Ablimit
Dennahe Adley
Nana Adu

Aditi Agarwal
Amy Agne
Lucas Aguirre
Tazwar Ahmed

Maya Alaoeasheg
Lindsay Albert
Stephen Alessandro
Saisnigdha Allaparthi

Luis Alvernaz
Douglas Amirault
John Amsler
Mira Anderberg
Madelyn Andersen
Rasheed Anderson
Diya Antony
Ethan Aronson

Omer Atiyyat
Isabella Azaroff
Margaret Bacon
Minki Baek
Alexis Bain
Zubin Baliga
Alec Ballinger
Alex Banks

Alexandra Barrett
Maya Barrett-Tzannes
Anastasia Bartsch
Tina Bastin
Michelle Beaudette
Audrey Berlin
Emily Berman
Jeremy Bernier

Julien Bertic-Cohen
Vivek Bhupatiraju
Evan Bitsko
Ryan Blanchard
Matthew Bobu
Hadar Boker
Pranavi Boyalakuntla
Nina Boyer

Tomo Brais
Cassidy Brand
Rosie Brandon
Ella Breunig
Sade Brooks
Douglas Brown
Phoebe Bruce
Alan Bulavsky

Lara Bursal
Meghan Buschini
Olivia Byrd
Sophia Caira
Alexander Caliri
Hilary Cameron
Chelsea Cannon
Abigail Canton

Harrison Cao
Cecilia Carabillo
Nicolas Caracino
Julia Casey
Matthew Catalano
Katherine Chamberlain
Adel Chang
Pat Chanthanaluck

Benjamin Chaput
Reign Charbit
Eugenia Cheang
Ashley Chen
Cynthia Chen
Abigail Cheng
Catherine Cheng
Julian Cheng

Tyler Chheng
Julia Chiang
Simon Chiang
Jason Chin
Johnathan Chin-Sam
Kristin Chiu
Benjamin Choi
Jeonghoon Choi

Justin Choi
Karis Choi
Sophie Chong
Samuel Christiansen
April Chung
Cameron Closs
Anthony Clough
Brian Coburn

Gil Cohen
Matthew Cole
Samuel Cole
Megan Conners
Nicholas Connolly
Liam Copeland-Clarke
Irina Costache
Oliver Cotran

Salomé Coyer
Lily Crandall-Oral
Demiah Crawford

Daniel Crooke
Kathryn Crooke
Allen Cui

Benjamin Current
Michael D`Agostino
Sanjna Das

Ryan Davy
Venuri De Silva
John Delay

what INSTRUMENT do you play?

"I play the cello. I like the tone. It's really full and rich, also it's just really fun to play." - Cassidy Teng

"I play the violin. The violin really provides you the opportunity to play all the music I heard. It's a bridge between my passion for music and my playing ability." - Andrew Gritsevskiy

"I play the flute, because it seems like such a dainty instrument but in reality it is so powerful."- Sophia Caira

"I play the viola. It has a really nice tone, not too high or squeaky. I also love that it's unique because not many people play it." - Lily Crandall-Oral

"I play the French Horn and I like playing it because it is a melodic instrument and not a lot of people play it."- Owen Graham-O'Regan

if you could choose a NEW ELECTIVE to add to the curriculum what would you CHOOSE?

"I love art so I guess art history."
- Isabella Wachsler

"Maybe how to survive the actual world. Like it teaches us how to manage bank accounts, finance, housing, etc. I feel that school teaches us academics but not the social aspect." - Tina Bastin

"Philosophy. Or applicable life skills."
- William Osher

"I would want a dance class to be added just because that's my personal interest and I think that if I was given the opportunity to take that class it would be the less stressful class in my schedule because dancing relieves a lot of stress."
- Renee Loati

"Cooking. It would be useful."
- Rachel Kienle

"An elective where we could learn how to make electronic music would be cool."
- Amina Khan

Priyana Dey
Ido Diamant
Jacob Diamond
Ava Dickson
Connor Dion
Kerri Disalvatore

Madalin Dixon
Hyunwoo Do
Christopher Doetsch
Bliss Doney
Emma Donigan
Rishi Dorbala

Aleksandra Driscoll
Damon Dubose
Donovan Duncan
Eric Eaglesham
Cooper Eastridge
Madeleine Eichenberg

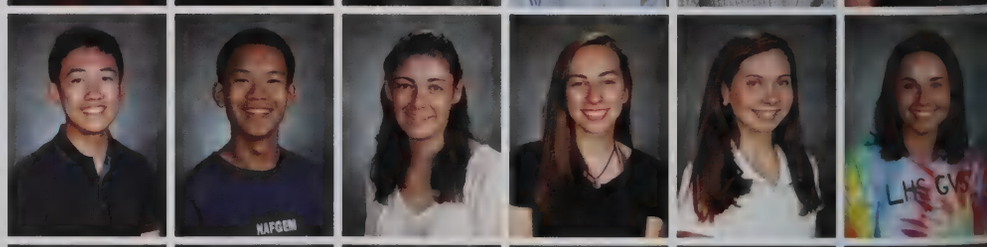
Carter Eidson
Yasmine El-Kattan
Andrew Erler
Kelly Everin
Jason Fan
Evan Fang

Brandon Farino
Kavi Farr
Miles Feeley
Joshua Feldman
Jermaine Fernandes
Annalisa Fiore

Josiah Fleming
Jennifer Foley
Victor Fonarev
Ana Fox
Maya Fray-Witzer
Salvatore Frelick

Valentina Fryou
Claudia Gaebler
Susannah Gaines
Cole Gannon
Matan Gans
Ann Gao

Bill Gao
William Gao
Shira Garbis
Kira Gardner
Avery Gehring
Jocelyn Geller



Adi Geva
Vivienne Geyerhahn
Ryan Ghayour
Armand Ghayspoor
Seth Gillett
Brendan Gillis

on the WORST day you could ever have what would CHEER you up?

"If it were a really terrible day, playing in orchestra would cheer me up because the synergy and community just gives me warm fuzzy feelings." - Julia Chiang

"It always reassures me to know and feel the support of caring friends and family, the people who matter most." - Majeed Hallaj

"Definitely sharing a banana split from Ranc's with some friends." - Maya Mudgal

"Having a friend that's there for me to rant/cry to." - Sophie Chong

"Doing school work takes my mind off of anything, and having someone to talk to like a girlfriend also helps." - Nathaniel Houston

"When I'm not so happy, the one thing that always cheers me up is listening to classical music. It's uplifting and never ceases to help me feel better." - Andrew Li

"I think that the best way to cheer me up was honestly just if one of my friends noticed that I was having a bad day and asked me about it."
- Rachel Kienle

Kaija Gisolfi-McCready
Gabrielle Goddard
Louis Golowich
Eliora Goodman
Emma Goodreau
Ian Goodreau
Jeffrey Gordon
Erika Graham

Owen Graham-O'Regan
Leon Grinis
Andrew Gritsevskiy
Justin Grout
Sumner Gubisch
Manasvi Gunnala
Taeko Gupta
Genevieve Guzman

Emma Hagan
Zachary Hahn-Du Pont
Majeed Hallaj
Lilian Harrington
Nathan Harrington
Niki Harris
Payton Harris
Jeffrey He

Jason Healy
Jay Healy
Matt Her
Isabel Herbert
John Heretz
Brandon Hernandez
Bree Hill
Henry Hoffman

Cameron Hofland
Matthew Hogan
Lucas Honohan
Vincent Houh
Nathaniel Houston
Daniel Huang
I-En Huang
Chloe Hudson Prock

Niamh Hunt
Nadia Ilaj
James Ingwersen
Eli Intriligator
Sahar Iranmanesh
Conor Ireland
Katya Irving
Erinn Ives

Elizabeth Jacobs
Noah Jacobson
Megan Jakob
Trevor James
Nicholas Jameyson
Taylor Jeffries
Devin Jenness
Sunwoo Jeong

Isha Jha
Allen Jin
Tess Johnson
Bryanna Jones
Merlin Joyce
Chris Jun
Arushi Kalia
Tamara Kamis

Julia Kan
Jake Kanef
Xiaoyu Kang
Daniel Kassey
Derik Kauffman
Hana Kawamura
Mahdi Kazi
Witchulada Keith

Andrew Kelly
Evan Kendall
Nathaniel Keyes
Samuel Keyes
Amina Khan
Maxwell Khozozian
Rachel Kienle
Nathaniel Kilroy

Gahyun Kim
Hayeun Kim
Phoebe Kim
Sea On Kim
William Kim
Yun Kyo Kim
Theodore Kirby
Martha Klein

Ethan Kleppner
Tomasz Knara
Jacob Knauer
Guillaume Knobloch
Daniel Ko
Jihoon Ko
Su Ko
Youjung Ko

Nolan Kobs
Aditya Kodangattil
Vishnu Kodangattil
Anna Kohlasch
Samuel Konijnenberg
Olivia Kormos
Sofia Koso
Patel Krina

where do you eat LUNCH?

"I like to eat lunch outside because it is peaceful and quiet."- Karannath Ragunath

"I like to eat lunch in Commons II because I like the environment." - Aaron Zhang

"I like eating in Commons I because I like the noisy atmosphere."- Sandeep Vadlamudi

"Whenever I have lunch frees I like going to Panera or Upper Crust." - Jacob Siu-Zmuidzinas

"Usually Commons I because its where all my friends sit." - Sabiq Shahidullah

Ashwath Krishnan
Manav Kulshrestha
Matthew Kutrolli
Alexandre Lagarde

Russell Laman
James Lane
Julia Lannom
Fiona Lau

Aisling Lavelle
Renaud Le Donne
Catherine Lee
Kevin Lee

Stephanie Lee
Benjamin Leshchinsky
Ryan Leung
Kaitlin Levangie

would you rather have a SNOW DAY or a HALF DAY?

"Snow day because it gives me a break from school" - Conor Ireland

"Half day because it doesn't add days at the end of the year." - Noah Jacobson

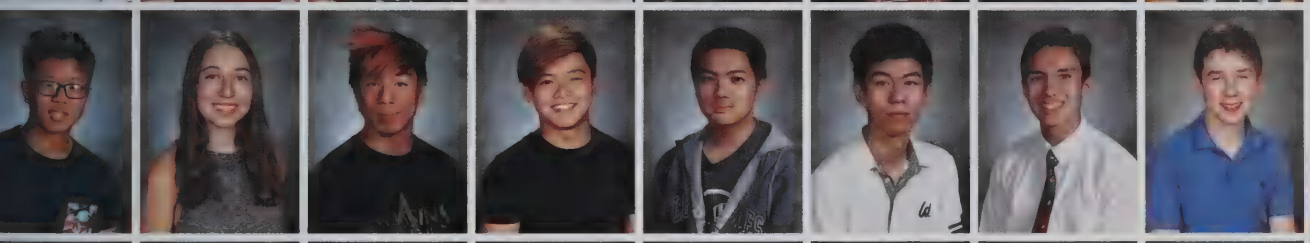
"Snow day because I love snow" - Bryan Wang

"Half day because I hate snow" - Ryan Davy

"Half day because I want school to be over as soon as possible" - Liam Copeland-Clarke

"Snow day because I want to sleep in" - Tyler Chheng

Samuel Levi
Vanessa Lewis
Jennifer Lewitzky
Andrew Li
Justin Li
Raissa Li
Tyler Li
Vivian Li



Jie Sen Lian
Brianna Liberman
Michael Lim
Thiam Chai Lim
Ming Lin
Yuzhe Lin
Thomas Lingard
Andrew Linton

Jonathan Liu
Spencer Liu
Zhengyi Liu
Emily Lo
Jennifer Lo
Renee Loati
Saoirse Loftus Reid
Ange Lu

Garrett Lu
Kevin Lu
Uriel Lurie
Vittorio Luzio
Alec Mahoney
Nicole Maimonis
Bryanna Makumbi
Olivia Maliszewski

Nicholas Manickas-Hill
Asa Manuelian
Nicholas Marten
Hannah Martin
John Martin
Julian Massen
Liam Mattingly
Cassandra Maxim

Claire McCallum
Sabrina McClain
Fiona McClave
Cory McCullough
Kayla McDonald
Lily Mcguire-Eggleston
Alexander McLaughlin
Richard McNamara

Anika Mehra
Serena Mehrotra
Alvaro Mendoza
Tianxi Meng
Tharina Messeroux
Vedant Misra
John Mitchell
Hikaru Miyagawa

Sahil Mohanty
Noah Monzillo
Sofia Morabito
Odysseas Morgan
Christopher Morii-Sciolla

Matthew Moschella
Benjamin Mozes
Maya Mudgal
Cameron Murray
Alexia Mursalin

Riley Myers
Ganga Nair
Rithvik Nambiar
Albany Nasr
Caitlyn Neville

Nicholas Newton-Cheh
David Nguyen
Aaron Ni
Patrick Nie
Yu Xiang Nie

Timothy Nkata
Lucie Nolden
Daniel O'Donoghue
Michael O'Donoghue
Lauren O'Keeffe

Odenaka Okafor
Chiara Oldrati
Matthew Ollendorf
Francis Ongkodjojo
Grace Orcutt

Andrew Ordentlich
William Osher
Anne Packard
Lara Parizek
Joshua Park

what do you like to do during your FREES?

"I usually just hang out with friends, sometimes to do homework."
- Tyler Chheng

"I just hang out with friends or listen to music, I only do work if it's due later that day." - Jacob Siu-Zmuidzinas

"I just go out with friends or meet with some teachers."
- Rithvik Nambiar

"I usually do work in the library, and sometimes go out during lunch frees." - Sabiq Shahidullah

" I just do work in the library." - Brandon Wu

"I do work and sometimes go out to get coffee with friends."
- Qinyu Zhang

"I just stay in the library and do work most of the time."
- Irina Costache

"I usually do work in the library and go out for lunch frees."
- Aditya Kodangattil

"I just stay in the library and chill." - Minki Baek

"I usually do some homework or study for a test." - Sandeep Vadlamudi

"I usually go out if I don't have any work due later that day."
- Lara Bursal

how would you describe JUNIOR YEAR AS A FOOD?

"Qdoba Triple Threat Tacos because you don't realize how much food you ordered until it's too late so you gotta suck it up and eat it." - Mattias Rask

"I would say junior year is like a caviar because it was over exaggerated. I came into junior year hearing from others that the stress would be unbearable; however, I've managed just fine." - Murat Ablimit

"Those warhead candies because you eat one and you think it's fine but then the sourness hits you." - Ann Gao

"Wasabi because its disgusting, just like junior year." - Jacob Siu-Zmuidzinas

"I would say a mango because it has different stages, and through the different stages, (ripe, fresh, rotten), you learn so much about life and what it can give you and also what it can take away from you. You go through the highs and lows, but at the end of the day, what matters most is the precious memories you've created and the smiles and laughs." - Tina Bastin

Stephanie Park
Yooni Park
Ashli Parr
Mitchell Parus
Nyah Patel
Roma Pathak
Vibhuti Pathare
Sara Paulino

John Pawloski
Mei Pearlstein
Maia Pedulla
Tenzin Pharachesur
Evelina Phuah
Daniel Pinkus
Nicholas Plansky
Jordan Pomales

Dimitri Psyhojos
Sanjana Puri
Surya Purohit
Tamara Puskarevic
Mahkala Queensborough
Benjamin Quint
Bianca Radulescu-Banu
Rajeev Raghavan

Karannath Ragunath
Yashasvi Raj
Lasya Rajan
Nitya Rajasekaran
Mattias Rask
Michael Read
Jessica Reamer
Olivia Reese

Anne Reilly
Constanza Reyes-Bricio
Frederick Reynolds
Nika Reznichenko
Alissa Rios
Chanell Rodriguez
Or Rotlevy
Peter Rowley

Orin Rozenberg
Tucker Sabine
Misa Sadin
Joanna Samsel
Victor Santana
Maria Santillana Linares
Benjamin Sarfati
Jamyla Sawyer

Charles Schroeder
Julia Schwartz
Chloe Scopa
Caroline Scott
Sarah Scott
Caroline Sears
Sabiq Shahidullah
Cathy Shi

how do you deal with the STRESS OF junior year?

"I turn to dancing and singing to relieve my stress. Also, I realize how short life is. There needs to be a balance between how much you stress out and how much joy you have in life. At the end of the day, anything could happen in life and you wanna be able to say you loved your life." - Tina Bastin

"I've dealt with stress in junior year by going home and sleeping even when I know I have two tests and an essay due the next day, but the crunch time makes it work somehow." - Mattias Rask

"I talk with friends, sleep A LOT, and play sports!" - Phoebe Kim

"For me, the best way to deal with stress during junior year is to have a positive attitude. Even if you don't like dealing with it, you know eventually you are going to have to do it, so might as well have positive attitude while going about it! Mindset is key. Make it fun for yourself. Life is not meant to cooperate with you, so have gratitude and make the best out of it." - Diya Antony

"To deal with the stress of junior year, I usually like to watch movies, hang out with friends, and go play soccer." - Murat Ablimit

Lin Shinomiya
Mudit Shukla
Giulia Silver
John Siracuse
Jacob Siu-Zmuidzinas

James Smith
Leah Smith
Jesse Snyder
Alexandria Snyders Dykeman
Daniel Song

Rachel Song
Vincent Song
Laurel Soulier
Benjamin Spence
Zachary Spence

Seamus Spencer
Andrew Spiers
Sahana Sreeprakash
Dylan Steinkrauss
Matthew Stevens

Benjamin Stigberg
Jonathan Stix
David Stump
Suhas Suddala
Sophia Sudduth
Jinyung Suh
Anne Sullivan
Joan Sullivan

Sean Sullivan
Anina Sun
Akshay Sundaram
Anna Sutton
Darsan Swaroop Bellie
Abigail Sweeney
Matthew Tan
Henry Tao

Carey Tassel
Mona Tavangar
Jessica Taylor
Alexander Teng
Cassidy Teng
Caroline Tessy
Varsha Thatte
Annalise Thomas

William Thomas
Andrew Thompson
Daniel Tkachov
Varant Torikian
Alice Troop
Iris Miriam Tsirkin
Michael Tu
Hanna Tuomi

Markus Tuomi
Dylan Turner
Sandeep Vadlamudi
Eleanor Van Evera
Joel Vasquez
Madelyn Vincent
Ilana Virgile
Markus Von Huene

Isabella Wachsler
Ananya Walhekar
Courtney Walsh
Bryan Wang
Jiao Wang
Jonathan Wang
Lindsay Wang
Anna Warren

Randolph Waters
Noam Watt
Reed Weiler
Daniel Weiss
Devin Wells
Logan Wells
Kristina Whalen
Genevieve Wharton

Olivia White
Katherine Williams
Cameron Wilson
Adam Winter
Isabel Wood
Brandon Wu
Kara Xie
Kristin Xie

Luke Xing-Xie
James Xu
Jeffrey Xu
Michael Yang
Rebecca Ye
Jeongwook Yi
Diane Yu
Kyle Yuan

Heather Yun
Azalea Yunus
Grace Zales
Isaac Zaslow
Jonah Zaslow
Jessica Zedros
Alison Zeng
Aaron Zhang

Albert Zhang
Andi Zhang
Jeffrey Zhang
Luke Zhang
Patricia Zhang
Qinyu Zhang
Xiaoyu Zhang
Yuetian Zhang

Sarah Zhitnik
Richard Zhou

Not Pictured:
Micah Abraham
Colin Barthelemy
Philip Bonmassar
Hunter Boudreau
Eric Brock
Benjamin Campbell
Nicole Eskew
Benjamin Fabbo
Luke Fortier
Batu Ganioglu
Parris Johnson
You Jung Kim
John Lee
Krina Patel
James Renfro
Sarah Renfro
Gillian Seed
Giulia Sorcini
Clay Stocker
Haley Weaver

what do YOU want to ACHIEVE this year?

"I want to make a lot of memories with my friends but also work to my full potential so that I don't regret it later."
- Heather Yun

"I want to stop procrastinating." - Michael Yang

"I want to finish a writing project."
- Anina Sun

"I want to survive and get through junior year. Life's super hectic and everything is just starting to get unbelievably busy. I want to be able to get through all of this."
- Michael Tu

13

For some, a high school career revolves around their three sports seasons, for others, sports are just two gym classes a week.

REACHING NEW HEIGHTS

32

27

8

19

513

389

No matter how motivated a student is in their physical education, it is hard to acquire the camaraderie and companionship that can arise out of team competition. These sports teams have persevered through gym hardships and growing victories together. After years spent building a solitary foundation, these students have bonded together, forming a circle of friends that is destined to transcend the bounds of high school.

1. Racing with Determination

Looking down, Aria Harris races across the course. Harris came in at 24:17 in the Burlington meet, which Lexington went on to win 16-47.

2. Hard Work Paid Off

Annie Zhu flies by on her way to finish the race. Running in a cross country meet is hard but "the moment I cross that finish line and look back on the course I conquered, a feeling of accomplishment wipes over me, and I'm suddenly absorbed in pure ecstasy," said Zhu. Meets weren't the only part of cross country though, "the best part of cross country would definitely be the recover runs. They gave me opportunities to explore new areas of the town where i had never been to before."

3. Driving to the Finish

Pumping her arms, junior Michelle Beaudette runs by on her way to finish the race. "My favorite part about running in a cross country meet is crossing the finish line because it makes me feel extremely accomplished," said Beaudette "the season highlight was racing in League Meet for the third time."

Running has been shown to be a great stress reliever. For some, it's a stroll in the woods. For others, it's a hardcore competition — survival of the fastest. Either way, these girls have gone the extra mile in every cross country meet and practice. Whether it is a friendly race or a state wide competition, the Girls Cross Country team is a force to be reckoned with

Lexington High School's cross country teams live a fast-paced lifestyle full of breathtaking practice runs and lightning fast races. But being in a fall sport can also be a tough act to balance. These runners aren't just racing through the woods, they are also sprinting through the beginning of the school year and into the winter. It is not easy, which is why only they can do it.

STEP BY STEP

These girls went the extra mile.

4. Racing toward Victory

On a Tuesday afternoon Abigail Cheng, a junior, runs in a cross country meet against Burlington. She finished with a time of 23:15 coming in 7th out of the girls from Lexington. "What I like most about being on the team is definitely the people it's a really fun group of girls, and I've met friends that I never would've met without cross country," Cheng said.

5. Bouncing Back

With a look of determination, Natalie Moon runs down to the finish. Cross country is a hard sport that requires stamina, endurance, and resiliency. "I love the feeling of pushing myself and then getting results," said Moon, "Despite losing to Woburn earlier in the season, the team really bounced back and we worked extra hard to earn [the Division 1 State Championships]."

6. Better Together

Pauline Steines and Anna Kohlasch run side by side down the road. Even though Cross country is a big team, friendship still plays an important role. "My favorite part about being on the team is the incredible friendships I have made," said Kohlasch "after you've done a couple 10 mile runs with someone and struggled through core everyday, there's no tighter bond."

1. Rushing Along the Trail
Junior Nicholas Manickas-Hill gives it all he's got as he runs along the trail during a cross country meet.

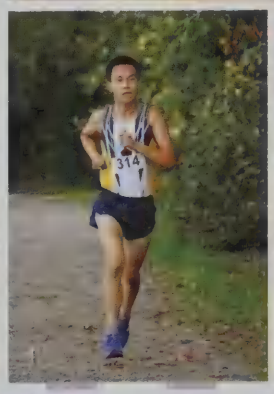
2. Running Smart
Eli Gappelberg displays a pensive expression as he tries to conserve energy and plan his pace, all while maintaining speed.

During the fall, these cross country boys can be seen circling the town, training each and every day. Nothing can stop the training routine undertaken by this team: through rain, cold, and even occasional snow, these boys are outside running. With a steady and unrelenting cadence matched only by the Terminator, these athletes perform exceptionally well in competition after their months of practice.

Practicing together for extended periods of time like this builds an unbreakable bond between these runners. While they do not communicate in the same fashion as other sports, cross country is very much a team sport. These runners rely on each other and motivate one another to perform their best during practices and competition.

warm up and RUN with us

Persisting to the end, the team didn't let obstacles weigh them down.



3. Never Give Up
Sophomore Rishi Gollerkeri is exhausted after a strong start during a cross country meet. However, he, like the rest of his team, refuses to give up.

4. Successful Runner
Junior runner Luke Xing-Xie is completely focused on the task at hand, which is to do well in the meet.

5. Taking steady breaths
Junior William Gao gasps for air as he makes his way through the final stretch of the cross country meet.

SOCCER STARS

Shooting and scoring, the team aimed for their highest goals.

1. Chasing the Playoffs

Jessica Zedros chases after her opponent in hot pursuit of the ball. "A season highlight was when we won the game that guaranteed us a spot in the playoffs. It reflected ... how hard we worked to get to that point," said Zedros. There was also lots of action off the field too. "We created a lot of team bonding through a weekend at the Cape and a lot of team dinners. It was so much fun!" said Zedros.

As the summer wound down, the girl's soccer team packed Lincoln field to start training for another successful fall season. As is true for any team sport, communication on the field and created a supportive environment is an essential element in having a triumphant season. "we had such a positive team and supportive environment. From the beginning of the season our coach emphasized positivity as one of the most important things a team can have. And I think our team really took that to heart!" s;aid Shira Garbis. Another aspect of scoring a point during a game is coordination and the smooth flow of the ball from foot to foot. "My senior soccer season was so successful because this year the team acted more as a family, rather than individual players," said team captain Elise Counsell.

For a lot of the seniors, this was the last time they played together on the same team. Many girls started their soccer careers young and played together since they were little kids. "I grew up learning the sport with these girls, and fell in love with the sport and with them too. I found myself playing for them, cherishing every last memory on the field in my Lexington uniform. This sport is so easy to love because you start from such a young age and it becomes part of your identity; a game you spend countless hours on trying to master."

There is no trick to being successful in soccer. Pushing through the sweat, muscle aches and intensive training lead to the team's success. The girls worked hard and definitely played hard. They were victorious together, defeated together and most importantly created lasting memories together!

2. Keeping Control

Concentrating on the ball, Susannah Gaines, a junior, attempts to keep the ball away from the opposing team. "The best part of chasing after a ball is beating the other person going for it and helping the team out by doing that," said Gaines. "I'm proud of our accomplishments but I also want more for next season."

3. Going in Headfirst

Catherine Fiore, a senior, heads the ball away from the other team. "Every day was a highlight. Everyday there was a new challenge to overcome and everyday we addressed that challenge and resolved it as a team," said Fiore. There were lots of motivations do work hard during the season but what really drove the team was "each other The desire to not let them down drove me to work harder."

4. Concentrating like Crazy

On the Girls Freshman Team, Chrisondra Awomah looks ahead up the field, during the game against Arlington.

5. Just for Kicks

Heather Born, a sophomore on the JV team, dribbles the ball across the field.

6. Swift Thinking

Vivian Li controls the ball, keeping it away from the other team. "When I see the ball coming I just think who is [in] the best position to act, and I pass it to them," said Li. "The season highlight would probably be when we beat Arlington the first time we played them because everyone thought we were going to lose."

7. Work Hard Play Hard

Sophomores on the JV team, Heather Born and Leah Hodge celebrate the great play they just made.

8. Keep your Head in the Game

Team captain Elise Counsell looks down the field with the ball in front of her. Soccer is an intense sport that requires analyzing and strategizing. "Every great soccer player is always one play ahead of everyone else. So when the ball is coming my way I plan what I am going to do with it," said Counsell. "You need to assess the game and see if passing the ball, shooting the ball, or dribbling the ball is the best option."

1. Giving 110% Effort

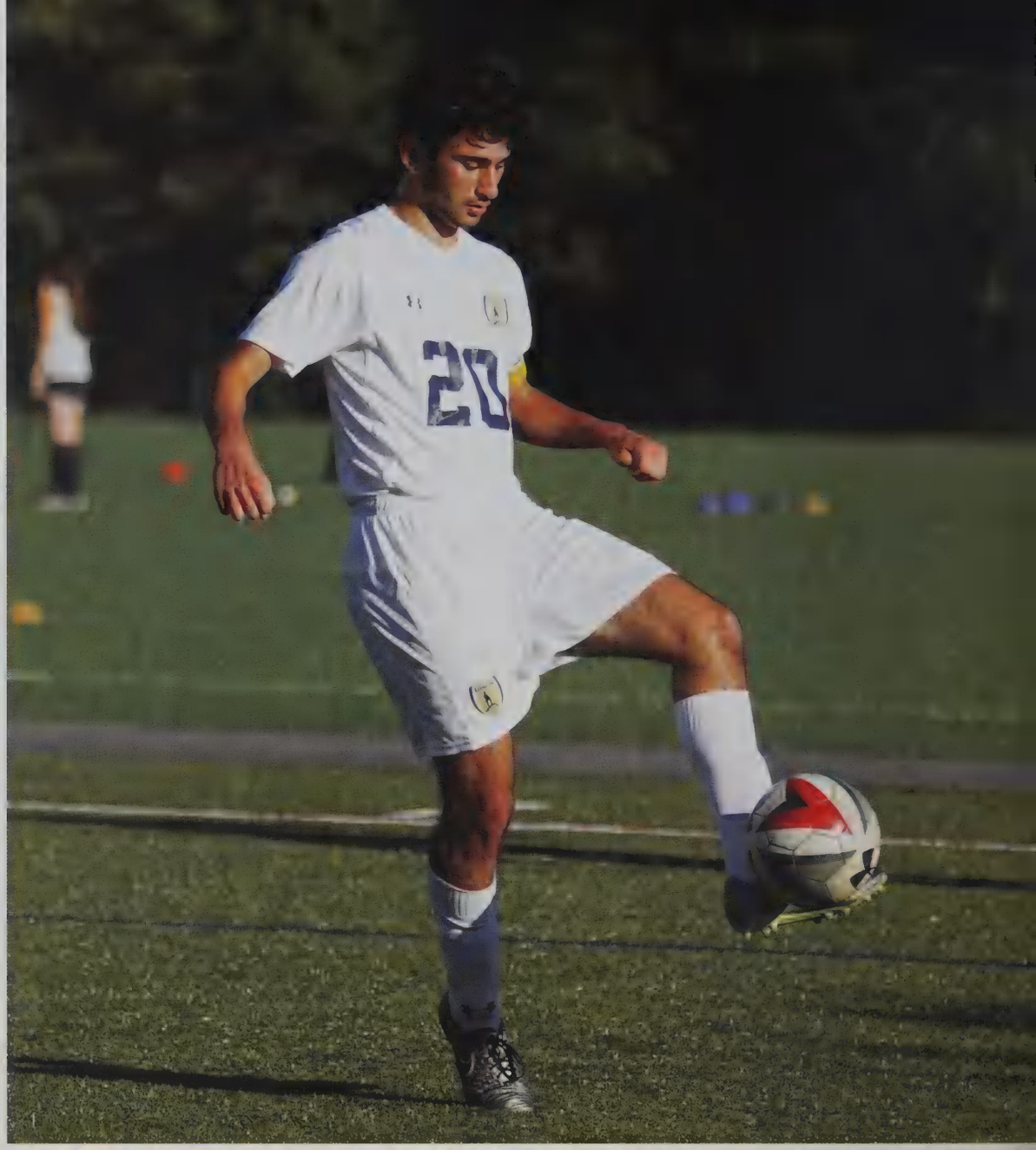
Hagop Kouchakdjian, a senior and co-captain, passes to a teammate. The team had to work together as a unit and gave it their all as they entered the playoffs. "We played as if each game was our last. We hustled and worked hard, but most importantly, we played for one another. What made this season memorable was the camaraderie, celebrating together, and overcoming doubts and adversity," Kouchakdjian said.

2. Fine-Tuning

Senior mid-fielder Sagan Patarroyo-White, sprints his way up the field towards the goal. Despite the problems the team faced earlier in the season, he believed the problems were what made the team stronger.Patarroyo-White helped lead Lexington past Westborough in the Division 1 State Final.

3. All for One, One for All

Michael Bove, a senior, dribbles the ball, looking to pass to one of his teammates. Bove played on the team all four years of high school. Winning the state championship seemed improbable, but the team really clicked. Bove said, "the last game of the regular season we finally started to click, and this was all due to the fact that we were playing more as a team."



IN IT TOGETHER

The Boys' Varsity Soccer Team capped off a successful season with a first-ever victory at the State Championship.

4. Rock Solid Defense

Determined to steal the ball, Zac Chan, a senior, hunts down his opponent. Chan's work ethic and passion for the game were inspired by his friends and family. Chan said, "We grew up playing soccer in elementary school that ultimately molded our friend group together firmly to this day."

5. Locked in

Alex McLauglin, a junior, dribbles the ball up the field in order to get a clean shot at the goal. McLaughlin was waiting for the state championships the entire season. "When I stepped on the field, I knew that this was the most important game I had ever played, and I knew that I was going to play my heart out for myself and my teammates", McLaughlin said.

No one saw it coming. When the season began, the Boys' Varsity Soccer team was seeded Number 10 in Division1. And then it came together. They finished the regular season with a 10-5-1 record, going into the playoffs as underdogs. They powered through six playoff games, winning them all.

"We had success in large part because our coach made sure we knew how we were going to approach each match from a tactical standpoint, especially in the playoffs," Adrian Porras, a Captain and a senior, said.

Team chemistry is essential for any team to function properly, but when players and coaches go beyond that and play as one cohesive unit, a team's true potential is unlocked. "Overall, we were determined to win as a team or lose as a team and it turned out that with good coaching, the right mindset, and maybe with a little bit of luck, we won as a team," Porras said. And they did it by beating Westborough 2-1, bringing home the team's first-ever MIAA Division 1 Championship.

1. Serve em Up

Victoria Caruso, a senior, raises her arm ready to serve. As a hitter she had to move quickly from serving to the front to be able to attack.

2. Concentration

Vanessa Zhang prepares to serve the ball. As setter, the senior was the playmaker on the team and needed to block, serve and play defense. Zhang was also team co-captain.

3. Set Free

Lasya Rajan, a junior, rises in the air in an effort to set the ball. Her aim was to set the ball up at the right height for the hitter to spike it back down.

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QUEENS OF THE COURT

The girls showcased their bumping, setting, and spiking skills.

4

Silence reigned as the server hit the ball. It quickly flew over the net. The crowd exploded as the girls dug the serve, set up the ball, and with one swift motion, spiked it down, far too quick for the other team to dig.

"There have been some leadership changes and new perspectives on the court which have helped our team work together more effectively and helped us become more successful on and off the court" Gabrielle Goddard, a junior, said.

The season got off to a slow start but the girls picked up the pace add posted a 9 win-10 loss record for the season. The team also sponsored its second annual "Bump, Set, and Wish Match" to benefit the Make Wish Foundation.

"It was an overall good season, I am proud that we had a good record and we had a lot of fun together. We got close as a team and supported each other every step of the way" Pamela Chiakpo, a freshman and junior varsity player , said.

5

6

4. Passing
Andra Doan waits for the ball so that she can pass it to her teammates. Doan, a senior, specialized in defense and was always ready to respond to the opposition's attack, dig, or pass.

5. Tipping Over
Gabrielle Goddard reaches up to block the ball as it comes over the net. The junior was often able to anticipate attacks from the opposite side of the net.

6. Going For the Kill
Ruth Ada jumps high into the air to connect with the ball. Her position as outside hitter demanded that she do whatever it took to block or hit the ball over the net. The senior was also a co-captain.

GRIDIRON GANG

The football team had one of their most successful seasons in years.

Anthony Bianchi, Salvatore Frelick

1. Huddle Up!
Anthony Bianchi, a sophomore, emerges from a midgame team huddle. Bianchi said, "The biggest thing (for the team) wasn't bouncing back. We were already there, taking advantage of the opportunities was the biggest thing, and we are just getting started".

2. On the Line
After a hard fought 1st quarter, Timothy Fleming lines up at the line of scrimmage ready to go.

James Lane

3. Here's the Handoff....

Running back, Benjamin Quint grabs the ball and prepares to dart across the field.

4. A Leap of Faith

Quarterback Sal Frelick leaps over a diving defender for the first down. Throughout the season, Frelick demonstrated ease under pressure as he flew by defenders.

5. Leading the Charge

Veteran defenders Josiah White, Abhishek Pandey, Max Stevens, and Max Khozozian swarm the lone offender bringing him down quickly.

6. Ready for the Play

Clay Stocker, a junior, lines up with the opposing team's wide reciever. He shut down talented wide recievers on multiple occasions in the season.

A flip to the left side of the field past the 30, the 20, red zone, end zone, touchdown! Junior running back Benjamin Quint broke off for a 69-yard touchdown to cap off a high scoring season. The team emphatically crush Burlington 39-18, in their annual Thanksgiving Day battle at Harold Crumb field.

Lexington finished the season 9-2, the team's first nine-win season since the 80's. Making it to the division 1 Eastern Massachusetts playoffs, the team lost in dramatic fashion to Andover in a 54-48 OT shootout. One of the main reasons for Lexington's success this season was their depth of talent. There were available and suitable backups in every position allowing for fresher legs. The juniors pushed the seniors, while the sophomores pressured the juniors, creating healthy team competition. Every player carried their weight and motivated the others for a stronger and more impressive team.

LET'S GET IN FORMATION

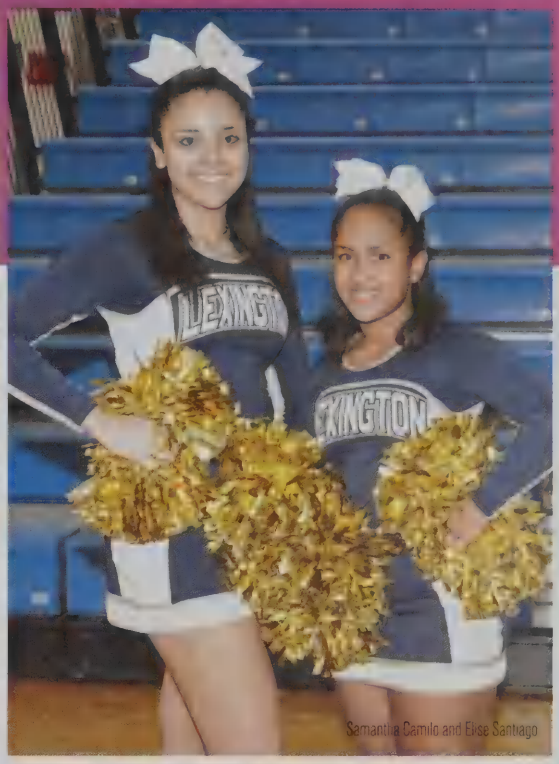
The girls had 2 minutes and 30 seconds to make their mark.

1

Fall means football and what would football be without cheerleaders? At the start of the season, te cheerleading squad faced the fact head on that they were going to take to the field with an inexperienced team. Only six senior girls had returned to the squad and of that number only four had cheered for football. Wasting no time, though, the seniors set out to train all the newcomers, most of whom had never cheered before.. Girls from all four grades joined and literally jumped right in. . Samantha Camilo, a Captain and a senior, reflected on what the team had accomplished and said, "Its crazy when you think about it. In a short period of time girls have been able to learn how to base a simple prep to basing a one legged stunt. It just shows that if you put your mind to something you can accomplish anything you want."

I addition to all the new girls, the cheerleading team also had a new coach. This added to the responsibility felt by the seniors, and captains. Camilo said, "It was a completely new experience this season for all of us since we got a new coach. We have done more things during basketball season like cheer at the boys' varsity hockey games, and do cheers during timeouts at basketball games. Being the only captain for basketball season was definitely different than being a captain for football season, but it has taught me valuable life lessons I will use for the rest of my life."

Claudia Han



Samantha Camilo and Elise Santiago

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1. Time Out - All to Hear

Running to the middle of the court during a timeout was something new the cheerleaders tried this season. Shannon McKenna, a senior, said, "I think a lot of time cheerleaders don't get enough credit for the practice we put into our routines. It finally gave us a chance to show the hard work we do outside of games. Our basketball cheerleading team has really developed over the years. I'm proud to say we've had more school spirit than ever. We were able to create a bigger crowd in the stand to hype up the basketball players."

2. One Point More

Cheerleaders sat before a hockey game to practice formations for the upcoming game. Cheering at hockey game was a new experience for the whole team. Sharai Holley, a sophomore, said, "It was different and more interesting overall because we've never cheered for the hockey team before and nor have I been to a hockey game so it was cool to see."

3. Let's Go Lexington

Standing together through a win or loss made the girls a family. Girls hugged each other and ran to the field to congratulate their players or they cried together when there was a loss. Zofia Bianchi, a senior, said, "We put trust in each other, and we became a family."

UPSET ALERT

The girls were underdogs no longer after a magical season.

The girls had a successful fall season, finishing with an overall record of 12-4 and one tie. They made it to the Division 1 North semifinals and placed third. It was the first time they made it that far in at least ten years. One of the team's most noteworthy wins was the second round tournament game against Andover, which they won 2-0. Because the girls were seeded number eight and the Andover team was seeded number one, their win was viewed as a tournament upset. Annie Reilly, a junior, said, "In that match, we were the complete underdog, and everyone expected us to lose. So we went into that game with everyone doubting us and expecting us to lose and allow Andover to advance further in the tournament, and I think that was hard for us because no one likes being told they're going to lose. And we wanted to win—for our seniors and our coaches and everyone else. So being told we would lose

From the get-go, "the team was awesome," Emily Devine, a co-captain and a senior, said. The team was flush with veterans, including 13 seniors, which allowed it to develop skills and chemistry quickly. It also allowed the underclassmen to receive more guidance than just from the captains and coaches, as all the seniors helped lead the team. "We got really close and I think that translated to on the field. We honestly were all best friends and we spent so much time together. Waking up for practice at 7am on Saturdays was fun with these people. It was really a great year for all of us," Devine said.

1. Keep Moving

Felice Brennan, a sophomore, runs toward the action. As in any game involving sticks, field hockey got physical, and players needed to be fit enough to keep up for the entire game. The clashing of sticks was not uncommon, as the fight for the ball never stopped during the game.

2. Watch the ball!

Lilly Hart, a sophomore, charges to the ball. It was always important to keep an eye on where one was running, and more importantly, where the ball was. That way, passes were be more easily intercepted, which offered more opportunities to score.

4. Swing!

Ana Ortiz Derosa, a freshman, swings in an attempt to score a goal. To win games, the team had to develop a mutual trust amongst themselves, which was achieved through bonding activities that mostly involved simply spending time together as a team as well as practicing together.

5. Play Hard

Molly Belyea, a senior, faces off against a member of the opposing team while possessing the ball. Field Hockey is a tough sport that requires concentration and teamwork, all while fending off opponent's attempts to block passes and shots on the goal.

6. New Blood

Sarine Mahrokhian, a freshman, attempts to move the ball downfield at a match.

3. Run!

Carly Briggs, a sophomore, gets in position for the offensive attack. It was a magical season for the girls, with the win over Andover being the highlight of the season. Briggs said, "The moment the final buzzer went off in our tournament game against Andover, the top ranked team in our division, I could feel the energy and emotion. Everyone sprinted cheering to the goalie forgetting tired muscles. It was like we built a bubble around ourselves where nothing else mattered for those few moments."

This year, the golf team qualified to the MIAA state finals for the first time in 15 years. Although they had a shot at the title, they lost to Belmont in the finals and placed second with an overall record of 9-3. Regardless, this year's team did a lot better than those of years past, even with the addition of several new players, all of whom performed well, to the roster.

Golf can seem like an singular sport due to the heavy emphasis on the individual player as opposed to the team as a whole, but this team proved otherwise. The players encouraged and learned from each other, constantly striving for strong team chemistry. Jiaqi Yang, a Captain and a senior, said, "Before each match we would share tips and info about the course for players that are new to it, and we would constantly remind ourselves that every individual point matters. We both lost and won games by one point before, so we would always try our hardest to compete when we were ahead or behind."

While most of our other sports teams trained and often competed on school facilities, the golf team did not have that luxury. The team often practiced at Lexington's Stone Meadow Golf facilities and held their home matches at the Lexington Golf Club. During practice, players focused primarily on long-range swings through driving range practice, yet also worked on pitching and putting exercises. Players sought to fine tune their skills not only physically but mentally. "It's mostly different [than other sports] because it's a completely different gameplay than other sports, and you are trying to score as few "points" as possible rather than the most," Kavi Farr, a junior, said.

1. An Experience to Remember

The golf team experience resonated within the players even after golf season was over. Lara Padir, a senior practiced using her special hybrid club. Reflecting later, she said the team "played a lot of great golf together".

2. Attitude is Everything

The golf team emphasized good sportsmanship and good attitude. According to Thomas Briggs, a "bad attitude is worse than a bad golf swing."

3. A Day at the Green

Golf provided a relaxing break from the academic pressures of school. Jiaqi Yang swung away with his wedge, a club meant for avoiding high-risk situations on the green. "The worst day of golf beats the best day of work," Yang said.

SWING BIG

The golf team surpassed expectations.

Thomas Briggs

4. Seniors United

Seniors Jiaqi Yang, Derek Vaughan, Thomas Briggs, and Lara Padir gather before a match. Of her experience as part of the squad, Padir said, "the environment and being a part of this team was fun".

SAVAGE SWIMMERS

The team's supportive nature led to commendable achievements.

Flying Down the Lane

Freshman Nina Bentley [illegible], swims the butterfly [illegible] races to the finish. "My favorite event is the 200 IM because you have to do all the strokes and it [illegible]," Nina Bentley said. The butterfly [illegible] with the breaststroke, [illegible] and [illegible] to [illegible].

Get ready, on your mark. BANG! As the girls dove in, the water came to life, and the cheers in the stands erupted. Races made all the practice worthwhile. With two hour a day practices, Monday to Friday, the team was prepared, had a successful season, and came in 3rd place in the Middlesex championship league meet.

Taryn Waite, a Captain and a senior, said, "We've accomplished a lot, not just as individuals but as a team." The girls spent time together outside of practice a well. "My favorite part of being on the team is how incredibly supportive everyone is of each other. If one swimmer accomplishes something, we all do too," Cara Hughes, a Captain and a senior, said. For sophomore Catherine Bruce, the team was "super super fun!! Like honestly the best part of the high school to be honest."

2. Plunging Headfirst

Mackenzie Martin, a senior, swims down the lane in hot pursuit of the finish line. Martin had a number of achievements during the season: 1st in the 100 yard backstroke against Belmont, 1st in the 500 yard freestyle against Stoneham and Arlington, and 2nd in the 200 freestyle are some examples. "Every time I get a best time I think back to all the time I invested into this one race, and I feel so proud of myself for pushing through to continue bettering myself," Martin said.

3. Challenging the Competition

Meredith French, a Captain and a senior, swims the breaststroke as the crowd cheers her on. In the meet against Belmont, French got 4th in the 100 yard breaststroke. In addition, she got 3rd in breaststroke against Arlington and also scored against Stoneham. In the league meet, French came in 17th in the 100 yard breaststroke.

4. Floating on Water

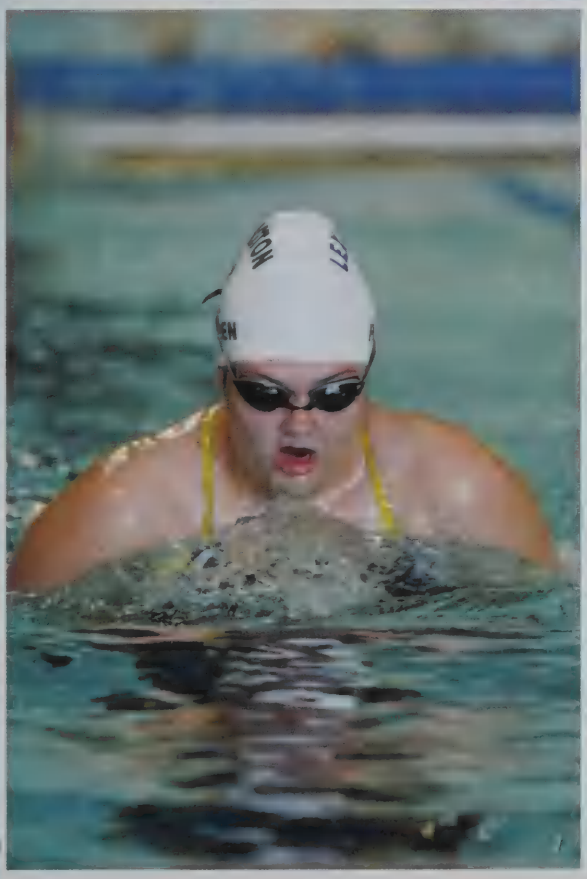
Taryn Waite, a Captain and a senior, swims the butterfly as she competes for the first place slot. Over the season, Waite had a number of achievements in a several events: 1st in the 200 IM, 100 freestyle, 50 freestyle, 100 freestyle, and even a state championship in the 100 butterfly. "I feel that I owe my achievements to the incredible support of all my teammates," Waite said.

5. Diving back first

Thalia Bowie, a Captain and a senior, is about to start her race in which she is swimming the backstroke. "No matter the race or who we're swimming against, I get nervous. But I try to take the nerves and try to turn them into nervous energy," Bowie said. Despite the nervousness, Bowie's hard work brought her great success. "I'm proud of what I've been able to achieve ... and so proud of the team."

6. Goodbye

Swim team Captains Taryn Waite, Thalia Bowie, Meredith French, and Cara Hughes bid the team farewell. "Being on the team has been an amazing experience that has made me a better leader, teammate, and friend," Waite said. For the captains, this was their last year on the team before they graduated. "Our season highlight would have to be all the amazing team dinners, Friday nights filled with food made for some unforgettable bonding time," Hughes said.



7. Lapping the Lanes

Caitlyn Hayden, a senior, zips down the pool doing the breaststroke. Hayden also swam the backstroke against Arlington and came in third. In the League meet, she swam the 100 yard backstroke.

1. Crawling across the Finish

Swimming freestyle, Cassidy Brand, a junior, races not only against other swimmers, but also against the clock. Over the course of the season, Brand swam a number of events: relays, 200 IM, 500 freestyle, 50 freestyle, and 100 freestyle.

RACE TIME!

Thalia Bowie, a Captain, along with Rylee Wirtanen, Victoria Nagle, and Lindsey Forg try to look serious before a swim meet. "Just some swimmers having fun before their race," Wirtanen said. Each of these four swimmers had their own achievements in their events, all of which contributed to the team's success this season.

1. One pass at a Time!

Leah Strohmeyer, a senior, uses her quick vision to pass the ball to her teammate. Strohmeyer got her confidence to play every game from her hard-working teammates. "They are an amazing group of girls and they really inspired me to play my hardest each time I stepped on the court, all four years," she said. With the experience Strohmeyer attained, she led her team into to a solid season record.

2. Good Defense

Ella Mattingly, a sophomore, closely defends the opposing player.

3. Hustle every Play!

Catherine Lee, a junior, drives past her defender to reach home to the basket. Lee had been playing basketball since grade second and her role model is her father, who taught her the game. Focusing on her game was crucial to her success. "Before every game, I tune out all academic pressures and completely focus on one thing I want to accomplish in the game," Lee said.

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on the RISE

The girls developed chemistry and rebuilt their team following key departures.

The girls finished their season with a 8-12 record, including two wins in their last two games over Arlington and Woburn. While they did not dominate, they still had plenty of success, especially considering the team was young and learning to play without some their best players from last year's team.

"Getting over those adversities was definitely a challenge, but I think that we did a good job staying focused and motivated throughout the season," Or Rotlevy, a junior, said.

Faced with a few injuries, the team never let up hope, and continued to play with passion and spirit. "Basketball is a tough sport and it can take a lot out of you, but the team is an amazing group of girls and they really inspired me to play my hardest each time I stepped on the court," Leah Strohmeyer, a co-Captain and senior, said.

3

4. Making Strides
Marisa Boni, a freshman, cuts through tough defense to lay it in the basket.

5. Heart and Intensity
Susannah Gaines, a junior, beats her defender from the wing and drives through the lane to the basket. The girls played every game with one goal in mind: winning. They played with intensity and showed that they were super passionate about the game of basketball.

6. On Point
Sydney Porter, a sophomore, dribbles up the court.

7. Teamwork!
Elizabeth Stump, a freshman, plays lockdown defense while communicating with her teammates. Giving up was never an option for Stump. "If I give up or stop playing hard it would not just hurt me but also my teammates, we are in these games together," she said. Also,, team chemistry was key to success on and off court. Stump said, "being on the basketball team has really taught me hard work."

8. Fast Break
Anna Kohlasch, a junior, dribbles past her opponent in a flash.

NOTHIN' BUT NET

The boys acknowledged that the first step to domination is learning from their mistake

Despite having a losing record overall, the Boys Varsity Basketball team overcame hurdles throughout the season and finished strong. Of course, none of it would have been possible without their head coach, Reginald Hobbs.

"Coach Hobbs is a great coach. He is extremely dedicated to the program and cares about his players. When I got hurt this year, he really watched out for me and helped me through the process," Michael Read, a junior and forward on the team, said.

The players also recognized that while wins are good, losses are just as important because learning from mistakes helps the team grow. At the end of the day, basketball was a great sport at the high school to get hyped about, and the excitement that came from playing didn't fade away for anyone on the team.

1. Staring Down the Defender

Kase Cronin, a sophomore, shadows his opponent while communicating with his teammate. "I like how it is a team sport that is influenced by good team chemistry," Cronin said about his team. Team chemistry was very important, "you have to understand each others strengths and weaknesses in order to succeed," he said.

John Amsler

2. Boxing Out

Michael Read, a junior, awaits for the rebound while attempting to box out his opponent. Read appreciated the mutual trust and in-sync chemistry between teammates. "When you run a great play with everyone working together, it's rewarding," Read said.

Josiah White

3

3. Creating Separation

Odenaka Okafor, a junior, tries to create some separation from his defender to get a good shot off. Okafor began basketball at a very young age. Okafor relished playing basketball on the team, but he also used it "as a stress reliever for whenever [he's] stressed out, mad or sad."

4

Charles Simbery

4. Driving to the Hoop

Anthony Clough, a junior, brings the ball up the court from a fast break. Despite the losing record, Clough said "everyone's eyes are already on next year, so that's what we're going to focus on to stay motivated as a team." Clough's favorite basketball player was Kevin Garnett. "Garnett was a leader and got in everyone's head, and I try my best to lead my team where I can," Clough said.

1. Holding Down the Fort
Shawn Gallant, a senior and the goalie, stands ready to intercept an incoming shot.

2. Fierce and Determined
Anthony Haywood (#22), a senior, is in position and ready to react to the next play.

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3. A Fighting Spirit
John Pawloski, a Captain and a junior, battles to maintain control of the puck from an oncoming defender. "As captain, I try to set a good example for everyone else to follow. That means playing clean, hard hockey, and working as hard as possible day in and day out," Pawloski said.

3

The Definition of TOUGHNESS

The boys established team chemistry and played as a unit.

The boys finished the season strong with a 7-1 victory over Revere/Malden. Led by captains Nico Frelick, Paul Ursino, Salvatore Frelick, and John Pawloski, along with head coach Curt Colarullo, the team pushed hard for a balance of immediate success and improvement. "The season was our best in four years," Nico Frelick, a senior, said.

This success was even more impressive considering the number of new players on the team. It was challenging at first to develop team chemistry, but once that level of trust was established, the team played as a cohesive unit. Overall, the team did a "tremendous [job] and some players made vast improvements," Ursino said.

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4. Leading the Charge

Paul Ursino, a Captain and a senior, races up the rink with his head up looking for opportunities to attack.

5. Pushing Past the Limit

William Thomas, a junior, has his game face on as he waits for the puck to be dropped in the face-off. "To stay motivated we played for the seniors cause we knew the past few years for them had been rough, so we wanted to give them the [best] year they've had at LHS, and we succeeded in that," Thomas said.

6

6. One Step at a Time

Salvatore Frelick, a Captain and a junior, swiftly skates down the rink with the puck. "Hockey is a game of ones. One shift at a time, one goal at a time and one team all the time," Frelick said. Hockey players tried to have a team mentality, which meant putting the team's success before their individual desires.

stronger AS ONE

The girls fought united and ended their season with a solid record.

The team ended their season with a 9-8 record and 4 ties. Towards the end of the season, the team experienced some deeply heartening moments in which they felt that much of the hard work from training both during practices and individual sessions finally paid off. One of their best games of the season was against Reading, in which they came back from 0-4 to tie it up 4-4.

Faced against the greatest challenges and toughest opponents, the team did not lose its spirit. In fact, through such adversity, the players supported each other on and off the field, demonstrating true sportsmanship. Isabel Herbert, a junior, said, "We went into each game and played our hardest. Everyone contributed whether they were on the bench or on the ice playing."

The players further demonstrated their spirit in their senior night game against Belmont, where they honored their 2 seniors, who were also the captains, for their contributions not only for that season but for their work over the years. Over the course of the season, the girls developed team chemistry as well as unbreakable friendships. "This year our team was very closely knit. We always have each other's backs and we go through everything together whether it's good or bad. Overall, the team is like a big family and we love each other endlessly," Herbert said.

1

1. Getting the Goal

Kenna McLaughlin, a senior, gets in position, ready to hit the puck past the goalie. Every goal was critically important and resulted in the team winning 9 games.

2. Wintimidation

Emily Devine, a senior, and Elizabeth Geldart, a sophomore, stare down their opponents. Hockey is a physical game by nature, though getting in the heads of their opponents can absolutely affect the outcome of game.

2

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3. On Guard

Emily Devine, a senior, stands her ground in the offensive attack. Patience was key to the execution of plays and ultimately led to more Ws for the team.

4. Passing for the win

Lilia Dawson, a freshman, gets ready to pass the puck. When they shared the puck, they were able to attack the opposition more effectively.

5. Getting the Goal

Nicole Maimonis skates towards the goal. Quickness and sheer speed played a large tole in both offensive and defensive schemes.

6. Keeping the Goal Safe

Abbie Ortyl stands ready to defend her goal from an oncoming puck. She had to be on high alert throughout the game to prevent the opposition from scoring.

7. Facing Off

Isabel Herbert fights for the puck during a hockey match. A combination of quickness and physicality paved way for success against their opponents both on offense and defense.

8. All in pink

Dressed in pink to help spread breast cancer awareness, the team [illegible] up. "The pink jerseys are for our Pink the Rink game we have every year that we hold for breast cancer awareness. We [illegible] the rink and all the proceeds go to a [illegible] cancer research" Isabel Herbert, a [illegible], said.

1. Beyond the Bar
Evan Kendall, a junior, clears the bar for a successful high jump. Lots of work went into preparing for a good approach run and takeoff.

2. Pace yourself
With a competitor right behind him, Nicholas Manickas-Hill, a senior, races his event. Strategy and pacing were important in order to achieve a strong finish.

3. For the Finish
Lucas Honohan, a junior, is focused on finishing the race in the best possible time.

4. Last Spurt!
Jonatan Mason, a sophomore, pumps his arms and legs as fast as he can, building more momentum as he attempts to hold his lead against the competitor.

4

5

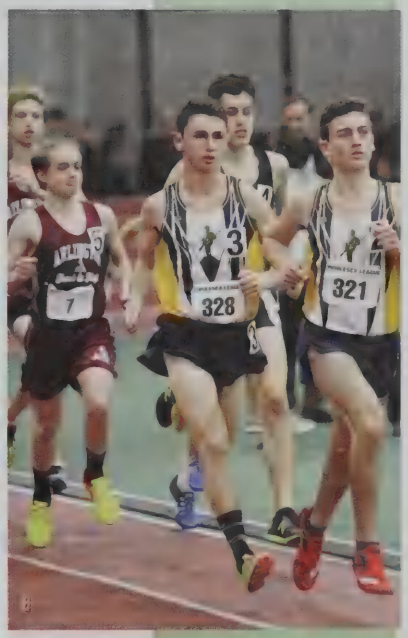
5. Forever Together
Reign Charbit, a junior, races along other runners. Teammates have formed srong bonds with each other through training. "It was better than anything I ever could have asked for. Those guys are my family," Charbit said.

ONWARD

The boys' season was highlighted by several qualifications to nationals.

The Boys' Indoor Track Team finished a successful season, coming in third place at the League meet and placing second at All States. Some players even qualified to Nationals. "Both of our relay teams made Nationals, which was pretty amazing. They have to work pretty hard to perfect their handoffs and do a lot of training. Every single person in the relay matters because if one person slacks off a little bit it can change everything," Eric Brock, a junior, said.

It required a lot of hard work and practice to be able to perform at this high level. However, the team was encouraged and motivated by a strong fan base. "Everyone ran great times because it was in the thunder dome and a lot of people came, so having all the fans and the whole team cheering really helps out in the individual and the team events," Brock said.



6. The Right Start
Running for the high jump, George Horiatis, a sophomore, pumps his arms and legs to get the speed he needs for his jump. The run before the jump is the most important as it affects how high the competitor jumps.

7. Winning Streak
With teammates and opponents running around him, Connor Hausmann, a senior, runs with his sights on the finish line. As the team grew through the years, Hausmann was proud of what the team achieved. "In my four years with the team, we went from barely having a winning record to becoming undefeated league champs, winning two Division 1 titles in a row, and earning runner-up at All-States in just a few years," Hausmann said.

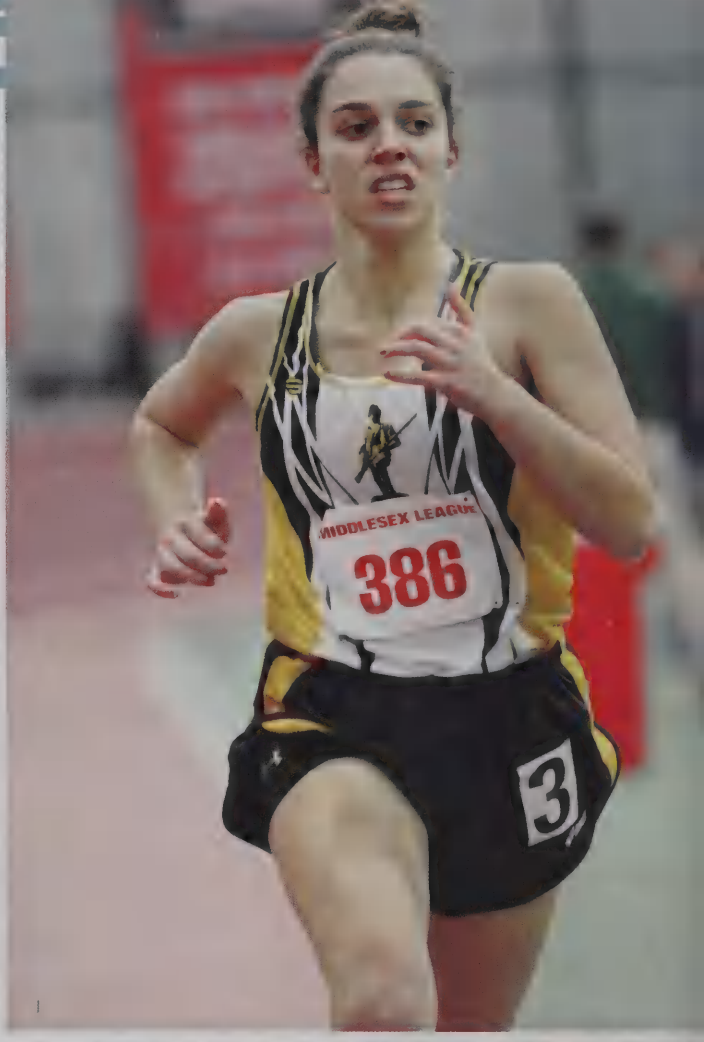
8. Even Through It All
Eli Gappelberg, a sophomore, runs determined to finish strong. Although the practicing conditions were not the best, Gappelberg still showed his love for the sport. "Indoor track is a great experience, and I completely recommended it if you don't mind the poor air quality, running in the cold, slipping on ice, always being sick, etc.," Gappelberg said.

FULL SPEED ahead

The girls complete another successful season in impressive fashion.

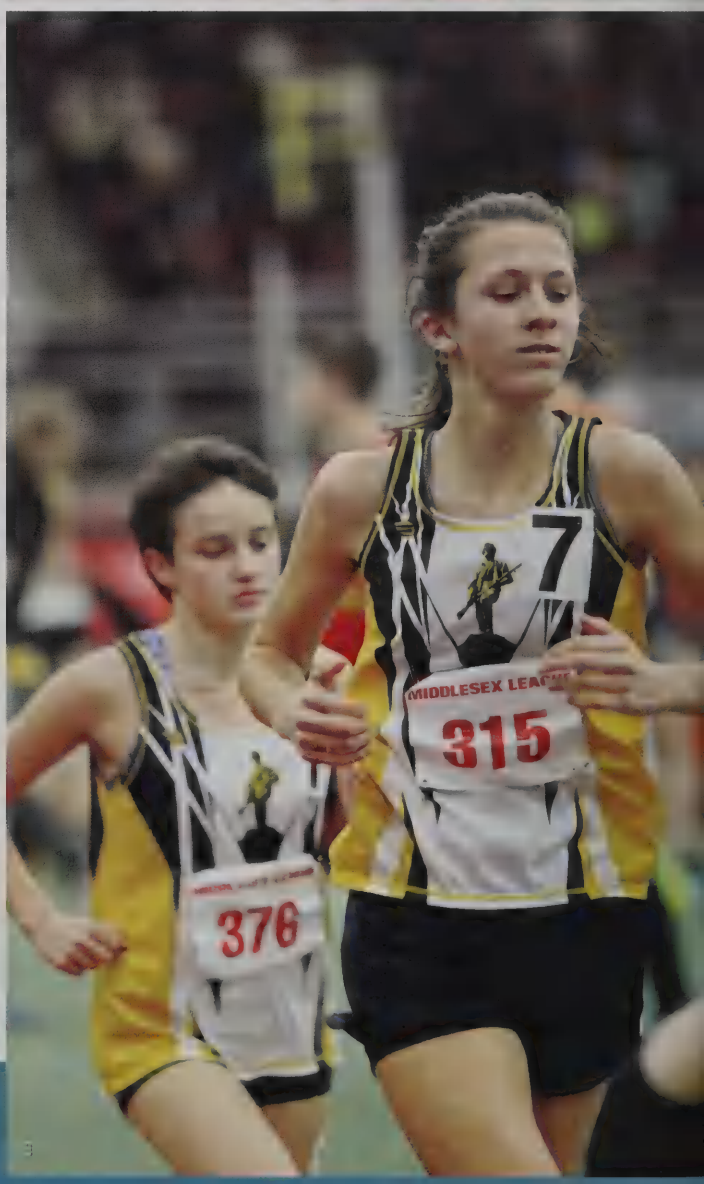
At the sound of the gun the runners were off, sprinting their hardest toward the finish line or running at a steady pace as they made their way around the track. Throughout the season there was a little of everything: wins, losses, personal records broken, and the 2017 Division 1 Joan Doherty Team Sportsmanship Award. "As a team, our special highlight is making it to the Middlesex League Championships," Jessica Zedros, a junior, said.

However the best part of the track season wasn't just the awards and wins; it was the friendships formed. Elise Counsell, a Captain and a senior, said, "I also love that this team allows you to become friends with people you normally wouldn't hang out with." Additionally, Grace Leightheiser, a Captain and a senior, said, "my highlight would probably be laughing and giggling so much with teammates that we question the need to do our core exercises."



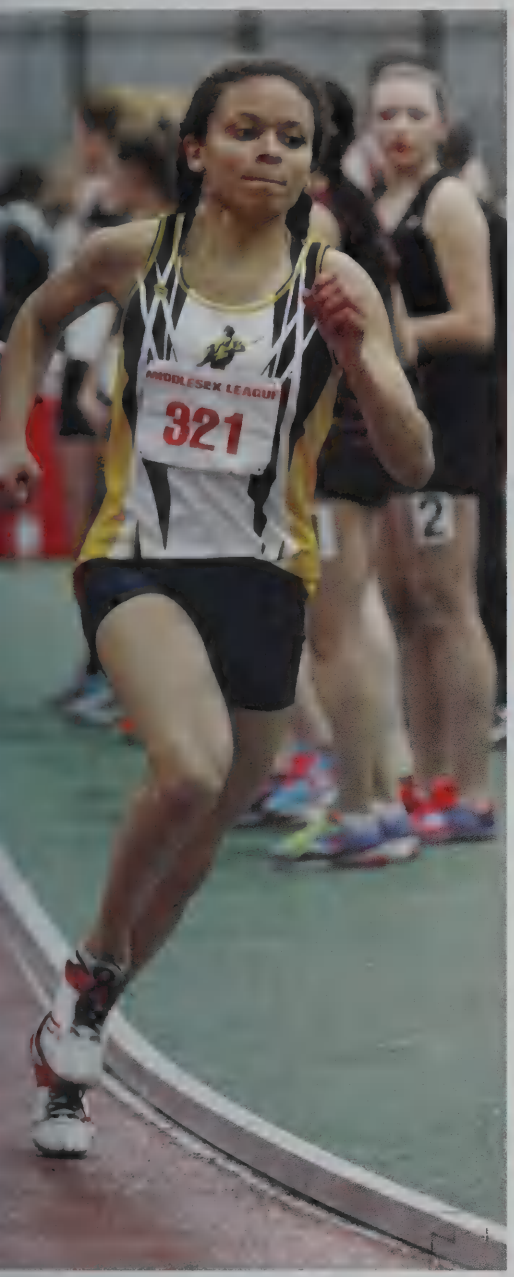
1. Shooting Through the 600

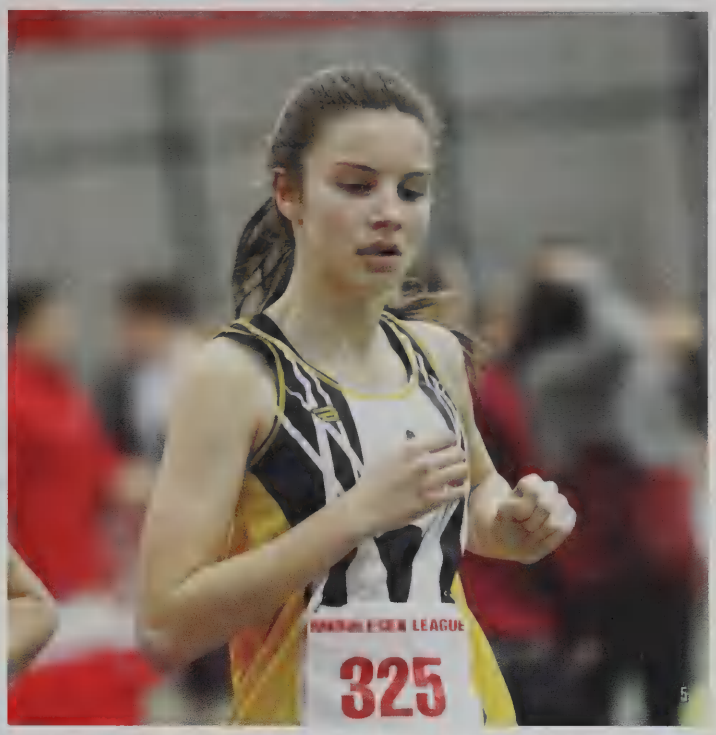
Jessica Zedros, a junior, races the 600m in the meet against Belmont at BU. "I feel proud of my achievements as a runner and I achieved a personal best record. It has been a great season," Zedros said. After her race, Lexington went on to win 59.5-26.5.



2. Jumping High

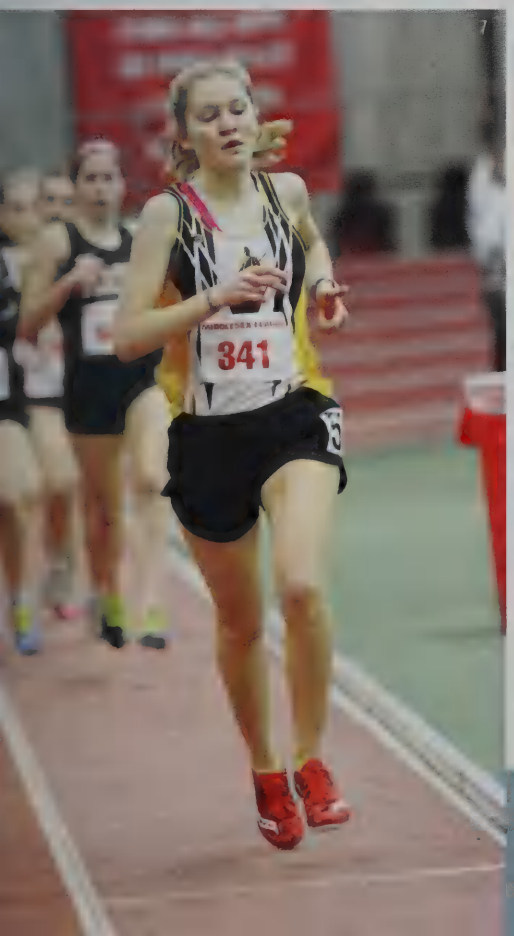
Aria [illegible] competes in the high jump in the meet at BU. [illegible] tied for third with a height of [illegible]





4. Dashing Around the Track

Isabella Este-Mcdonald, a senior, runs the 300m while her teammates cheer her on. Later that meet, she also ran in the 4 x 400 with Leah Hodge, Leah Smith, and India Johnson; they got a time of 4:06.85 and came in first.



5. Bolting Across the Finish

Jennifer Fiore, a freshman, runs the 1000m against Belmont with teammates Lindsey Porter and Grace Leightheiser. Fiore finished with a time of 3:40.39. In the meet against Winchester, Fiore came in 3rd in the 1000m.

6. Go the Distance

Christina Berger, a senior, races in the mile as her teammates cheer her on. Berger came in 4th with a time of 6:07.73. Some of Berger's other achievements include 2nd in the 2 mile against Arlington with a time of 13:36.54, and 6th in her heat for the mile at the League meet.

7. Cutting Through the Competition

Grace Leightheiser, a senior, is running the 1000m at the meet against Belmont. Along with the race, one of the most important parts of the meet was the spirit and friendship. "My favorite part is probably getting closer to teammates over the course of each season and cheering each other on in races," Leightheiser said.

3. Flying Through the Mile

Elise Counsell, a Captain and a senior, runs the mile with Kesinia Sortor, a sophomore, following close behind. "Even though it takes a lot of effort to go running every day after school, this sport is extremely rewarding," Counsell said. All the effort paid off; Counsell came in first with a time of 5:36.46.

2. Looking for the Win

John Marcin, a sophomore, looks down at his opposition. "You decide how good you are by how hard you work in practice and what you do outside of practice to make yourself better so you can get your hand raised on Wednesday and Saturday" Marcin said.

3. Knocking Them Down

In a hard-fought match, Lucas Aguirre knocks his opponent off his feet. "The hardest part about wrestling is the constant tear on your body not only from the sport itself but from maintaining weight." Aguirre said. "vigorous practices get a lot harder when you don't have a lot of energy"

1. "Did I Win Yet?"
Ethan Fong, a senior, takes down his opponent. A takedown in wrestling involved wrestling your opposition to the ground and making them unable to move. It scored two points for the winner.

FIRED UP

The boys took down the opposition with ease.

Their arms locked into each other; the only thing they thought about on the mat was getting their opponent on the ground. Double leg take down, counters, inside switch, balance, control: wrestling is as much a strategic sport as it is physical. The work ethic the team displayed was incredible. The young wrestlers worked out constantly and strove to improve their technique throughout the season.

"Wrestling is a sport where you exert as much effort in a six-minute match as you would in a two-hour football game" Luke Eriksson, a sophomore, said. "Wrestling was a great way for me to get in shape and provided a great sense of community."

Lexington went 8-8 in meets this year, with multiple strong performances from individuals. Stephen Willis, a captain and a senior, managed to take fifth place in states, capping off a strong season.

7. On Top of His Game
Caleb Ng, a senior, tries to take down his opponent in order to secure a win for his team. "The most important things to do to help win matches is putting in the work before the actual match. Before any wrestling you must make weight." Ng said. "Motivation from coaches and teammates is what gave me the drive required to win many of my matches."

4. Locked Down
Jonathan Stix, a junior, puts his opponent in a headlock, giving him the upper hand. "The guy you're up against is giving it 100% in a match, and the only way to beat them is putting in more effort." Stix said.

5. Coming Out on Top
Alvaro Mendoza, a junior, has his hand raised by the referee, signifying a win for the team. "The feeling when you get your hand raised more than covers for the terrible feeling you get when you realize you have practice and your drilling partner is one of the best in the state." Mendoza said. "It's indescribable. It makes me feel so confident and proud."

6. Let 'Em Down Easy
Jonathan Stix puts his challenger into the ground. "One of the favorite things about the team is the atmosphere. Everyone is always working hard to win their matches" Stix said. He cited the team atmosphere as one of the biggest reasons why he always worked to win.

every SECOND counts

The swimmers displayed their athleticism on the road to victory.

Gliding across the Water
Anthony Wong, a senior, swims the butterfly with the full support of his teammates and friends cheering for him. "My favorite event is 100 fly because when you do it right it feels like you're gliding over the water," Wong said.

When the gun goes off the swimmers dive into the water, each one streamlined and going progressively faster. As the swimmers neared the finish line, the crowd leaped to their feet and their cheers filled the room. Throughout the season, the team worked hard, forged new friendships, and won the Middlesex League Championship.

"I have been given the chance to meet, befriend, and compete against some of the best people I know," Christopher Morse, a Captain and senior, said. "The team has given me a sense of community; I am extremely proud to have competed with the team." Competing isn't just about the race though; it's about everything leading up to it, including the basic fundamental needs. "The race starts with how you sleep and eat leading up to the meet, the swimmers your are racing against, and how hard you cheer for your mates," Morse said.

2. Relay Rivalry

Srinivasan Sathiamurthy, a freshman, races down the lane against the clock and the competition. "My season highlight was the 27th at states and our state relays," Sathiamurthy said. At the League Meet the boys won the 200 medley relay with Chris Morse, Suhas Suddala, Jeffrey Chang, and Sathiamurthy paricipating in the race.

3. Coming Together

Team captains Chris Morse and Kevin Wu gather together with the rest of the team. Morse said, "There is not one practice or meet that I didn't leave in a better mood than when I arrived." Going to swim practice and not worrying about homework or school was a "great way to release stress," Morse said.

4. Breaking through the Breaststroke

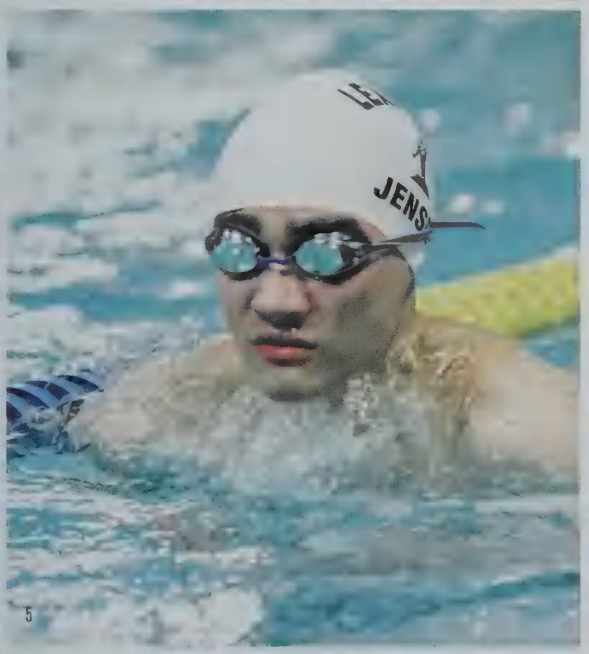
Freshman Samedh Desai swims laps of the breastroke. During the season Desai swam a few other events. In the meet against Somerville he came in 2nd in the 100 yard free, and 19th in the Middlesex Leauge Championship Meet.

5. Darting Down the Lane

Eric Jensen, a senior, swims the breaststroke down the pool. Through practices, meets, and team bonding the swim team became more than a group of swimmers; they became a close knit community. "We have each other's backs," Jensen said.

6. Battling the backstroke

Evan Fang, a junior, swims backstroke towards the finish line. During the season Fang was an important member of the team and had several personal achievements. In the meet against North Reading, he was 1st in the 100 yard backstroke and 3rd in the 100 freestyle. Against Belmont, he was 3rd in the backstroke, and at the League meet, he was 7th in the 100 free, and 10th in the 100 backstroke.



7. Flying with Freestyle

Allen Jin, a junior, swims freestyle down the lane with the clock ticking. Jin swam the 50 free in the League meet with a time of 25.25. "My favorite event was the 50 freestyle," Jin said.

8. Backing up Forward

Anthony Wong, a senior, swims the backstroke as his teammates cheer him on. "I feel excited to swim in a meet, it's always a great opportunity and the swim team is just so supportive that you always feel great regardless of if you got 1st or 6th," Wong said.

SENIORS

Seniors: Evan McCarty, Andrew Little, Lara Padir, Zachary Chan, Coach Russ Sorin, Louisa Bachman, Emily Brandes, and Kaitlyn Kiley (Waltham)

All photos courtesy of Michael Oh

4. Down the Mountain

Louisa Bachman races down the giant slalom course to the finish line. The Massachusetts Bay Ski League East event took place at Blue Hills. As one of the top point-getters on the team, the senior qualified for the MIAA Alpine State Championship race where she finished 78th in Giant Slalom a 90th in Slalom out of a field of 150 girls.

5. Blowing in the Wind

In spite of the windy night, Evan McCarty is off to a speedy start at Blue Hills.The atmosphere at the top that night was extra exciting partially due to the Patriots' recent Super Bowl win. The starter was wearing a Tom Brady shirt and a big Patriots' flag blew in the breeze.

6. Flying Low

Crouching low to pick up some speed, Tucker Sabine races down the Giant Slalom course at Blue Hills.

5

6

THE EDGE OF GLORY

Going downhill fast became the new rising trend.

Now in its third year of existence, the Alpine Ski Team is a combined effort between Lexington and Waltham High Schools. This year the team calls Lexington its home base and includes 32 Lexington and two Waltham students.

According to senior Evan McCarty, "Over the three years since the team was established I have been thrilled to be a part of an organized ski team. Now facing the end of my time on the team, I realize that my greatest takeaways are the close friendships I have forged with my teammates and the sense of community we had as a team.

Just because the team is new it does not mean that the skiers lack experience or talent. Three of them - senior Louisa Bachman, sophomore Jonathan Bachman, and freshman Karen Oh - qualified for the Alpine State Championship races.

For many of the skiers racing may be fun, but enjoying the outdoors and even being outside in the cold is what really counts. Tucker Sabine said, "On the snow, it's all about that moment when the ski becomes a part of you, really comes alive. Off the snow, its about the camaraderie and the people."

1. Feel the Rush
Karen Oh rushes through a gate as she races down the course at Blue Hills. Her finish helped place her 10th in the League among the girls and earned her a special League award for the season. In addition, Oh, a freshman, qualified for an invitation to the Alpine State Championship where she finished 46th in the Giant Slalom and 41st in the Slalom out of 150 girls.

2. Fresh Powder
Snow flying from her skis, Lara Padir rushes to the finish line.

3. Round the Bend
Emily Brandes takes the turn through the gate as she heads down the hill.

the SKI TEAM by the NUMBERS

3
Number of years the Alpine Ski Team has been in existence.

34
Number of seats on the team. 32 are from LHS and two are from Waltham High School.

6
Number of high school leagues in the state that compete in the Alpine State Championship invitational.

8
Lexington-Waltham placed 8th in the League for the girls.

5
As a team, Lexington-Waltham placed 5th in the League for the boys.

SPORTS OUTSIDE OF LHS

LINDSAY ALBERT

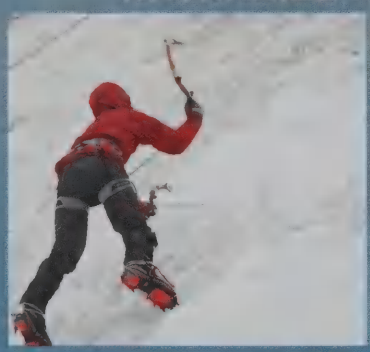
When did you start crew and why did you want to try it out?
I started in eighth grade, I think, because the girls asked me to row.

How often do you practice?
Depends on the time of year.
I practice six days a week, for two or three hours each day. Typically, practice begins with a 2.5 mile run, followed by weight lifting, stretching, and then we hit the water. Our workouts consist of "rigging" (setting the water rowing mechanism) and rowing on the water when the weather is nice. If the weather is bad, we will rig and perform weight lifting, stretching or work out in the weight room.

What have you learned from crew that can be applied to life in general?
That's a tough one. I have learned so much. I think the most important thing I have learned is how to operate in the ultimate team environment. It all begins in the boat, we not only have a perfect synchronization, the boat wouldn't move, but also need to know how to work as a team. Coming from the pretty individual sport of gymnastics, I found the transition quite eye opening.

CREW

NATHANIEL KILROY



When did you start climbing and why did you want to try it out?
About seven years ago. My Boy Scout troop went to the Boston rock gym in Woburn and I really enjoyed it so I kept going back again and again!

What's the most enjoyable part of the sport?
I would say the rush you get from climbing high up and the freedom you feel. Adrenaline.

What's your favorite memory from your years of climbing?
I would have to say when one year ago I was climbing in Acadia, ME at Otter Cliffs. I topped out after a battle on one of my new favorite routes: "Drunken Sailor"

What have you learned from climbing that can be applied to life in general?
I've learned a lot about situational awareness and safety. Knowing what to do and not to do can save your life. Because rock climbing can be dangerous, you have to know what you're doing.

CLIMBING

ALISSA RIOS

How did you get into horseback riding?
Ever since I was little I have always loved horses. And when I was 5 my parents bought a horse for me. I would start taking lessons on and I've been riding ever since!

Describe a typical practice
Each practice is about an hour long, and we generally start by warming up walk, trot, canter, and then we start warming up over some jumps and then do jumping courses. But we generally work on what's more important for our next show.

What's the best part of the sport?
Having the opportunity to ride different horses and being part of a team.

HORSEBACK RIDING

THEODORE LUTERMAN

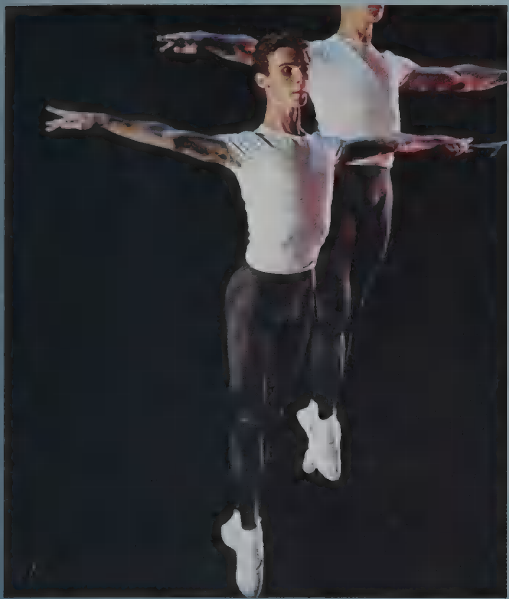


Photo Credit: Joe Kuefler

[illegible]

What opportunities and experiences has dancing brought you?
Ballet has brought me so many amazing experiences – the one that stands out as the best experience was when I attended a ballet boarding school in Washington, DC, for my junior year. It was an experience I never expected but it truly changed my life.

BALLET

LILY CRANDALL-ORAL

[illegible]

[illegible]

CIRCUS ARTS

EMILY MELSKY

How did you first start skating?
I first started skating when I was really young and my parents would take me skating in the winter, but then I started taking lessons when I saw one of my friends skating in an ice show and decided that I, too, wanted to be in an ice show.

Photo Credit: Action Photos

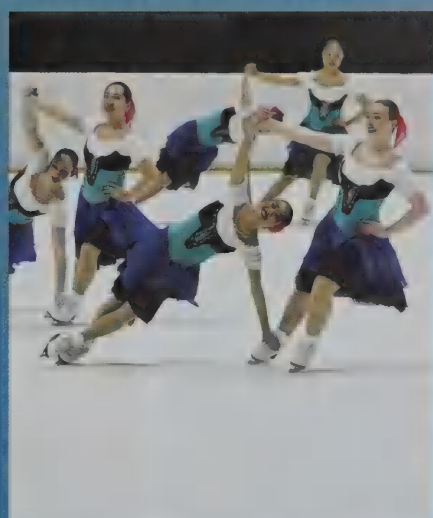
What are people most surprised to learn about synchronized skating?
Honestly, I think people are most surprised when they actually learn what synchronized skating is. When I tell people I synchro skate with a team, they automatically assume that I'm pretty much just doing all the jumps and spins that they do in freestyle, but with a team. In reality, however, synchronized skating is, although this is a really terrible comparison, slightly more along the lines of synchronized swimming, but on the ice. There's not really any easy way to explain it in words as if I say "we skate around holding hands and make different shapes on the ice," the whole concept sounds a travesty.

Tell us what it's like to be on the ice.
Normally you'd think that during a competition or performance the key to success in any sport is focus. This is true to some extent, obviously while skating, we have to focus on so many different factors that make up the program such as executing the elements and steps correctly, having good posture, and presenting up to the judges. Honestly, however, a lot of time I don't really think about anything while competing. We spend so much time in practice working on every single detail of the program so that, when it becomes time to compete, each element is pretty much second nature. One thing in particular that our coaches often say is not to think ahead; thinking about what is yet to come during the program only increases the amount of stress we feel during the competition, and decreases our focus on the part of the program that we are currently executing. Furthermore, thinking back onto elements that we had already completed can be distracting and create anxiety over how well the rest of the program must go in order to earn the maximum amount of points that we can.

REBECCA YE

What preparation goes into each competition?
Hours of practice a week. My team only practices three times a week, but each practice can last four to six hours total including off-ice time, fitness and dancing time.

What about your sport is the most difficult?
Probably making everything we do look easy. A huge part of the sport is trying to make everything we do look effortless, which is challenging as we get more tired throughout practice.

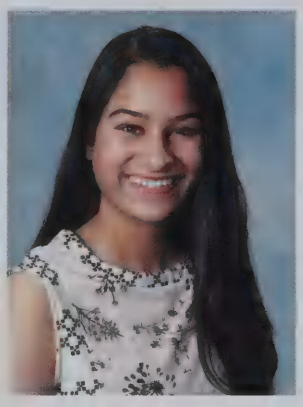


HAYDEN SYNCHRONIZED SKATING

Samuel Abrams

"If you can't make it good, at least make it look good." - Bill Gates

Ruth Ada



Zahra Adamjee

"If something is important enough, even if the odds are against you, you should still do it." - Elon Musk

Max Ades

Roshene Anderson

Allison Antonevich

The privilege of a lifetime is being who you are." - Joseph Campbell

Alexandra Aquilina-Piscitello

"Don't tell me what I can't do." - John Locke (LOST)

Shant Arakelian

"Music expresses that which cannot be put into words and that which cannot remain silent." - Victor Hugo

Jeremy Arbesfeld

Anna Armstrong

"Oh my god, the Peruvian Puff Pepper." - Megan, Drake and Josh

SENIORS

CLASS OF 2017

Robin Armstrong

"Somewhere, something incredible is waiting to be known." - Sharon Begley

Lily Arslanian

Michael Aspinall

Rodrigo Astorga-Licardie

Louisa Bachman

"I was surprised, as always, by how easy the act of leaving was, and how good it felt. The world was suddenly rich with possibility."
- Jack Kerouac

Nirmal Balachundhar

"Why do we fall sir? So we might learn to pick ourselves up." - Alfred Pennyworth (character)

Kaushal Balagurusamy

"Fell asleep in a freshman class, woke up... Somehow, someway, all my test questions passed." - G Eazy lyrics

Marie Bank

"Carpe Diem. Seize the day. Make your lives extraordinary."
- Keating (From Dead Poets Society)

Jayme Banks

"Two roads diverged in a wood, and I. I took the one less traveled by, And that has made all the difference." - Robert Frost

Nicola Barbesino

Thomas Barry

Michael Battista

Kaleigh Belmonte

Amalia Belyea

"Spread joy. Chase your wildest dreams."
- Patch Adams

Nina Benites

Christina Berger

"Go confidently in the direction of your dreams. Live the life you have imagined."
- Henry David Thoreau

Jasper Bergh

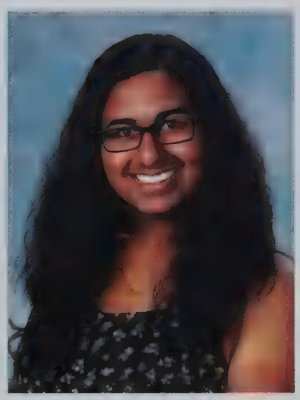
"The only true wisdom is in knowing you know nothing." - Socrates

Julian Berliner

Caroline Berman

William Bermudez

"Filmmaking is a chance to live many lifetimes." - Robert Altman



Praneetha Bheemarasetty

"I'm surrounded by idiots."
- Scar, The Lion King

Zofia Bianchi

"If you don't know where you want to go then it doesn't matter which path you take."
- Lewis Carroll

Devin Bilge

"Don't be so humble - you are not that great."
- Golda Meir

Dvir Blander

"I've been playing chess while everyone has been playing checkers." - Unknown

Mark Blau

"Everyone has a plan until they get punched in the mouth." - Mike Tyson

William Blumberg

"I am, after all, the Supreme."
- Fiona Goode, American Horror Story: Coven

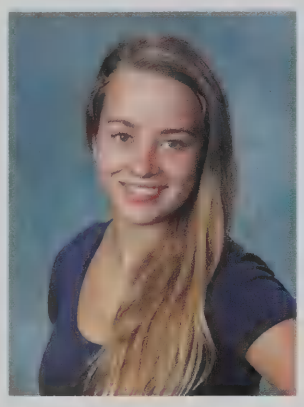
Maia Boni

"If you stumble, make it part of the dance."
- Unknown

Lorna Bostwick Pope

Dorothy Boudett

"Just keep swimming." - Dory in Finding Nemo



Eliza Boudett

"To infinity and beyond."
- Buzz Lightyear in Toy Story

Michael Bove

Thalia Bowie

Emily Brandes

"You can tell how smart people are by what they laugh at." - Tina Fey

Thomas Briggs

if you could CHANGE THE WORLD in one way, what would you do?

"I would shut down College Board and divert their funds to support cancer research." - Catherine Wang

"If I could change the world in any way I would just abolish capital punishment, speed bumps, and New Jersey." - Alexandre Feyfant

"I would be the nicest person I could ever be. Kindness yields happiness which is such a powerful emotional construct that drives positivity. Wouldn't everything be better if everyone was a bit happier?" - Eyad Abbas

"If I could change the world in one way I'd ensure that people set moral values and follow through with them. Knowing right from wrong shapes character and improves human interaction." - Maia Boni

"I would have everyone relax and look around more often. There's interesting people and places everywhere you go. Life's short and sometimes you only get one chance to take it in." - Alexander Lerner

"Treat others the way you want to be treated. If everybody followed that the world would be a very happy place." - Benjamin Maffa

"I would choose for everyone to respect each other. Whether it's gender, ethnicity, sexuality, race etc. every human being deserves basic respect." - Hailey Hart-Thompson

"I would turn everything into cotton candy! In all seriousness though, ending world hunger and making sure everybody has enough to survive is important to me." - Jeffrey Zhu

"If I could change the world in one way, it would be the level of peer pressure that people experience. I would try to eliminate how severe peer pressure can actually be, and try to make the world a better place for people to be free from stress and the pressure of others." - Tadeh Derstepanian

"I guess i would try to bring people a little more happiness overall, because i feel like so much of what's going on in the world right now is fueled by hatred and we could avoid a lot of really terrible things without that hatred." - Simona Innocenti

"If I could change one thing in the world it would be to shift from fossil fuels to cleaner energy, in the form of wind, solar and hydroelectric. These are all permanently sustainable sources of energy, unless the world ends. Every part of the world also has access to at least one of these at any given time. By moving away from fossil fuels we not only prepare for the future but also begin to repair the environmental damage we have created." - Timothy Edson

Stephanie Brody

"It's no use going back to yesterday, because I was a different person then." - Lewis Carroll

Gabriel Brown

"Friends are connected heart to heart, distance and time can't break them apart." - Unknown

Emma Buchta

"Aspire nobly, adventure daringly, serve humbly." - William Danforth

Katarina Bulovic

Marcus Byrd

Samantha Camilo

"Every morning you have two choices: continue to sleep with your dreams, or wake up and chase them." - Carmelo Anthony

Matthew Campos

"...be not too eager to deal out death in the name of justice, fearing for your own safety. Even the wise cannot see all ends." - J.R.R. Tolkien

Colin Cantwell

"...he who knows most knows best how little he knows." - Thomas Jefferson

Tyler Carruthers

Victoria Caruso

Elias Carver

"Always remember that the tales of another are never as wondrous as your own." - Michael J. Sullivan

Jane Casey-Fleener

"Do your thing and don't care if they like it." - Tina Fey

Christopher Centrella

"I'm a dude, playin' a dude, disguised as another dude. You a dude that don't know what dude he is." - Kirk Lazarus (Tropic Thunder)

Zachary Chan

"Live outside your shell." - ZICO Premium Coconut Water

Thomas Chen

"I suppose it will all make sense when we grow up." - Bill Watterson

Valerie Chen

Daniel Cherenson

"To achieve great things, two things are needed; a plan, and not quite enough time." - Leonard Bernstein

Annie Chi

Daniel Childs

"Don't sweat the petty things and don't pet the sweaty things." - George Carlin

Lindsey Chin

"When you see someone putting on his Big Boots, you can be pretty sure that an Adventure is going to happen." - A.A. Milne

Luciana Chin

"Work is love made visible." - Khalil Gibran

Thomas Chin

"Nothing is lost... Everything is transformed."
- Michael Ende

Andrew Chipashvili

Jason Chiu

"Yesterday, you said tomorrow, so just do it."
- Shia Labeouf

Eunice Choi

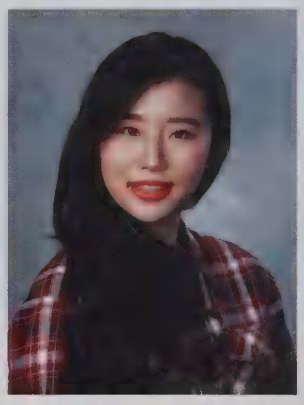
Jeana Choi

Jeongwon Choi

"You must not let anyone define your limits because of where you come from. Your only limit is your soul." - Gusteau, Ratatouille (2007)

Jung Hyun Choi

"Watch with glittering eyes the whole world around you because the greatest secrets are always hidden in the most unlikely places." - Roald Dahl



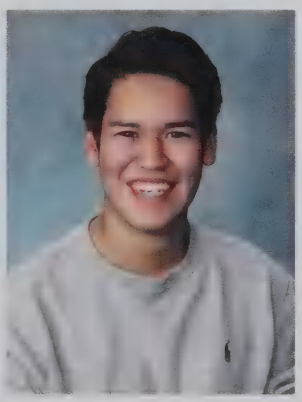
Yoonah Choi

Shanna Chow

Sofya Chow

Aubrie Christ

"No matter where life takes me find me with a smile." - Mac Miller



Tyler Christoforo

"We know what we are, but know not what we may be." - William Shakespeare

Justine Collazzo

Mya Collis

"In our quest for greatness we are never to be defined by our win or loss, only by how we conduct ourselves during our journey." - Eddie Alvarez

Acadia Connor

Jonathan Cooper

"You never know what worse luck your bad luck has saved you from." - Cormac McCarthy

Ian Corbett

"A weirdo but I'm real though." - A$ap Rocky

Sydney Corcoran

"The economy stinks, bees are dying, and movies are pretty much all sequels now."
- Schmidt

Elise Counsell

"If people sat outside and looked at the stars each night, I'll bet they'd live a lot differently."
- Bill Watterson

what is your PROUDEST ACCOMPLISHMENT as a high school student?

Marnier Crockton

"My ambition is flawless." - 600 Benz

Hannah Crook

"I have academically improved over the last two years by a full letter grade."
- Shannon McKenna

"Staying on top of my work and being able to find who I am and what I hope to be."
- Samantha Camilo

"Getting through LHS." - Elise Santiago

"Finding my true self and not caring what others think and standing up for what I believe in and not being afraid of what I can overcome." - Dominique Sutton

"Finally having all A's!" - India Johnson

"Always managing to get decent grades even if I started off bad." - Nia Van Buren

"It would definitely be when I realized the only person I can trust and count on is myself. No one will be able to handle the amount of trust you expect them to carry except yourself. That helped me get through hard times either during or outside of school and it's the reason why I'm so independent. I'm satisfied with being my own best friend and moral setter." - Maya Haidar

Emma Crowley

"I'm only good at being young." - John Mayer

Theodore Culman

"So the pie isn't perfect? Cut it into wedges. Stay in control, and never panic."
- Martha Stewart

Tariq Cumberbatch

Patrick Cummings

"Our fears don't stop death, they stop life."
- Rickson Gracie

Cameron Cyr

"If we wait until we're ready, we'll be waiting for the rest of our lives." - Lemony Snicket

Morgan Daciuk

Leandena Dankese

"I know your value and you know your value, and that's all that matters."
- Coach Jane Bergin

Sarah Darer

"One person's craziness is another person's reality." - Tim Burton

Cameron Davis

Isaac Davis

"Fifteen minutes can save you fifteen percent or more on car insurance."
- Geico Insurance Company

Anthony DeAngelis

Natalie Decoste

Maya Delity

"A person's a person, no matter how small!"
- Dr. Seuss

what do you do to stay calm during the COLLEGE craze?

"I usually watch YouTubers and listen to music." - Alex Wang

"I try to not think too much about all of it, and I usually end up procrastinating a lot. Oh, and I also sleep a lot! " - Nooralddin Hassan

"I hang out with friends and play Xbox to take my mind of it. I also started to work out more which helps to deal with my stress." - Michael Raitzin

"I procrastinate a lot by watching YouTube videos." - Siddanth Ramesh

"I spend as much time as I can listening to and making music." - Peter Raitzin

"At lunch things were getting a little too college orientated without discussion and it was making people stressed out so we made a rule that we were absolutely not allowed to talk about college at all during lunch." - Preeti Shastri

Kevin Deng

"I don't know how many years on this earth I've got left, but I'm gonna get real weird with it." - Frank Reynolds (character)

Margaret Cecile Denton

"That which you manifest is before you." - Garth Stein, The Art of Racing in the Rain

Tadeh Derstepanian

"'What day is it?' 'It's today,' squeaked Piglet. 'My favorite day,' said Pooh." - A.A. Milne

William Deschler

Caitlin Deschner

"There has ceased to be a difference between my awake clothes and my asleep clothes." - Mindy Kaling

Emily DeVine

Jason Dimasi

Gil Dinnar

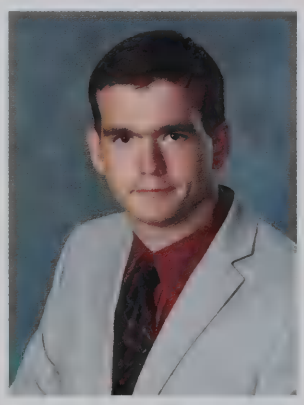
Sean Dipietro

"A lie is like a cat: you need to stop it before it gets out the door or it's really hard to catch." - Charles Blow

Andra Doan

Grace Doherty

"I'd rather be working for a paycheck than waiting to win the lottery." - Bright Eyes (songwriter- Conor Oberst)



Richard Domings

Julian Dong

"bacon cheeseburger for dinner after a long stream." - Yiliang Peng

Kelly Duan

Mary Dugan

"Climb the mountain so you can see the world; not so the world can see you.'
- David McCullough Jr.

Aidan Dwyer

Timothy Edson

"We're on to Cincinnati!" - Bill Belichick

Peter Ekrem

"...I want to especially thank all the members who took a break from their exhausting schedule of not passing any laws to be here tonight."
- Barack Obama

Paul Ernst

"For everything that could have been, well at least we took the ride."
- Pendulum - Encoder lyrics

Sara Espino

Isabella Este-Mcdonald

Matilda Ettlinger

"I'll admit I've done a lot of things in my life that I'm not proud of. No- no that's not true, I'm proud of most of them." - Neal Caffrey (Character, White Collar)

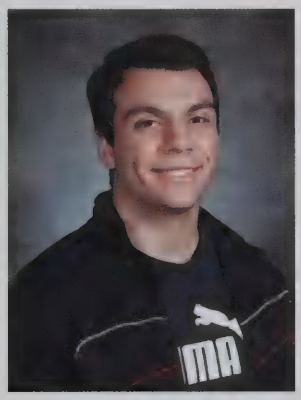
Taj Everett

Jessica Farris

"I am glad you are here with me. Here at the end of all things, Sam." - J.R.R. Tolkien

Maya Fein-Cole

"Sometimes people are beautiful. Not in looks. Not in what they say. Just in what they are."
- Markus Zusak

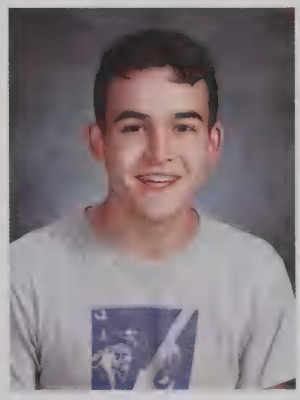


Alexandre Feyfant

Leina Fieleke

Noah Finkelstein

"Why can't they just let me eat my waffle?"
- Barack Obama



Garrett Finucane

Catherine Fiore

"Thanks for the adventure - now go have a new one." - Up

Timothy Fleming

Elizabeth Foley

Jaida Fonfield

"Be the change you wish to see in the world."
- Unknown

Ethan Fong

The true competitors, though, are the ones who always play to win." - Tom Brady

Lindsey Forg

"Good things happen when you meet strangers." - Yo Yo Ma

Matthew Foutter

"I no doubt deserved my enemies, but I do not believe I deserved my friends." - Walt Whitman

Anthony Fowlkes

Austin Fowlkes

Joseph Fraser

Nico Frelick

"I always throw my golf club in the direction I'm going." - Ronald Reagan

Meredith French

"Whatever you do in this life, it's not legendary, unless your friends are there to see it."
- Barney Stinson

Sofia Gabby

"I got a bone to pick." - Kendrick Lamar

Alexander Gamota

Ivy Gao

"We'll be the ones that pull the stars down to us." - Our Last Night

Tina Gao

"'I refuse to prove that I exist,' says God, 'for proof denies faith, and without faith, I am nothing.'" - Douglas Adams

Jeffrey Garay

Noah Garberg

"I would have made a good pope."
- Richard Nixon

Nicolas Garcia

"If everyone is moving forward together, then success takes care of itself." - Henry Ford

Andreas George

"Look in the mirror. That's your competition."
- Unknown

Shaydah Ghom

"If you're walking down the right path and you're willing to keep walking, eventually you'll make progress." - Barack Obama

Cyrus Ghorbani

"Why do today what you can put off till tomorrow."
- Squidward (Spongebob Squarepants)

Cooper Giesen

Abhishek Gill

Sarah Gill

"Great moments are born from great opportunity." - Herb Brooks

Marertu Girma

"Ain't picture perfect, but we worth the pictures still." - J. Cole

Vinayak Godbole

"Whenever I'm about to do something, I think, 'Would an idiot do that?' And if they would, I do not do that thing." - Dwight K. Schrute

Catherine Godwin

Keshav Goel

"Persistence and endurance will make you omnipotent." - Casey Neistat

Aneesh Gokhale

Esme Goldfinger

"I'm not convinced I know how to read, I've just memorized a lot of words."
- Nick Miller, New Girl

Micaela Goldstein

"May your hats fly as high as your dreams."
- Michael Scott

Sonia Gollerkeri

Angela Gong

" I must endure the presence of a few caterpillars if I wish to become acquainted with the butterflies." - Antoine de Saint-Exupéry

Vivek Gopalakrishnan

"I am. I have found, neither gifted nor maladroit. With practice and more practice, I get the hang of it." - Atul Gawande

Simone Goss

"Always stay gracious, best revenge is your paper." - Beyoncé

What is your job in student government?

We do a lot of behind the scenes work that most people don't see. Everyone thinks we just set prom ticket prices but at every event, even if it's just a dance, we actually do all the set up – all the DJ scheduling, we get all the food, we set prices. Right now, we're working on class gifts. We organize everything, basically! All night grad party, graduation – a lot of things people think the administration or school does, they actually pass to us!

What are some projects or initiatives you've work on?

We organized the fall classic this year – that's us taking our own initiative. It's the first event that didn't fundraise for the school. We donated the money; none of it went to us.

What is your proudest accomplishment as the vice president?

I guess after finishing an event and knowing that you were a planning from start to finish. So far, I heard really good things about junior prom! I heard people really appreciated the small things we did – adding extra bobby pins in the girls bathroom, adding a photo booth.

What do you think people would be most surprised to learn about student government?

I guess most people think these events just "happen". We have to book the DJ, hang up decorations, etc. The people who actually do all the organizations and behind the scenes work do it voluntarily. The people who do work actually care about what they do.

EMILY ZHANG
VICE PRESIDENT

Britney Grainger

"If somebody ever asks you to do something, do it really bad so you never have to do it again." - Paris Hilton

Gil Grunfeld

"Without love, where would ya be now?"
- The Doobie Brothers

Alex Guo

"He came like the wind, like the wind touched everything, and like the wind was gone."
- Robert Jordan

John Guo

Raghav Gupta

"Knowing is not enough; we must apply. Willing is not enough; we must do."
- Johann Wolfgang von Goethe

Andra Gurley-Green

"Schmidt happens." - Schmidt from New Girl

Max Gusinov

Adele Guzman

"If you don't know where you want to go, then it doesn't matter which path you take."
- Alice in Wonderland (Disney version)

Eli Haber

"You can either crawl into a hole and quit, or you can get out there, take off your shoes, and Bilbo it up." - Patrick Rothfuss

Deborah Hahm

"I have great expectations for the future, because the past was highly overrated."
- Sylvester Stallone

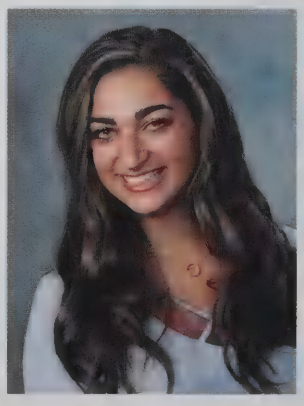
what is your FAVORITE MEMORY at LHS?

"I will remember all of the times I tried to be as quiet as I could in the bathroom if there was a person in the stall next to me." - Maxwell Saltman

"I will always remember the feeling when you're in the top five for Kahoot."
- Catherine Fiore

"My AP Chem class, which doesn't even have a final after the review days, was unfortunate enough to have a 3 hour double review block. But Ms. Compton, being the awesome person she is, let us leave and my friends and I ended up getting Kimball Farms ice cream!" - Charley Zhao

"I love it when Ms. Striz starts "babbling" to us about her stories instead of going over course materials. Those were the best classes." - Jiayi (Frank) Ma



Maya Haidar

"Goodbye everyone. I'll remember you all in therapy." - Plankton

Joseph Hajjar

Christina Han

"Nothing is impossible, the word itself says 'I'm possible!'" - Audrey Hepburn

Amari Hanberry

Kelley Harding

Adam Harrington

"In every life we have some trouble / When you worry you make it double / Don't worry, be happy." - Bobby McFerrin

Camilla Harris

Olivia Harris

"You create your destiny. Hard work, dedication, sacrifice and taking risks create amazing opportunities" - Misty Copeland

Hailey Hart-Thompson

"We will forever be remembered by the tracks we leave behind." - Native American Proverb

Nooralddin Hassan

"I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as a champion.'" - Muhammad Ali

Connor Hausmann

"I'm young, I'm handsome, I'm fast, I'm pretty, and can't possibly be beat." - Muhammad Ali

Aramazd Havan

Caitlyn Hayden

"Not all of us can do great things. But we can do small things with great love."
- Mother Teresa

Pallas Hayes

"Too bad that didn't kill me."
- Squidward Tentacles

Anthony Haywood

"Honey! Where's my super-suit?"
- Frozone (Incredibles)

Christian Herlihy

"Ruh-roh." - Scooby-Doo

Precious Hernandez

"I've eaten nine birthday cakes and I still feel empty." - Gene Belcher (character)

Kian Hershberger

Mitchell Heyda

Whitney Hodge

"The only time I set the bar low is for limbo."
- Michael Scott (The Office)

Daniel Hoffman

"The most important reason for going from one place to another is to see what's in between."
- Norton Juster

Sarah Horwitz

"My powers are beyond your mortal imagination."
- Mushu (Disney character in Mulan)

Lien Huang

"I'm going on an adventure!"
- Bilbo Baggins (Peter Jackson's The Hobbit)

Noah Hudacek

Cara Hughes

"To live will be an awfully big adventure."
- J.M. Barrie

Katherine Hui

"I'm not great at advice. Can I interest you in a sarcastic comment?" - Friends (TV show)

Marina Igarashi

Simona Innocenti

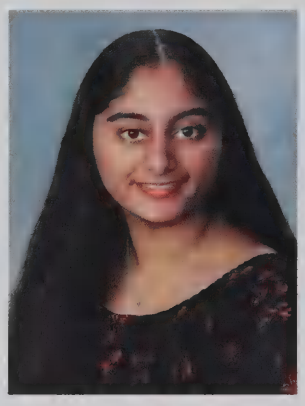
"Kindness is the language which the deaf can hear and the blind can see." - Mark Twain

Chloe Ireland

"Always remember how lucky you are to have yourself." - The Maine (lyric)

Praskovia Ivanenko

"The ship in port is the safer one, but it's not the reason it was made." - Radial Face (lyric)



Afareen Jaleel

Lucy Janovitz

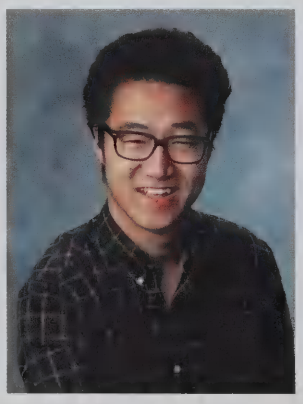
"I raise up my voice not so I can shout, but so that those without a voice can be heard... we cannot succeed when half of us are held back".
- Malala Yousafzai

Armin Jayaswal

Elijha Jenkins

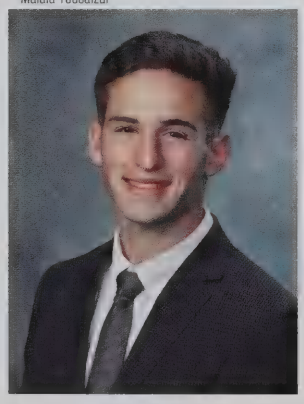
Eric Jensen

"...there is nothing more damning to go down to posterity than a silly, foolish smile caught and fixed forever." - Mark Twain



Jongtae Jeon

"Man cannot live by bread alone; he must have peanut butter." - James A. Garfield



Max Jesurum

Chyna Johnson

India Johnson

Alfred Joseph

Brendan Joyce

"Scientific progress goes 'boink?'"
- Bill Waterson

Justin Kaashoek

Sophia Kahn

"Keep walking. If I look back, I am lost."
- George R. R. Martin

Dabin Kang

"Enjoy it. Because it's happening."
- Stephen Chbosky

Maxwell Kaye

Spencer Kendall

"I didn't come this far to only come this far."
- Thomas Edward Patrick Brady, Jr.

April Kepler

"If not me, who? If not now, when?"
- Emma Watson

Caroline Kerr

Danielle Kerr

"A queen is never late. Everyone else is simply early." - Meg Cabot

Samuel Kielar

"The future ain't what it used to be."
- Yogi Berra

Grace Kim

Hana Kim

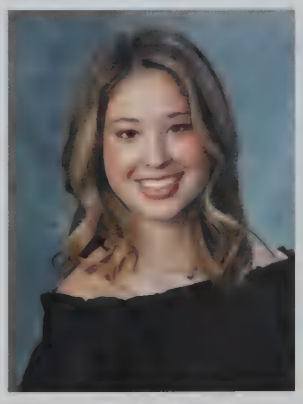
"How lucky I am to have something that makes saying goodbye so hard." - A. A. Milne

Jong Yoon Kim

"That crazy b*****d may be the only sane one left." - Joseph Heller

Sarah Kim

Yumi Kim



Nicole King

"Hide your crazy and start actin' like a lady"
- Miranda Lambert

Clara Kjelsberg

"Hufflepuffs are particularly good finders."
- Cedric Diggory (A Very Potter Musical)

Eva Kjelsberg

what are you LOOKING FORWARD TO after high school?

"I'm looking forward mostly to finally being able to fully pursue what I'm really interested in and being able to finally pick my own path in college. I'm also looking forward to being able to experience more of the world and hopefully break out of the stress bubble that is LHS." - Camilla Harris

"I'm most looking forward to beginning my career as a jedi master." - Maya Delity

"I'm looking forward to the freedom and opportunities that come with college and beyond and a getting fresh start I'm super excited to see what the future holds!"
- Angela Gong

"I'm looking forward to the opportunities college will give me that high school can't and meeting new people! I am also eager to find out what I am most passionate about." - Mackenzie Martin

give us your best PICKUP lines!

Are you wifi? Because I'm feeling a connection.

You're so hot the sun is jealous.

Are you coffee because I love you a Latte.

Let me tie your shoes 'cause I don't want you falling for anyone else.

I've had my ion you and I think we'd have real chemistry.

Are you my appendix? Because I don't understand how you work but this feeling in my stomach makes me want to take you out.

I wish I could be your coronary artery so I could be wrapped around your heart.

Are you a beaver? 'Cause dam.

Are you trash? 'Cause I'd take you out.

If I had a dollar for every time I think of you, I'd have one dollar...Because you never leave my mind.

Are you made of Copper and Telerium? Because you are Cu-Te.

Are you Ariel? Because I think we mermaid for each other.

Are you a tower? Because Eiffel for you. -@pickuplines on twitter

If you were words on a page you'd be fine print.

Your hand looks heavy... Can i hold it for you?

Hey can I have your number? I lost mine.

According to Newton's Laws of gravitation, I'm attracted to you so you must be attracted to me.

Hagop Kouchakdjian

"They misunderestimated me."
- George W. Bush

Susana Kouri

Sanjna Krishnan

Skyler Kropper

"Success is not final, failure is not fatal: it is the courage to continue that counts."Success is not final. Failure is not fatal. It is the courage to continue that counts." - Winston Churchill

Joseph Lahiff

Stephen Lamoretti

Joshua Lane

Madelyn Lane

"One can never have enough socks."
- J.K. Rowling

Jennifer Lannom

"I'm not superstitious, but I am a little stitious."
- Michael Scott (The Office)

Benjamin Lawee

"You know, Hobbes, some days even my lucky rocketship underpants don't help."
- Bill Watterson

Jane Lawrence

"The best and most beautiful things in the world cannot be seen or even touched they must be felt with the heart." - Helen Keller

Peter Lawrence

"It's easy to lie with statistics, but it's hard to tell the truth without them." - Charles Wheelan

Wesley Le

"Birds born in a cage think flying is an illness." - Alejandro Jodorowsky

Avery Leake

"I don't believe I'll ever get credit for anything I do in foreign affairs, no matter how successful it is, because I didn't go to Harvard." - Lyndon B Johnson

Aidan Lee

"Sometimes you need to step outside get some air, and remind yourself of who you are and where you want to be." - Gossip Girl (TV show)

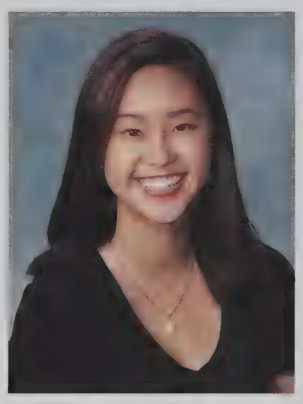
Christine Lee

"Sometimes me think, 'what is friend?' And then me say, 'Friend is someone to share last cookie with.'" - Cookie Monster

Dahyun Lee

Edward Lee

"Perfect is the enemy of done." - Unknown



Soyoon Lee

"There are far, far better things ahead than any we leave behind." - C.S. Lewis

Yohan Lee

"The show must go on." - Queen song

Grace Leightheiser

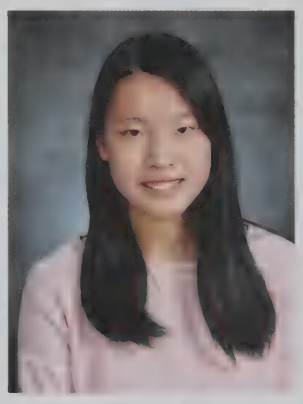
"Dear friend, you thought we wouldn't have any fun. Shame on you." - Ferris Bueller (movie)

Alexander Lerner

"Some people die at 25 and aren't buried until 75." - Ben Franklin

Madison Levine

Hayong Michelle Lew



Chukun Li

"Experience is simply the name we give our mistakes." - Oscar Wilde

Hengyu Li

Jien Li

Zhaoyuan Li

Michelle Lim

David Lin

Ethan Lin

Andrew Little

Robert Little

"Come fly with me."
- Jimmy Van Heusen & Sammy Cahn

Justin Lo

"Where's my super suit?" - Frozone (Incredibles)

Rina Lu

"Take care of all your memories." - Bob Dylan

Yangzeng Lu

Yilin Lu

Theodore Luterman

Angela Lynch

"Go the distance." - Idiom

Jiayi Ma

"You know, sometimes all you need is twenty seconds of insane courage... And I promise you, something great will come of it."
- We Bought a Zoo (Movie)

Yingbo Ma

Benjamin Maffa

"There is nothing more pathetic than caution."
- Mary Oliver

Shivahamy Maheswaran

"Shoot for the moon, even if you miss, you'll land among the stars." - Norman Vincent Peale

Elizabeth Maimonis

Brenda Makumbi

"Success is only meaningful and enjoyable if it feels like your own." - Michelle Obama

Haley Marcin

Beltran Maroto Tobias

"Never forget what you are, the rest of the world will not. Wear it like armor and it can never be used to hurt you." - Tyrion Lannister (character)

Mackenzie Martin

"People do not like to think. If one thinks, one must reach conclusions. Conclusions are not always pleasant." - Helen Keller

Gaya Marx

Cassie Mason

"Can you bring me my chapstick?"
- Napoleon Dynamite (Character)

Virginia Mason

"I am Beyoncé always."
- Michael Scott (The Office)

Maxim Mastyugin

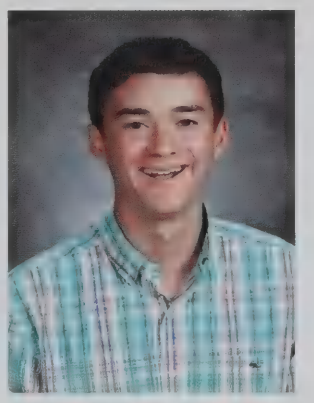
Honore Matteson

"You can be whoever you want, even yourself."
- Drake

Michael McAlarney

Evan McCarty

"An optimist sees the opportunity in every difficulty." - Sir Winston Churchill



Trevor McGovern

Marshall McKenna

"The good and the great are only separated by the willingness to sacrifice."
- Kareem Abdul-Jabbar

Shannon McKenna

"...my IQ is one of the highest and you all know it! Please don't feel so stupid or insecure; it's not your fault." - Donald Trump

Grace McKenney

Kenna McLaughlin

Maria McMillan

"We have to remember what's important in life: friends, waffles and work. Or waffles, friends, work. But work has to come third."
- Leslie Knope (Parks and Recreation)

Brooke Medley

what will you do on the LAST DAY of school?

On the last day of school, I plan on spending time with friends and thanking my teachers.
- Marertu Girma

"I would tell every person I wanted to be friends with how cool they are and how much I admired them. I'd definitely tell a bunch of people in person because I'd never see them again, so being cringey wouldn't scare me. But if I didn't get around to ALL my friend crushes, I'd just message them long paragraphs. Some people are awesome - they deserve to know!!" - Natalie Ramesh

"I'd step out of school with glee and excitement, reflecting on the last four years of hard work I had put forth at LHS. I'd look back to my first days, my first classes, and the first time I met my friends. I'd think back to both the struggles and the triumphs."

"I would go out with friends and eat some dessert to celebrate the end of our high school experience. We would talk about our memories together and would look forward to what we have ahead of us." - Sarah Park

I would hug lots of people for uncomfortably long amounts of time and they would probably think I was very weird but they probably already knew that. - Benjamin Maffa

The thing that I would do on the very last day of school is gather my friends and go to the center or to the movies. You know, I want to enjoy the last few moments we have together because sooner than we might think, we will all be going our separate ways. I would also try to enjoy the last day of school with the people who have helped me during my high school career (friends, staff members, etc.).
- Tadeh Derstepanian

Emily Melsky

"Have a biscuit, Potter." - J.K. Rowling

Rohit Menon

Samina Mian

"Your present circumstances don't determine where you can go; they merely determine where you start." - Nido Quebein

Rachel Michelson

"I'm sorry, if you were right, I'd agree with you." - Robin Williams

Cecilia Millane

"I am green and it'll do fine, it's beautiful! And I think it's what I want to be."
- Kermit the Frog (The Muppets)

Benjamin Mitchell

"A good friend will help you up when you fall. A best friend will laugh and try to trip you again."
- Tamora Pierce

Stephen Mock

Lauren Moon

Natalie Moon

Matias Moreno Padro

what is your CRAZY COLLEGE TOUR story?

We spent my parent's wedding anniversary doing college tours. Apparently it was one of their better anniversary celebrations." - Sujay Utkarsh

"Once I was on a college tour, and the admission officers were describing an "ideal" student for the University. All while they were talking about how they wanted normal, realistic applicants, they had a graphic on-screen which detailed the stereotypical "4.0 GPA, sports captain, popular, musically talented, etc." student such an unrealistic standard of what "normal" was. "- Rachel Sussman

"I visited Dartmouth last year on my first college tour. At some point, I had to use the bathroom. Someone gave me directions, and after struggling for too long, I eventually found it. I entered a stall, but it was only after I heard footsteps come in and saw the person's shoes that I realized I was the men's room! The only thing to do was hate myself, hold my breath, and wait it out in 2 minutes that felt like forever. As soon as the man cleared out, I ran out the door and found the women's room, hidden from view in the back corner of the hall. Needless to say, I felt pretty dumb after that, and regardless of my admissions decision, any mention of Dartmouth will forever make me cringe." - Natalie Ramesh

Yuki Morgan

"Having been destroyed, it is now indestructible."
- David Sedaris, When You Are Engulfed in Flames

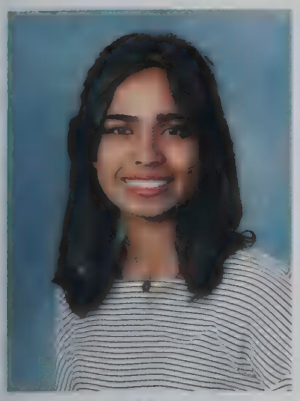
Christopher Morse

"My weaknesses have always been food and men in that order." - Dolly Parton

Tatiana Movsesian

William Mukamal

"Creativity is not simply a property of exceptional people but an exceptional property of all people." - Ron Carter



Trisha Mukerjee

"I was born good but had grown progressively worse every year." - Harper Lee

Gregory Murphy

"No matter how straight you walk you will always find someone who will criticize your curved shadow." - Arabic Proverb

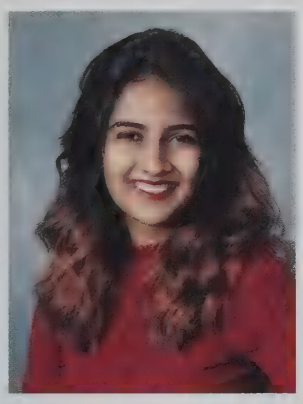
Lauren Murray

Veda Murthy

Sarah Nadler

"There's only one thing I hate more than lying: skim milk, which is water that's lying about being milk." - Ron Swanson (Parks & Recreation)

Jennifer Nam



Janvi Nanavati

"How you doin'?" - Unknown

Samantha Napoli

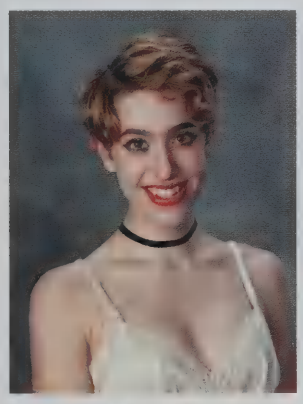
Amanda Nardone

"You can't start the next chapter of your life if you keep re-reading the last one." - Unknown

Sarah Nardone

"How lucky I am to have something that makes saying goodbye so hard." - A.A. Milne

Anil Nayak



Katherine Neal

"Well, things ain't so cool right now / But I promise they'll get better." - The Growlers

Caleb Ng

Walden Ng

Nathan Ngo

Elizabeth Nies Greeley

"No one decides my fate but me."
- Once Upon a Time (TV Show)

Daniel Northrup

Liam Novelline

"If opportunity doesn't knock, build a door."
- Milton Berle

Attiya Nurse

Eoin O`Toole

"Clearly, I reject the view that there is one way that is right for everyone and for every problem." - Bjarne Stroustrup

Sarah Oh

Akari Ohashi

"Some men are born mediocre, some men achieve mediocrity, and some men have mediocrity thrust upon them." - Joseph Heller

Beverly Ong

Daniel Orgad

"Bing Bong" - Bing Bong
(character, Inside Out movie)

Clay Oshiro-Leavitt

"Don't play what's there, play what's not there." - Miles Davis

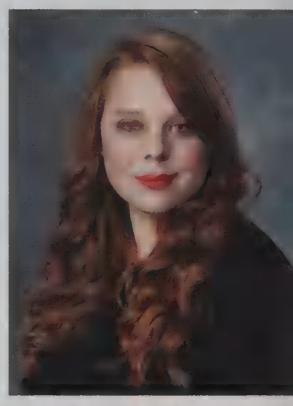
Navneet Pabla

Lara Padir

"I golf." - Arnold Palmer

Sarah Park

Faith Parker



Katherine Partyka

"I say more dumb things before 9 a.m. than most people say all day."
- Chandler Bing (Friends TV show)

Sagan Patarroyo-White

"Is mayonnaise an instrument?"
- Patrick Star (character)

Rutvik Patel

"If you ain't got the sauce, then ya lost... but you can also get lost in the sauce."
- Gucci Mane

Nikolas Pawelka

Shayari Peiris

"I'm going to do what I want to do. I'm going to be who I really am. I'm going to figure out what that is."
- Emma Watson

Cooper Penniman

Michaela Perry

"My coach said I run like a girl, and I said if he ran a little faster, he could too." - Mia Hamm

Adrian Porras

"Be the person you needed when you were younger." - Ayesha Siddiqi

Lindsey Porter

"Weeds are flowers too, once you get to know them." - A.A. Milne

Henry Potdevin

Krithi Pranatartiharan

"All I'm saying is, kindness don't have no boundaries." - Kathryn Stockett

Yibo Pu

"Don't need sleep to dream." - Zella Day

Christopher Purdy

Niharika Putta

"They misunderestimated me." - George Bush.

Ravi Raghavan

Michael Raitzin

"Nowadays people know the price of everything and the value of nothing." - Oscar Wilde

Peter Raitzin

"Oh, I'm sorry, did I break your concentration?" - Quentin Tarantino

Natalie Ramesh

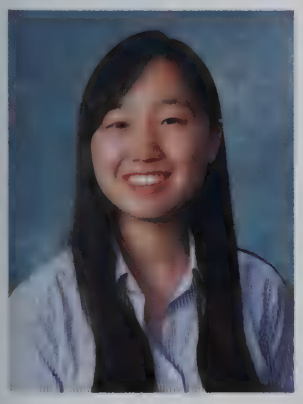
"It may be stupid, but it's also dumb." - Patrick Star (character)

Siddanth Ramesh

"I have not trodden through a conventional university course, but I am striking out a new path for myself." - Srinivasa Ramanujan

Alexander Resnick

"Nothing makes a person more productive than the last 10 minutes." - Neil Patrick Harris



Shinji Rho

"It is always hard to see the purpose in wilderness wanderings until after they are over." - John Bunyan

Jackson Rhodes

"The problem with the future is that it keeps turning into the present." - Bill Watterson

Why did you decide to run for class president?

I decided to run for class president because I knew that I wanted to have an impact during my time at LHS in shaping what our experience is like here.

What were your goals as the class president?

When I first became president, my goals were things like, help reduce homework, or vending machines, very naive freshman ideas. But over time, my biggest goal became to create a sense of school spirit, especially class spirit. Over my last four years, I've noticed that our school is one that is very competitive. Many people are really stressed out, and I wanted to foster this sense of spirit so that there's a greater sense of community rather than competitiveness. And by creating a sense of spirit, I think people would be able to have a better time in general.

What did you do to work towards that goal?

Initially, the way that class council went about creating the school spirit were dances or school appeals, little things like that. But as we started to get to know the process better and what our responsibilities were as upperclassmen, we started trying new things. Something we did a lot was selling churros, which is probably one of our greatest fundraisers. We also started having events with other schools. We recently had one with Newton South, where there were events like pie eating competitions.

What has been your proudest accomplishment?

I think that every time we do an event, or every time something that we've been working towards is accomplished, I think that's a moment of "this couldn't have happened without all the work that we put in." It was that sense of pride and accomplishment.

How has being the president changed you as a person?

I've gotten to know a lot of people that I probably wouldn't have interacted with otherwise, and that include teachers as well. I've always been bad at thinking of teachers as people that you can talk to. But by working closely with Mr. Cole and Mr. Michael, that has helped me to grow my ability to develop relationships with teachers. But with students also. It really widens your perspective of the class, of groups and demographics within the class and how they interact.

What was something that surprised you?

Earlier this year I went to a lot of the sport events, and that's something I haven't done very much until junior and senior year. It's also a plus that our teams are very successful this year. I think that sitting in, especially seeing how our class were working together and encouraging each other, building each other up through sporting events, was very uplifting. I think more people should be able to experience that kind of thing.

What did you enjoy the most about class council?

There definitely are a lot of cultural differences and sometimes very little overlap in our school. Something that really helped was that our class council is made up of a very diverse group of people. So we have representatives from a lot of different social backgrounds and different friend groups. So whenever we have a meeting, like discussing what kind of theme our next dance is going to be, we have a variety of opinions, and I really feel like each part of our class is being represented.

What is something that you've learned?

Earlier this year, Emily Zhang, the VP and I, we were contacted by Dr. C, the superintendent. She was very concerned about stress reduction and she wanted to first reform homework policy, which was something that I thought about since freshman year. It turns out that by extending your network to people who have real position of power in local education, you're able to have a larger influence. So we talked to her about the homework policy, and how we think it should be changed based on what we've heard in our class. One thing that she proposed was to have a student parent faculty forum in which we can facilitate communication between three parties so that we could better identify where the stress is coming from and how to combat it and how to deal with it.

Class President
JONGTAE JEON

Hae-Seung Robinson

Grace Rogers-Huegel

"I have no idea what I'm doing, but I know I'm doing it really, really well."
- Andy Dwyer (Parks & Recreation)

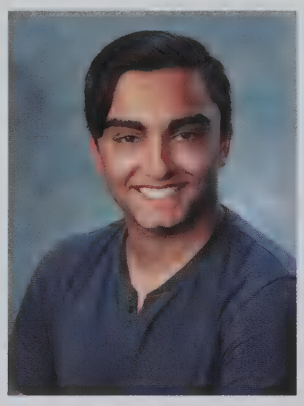
Taehyoung Roh

Arielle Rosker

Christopher Ross

"Sometimes you have to play a long time to be able to play like yourself." - Miles Davis

Eric Rubenstein



Adam Ruff

Sophia Ryterband

"No one is you and that is your power."
- Dave Grohl

Matthew Sabin

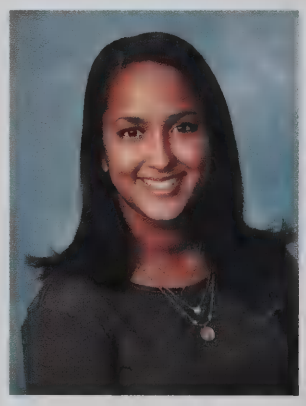
Maxwell Saltman

what is your FAVORITE LHS class?

"Throughout high school, I kinda felt a pressure to just take music courses just because I could play piano – so I did. Now that I'm a senior, I'm taking pottery and it's really really fun. I've always loved fine arts and I regret not taking more of these classes." - Shinji Rho

"I'd say that of all the classes I've taken, the public speaking class I took in sophomore year has been by favorite. It expanded my comfort zone and I loved how supportive everyone in the class was."
- Chloe Ireland

"Film photography for sure. Getting to go in the dark room and just be in my element printing photos provides a really nice relief of stress more than any free block could give me. There are a few of us who come in during our frees too and TA, so we've become a little photo family, and that's something I don't really get from my other classes."
- Lindsey Forg



Elise Santiago

"It always seems impossible until it's done."
- Nelson Mandela

Ashwini Sarathy

"Jogging is the worst! I know it keeps you healthy, but God, at what cost?"
- Anne Perkins (Parks & Recreation)

Joshua Savitz

Rory Schadler

"All knowledge is vain save when there is work / And all work is empty save when there is love / ...work is love made visible." - Kahlil Gibran

Jaime Schechner

"There comes a moment in everyone's life when you stop wondering and begin to believe." - SeaWorld's 'Believe' Orca Show

Katherine Scotti

Madeleine Scotti

Meaghan Scotti

Minki Seo

"Duty, Honor, Country." - Douglas MacArthur

Preeti Shastri

"The streets ain't made for everybody. That's why they made sidewalks."
- Cookie Lyon (Empire)

Holly Shaw

"I am Beyonce, Always."
- Michael Scott, The Office

Richard Shaw

"He who is not courageous enough to take risks will accomplish nothing in life."
- Muhammad Ali

Olivia Sheena

Joy Shen

"Life is a journey to be experienced, not a problem to be solved." -Winnie the Pooh

William Sherwood

"What do you do, go around trying everything once?" he asked. 'Sometimes Twice....'"
- Ray Bradbury, Fahrenheit 451

Eric Shiple

"If A Cup Cake Falls From A Tree How Far Away Will It Be From Down. #Jupiter" - Jaden Smith

Sarah Shorter

"Life's most persistent and urgent question is, 'What are you doing for others?'"
- Martin Luther King Jr.

Noah Shute

"Some get angry because God put thorns on roses, others praise Him for putting roses among thorns." - Paulo Coelho

Sarina Simon

"I think sometimes in life the biggest challenges end up being the best things that happen in your life." - Tom Brady

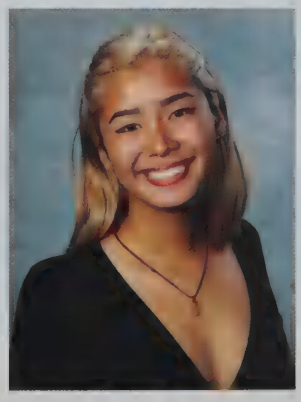
Eric Sirkovich

Gregory Smelkov

"I see you're drinking 1%. Is that 'cause you think you're fat? 'Cause you're not. You could be drinking whole if you wanted to."
- Napoleon Dynamite

Justus Smith

"The only time you should look back is to see how far you've come." - Unknown



Rebekah Song

"No use acting so tough/Calm down, sweetheart, grow up." - Mac Demarco

Yong Min Song

"It's my money and I need it now."
- JG Wentworth commercial

TEACHER SHOUTOUTS

Shout out to Ms. Baum and Ms. Segars for being teachers we could truly talk about anything to and go to for help.
- Samantha Camilo

"Shout out to Ms. McCanne for always being there for me when I needed help." - Ana Pimlott

"Shout out to Mr. Grams for not actually giving us 0s for the year." - Jiayi (Frank) Ma

"Mr. Olsen is great and never fails to make me laugh." - Eric Jensen

"I think that my English teacher, Ms. Conlon, is a wonderful person. She shows the utmost dedication to her students and she helped me control my anxiety during my junior year and application process." - Shivi Maheswaran

"Mr. Cole is so chill, yet so informative. He's the main reason for why I've found interest in Economics and Government."
- Matthew Campos

"Ryan Casey, my dude. You still owe me four bucks. It's okay. I love you." - Elaine Yue

"Shout out to Ms. Lasa for being an involved principal and making an effort to meet all of us or start a conversation."
- Samantha Camilo

"Mr. Wilson brightens up the days of his students and makes them feel cared for and acknowledged beyond their grades. He's definitely one of the most enthusiastic teachers I've ever had the privilege of learning from." - Ethan Lin

"Shoutout to Mr. Gould for his ASTOUNDING devotion to coaching our Science Bowl team, dealing out terrible physics puns, and making decisions as quickly as possible." - Catherine Wang

Saahil Sood

Edoardo Spolaore

"How lucky I am to have something that makes saying goodbye so hard." - A.A. Milne

Nathan Sterne

Zachary Stevens

"Today I will do what others won't, so tomorrow I can accomplish what others can't."
- Jerry Rice

Luke Stewart

"Oh Well, Whatever, Nevermind." - Nirvana

Nevaeh Stoner

"Bruh, we graduated just to go to school again." - Bruh Meme

Helena Strenger

"People these days are so busy... that they have a lot of experience, but no knowledge. You need knowledge and experience." - George Morris

Jesse Strod

"A good lawyer knows the law; a clever one takes the judge to lunch." - Mark Twain

Leah Strohmeyer

"Life moves pretty fast. If you don't stop to look around once in a while you could miss it."
- Ferris Bueller's Day Off (movie)

Julie Suh

"A slavish concern for the composition of words is the sign of a bankrupt intellect."
Norton Juster

David Sun

"People say nothing is impossible, but I do nothing every day." - A.A. Milne

Jessica Sun

Reethy Sundar

Krishna Suraj

"Always bear in mind that your own resolution to succeed is more important than any other one thing." - Abraham Lincoln

Rachel Sussman

"Maybe it's good to care so much."
- Jennifer Cohen

Dominique Sutton

Pieter Svenson

"I like coffee because it gives me the illusion that I might be awake." - Lewis Black

Matthew Swanson

Saffana Syed

William Tagliamonte

"I'm not a rocket scientist, I'm not even any sort of scientist, nor am I a rocket." - Unknown

William Tang

"If you laugh with somebody, then you know you share something." - Trevor Noah

Kenyu Tatsuta

Andrew Teeter

"Never put off till tomorrow what you can do the day after tomorrow." - Mark Twain

Joseph Teng

Cameron Thompson

Samuel Thompson

"I miss my cocoa butter kisses."
- Chance the Rapper

Ryan Titemore

"Filmmaking is a chance to live many lifetimes." - Robert Altman

Edward Tomic

Henry Toulmin

Devon Treadway

"Growing old is mandatory, but growing up is optional." - Walt Disney

Nicholas Tzannes

"If you can't control your peanut butter how can you expect to control your life."
- Bill Waterson

Paul Ursino

"Do not pray for easy lives. Pray to be stronger men." - John F. Kennedy

Sujay Utkarsh

"There's a battle outside / And it is ragin'. / It'll soon shake your windows / And rattle your walls / For the times they are a-changin'." - Bob Dylan

Addison Van Emon

Joshua Varghese

"Can't touch this." - MC Hammer

Roy Varon Weinryb

Derek Vaughan

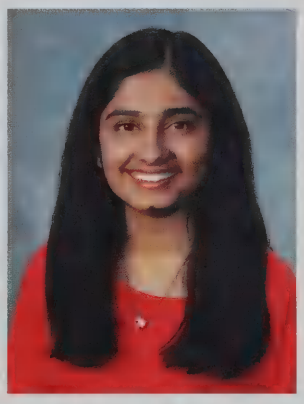
Vasanth Venkatasami

Able Virgile

"In order to succeed, we must first believe that we can." - Nikos Kazantzakis

Renee Vogel

Taryn Waite



Sukanya Walhekar

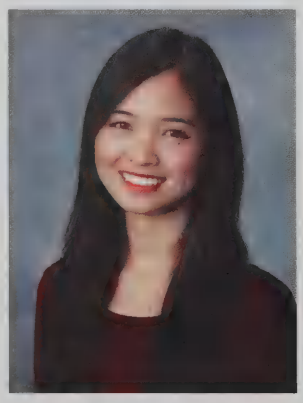
"Some books should be tasted, some devoured, but only a few should be chewed and digested thoroughly." - Sir Francis Bacon

Adrian Wang

"If we, citizens, do not support our artists, then we sacrifice our imagination on the altar of crude reality." - Yann Martel

Alexander Wang

"When the rich rob the poor it's called business. When the poor fight back it's called violence." - Mark Twain



Catherine Wang

Hannah Wang

Jessica Wang

"We are what we believe we are." - C.S. Lewis

Timothy Watson

"There's one tune where I have to play a bass note with my nose." - Ben Monder

Jamie Weinstein-Delahunt

"You are braver than you believe, stronger than you seem, and smarter than you think."
- A. A. Milne

Joshua Weiss

Ian Wendel

"Knowledge speaks. Wisdom listens."
- Jimi Hendrix

Luke West

"All generalizations are false, including this one." - Mark Twain

Rowan Wheeler

"Isn't it splendid to think of all the things there are to find out about? It just makes me feel good to be alive." - L.M. Montgomery

Samuel White

Maeve Wiesen

"Say yes, and you'll figure it out afterwards."
- Tina Fey

Abby Willert

Stephen Willis

"One of the great things about books is sometimes there are some fantastic pictures."
- George W. Bush

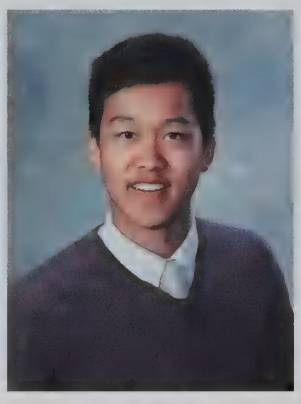
Nathaniel Wisdom

Alexandra Wolf

Lenna Wolffe

"I never look back darling, it distracts from the now." - Edna Mode (character)

Anthony Wong



David Wong

Elizabeth Wong

"For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all." - 2 Corinthians 4:17 (NIV)

Elaine Wu

"Chaos is great! Chaos is what killed the dinosaurs, darling." - J.D. from Heathers

Kevin Wu

Liam Wurtz

"I don't know half of you half as well as I should like; and I like less than half of you half as well as you deserve." - J.R.R. Tolkien

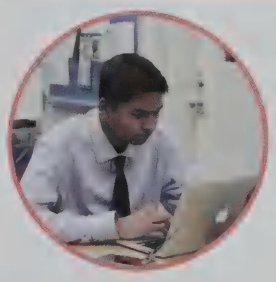
Xinran Xie

"What gets us into trouble is not what we don't know. It's what we know for sure that just ain't so." - Mark Twain.

Jennifer Xiong

"My richness is life forever." - Bob Marley

what is your FAVORITE EXTRACURRICULAR at LHS?



"Debate, because it went beyond on just being an extracurricular for me , it taught me to become aware of the world around us and has led me to meet new friends and see more of the world through tournaments and camps."
- Vasanth Rajasekaran

"For me running isn't an activity, it isn't something I pick up for a season or a year, it's a piece of me. It is having purpose, it is a way of connecting with my family and friends, it is an outlet, it is freedom, it is being alive."
- Alexandra Wolf

"Jazz has been an essential part of my life for the past four years. Not only have I been able to explore this amazing art form with experienced teachers and professional musicians, but also I have traveled around the country with lifelong friends, improving and learning together while having fun and making memories along the way." - William Mukamal

Allen Xu

Tian Xu

"If you want a happy ending, that depends, of course, on where you stop your story."
- Orson Welles

Jiaqi Yang

Carter Yee

"Will: I read your book last night. / Sean: So you're the one." - Good Will Hunting (Film)

Elaine Yue

Bonnie Yun

Laryssa Zak

Courtney Zang

"If there's no food, I'm going home."
- Christina Yang (character, Greys Anatomy)

Brian Zanin

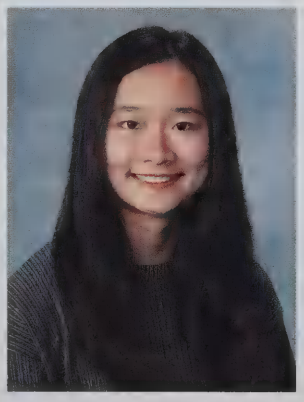
"One of the huge mistakes people make is that they try to force an interest on themselves. You don't choose your passions; your passions choose you." - Jeff Bezos

Kassie Zavaliagkos

William Zen

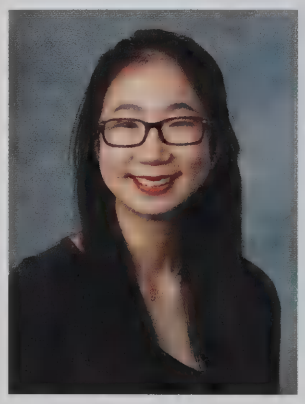
Rohan Zeng

"I always wear shorts, even in winter. That's my policy."
- Pokemon Firered/Leafgreen (character)



Yuqian Zeng

"If you believe in yourself and with a tiny pinch of magic, all your dreams can come true."
- Spongebob (character)



Cindy Zhang

Emily Zhang

"I seldom end up where I wanted to go, but almost always end up where I need to be."
- Douglas Adams

Maggie Zhang

"Life is not about how you survive the storm, it's about how you dance in the rain."
- Regina Brett

Matthew Zhang

Rachel Zhang

Sabrina Zhang

Sophia Zhang

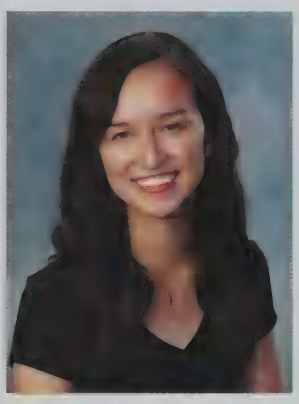
Vanessa Zhang

"Start with what is right rather than what is acceptable." - Franz Kafka

Yuhang Zhang

Charley Zhao

"I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as a champion." - Muhammad Ali



Ester Zhao

"I would like to say a few words. And here they are: Nitwit! Blubber! Oddment! Tweak! Thank you." - J.K. Rowling

Catherine Zheng

Ruth Zheng

"So love is the minimal form of communism." - Alain Badiou

Karen Zhou

"There's a million things I haven't done, but just you wait." - Lin-Manuel Miranda (Hamilton)

Lan Zhou

Abbie Zhu

"Sometimes you will never know the value of a moment, until it becomes a memory." - Dr. Seuss

Ada Zhu

"Sometimes, there is no harm in putting off a piece of work until another day." - Antoine de Saint-Exupéry

Audrey Zhu

Carol Zhu

"Be there for others, but never leave yourself behind." - Dodinsky, In the Garden of Thoughts

Jeffrey Zhu

"The future belongs to those who believe in the beauty of their dreams." - Eleanor Roosevelt

Not pictured:

Eyad Abbas:

"Music expresses that which cannot be put into words and that which cannot remain silent." - Victor Hugo

Javier Arellano Aranda

Sahil Belgaonkar

James Bruce

Yuhi Chang

Marnier Crockton

Liane Daley

Aneri Desai

Matthew French

Shawn Gallant

"Enjoy the best things in your life cuz you ain't gonna get to live it twice." - Mac Miller

Autumn Gallino

Olen Givet

Jennifer Kalashian

Antares Li

"I want you always to remember me. Will you remember that I existed, and that I stood next to you here like this?" - Haruki Murakami

Benjamin Li

Tommy Li

Samuel Losen

Ronan Meltzer

Kamea Merkouris

Elizabeth Nakhtigal

Chitom Okafor

Abhishek Pandey

Vasanth Rajasekaran

Jaytoine Sainterling

Nia Van Buren

Tyrel Walker

Josiah White

Sheng Yu

Stephanie Zhou

"Not everything is #000000 and #FFFFFF." Unknown

Roman Zinoviev

Sophia Zurlo

FAREWELL, PRINCIPAL LASA!

A student, a coach, a dean, a principal, and a friend. Truly a Jack-of-all-trades, Ms. Laura Lasa spent four years at LHS , graduated, and upon earning her post-secondary degree, came back to us at the high school. Graduating alongside our current seniors after four years of dutiful work as principal, Lasa should not be remembered as the typical principal, that would never do her justice. Ms. Lasa was an active member of the high school. While her management remained behind the scenes, not a day passed without seeing the smiling principal greeting students each morning in the main hallway. A three-season athlete, Lasa remained active in the community and could be found at a great number of games and even some practices.

We as students will probably never truly understand or appreciate the work you did as a manager. But there is no doubt that every student you met, every life you brightened, made life at Lexington High School just a little bit easier. Your presence cannot be overstated, and just as our seniors are moving on in life, so too must you.

Thank you, Principle Lasa, for treating us as people, not students. For recognizing a human element that is lost to most others and nourishing it. The four years you spent with us meant the world.

Ms. Lasa, standing by the Wall of Happiness

What do you plan to do when you retire?

I'm sad about not working with kids everyday, but on the other hand there are things I haven't been able to try with a 15 to 16 hours a day job. I think what I really want to do is work in a womens shelter or family shelter.

What is your proudest achievement from your four years as principal?

I'm most proud of being visible, because it's really hard. Each role you go up, somebody wants more of your time behind a closed door in meetings that usually repeat the same thing over and over. My mantra every year has been that I don't ever want a senior crossing the stage and going, "who is that lady?" I've worked hard at being visible and up and about. I'm in 300 to 500 classrooms a year. But besides being connected, I've tried to keep the heart in this place and have it be not about statistics and competition and MCAS scores and college applications. The adults are modeling for you some form of perfection that's insane. We're only as good as what we are as people. The rest is going to take care of itself. That what I try to communicate to freshmen: take a deep breath and just be a good person and the other things will fall into place. Life will work out for you. If you lead with your heart, you don't go wrong very often.

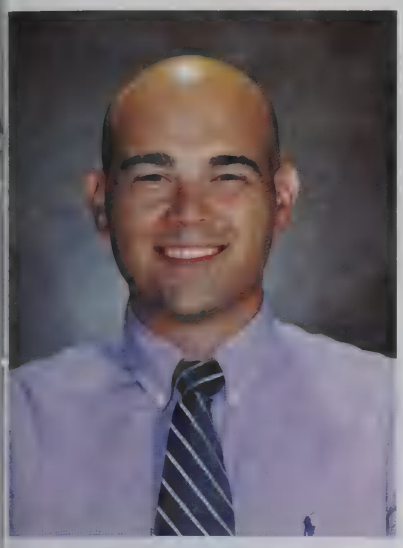
What is your favorite memory from your time here?

My favorite memory as a student at Lexington High School was Latin class. It was probably why I became a teacher. I had Dr. Fiveash and the Latin program was just starting. We were the first class to take Latin and Mythology. I just remember thinking you can be really smart and funny and connect with kids and I wanted to do that for the rest of my life. We had fun and it was something that was new!

My best memories in an administrative role are the times kids come in and say, "I have a problem. Here's what I just did." They trust me enough to help solve it rather than seeing me as the principal who they get in trouble with. The consequence is irrelevant to figuring out how we help you out and how we help you not do it again.

Do you have a message/last words for the students?

I think the message I would give is that there is more than one way to do things in life. You guys have been in a rat race from kindergarten up through grade 12. The adults are setting a negative model for you. You are told that if you are not doing 100 things at 100 miles an hour and doing it all really well you are somehow not a successful person or life isn't going to open up doors for you. But, the bottom line is that it is more about the people you connect with along the way. My hope for all the kids here and seniors in particular is that you know that it's okay to slow down. Don't watch adults who are doing things 100 miles per hour. Learn how to be a good friend and a good person. When we all breathe our last breath, we're not going to think about the person who did that big thing. We're going to think of the person who was there every single time you needed them, and that's the person we want to be, the person someone thinks about at their last breath.



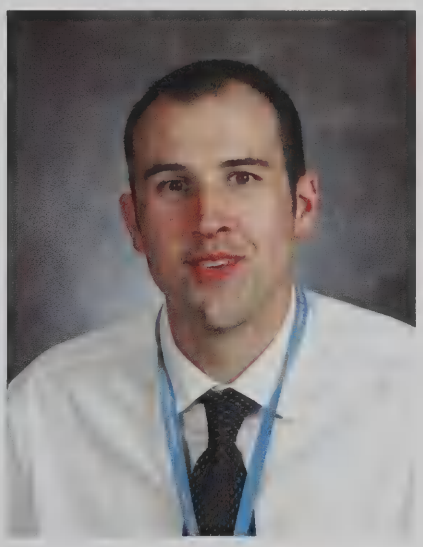
John Murray, Associate Principal

Nicole Canniff, Dean

Kelly Cavanaugh, Dean

Kathleen Hermon, Dean

Scott Kmack, Dean



Jaffrie Perrotti, Dean

Zachary Abdu-Glass, World Language
Janet Almeida, Special Education
Valerie Aloi, P. E. & Wellness
Jennifer Altreuter, Science
Kelly Anderson, Math

Sarah Anderson, Librarian
Justin Aramati, Performing Arts
Heather Arrigo, World Language
Christine Ashness, School Office
Erin Barrett, Social Studies

Jacob Beauregard, English
Theresa Bell, School Office
Jane Bergin, P.E. & Wellness
Marissa Binnall, Math
James Borden, Technology

Melissa Brooks, Special Ed.
John Bruno, Special Ed.
Thomas Buckley, Special Ed.
Kristi Burns, P.E. & Wellness
Melissa Buttaro, Counseling

Sarah Cammer, Science
Marc Canton, Special Ed.
Krista Cardellichio, English
Adalgisa Carmona, Special Ed.
Melissa Caroll, Special Ed.

Carin Casey, Library
Ryan Casey, World Language
Jennifer Chen, Special Ed.
Amanda Ciarletta, P.E. & Wellness
Franco Cirulli, World Language

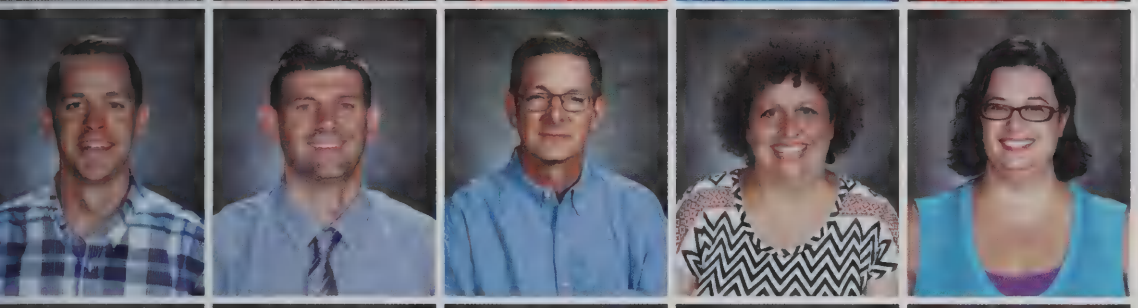
Jennifer Cohen, English
Amelia Collison, Science
Janice Compton, Science
Carrie Conlon, Special Ed.
Elizabeth Cook, Science

Sara Cooper, Counseling
Wendy Cordero, Math
Marlene Couture, School Office
Michelle Coyle, Special Ed.
Jacalyn Crowe, Science

Erin Cutting, Special Ed.
Paul Victor Cuzzupe, P.E. & Wellness
Kari Darling, Science
Tammy Darling, Social Studies
Larry David, Social Studies

Jane Day, English
Zachary Del Nero
Diane Dennehy, School Office
Sandra DiMartino, Peforming Arts
Katie Dobbins, Special Ed.

Michael Doherty, Special Ed.
Patrick Donaher, Performing Arts
Susan Donnellan, School Office
Christopher Doucette, Math
Rachel Durocher, Visual Arts
Marshall Dury, English



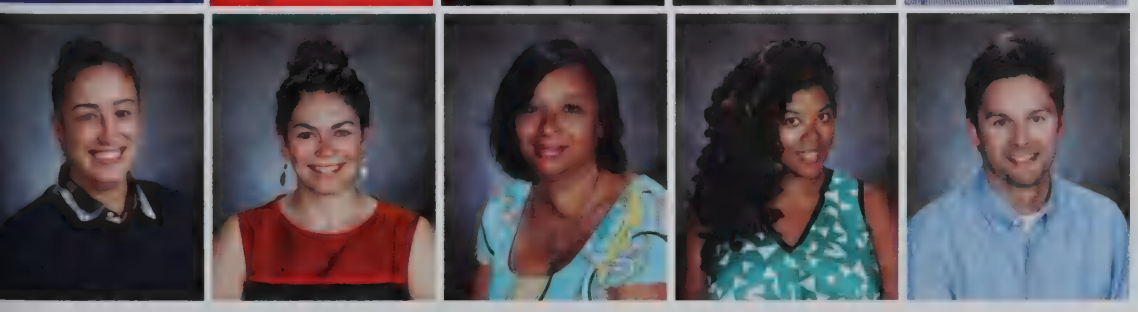
Marshall Dury, English
Michael Egbert, Social Studies
Jay Eidson, Special Ed.
Barbara Eliason, Special Ed.
Rina Farber-Mazor, World Language

Donna Fitch, Special Ed.
Heidemarie Floerke, World Languaee
Patrick Flynn, Social Studies
Janet Foley, P.E. & Wellness
Brooke Forrelli, Social Studies

Julie Fouhy, Special Ed.
Krista Gainty, Special Ed.
Ryan Gendron, Social Studies
Holly Gilligan, English
Elliott Gimble, Science

Jessica Goodstone, Social Studies
Maria-Liza Granada, Special Ed.
Kristen Grant, Special Ed.
John Harper, Special Ed.
Dea Haupt, Math

Maureen Haviland, World Language
Justin Hemm, Special Ed.
Eileen Hirsch, Special Ed.
Reginald Hobbs, Science
Joseph Hunt, Special Ed.



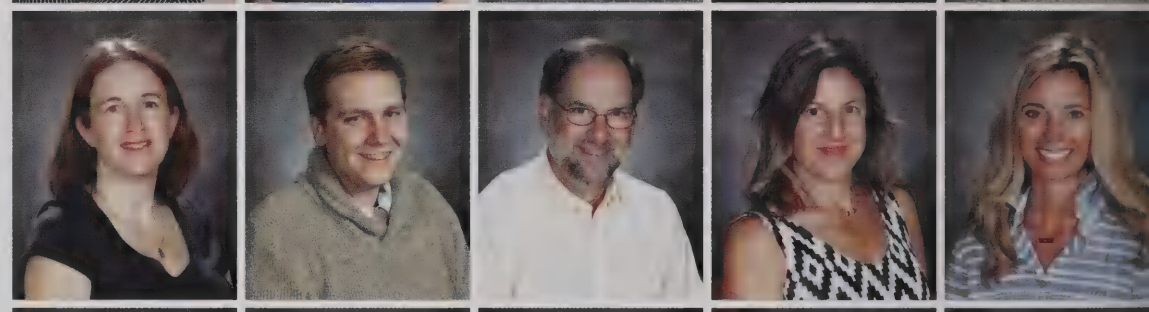
Kellie Hurlock, Special Ed.
Danielle Israel, Special Ed.
Deborah Jackson, World Language
Rachel Jayson, Performing Arts
Nathan Johnson, English

Susan Kaftan, P.E. & Wellness
Joshua Keehn, Special Ed.
Kevin Kelly, Math
Christina Kent, English
Peter Keinle, Special Ed.

Kelly Kilts, Science
Joshua King, Science
Lori King, Math
Sheera Knecht, Math
Yen-Ju Kuo, Social Studies

Julie LaLumiere, School Office
Lauren Lamoly, English
Michael Law, Special Ed.
Hallie LeBlanc, Counseling
Sarah Legge, Science

Amanda Lemieux, Special Ed.
Brian Lenihan, Special Ed.
Jeffrey Leonard, Performing Arts
Ruth Levanoni, Special Ed.
Alicia Linsey, Counseling



Alexandra Lonardo, English
Joanne Loomer, Counseling
Rosemary Loomis, English
Patricia Lyons, School Office
Scott Maitland, Skills

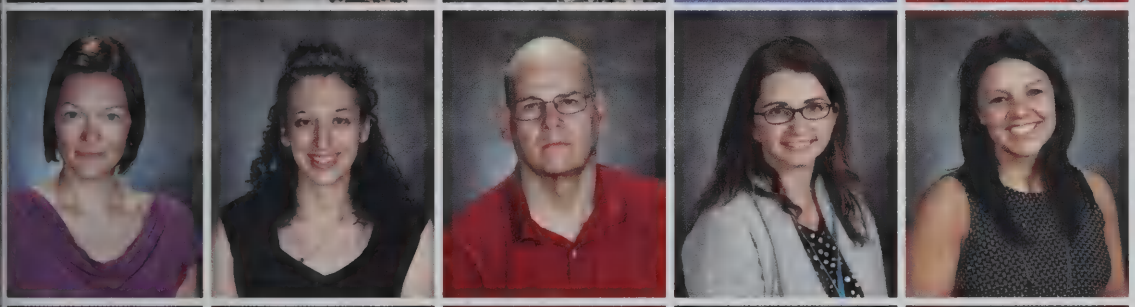
Katherine Manning, Social Studies
Debra McCanne, Special Ed
Ebony McCoy, Counseling
Jane McFarland, Special Ed.
Matthew McGee, Special Ed.

Annmarie Meuse, Special Ed.
Brendan Moran, English
Lindsay Mosca, Math
Evan Mowery, Special Ed.
Dianne Murphy, School Office

Samantha Myott, Counseling
Suzanne Nabet, Science
Bethany Newberg, Math
Joshua Olivier-Mason, English
Emily O'Neil, Counseling

Lili Pan, World Language
Casey Paoletti, Special Ed.
Charlotte Parish, English
Amy Parrish, World Language
Bonnie Peletier, Math

Francesca Pfrommer, Math
Katherine Pike, Library
Sandra Pike, Special Ed.
Thomas Quirk, Special Ed.
Jason Rajotte, P.E. & Wellness



Rebekah Rankin, World Language
Megan Riccio, Performing Arts
Walter Richardson, Math
Katelyn Riley, Science
Jodi Ronci, P.E. & Wellness

Alethea Roy, Visual Arts
Karen Russell, English
Carol Sampson, School Office
Kalie San Felipe, Math
MaryGretchen Segars, METCO

Daniel Shadbegian, World Language
Ellen Shea, Social Studies
Laura Sheppard-Brick, Math
Leanna Singer, Special Ed.
Jillian Singer-Wong, Performing Arts

Leah Small, Special Ed.
Bernadette Smith, Special Ed.
Steven Solly, P.E. & Wellness
Veronica Solomon, Skills
Valentina Sountsova, Science

Bryce Spalding, Social Studies
Olivia Spinney, Special Ed.
Samantha St. Lawrence, English
Robin Strizhak, English
Kristin Strobel, Social Studies

Christine Stueve, Special Ed.
Christine Sullivan, World Language
Michelle Sullivan-Dupont, Library
Paul Tiernan, Special Ed.
Michaela Tracy, Math

Jeanette Urquhart, Science
Claudia Vanegas, Counseling
Kristine Vargas, Science
Lauren Venuti, Special Ed.
Andre Verner, Math

Harriet Wallen, Librarian
David Walsh, English
Christen Walters, English
Shane Wilson, Social Studies
David Wininger, Science

Elizabeth Wojtowicz, Special Ed.
Jennifer Wolcott, Special Ed.
Yao, Jieying, World Language
Zahirato-Dorfmann, Paola, World Language
t

NOT PICTURED

Not pictured:
Cathy Abbott, Science
Daniel Abramovich, Science
Musa Adam, Special Ed.
Barbara Adolph, ELL
Daniel Albert, Math
William Allen, Facilities
Elyse Amicangioli, Special Ed.
Jessica Antoline, Social Studies
Jane Aronson, School Office
Andrew Baker, English
Michelle Barkson, English
Damian Barneschi, Visual Arts
Joanne Barry, World Language
Jeremie Bateman, Counseling
Chelsea Baum, English
Cara Bean Visual Arts
Samuel Beh, Social Studies
Brenda Bishop, Counseling
Carolyn Boggia-Dooley, School Office
Kerri Brown, Special Ed.
Rilie Brown, Special Ed.
Renee Bryant, World Language
Marjorie Bulger, School Office
Pilar Cabrera, World Language
Julie Calechman, Special Education
Kathleen Carcione, METCO
Anne Carey, P.E. & Wellness
Amanda Carlson, Special Ed.
Edward Casey, Facilities
Kelly Chamberlin, Special Ed.
Arthur Chen, Performing Arts
William Cole, Social Studies
Robert Collins, Social Studies
Suzanne Conlon, Special Ed.
Sherry Coughlin, Special Ed.
Alyssa Creney, English
Cheryl Crowder, METCO
Andrew Crum, Visual Arts
Elizabeth Curtin, Special Ed.
Alessandro DaSilva, Facilities
Kristen DePesa, English
Kathryn Dewitt, Social Studies
Danielle Donigan, Special Ed.
Marianne Durand, World Language
Erin Dyett, Special Ed.
Robert Erickson, Facilities
James Farnham, Counseling
Julie Fenn, P.E. & Wellness
Laura Ferrari, Science
Heather Foley, School Office
Alexandra Foy-Smith, Special Ed.
Matthew Gardner, Social Studies
Garlick, Ashley
Gasperini, Jill, P.E. & Wellness
Geary, Thomas, Facilities
Marie Golab, P.E. & Wellness
Cara Goldberg, Math
Laraine Gralla, Facilities
Ryan Grams, Science
Shannon Grant, Special Ed.
Janet Haas, Performing Arts
Elizabeth Hadden, Math
Susan Haley, Special Ed.
James Hall, Special Ed.
Barbara Hamilton, METCO
Debra Hankins, School Office
Jeffrey Harris, Math
Paul Hartery, Facilities
Cynthia Hemenway, Special Ed.
Stephanie Hoban, Technology
Michael Horesh, Science
Kelley Hovsepian, Special Ed.
Yongli Huang, Science
James Hurlbut, World Language
Karen Hurley, School Office
Jason Iannuzzi, Performing Arts
June Im, Counseling
Barbara Jezak, P.E. & Wellness
Sheryl Kaczmarek, Social Studies
Manjula Karamcheti, Counseling
Heather Kimura, World Language
Parul Kumar, Science
Cavin Langdon, P.E. & Wellness
Martin Lavigne, Social Studies
Katina Lawdis, Special Ed.
Rachel LeBlanc, Math
Rachel LeComte, Social Studies
Miyoung Lee, Visual Arts
Anne Leslie, Social Studies
Nie Levell, Special Ed.
Sarah Avon Lewis, Science
Taylor Liljegren, English
Samantha Lowe, Visual Arts
Robert Marcin, Facilities
Naomi Martin, P.E. & Wellness
Stephen Martin, Facilities
Andrew Mastone
Linda Mayer, Special Ed.
Laura McCullough, Special E.
Stacy McFadden, Counseling
Matthew Medugno, Counseling
Daniel Melia, Social Studies
Fiorella Meoli, Performing Arts
Kelly Mertens, Special Ed.
Stephanie Michael, Counseling
Joseph Mitchell, Facilities
Charles Mixer, Science
Deborah Mola, Counseling
Steven Moody, Facilities
Amy Moran, World Language
Mary Morgan, World Language
Lawrence Mylander, Social Studies
Caitlyn Nesbitt, Counseling
Kevin O'Brien
Allen Olsen, Math
Jason Orlando, Social Studies
Francis Pagliuca, P.E. & Wellness
Mary Pappas, Visual Arts
Mary Ann Parente. Special Ed.
Erin Patterson, Visual Arts
Christina Petkus, Special Ed.
Robert Pohlman, Science
Andrew Porter, Special Ed.
Debra Psilopoulos, School Office
Martha Queenin, Counseling
Katherine Rafuse, Special Ed.
Jose Ramos, World Language
Paula Rizzo, Special Ed.
Suzanne Rooney, English
Meredith Rubin, Special Ed.
Michael Sanborn, Facilities
Monique Schramme, Visual Arts
Eamonn, Sheehan, P.E. & Wellness
Emily Sheridan, P.E. & Wellness
Kathleen Shirley, Math
Christine Sills, Counseling
Matthew Sullivan, Facilities
Michael Sullivan, Facilities
Mark Swetland, Science
Joanne Tringale, Counseling
Amy Tsiros-Domow, Special Ed.
Edward Unger, Social Studies
Aban Unwalla, Special Ed.
Joseph Vieira, Facilities
Janet West, Math
Steven Wilkins, Science

REFERENCE

This is it.

We have arrived at the end of our journey. For some of you, this was the end f your first year. One full of exploration, of change – both good and bad, and of something new. New friends, new teachers, new clubs and classes. For others, this was your final year. A year of goodbyes, of planning for the future, of final thoughts. No matter where you are on the path of high school, it is important that we take the time to reflect on the year, to acknowledge the successes of our year, and the failures we will learn from.

This was an exceptional year. Our Boys' Soccer Team and Girls' Cross Country Team won the state championships and our football team went deep into the playoffs. Mock trial and Debate brought home more awards than we could fit in our trophy case. And both of our robotics teams went on to Super-Nationals. This was an exceptional year, full of exceptional students doing exceptional things. We as a school aspire to be greater than we were the year before. We long for self improvement and dream for a day when we can look back and know that we did our best. Now is one of those times. Whether it was your first year, or your last, or somewhere in between, you took part in something amazing. You paved the way for future students, you took the reigns in your own lives and your educations. You dared to do – you tried, you failed, you got back up and you dared again. But none of us gave up. None of us stopped trying for perfection, and none of us stopped dreaming of reaching new heights.

Be proud of what you accomplished this year, be constructive where you failed, just remember that as you look back on this year, and on your four years in high school, you will always be better person than you were the day before. We don't all need trophies to prove it. While the title is nice, it does not always reflect the changes you have made for yourselves. Be proud of the distance you have traveled, and do not be discouraged if it feels lesser than that of your neighbors. Just never stop trying to reach New Heights, because the view from the top, is amazing.

5
The average time in minutes required to reach the town center from the high school on foot.

3
Average number of hours spent doing homework each night

72
Percent of students at LHS that can speak more than one language.

10
The number of months spent at school

3
Number of Snow Days this year

9
Number of Extra Days we used this year

4
Number of buildings on the California style campus

The Lexington Soccer Team huddles together just before the final game of the year, hoping to win the State title.

TEAMS and scoreboards

BOYS' FRESHMEN BASKETBALL

Back: Coach Chris Bruff, Michael Alessandro, Justin Sin, Luke Stecker, David Oser, Yit Sikand, Kaya Krill, Lontarch Moyerje, Aakash Thomas, Coach Bryce Spalding. Front: Ethan Xi, Joseph Cacciatore, Anoplak Kumar, Tucker Crowley, Theodore Schlosser, Nicholas Qi

SEASON RECORD

		Woburn	W	Concord-Carlisle	W
		Stoneham	W	Brookline	L
Wakefield	W	Watertown	W	Waltham	L
Wilmington	W	Burlington	L		
Melrose	L	Reading	L		
Winchester	W	Winchester	W		
Belmont	W	Belmont	W		
Arlington	W	Arlington	W		

BOYS' JV BASKETBALL

Back: Coach Kyle Pierce, Massy Menzel, Gabriel Van Ermen, Alexander Perry, Kasa Crown, Adam Oser, Charles Simons, Knut Lundstrom Svelmoyen. Front: Edward Bosacchi, Dante Ortiz, Damon Dubose, Michael Sacco, Joseph Tribles, Jake Terrell. (Not pictured: William Amsler, Sean Sullivan, Coach David Lang

SEASON RECORD

			Brookline	68	42
			Stoneham	63	49
Wakefield	36	53	Watertown	63	61
Wilmington	52	45	Burlington	56	57
Melrose	56	61	Reading	69	42
Reading	54	56	Winchester	54	45
Winchester	62	48	Belmont	50	52
Belmont	54	56	Arlington	53	45
Arlington	55	39	Woburn	48	55
Woburn	45	58	Waltham	56	55

BOYS' VARSITY BASKETBALL

Back: Michael Reed, James Lane, Jaslah White, Spencer Kendall, Olatunde Okafor, John Amsler, Marshall McKenna. Front: Tyler Carruthers, Rutvik Patel, Jason Healy, David Stunes, Jacob Sinclair-Hastings, Anthony Clough

SEASON RECORD

			Woburn	64	52	Woburn	65	46
Wakefield	69	52	Waltham	55	72	Lincoln-Sudbury	78	57
Wilmington	78	49	Stoneham	69	61			
Melrose	68	71	Watertown	28	50			
Catholic Mem.	52	107	Burlington	58	62			
Newton South	69	63	Reading	54	42			
Reading	43	44	Brookline	76	81			
Winchester	69	71	Winchester	58	71			
Belmont	52	71	Belmont	51	78			
Arlington	53	74	Arlington	50	82			

GIRLS' JV BASKETBALL

Back: Coach Mary Bowden, Simran Gandhi, Jessica Delaide, Summer Spencer, Lindsey Lanzarin, Tanya Washington, [illegible] Avenoso, Lily Mooney, Coach Jack Bowen Front: Kiara Hernandez Olivera, Eva Dermot, Elizabeth [illegible], Maria Dow, Melissa Mizzoni, Thanna Mussoni

SEASON RECORD

			Stoneham	43	37
[illegible]	38	39	Watertown	44	23
Wilmington	27	47	[illegible]	36	32
[illegible]	41	42	[illegible]	34	49
Reading	40	43	Medford	51	27
[illegible]	39	47	Winchester	42	43
[illegible]	35	32	Belmont	37	40
Arlington	30	26	Arlington	31	30
Medford	38	13	Woburn	41	63

FALL CHEERLEADERS

Back: Angelina Dawes, Zoe Proctor, Paula Prado, Sydney Wicker, [illegible] Hilley, Ellie Byrt, Dacia Gandolfo, Kayla Mazzarotti, Julia Sinnott, Front: Dominique Santos, Rachael Anderson, Eva Santiago, Gabriella Gentile, Christine Hart, Ava Frenzel, Suzanne McKenna

GIRLS' VARSITY BASKETBALL

Back: Coach [illegible], Coach [illegible], Dr. [illegible], Coach O'Neill, [illegible], [illegible] Snell, [illegible], Coach Mark [illegible]
Front: Anna [illegible], Susannah [illegible], Maria [illegible], [illegible], [illegible], Ofek [illegible], (Not pictured: Coach Adrienne Magee)

SEASON RECORD

			Medford	52	43
			[illegible]	27	44
[illegible]	47	48	[illegible]	61	43
Wilmington	60	55	Watertown	39	38
Melrose	40	59	[illegible]	36	37
Holy Name	46	31	Reading	50	56
Revere	36	61	Medford	38	31
Reading	34	43	Winchester	53	36
Winchester	46	39	Belmont	41	48
[illegible]	35	54	Arlington	41	38
Arlington	34	28	Woburn	52	58

WINTER CHEERLEADERS

Back: [illegible] Zoe [illegible] Front: [illegible] (Not pictured: [illegible])

BOYS' CROSS COUNTRY

[illegible]

SEASON RECORD

	Lex	Opp		Lex	Opp
Wakefield	24	32	Arlington	24	32
Burlington	15	50	Woburn	20	35
Reading	19	42			
Winchester	20	41			
Belmont	17	46			

FRESHMEN FIELD HOCKEY

Back: Zaid Al-Rajeeb, Emily Dye, Pamela Nicendera, Addison Metzger, Stella Dalagiannidou, Olivia Pena, Franny Kurns
Kappler, Michelle Bryant, Melanie French, Jaqui Zhang, Gabriella Tagliamonte, Sarina Malenkhian

SEASON RECORD

	Lex	Opp		Lex	Opp
Wilmington	0	1	Reading	0	0
Melrose	3	0	Melrose	5	0
Reading	1	1	Belmont	4	0
Winchester	0	0	Reading	0	0
Belmont	1	0	Winchester	0	1
Arlington	1	1	Belmont	3	0
Reading	0	0	Arlington	3	0

GIRLS' CROSS COUNTRY

Back: [illegible] Front row: [illegible] 2nd row: [illegible] 3rd row: [illegible] 4th row: [illegible]

SEASON RECORD

	Lex	Opp		Lex	Opp
Woburn	34	21	Burlington	16	47
Arlington	19	42	Wakefield	15	50
Belmont	17	45			
Winchester	17	42			
Reading	18	40			

JV FIELD HOCKEY

Back: [illegible] Anthony Wentworth, Zoe Tsoulfas, [illegible] Lawrence, Lilly Hart, Ana Diaz
Stefanos, Noreen Hunt, Gabriela Rosalia Vasquez, Front: [illegible] Sarah McGlynn, Amanda Fucci, Susan Zaka
Lea Pierantoni

SEASON RECORD

	Lex	Opp		Lex	Opp		Lex	Opp
Lincoln Sudbury	3	3	Belmont	4	0	Reading	3	0
Bishop Fenwick	6	0	Arlington	3	0	Winchester	1	1
Wakefield	6	0	Woburn	5	0	Belmont	1	1
Wilmington	2	1	Stoneham	5	0	Arlington	5	0
Melrose	4	0	Watertown	3	1	Woburn	4	0
Reading	3	0	Burlington	6	0	Concord Carlisle	1	1
Winchester	4	0						

VARSITY FIELD HOCKEY

Back: Coach Laura Gallagher, Team Manager : Rebecca Leopold, Faiza Brennan, Katherine Scott, Alexandra Anzalone-Pinchotti, Emma Nadata, Carolyn Briggs, Elizabeth Mavricos, Allison Antonovich, Lauren O'Keefe, Sarina Simon, Jenna Lee, Abbie Orne, Assistant Coach Kathleen Doucette, Assistant Coach Kristin Carr. Front: Team Manager Emily Abbasciatti, Erin Devine, Leah Strimmeyer, Annalie Bidyea, Anna Kelly, Sydney Donovan, Louisa Bachman, Hailey Van Thompson

SEASON RECORD

League Record: 7-3

Non-League Record: 7-1

MIAA Tournament Record:

Lost in the North Semi's to Winchester 2-1

Overall Record: 15-5-1

League All-Stars:
Ally Aquilina-Piscitello
Emma Duchta
Emily Devine

Best of 60:
Emily Devine

Sandy Curt Legacy Award:
Emma Duchta Emily Devine

FOOTBALL SENIORS

Back: Josiah White, Tariq Cumberbatch, Johnny Garay, Abhishek Pandey, Michael Domingo. Front: Spencer Nardoli, Zachary Stevens, Henry Fuldeven, Timothy Mooney, Joseph Lahiff

SEASON RECORD

	Lex	Opp		Lex	Opp
Newton South	26	14	Belmont	18	6
Concord Carlisle	30	6	Melrose	26	12
Woburn	0	14	Wakefield	30	0
Reading	Canceled		Burlington	14	14
Winchester	28	14			
Arlington	24	15			

FOOTBALL: JUNIORS

Back: Rashad Anderson, Owen Graham-O Regan, Michael Lim, Lucas Houghton, Ian Goodhew, Noah Mandley, Mikale Timothy Nicola, Sean Sullivan, Junior Paredes, John Nardi, Jaemus Xourias, Tristin Pierachesa, Frederick Reynolds, Maxwell Anozonian, Miles Feeney, Jayden Lim, Harrison Cox. Front: James Lane, Salvatore Frolick, Benjamin Hunt, Josiah Fleming, Demarie Adley, Ryan Blanchard

SEASON RECORD

	Lex	Opp		Lex	Opp
Newton South	29	14	Belmont	0	34
Concord-Carlisle	7	34	Melrose	6	16
Woburn	18	7	Wakefield	14	6
Reading	0	24	Burlington	22	22
Winchester	20	6			
Arlington	14	14			

VARSITY FOOTBALL

Kyrillos Jerrold Gomez, John Morse, Henry Dubuque, Abhishek Pandey, Timothy Fleming, Anthony Bonetti, Jacobo Lara, Salvatore Frolick, Maxwell Anozonian, Spencer Nardoli, Michael Lim, Zachary Greenberg, Pierre Cote, Jayden Lim, Andrew Elliott, Mikey Mazzeo, Gavin Graham-O'Regan, Cory Jackson, Richard Anderson, Frederick Reynolds, Jaemus Abby, Nathan Fenlon, Lucas Houghton, Benjamin Hunt, Tariq Cumberbatch, Anthony Allen, Ryan Blanchard, Trevor Carney Quandie, Joseph Fuller, Kameron Dale Rivas, Wayne Rivas, Salvatore Pusateri, John Nardi, Brady Henry, Maxwell Anozonian, Jaemus Mooney, Jordan Paredes, Stephen Samuels, Lucas Lopez, Joseph Wings, Ali Alia, Ian Goodhew, Harrison Cox, Jonathan Backman, Miles Feeney, Luke Sullivan, Armani Magnusson, Richard Domingo, Zachary Stevens, Jeffrey Cuevas, Kaan Tonyalp, Timothy Nicola, Patrick Andrachuck, Joseph Lahiff, Tristin Pierachesa, William Pizarro, Gerrion Dominique, Sean Sullivan, Nick Mandley, Peter Whitlock, Graham Todd, Damian Navarro

SEASON RECORD

	Lex	Opp		Lex	Opp
Newton South	49	23	Belmont	41	27
Concord-Carlisle	35	34	Andover	48	54
Woburn	49	21	Lowell	61	41
Reading	56	27	St. John Prep	19	55
Winchester	28	27	Burlington	19	33
Arlington	30	0			

JV BOYS' HOCKEY

Back: Assistant Coach Tomeo, Colin Foley, Beau Venet, Michael Swift, Luke Butler, Donovan Morgan, Colin Dean, Jacob Lundin, Manuel D'Alpuim, Brennen Fiske, Brandon Hernandez, Coach Matthew Pirzadeh, Front: Joseph Fernandes, Alexander Nadell, William Dinotto, Julian Masson, Matthew Harding, Brian Gillis, Christopher Hughes

SEASON RECORD

Concord	1	3
Nelson	10	5
North Andover	3	3
Chelmsford	2	4
Cambridge	6	2
Littleton	6	1
Waltham	3	3
Waltham	2	2
Winchester	3	5
Acton-Boxboro	4	3
Groton	2	0
Arlington	1	5
St. John's	0	7
Needham	1	5
Belmont	1	4
Wakefield	3	4
Westford Acad.	2	4
Reading	0	1
Groton-Dunst.	5	2
Cambridge	1	3
Winchester	0	8
Westford Acad.	0	4
Littleton	4	5
Burlington	1	1
Belmont	4	3
Acton-Boxboro	1	7
Watertown	1	1
Woburn	4	1
Wilmington	3	4
North Andover	3	3

ALPINE SKI

Back: Coach Russ Senn, Matt Schaufele (Waltham), Patrick Reynolds, Mr. Cameron Gordon, Alexei Zhao, Jonathan Bachman, Evan McCarty, Rafe Sullivan, Andrew Little, Alex Costello, Trucker Kolvin, Colin McCollum, Tristan Bachman, Emily Brandes, Minerva Pooley, Karen Yang

Front: Cameron Murray, Ryan Grayson, Andrew Kelly, Tristan Butler, Michelle Dickson, Karen Ith, Lara Hale, Zachary

Other: Samuel Korsmeyer, Jens Korsmeyer, Kaelyn Riley (Waltham), Anna Cover,

Not pictured: Catherine Bruce, Sidney Kavanaugh, Lily McClure-Fagerstrom, Chiara Gabrielli, Ian Kissinger

MIAA Alpine Championship Race Results

Jenny Bachman	Slalom	17th/128	Giant Slalom	10th/118
Karen Ith	Slalom	46th/132	Giant Slalom	41st/131
Louisa Robinson	Slalom	79th/132	Giant Slalom	90th/131

VARSITY BOYS' HOCKEY

Back: Assistant Coach Evan Imbert, Assistant Coach Kyle Campbell, Nicholas Martin, Nathaniel Stolet, Cooper Gibson, Brandon Gillis, Benjamin Shyllang, Anthony Haywood, Luke Murphy, William Thomas, Dave Jennass, Joseph Hunt, Cooper Cummings, Greg Lee, Assistant Coach John Mazzola, Coach Curt Colombo; Front: Shawn Collard, Eric DeCosta, Vincent Bryant, John Pawlowski, Paul Kinlan, Nico Frellick, Salvatore Frellick, Mitchell Heyda, Dave Richard, William Tagliamonte

SEASON RECORD

Wakefield	3	3
Wilmington	3	3
Melrose	1	2
Bedford	7	2
Martha's Vin.	7	1
Reading	0	4
Belmont	0	4
Arlington	0	11
Ludlow	5	2
Minuteman	0	0
Woburn	2	3
Stoneham	1	6
Burlington	1	5
Reading	2	5
Winchester	3	4
Belmont	2	6
Arlington	3	5
Woburn	2	3
Winchester	1	5
Newton South	3	1
Revere/Malden	2	1

GIRLS' VARSITY HOCKEY

Back: Manager, Kaleigh Jennass, Isabel Hurbert, Jacqueline Mirandon, Sierra Perna, Nicole Mancone, Marjorie Murphy, Emily Devine, Payton Harris, Niamh Hunt, Kenna McLaughlin, Paula Kinlaine, Renee Tassinos, Madison French, Manager; Front: Cameron Richards, Alexandra Barrett, Gabrielle Tagliamonte, Ashley Burke, Elizabeth Gardner, Lilla Duncan, Marlein Bryant, Abbie Gill

SEASON RECORD

Wilmington	3	3
Melrose	2	1
Medford-Malden	6	0
Concord-Carlisle	7	0
St. Mary's Lynn	1	5
Reading	4	4
Arlington Catholic	0	3
Belmont	4	2
Arlington	3	1
Winchester	4	4
Westford Acad.	3	2
Woburn	0	5
Stoneham	1	2
Watertown	2	3
Burlington	3	0
Reading	0	3
Belmont	5	1
Arlington	3	2
Woburn	1	5
Winchester	2	3
Wakefield	5	0

BOYS' INDOOR TRACK

Front: Michael Alemayehu, Joshua Baskett, Calvin Baskett, Jae Ki Baek, Alex Bellinger, Micah Bowen, Adam Brandon, Eric Brock, Hugo Chatter, Alexander Chen, Christopher Chin, Thomas Chin, Thomas Chu, Hein Cooney, Liam Cotter, Ismail Dandia, Seth Dollar, Maxim Fletcher, Adam Fox, Carlos Fuentes-Morales, Eli Gappelberg, Lucas Gentile, Ryan Gillespie, James Grant, Mahmoud Gunn, Gabriel Haddad, Spencer Harp-Thompson, Connor Hausmann, Brian Hee, Christian Herlihy, Alexander Hoan, Cameron Hulbert, Matthew Hurgin, Nicholas Hurgin, Yunze Hunt-Van, Tranquilo Ibrahim, George Ibrahim, Ash Jacob, Salvador Jaramillo, Ralph Jeremiah, Jake Jimenez, Max Johnson, Zachary Kaufman, Evan Kendall, Sean Kenga, Matthew Kuhnitt, Luke Lee, Charles Leighthalter, Evan Li, Michael Lim, Thomas Lingard, Justin Liu, Zachary Lynch, Anthony Malanga, Nicholas Manickas-Hill, Jonathan Marcus, Matthew McKenney, Michael McKenney, Devin McKinnon, Ryan McSweeney, Jack McSweeney, Andrew McSweeney, Daniel Nuhnitt, Ethan Pierce, Harry Pollaven, Amon Ralph, Shannon Samuel, Micki Sato, Micah Shakta, Noah Shakta, Paul Sang, William Stanwell, John Stevens, Matthew Stevens, Matthew Tam, Richard Tang, Henry Tao, Kazuyoshi Uda-Tsuch, Mateo Ubiaha, Nobanda, Jakob Vavra-Kunda, Lucas van der Laan, Riley Walsh, Pierre Wattenhofer, Conway Xu, Fitzen Yang, Alexei Yerkes, Yiwen Zwebington, Kevin Zhao

BOYS' FRESHMEN SOCCER

Back: William Cheney, Daniel Murphy, Brendan Brandon, Evan Aitchinson, Ivan Li, Jon Richter, Mario Stevens, Dylan Corbett, Edwin Gonzo.
Front: Nathaniel Stevens, Tomasmario Dela, Ismail Waren, Samuel Brown, Olivier Kepler, Sean Arnon, Eric Kalinderski, Robert Lloyd, Nicholas Lagarde, Samuel Andrews, Joseph Ely

SEASON RECORD

	Lex	Opp		Lex	Opp		Lex	Opp
Wilmington	6	0	Woburn	6	0	Arlington	0	4
Melrose	3	0	Stoneham	10	0	Woburn	4	1
Reading	3	1	Watertown	2	0			
Winchester	7	2	Reading	3	0			
Belmont	5	3	Winchester	5	0			
Arlington	1	1	Belmont	5	0			

GIRLS' INDOOR TRACK

Front: Anna Abbott, Jayme Banks, Maya Barrett-Tzimmer, Nina Barnes, Christina Berger, Frank Brennan, Martha Bulnes, Sophia Cairo, Rachel Cardwell-Gibson, Claire Chen, Pamela Chinnis, Ashley Clark, Isa Cooper, Elsa Cornell, Caroline Da Benvenuto, Caroline Donnelly, Mary Dugan, Anna Engjenlem, Madeline Ellman, Isabella Esta-Mukasaki, Abigail Fabiano, Annabel Fiske, Catherine Fiske, Jennifer Fobes, Li Fei Fortington, Amina Gaz, Alex Gardner, Avery Gehring, Sasha Gellerhart, Hannah Greenhut, Ina Gu, Ana Harris, Hadley Hart-Thompson, Leah Hedge, Emma Henwin, Megan Jacob, India Johnson, Tess Johnson, Anant Kalra, Pisha Lazarus, Aisling Leveille, Juana Lee, Grace Leighthauser, Vivian Li, Mefa Lillywood, Ian Lundstrom, Sivalagyaki, Helena Marelli, Tessa McGlew, Mijuki Munsion, Colin Murphy, Maya Murgel, Trisha Mukherjee, Alyssa Mustafa, Nanya Nakka, Ana Ortiz Dellosso, Michelle Park, Laura Pasnak, Olivia Pillo, Lindsay Porter, Nina Rozanchenko, Anaika Rudnik, Samantha Rubinson, Sophia Schaefer, Piper Schneider, Lily Shaffer, Kaleb Sia-Zimmerman, Leah Smith, Kristen Stanton, Pauline Stinson, Anna Sullivan, Juan Sullivan, Mary Swan, Caroline Tuttle, Jessica Wang, Jian Wang, Sidney Wardwell, Jessica Zadrozny, Frances Zang, Lan Zhao, Anna Zou

BOYS' JV SOCCER

Back: Maynard Inglis, Eric Espino, Yuan Wei, Mona Ahmed, Ahad Lundstrom Sivalagyaki, Carlos Polanco Rodas, Willemsen, Nathaniel Swingle, Andrew Swingle, Joseph Ko, Frank Nathan Gonzalez, Charles Wardwell, Luca Antinori, Yiming Zheng, Benjamin Wightman, Alexander Cullen, Oliver Roesler, Joaquim Moraes, Matthew Kulerski, Julian Kim

SEASON RECORD

	Lex	Opp		Lex	Opp		Lex	Opp
Wakefield	3	1	Arlington	2	2	Winchester	3	0
Wilmington	1	1	Woburn	2	0	Belmont	1	2
Melrose	0	1	Stoneham	3	0	Arlington	0	2
Reading	2	1	Watertown	2	0	Woburn	1	1
Winchester	0	0	Burlington	1	1	Needham	2	1
Belmont	1	3	Reading	1	1			

BOYS' VARSITY SOCCER

Front: Adam Weber, Ahmet Purce, Alexander McLaughlin, Alexander Lunes, Ahmad Joseph, Allen Dai, Andrew Chiparelli, Anthony Cimaglia, Armenoul Hovan, Adrian Moran Tolosa, Benjamin Stigberg, Hagop Kouchekdjian, Ian Cotrell, Joshua Chang, Jesse Strad, Joshua Lam, Jaden Smith, Kevin Chin, Knut Lundstrom Svahnqvist, Lucas Aguirre, Michael Fave, Nicola Barbieri, Sargis Petersyan-Wren, Sancho Munoz Tolosa, Zachary Chan

SEASON RECORD

	Lex	Opp		Lex	Opp		Lex	Opp
Wakefield	4	1	Woburn	2	0	Woburn	3	2
Wilmington	1	0	Stoneham	6	1	Needham	2	1
Melrose	5	0	Burlington	1	2	Billerica	1	0
Reading	3	0	Reading	3	1	East Boston	4	2
Winchester	1	3	Winchester	1	2	Lowell	3	1
Belmont	0	1	Belmont	1	3	Lincoln-Sudbury	1	0
Arlington	2	2	Arlington	1	1	Braintree	2	1
						Westborough	2	1

GIRLS' JV SOCCER

Kneeling: Beatrice Barbieri, Alexandra Barrett, Heather Born, Ava Courtovells, Abigail Donaghy, Caroline Donaghy, Jennifer Frank, Shiro Gurbis, Leah Hodge, Isa Lundstrom Svahnqvist, Ella Mattingly, Alice Ni, Karen Oh, Stephanie Park, Sophie Schadler, Maria Schaplet, Adriana Selcman, Claire Shiple, Eliza Stokes

SEASON RECORD

Record: 8-2-7

Alice Barrett	10	Leah Hodge	16	Ella Mattingly	23
Stephanie Park	4	Ava Courtovells	18	Isa Lundstrom Svahnqvist	13
Shiro Gurbis	25	Claire Shiple	7	Eliza Stokes	11
Beatrice Barbieri	5	Alice Ni	9	Caroline Donaghy	12
Heather Born	17	Maria Schaplet	14	Karen Oh	8
Sophie Schadler	6	Abigail Donaghy	3	Jennifer Frank	2

GIRLS' FRESHMEN SOCCER

Back: Nikiya Nikiba, Lindsay Lagueux, Anna Fogleman, Zaida Mowly, Fiona McGann-Fogleman, Miranda McGann-Fogleman, Lucy Conlin, Chinyonkiya Awomin. Front: Hannah Sweeney, Eden Miller, Agustina Marmanian, Elizabeth Ong, Davika Dai, Jessica Zelos, Angelina Xiao, Jacqueline Legaliko

GIRLS' VARSITY SOCCER

Back: Vivian Li, Jessica Zelos, Kiana Brandon, Ava Buchanan, Kiana Allen, Leah Smith, Susannah Dolan, Lara Parpok, Shayda Hanchanpor. Middle: Jocelyn Carter, Catherine Fiona, Maya Fran-Cine, Mary Dugan, Anais Kabra, Elizabeth Stump. Front: Madelyn Lane, Cameron Cyr, Addison Van Ertum, Elise Cowdell

BOYS' SWIMMING

Back: Samuel Desai, Jason Dai, Andrew Shen, Ruth McKenzie, Sahan Sadana, Gregory Dolnad, Chris Jue, Ryan Wu, Jonathan Wang, William Gao, Mason Eng, Mellie Alan Jie, Frank Fang, Bill Wu, Eric Jensen, Kevin Wu, Anthony Wang, Donald Ko, Alexander Tang, Victor Mura

Front: Sivanandan Vyllicomsan, Ezra Evans, Wakefield, Brian Chang, Mason Dawson, Matthew Swanson, Sandeep Mangalla

FRESHMEN VOLLEYBALL

Back: Natalia Fang, Avery Turner, Reagan Evans, Taylor Galenski, Emily Ma, Sarah O'Neil, Jenny Park

Front: Lauren Kim, Nina Khanny, Jasmine Lee, Sydney Mackie, Alyssa Tan, Mae Mae McDermott, Amanda Shu

SEASON RECORD

Wakefield	L	Arlington	L	Reading	L
Wilmington	W	Burlington	L	Winchester	W
Melrose	W	Woburn	W	Belmont	W
Reading	L	Stoneham	W	Arlington	L
Winchester	L	Watertown	W	Woburn	L
Belmont	W	Burlington	W	Lincoln-Sudbury	W

GIRLS' SWIMMING

Victor: Chanelle Morris, Madelyn Anderson, Mirian Arellano Arando, Alexis Bass, Jayme Bass, Anna Benson, Thalia Bowe, Danielle Brand, Catherine Brown, Katherine Chamberlain, Hannah Crook, Margaret Dordan, Lindsay Fang, Mercedes French, Angela Gang, Camille Harris, Rachel Harvey, Caitlyn Hayden, Lian Huang, Elizabeth Hubbard, Cara Hughes, Priyanka Kanasaki, Sidney Kavanagh, Anna Kavett, Angela Lai, Maya Lanner, Miriam Landa, Miriam Le Fevre, Anna Lee, Marissa Levine, Rosina Li, Madeline Martin, Lily McGuire-Engleston, Victoria Nagle, Gabriela Padilla, Jessica Reimer, Julia Schwartz, Maria Roth, Stephanie Simonsen, Rachel Sung, Madelyn Vincent, Katherine Tangelwing, Tarah Wade, Robin Wetherell, Erin Yuko, Dorothy Zhao, Stephanie Zhao

SEASON RECORD

League Record: 6-2

Non-League Record: 1-2

JV VOLLEYBALL

Back: Madeline Linder, Pamela Onalaja, Katherine Ferro, Jessica Chase, Abigail Fenner, Alexa Morrow Jr. Front: Tiya Gupal, Maria Jose Galvan Murillo, Hunney Liang, Phoebe Kim, Sydney Mackie, Grace Ma

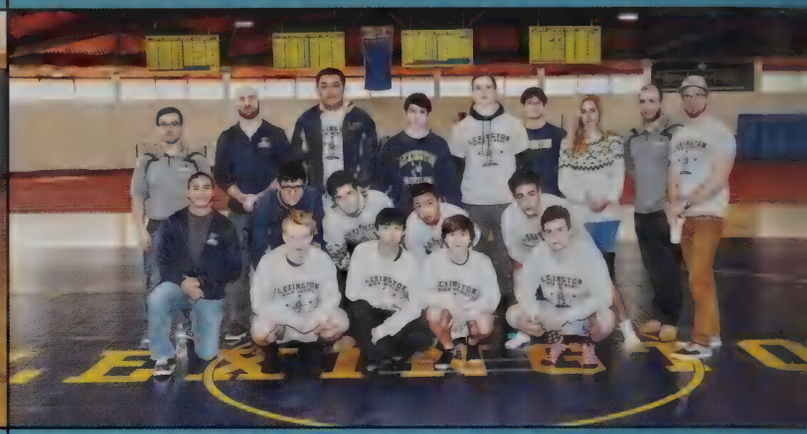
VARSITY VOLLEYBALL

Back: Heather Zhang, Laura Pham, Erin Hill, Catherine Goodwin, Diane McCollum, Julia Wu. Front: Vanessa Zhang, Christine Lee, Andrea Dunn, Victoria Sanzone, Ruth Ada

SEASON RECORD

	Lex	Opp		Lex	Opp		Lex	Opp
Wakefield	1	3	Burlington	0	3	Winchester	2	3
Wilmington	3	0	Woburn	3	1	Belmont	3	1
Melrose	0	3	Arlington Catholic	0	3	Arlington	3	1
Reading	2	3	Stoneham	3	1	Woburn	3	1
Winchester	1	3	Watertown	3	0	Lincoln-Sudbury	0	3
Belmont	3	0	Burlington	1	3			
Arlington	2	3	Reading	3	1			

WRESTLING



Back: Coach Grech, Norman Cen, Mark Bae, Jonathan Zhu, Michael White, Charlotte Saue, Grech. Middle: Coach Sean Sullivan, Stephen Willis, Tilvan Fung, Alvaro Menkoux. Front: John Marcus, Caleb Ng, Oliver Hepler, Lucas Aguirre

SEASON RECORD

GOLF

Back: Jeffery Xu, Albert Zhang, John Powlicki, Derek Vaughan, Thomas Briggs, Jaep Yang, Lara Paile, Jason Healy, Michael Swift. Front: Ken Farr, Trevor Oliver, Matthew Harding, Stephen Alessandro

SEASON RECORD

SENIORS
- Thomas Briggs - co-captain, Bar, captains Bar
- Lara Paile - Letter
- Derek Vaughn - Bar
- Thomas Briggs - co-captain, Bar, captains Bar

JUNIORS
- Stephen Alessandro - Letter
- Jason Healy - Bar
- Albert Zhang - Bar
- Jeffery Xu - Letter

SOPHOMORES
- Mike Swift - Bar

FRESHMEN
- Matt Harding - Letter
- Tristan Oliver - Letter

ALL STARS
- Thomas Briggs
- Jason Healy
- Jaep Yang

EDITOR MUSINGS

HANNAH

Thank you to everyone – students, teachers, staff, editors – that made this yearbook possible! Whether you contributed a last-minute quote about a favorite class or helped name your best friend in their club, we appreciate the extent (or the height?) of your assistance.

Working on the yearbook staff as a senior editor-in-chief has been the honor of a lifetime. While pulling all-nighters to finish this book was not the [peak] of my yearbook experience, I am endlessly grateful to all the staff members and fellow editors that helped me reach for [new heights] this year. Ultimately, I hope the hours we poured into this book provide the perfect mix of nostalgia and cringe, good memories and repressed memories, that you look upon with no regret.

To my fellow seniors – I am so proud of what you have accomplished. Waking up every day for four years dreading coming to school is not a simple task. Lexington High School was not the easiest path, but we are all at the end of the road; I hope each graduating student walks across the stage ultimately proud of their [highest] achievements.

ELAINE

It was the most stressful thing this year. But I'm a second semester senior so that doesn't mean much

WILL

Yearbook is pretty phenomenal. I get to mingle and be a part of everything at LHS. Suddenly a 2200 person school felt small. I knew everyone. It's an amazing feeling, to be so connected with a school.

ARMAND

Creating a yearbook to properly represent the many interests of students and the overall vibe of student life at LHS is a challenge without a doubt. Upon embracing that challenge year after year, I've noticed one common theme above all else: the ability to make change. While the yearbook, as detailed as it is, shows only a glimpse of life at LHS, it is clear that Lexington High School students have not only reached new heights in their high school careers, but they will continue to do so in the real world. Every one of you have the power to initiate change: the sky's the limit!

Thank you to our dedicated yearbook staff members who worked tirelessly, especially near the end of the process, to create the yearbook you are holding right now. Additionally, thank you to all the individuals who sent us photos and quotes, helped with naming, and agreed to be interviewed.

FRANK

The Yearbook is a collection of memories. Throughout the year, we gathered pieces of history and recorded them in an awesome 216 pages. We spent hours taking pictures, getting quotes, perfecting designs, and it wouldn't be possible without the hard work of the Yearbook Staff. The editors thank you for making this year's book possible.

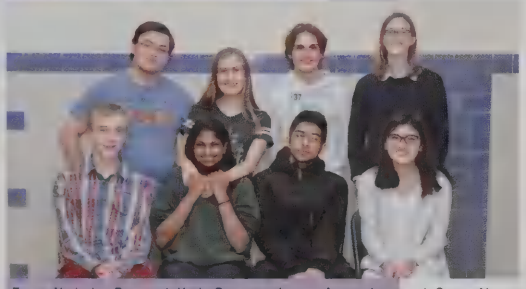
Being an editor has been a tiring yet rewarding experience. As editor of photography, I tried my best to attend as many school events as possible so that our photos represent every group in the LHS community. It was such an honor to work on the yearbook, a project that will preserve precious high school memories forever.

To all the seniors, congratulations! And remember, never stop challenging yourselves, always reach for new heights.

ALZHEIMER'S AWARENESS

Front: John Kim, Arielle Lee, Claire Shiple, Annie Zhu, Emily Kaye, Jane Jung, Ansel Link
Back: Danielle Efrat, Sarah Wille, Sean Wu, Ishaan Khurana, Andes Willemsen, Jeffrey Gu, Daphne Li, Natalia Abbate

AMNESTY INTERNATIONAL



Front: Nicholas Rommel, Krithi Pranatartiharan, Armin Jayaswal, Grace Abe
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ENVIROTHON

Front: Hongjia Yang, Natalie Ramesh, Seo Hyun Yoo, Lily Crandall-Oral, Sachiv Chakravarti, Catherine Lee
Back: Christopher Lee, Justin Li, Nathan Ramesh, Richard Tang, Jeremy Kim, Antoinette Tan, Lauren Lee, Megan Ren, Katherine Lim

ETHICAL REASONING

Front: Jason Vogel, Anina Sun, Sahana Sreeprakash, Lucie Nolden, Laya Kumar
Back: Arunendro Dutta, Emily Zhang, Praskovia Ivanenko, Rebekah Song, Olivia Harris, Jackson Weber

EURO GAMES

Front: Ethan Chan, David Cai, Linxi Zhong
Back: James Berliner, Ryan Murphy, Steven Rossi

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FEMINISM

Row 1: Maria Santillana Linares, Khushi Soni, Anushka Rathi
Row 2: Elizabeth Jacobs, Sophia Ryterband, Lucy Janovitz, Arielle Rosker, Madeleine Eichenberg, Zahra Adamjee, name unknown, Ilana Virgile
Row 3: Laurie Chan, Rachel Sussman, Caitlyn Neville, Alexandria Snyders Dykeman , Emily Chen, Ava Dickson, Morgan Zvezdov, Candela De Amorrortu, Vivian Ho, Sophie Chong, Maya Mudgal, Annalisa Fiore, Anastasia Bartsch

FENCING

Row 1: Kyle Yuan, Jason Chin, Jonathan Liu, Danica Sun, Emme Zhou, Brendan Cantwell, Sean Dipietro
Row 2: Alexander Lu, Tyler Christoforo, Yohan Lee, Lucas Yuan, Michael Tu, Shweta Kondapi, Eric Ye
Row 3: Anastasia Bartsch, Maya Mudgal, Victor Fonarev, Sean Wu, Vivian Li

FILM

Row 1: Nicholas Centrella, Sandeep Vadlamudi, Vichka Fonarev, Aneesh Gokhale, Adam Ruff, Adrian Wang
Row 2: Sujay Utkarsh, Brandon Wu, Alexander Gamota, Tian Xu, Patrick Cummings, Peter Raitzin, William Bermudez, Ryan Titemore,
Back: Karannath Ragunath, Anastasia Bartsch, Maya Mudgal, Christopher Centrella

FISHING

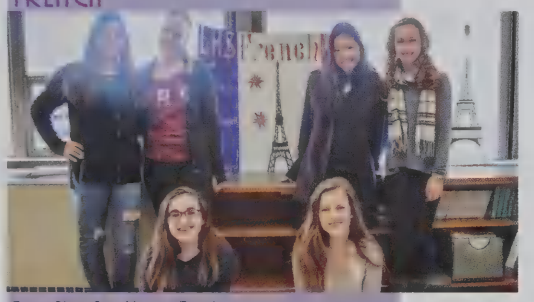
Front: Ronan Bryant, Patrick Reynolds, Joseph Fernandes, Matthew Ozgen, Michael Mckenna
Back: Hangjun Cho, Parker Wu, Samuel Crampton

FL

FOLIO

Front: Catherine Zheng, Ivy Gao, Cecilia Millane
Back: Saffana Syed, Irene Ouyang, Kerri Disalvatore, Yun Kyo Kim
Not Pictured: Matilda Ettlinger, Tina Gao, Yibo Pu

FRENCH



Front: Olivia Gay, Morgan Zvezdov
Back: Eva Perhanidis, Juliet Stevenson, Ruth Zheng, Piper Schneider

GAME DEVELOPMENT

Front: Kevin Yang, Luis Alvernaz, Garrett Lu, Daniel Weiss, Linxi Zhong, Joshua Weiss
Back: Dong-Ju Kim, Christian Flaherty, Bryan Wang, Eduardo Alvernaz, I-En Huang, Elena Serenko

GLOBAL CITIZENS CORPS

Front: Peter Raitzin, Andrew Zhang, Luke Xing-Xie, Minki Baek, Aditya Kodangattil, Alexander Wu
BacK: Jun Ki Baek, Adam Ruff, Simon Chiang, Tyler Chheng, Vedant Misra, Sandeep Vadlamudi

GLOBAL WARMING ACTION

Front: Taryn Waite, Aria Harris, Michelle Pak, Trisha Mukerjee, Sonia Gollerkeri, Sarah Park, Laurie Chan
Back: Catherine Godwin, Mya Collis, Ava Dickson, Maya Mudgal, Anastasia Bartsch, Vichka Fonarev

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GSA

Front: Aradhna Johnson, Nyiesha Pope, Miriam Abrams, Sofia Koso, Danny Overton, Mary Carney
Back: Laurine Aldairy, Anthony Sjodin, Madeleine Eichenberg, Gregory Murphy, Christian Sevigny, Caroline Scott, Caroline Pfrommer, Ms. Jayson

GUITAR

Front: Ivy Gao, Alexa Infelise, Sarah Kim
Back: Maxim Mastyugin, Cecilia Millane, Ariya Syed, Rodrigo Astorga-Licardie

GUITAR 2

Front: Sujay Utkarsh, Matthew Hogan, Oliver Cotran
Back: Mudit Shukla, Luis Alvernaz

HABITAT FOR HUMANITY

Danielle Kerr, Vanessa Zhang, Jaime Schechner, Danielle Efrat, Juliet Stevenson

HACKY SACK

Front: Vichka Fonarev, Joel Vasquez, Reed Weiler, Nicholas Marten, Julian Masseri
Back: Tyler Chheng, Matthew Hogan, Nana Adu, Connor Dion, Ian Goodreau

HEARTS FOR HOSPITALS

HUMANS OF LHS

Front: Emily Chen, Stephanie Zhou, Lindsey Forg, Joyce Guo, Sahana Sreeprakash
Back: Maria McMillan, Jiayi Ma, Jay Healy, Jongtae Jeon, Mina Lee, Gregory Murphy

INVENTION

Jeffrey Gu, Sameer Paranjape, Vivian Ho, Sidharth Anantha, Maxwell Levine

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LATIN CERTAMEN

Row 1: Meghan Nyhof, Noah Jacobson, Sukanya Walhekar, Hailey Hart-Thompson, Jesse Strod, Rachel Kuznetsov, Tamara Kamis
Row 2: Ishika Jha, William Sherwood, Timothy Edson, William Bermudez, Adam Ruff, Aneesh Gokhale, Vichka Fonarev
Row 3: Anil Nayak, Adi Geva, Fiona Lau, Sanjana Puri

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Row 1: Megan Ren, Preeti Shastri, Megha Prasad, Colin Cantwell, Tamara Puskarevic, Parth Purohit, Talia Blatt
Row 2: Devanshi Bhangle, Kripa Anand, Andrew Zhang, Jyothsna Bolleddula, Stephen Alessandro, Arushi Kalpande, Lauren Lee, Brendan Cantwell, Karannath Ragunath
Row 3: Charles Yang, David Arena, Nicholas Rommel, Irene Ouyang, Isabella Gharabegian, Aradhna Johnson, Christine Wang

LHS SPEAKS

Yashasvi Raj, Matan Gans

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Front: Dahyun Lee, Stephanie Park, Camryn Wedgwood
Back: Julie Suh, Sarah Park, Hyunwoo Do, Tony Kim, Eyad Abbas

LUFT

Front: Sydney Corcoran, Meredith French, Jennifer Lannom, Emily Brandes, Whitney Hodge
Back: Justin Kaashoek, Pieter Svenson, Haley Marcin, Christine Lee, Adele Guzman

MAGIC

Ishaan Khurana, Tommy Li, Sheng Yu, Jien Li, Rishi Goel

MATH

Row 1: Janabel Xia, Patrick Zhang, Benjamin Defay, Maggie Zhang, Angela Gong, Jeffrey Gu, Jeffrey Chang, Kevin Zhou, Brian Chong
Row 2: Emilie Ung, Joshua Park, Tara Sarma, Richard Chang, Thomas Chen, John Kuszmaul, Robert Chen, Benjamin Li, Ashley Chen, Brandon Li, Albert Zhang, Thomas Hwang
Row 3: Jinwoo Baik, Hyun Heo, William Zen, Morgan Daciuk, Jason Dimasi, Peter Rowley, John Guo, Nathan Ramesh

MEDITATION

Front: Eunice Choi, Trisha Mukerjee, Janice Choi, Sean DiPietro
Back: Laurie Chan, Shayari Peiris, Maya Delity, Nathan Ramesh

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MOUNTAIN

Row 1: Aradhna Johnson, Nicholas Rommel, Hongjia Yang, Hailey Hart-Thompson, Linxi Zhong, Benjamin Nevis, Martin Kane, Liam Wurtz
Row 2: Maya Mudgal, Anastasia Bartsch, Rory Schadler, Vichka Fonarev, Maxwell Levine
Row 3: Elias Carver, Oliver Cotran

MUSICAL OUTREACH

MUSKET

Staff List: Colin Cantwell, Catherine Cheng, Ryan Leung, Shayari Peiris, Hanna Tuomi, Sarah Park, Ethan Kleppner, Avery Gehring, Allen Cui, Rina Lu, Brendan Cantwell, Sanjana Puri, Shinji Rho, Hannah Wang, Niharika Putta, Maxwell Saltman, Allison Antonevich, Ria Bhandarkar, Talia Blatt, Lara Bursal, Emily Chen, Victor Chen, Alexa Christ, Alexandria Snyders Dykeman, Jeffrey Gu, Anelga Hajjar, Jinhee Heo, Isha Jha, Ishika Jha, Avani Kabra, Jake Kanef, Asiya Karim, Jessica Karson, Amina Khan, Yun Kyo Kim, Gahyun Kim, Shweta Kondapi, Olivia Kormos, Lily Lawrence, Maria Santillana Linares, Jennifer Lo, Emily Ma, Karannath Ragunath, Anthony Sjodin, Pranathi Srirangam, Clare Wiesen, Brandon Wu, Azalea Yunus, William Zen, Rachel Zhang, Cathryn Barbour, Stephanie Brody, Lara Bursal, Emily Chen, Arjun Delity, Shira Garbis, Adi Geva, Lilian Harrington, Daniel Hausmann, Kelly Hui, Alexander Lerner, Chukun Li, Attiya Nurse, Stephanie Park, Anthony Sjodin, Iris Miriam Tsirkin, Serena Valor, Stephanie Zhou, Fiona Lau, Rachel Michelson, Shinkyum Rho, Sanjna Das, Rishi Dorbala, Evan Fang, Rebecca Kielar, Ananya Walhekar, Elizabeth Zhang, Yuhang Zhang

NATIONAL HONOR SOCIETY

Justin Kaashoek, Pieter Svenson, Max Jesurum, Micaela Goldstein, Natalie Ramesh

NOSB

Row 1: Rayhan Ahmed, Lewis Hwang, Ashwin Padaki, Sachiv Chakravarti, David Cai, Ashlan Ahmed
Row 2: Afareen Jaleel, Rachel Zhang, Paul Ernst, Karen Zhou, Eric Sirkovich
Row 3: Andrew Shen, Michael Yang, James Smith, Brendan Cantwell, Jonathan Jiang, Tamara Puskarevic

ONE LOVE CHC

Front: Ann Gao, Kira Gardner, Michelle Pak, Beverly Liu, Anna Maffa
Back: Morgan Daciuk, Daniel Ko

ONE SKY

Row 1: Dahyun Lee, Julie Suh, Elizabeth Zhang, Alexa Infelise, Camryn Wedgwood
Row 2: Victor Chen, Eric Ye, William Sherwood, Christine Wang, Aradhna Johnson, Karen Oh
Row 3: Katherine Hui, Dabin Kang, Rina Lu

ORIGAMI

Front: Seray Kauffman, Aradhna Johnson, Kay Tsukamoto, Rachel Kuznetsov, Joanne Wang
Back: Elizabeth Komar, Hongjia Yang, Elena Serenko

PAINT BALL

Front: Daniel Weiss, Michael Lim, Jeffrey Zhang, Luke Zhang, Brian Chong, Benjamin Tangora
Back: Sidney Goldinger, Ella Mattingly, Liam Mattingly, Ryan Titemore, Daniel Hausmann, Sebastian Garcia-Lavin

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Front: Grace Abe, Surya Purohit, Courtney Zang, Jeana Choi, Sandhya Vellayappan, Arushi Kalia, Edith Chen
Back: Surita Basu, Kirsten Salpukas, Simona Innocenti, Yibo Pu, Khushi Soni, Anushka Rathi, Caroline Sears, Mina Lee

PHILOSOPHY

Row 1: William Sherwood, Luke Zhang, Eli Intriligator
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PHOTOGRAPHY

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PING PONG

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Back: Daniel Weiss, Ryan Titemore, Kyle McCandless

RANDOM ACTS OF KINDNESS

Front: Brianna Edwards, Elizabeth Nies Greeley, Daniel Hausmann, Anju Minemoto, Steven Rossi
Back: Tudjube Klebenov, Edith Chen, Tamara Puskarevic, Amy Hu

REACH

Front: Grace McLaughlin, Erin Cesmeli, Ashna Mitta, Christina Chow, Gabriella Tagliamonte
Back: Pamela Chiakpo, Shweta Kondapi, Anviti Swaraj, Ashish Puri, Angelina Sun

RED CROSS

Front: Samuel Levi, Mina Lee, Ada Zhu, Abbie Zhu, Hyunwoo Shin, Hongjia Yang
Back: Back: Taehyoung Roh, Talia Blatt, Elizabeth Ding, Alissa Wang, Andes Willemsen, John Kim, David Lin

RUSSIAN

Front: Tamara Puskarevic, Meghan Nyhof, Rachel Kuznetsov, Alice Davidson
Back: Antoinette Tan, Jacob London, Maxim Mastyugin

SAFER

Sidney Goldinger, Arushi Kalia, Lindsey Forg, Lucie Nolden, Sahana Sreeprakash, Reethy Sundar, Rayhan Ahmed

SAVING BOSTON SOLDIERS

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Back: Dylan Hudacek, Kevin Chin-Sam, Karl Abramson, Michael McKenna

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SCIENCE OLYMPIAD

Front: Ange Lu, Cathy Shi, Taehyoung Roh, Sarah Kim, Shinji Rho
Middle: Jiayi Ma, Sachiv Chakravarti, Rosanna Jiang, Anka Hu, and Chukun Li
Back: Julia Wu, Samuel Keyes, Lauren O'Keeffe, Matt Her, Yumi Kim

SENATE

Row 1: Vanessa Zhang, Allen Xu, Christine Lee, Kevin Wu, Tony Kim, Lucas Dicerbo, Prithul Sen, Darsan Swaroop Bellie
Row 2: Sophia Zhang, Courtney Zang, Daniel Ko, Beverly Liu, Emily Chen, Keena Gao, Kevin Zhou, Rayhan Ahmed
Row 3: Janet Mariadoss, Caroline Li, Jyothsna Bolleddula, Elizabeth Ding, Marertu Girma, Derik Kauffman, Patrick Nie, Oliver Rourke, Mr. Aramati
Row 4: Ashlan Ahmed, Andrew Shen, David Cai, Victor Chen, Anthony Sjodin

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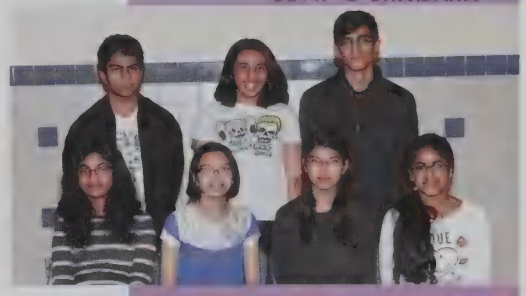

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Back: Lara Bursal, Hayeun Kim, Phoebe Bruce

SMASH

Front: Brian Chong, Luke Zhang, Daniel Weiss, Kevin Deng, Armin Jayaswal, Joshua Weiss
Back: Christian Flaherty, Dong-Ju Kim, Ryan Titemore, Maxim Mastyugin, Aidan Dwyer, Hyunwoo Shin, Justin Tsai

SPCA

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Back: Sofya Chow, Callie Moody, Anna Eaglesham, Lucy Conlin, Lilly Hart, Avery Fortier, Fiona McGuire-Eggleston, Rifka Thomas, Jackson Davy

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Front: Emily Eayrs, Efthimis Deligiannidis, Harris Erdman, Spencer Hart-Thompson, Janna Lee, Lily Lawrence, Maya Alaoeasheg
Back: Micayla White, Fiona McGuire-Eggleston, Lilly Hart, Lucy Conlin, Miranda McGuire-Eggleston, Katherine Vogelzang, Ana Ortiz DeRosa, Anna Eaglesham, Brianna Liberman

TARC ROCKETRY

Luis Alvernaz, Liam Mattingly, Markus Tuomi

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Middle: Natalie McClain, Grace Abe, Laurine Aldairy, Caroline Scott, Sofia Koso, Juliet Stevenson, Christine Wang, Seray Kauffman
Back: Ido Diamant, Christian Sevigny, Justin Lin, John Diperna, Sahana Sreeprakash, Joanna Suber

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THINK PINK

Front: Grace Abe, Emily Eayrs, Attiya Nurse, Samantha Camilo, Heather Born, Raylee Keane, Laurie Chan

TRIATHLON

Front: Daniel Cherenson, William Gao, Suhas Suddala, Nicholas Newton-Cheh, Alexander Teng
Back: Matan Gans, Lucas Dicerbo, Luke Zhang, Brian Chong

UKELELE

Front: Miriam Abrams, Constanza Reyes-Bricio, Simona Innocenti, Ido Diamant, Mira Ward
Back: Cathryn Barbour, Samuel Pak, Madeline Ellmore

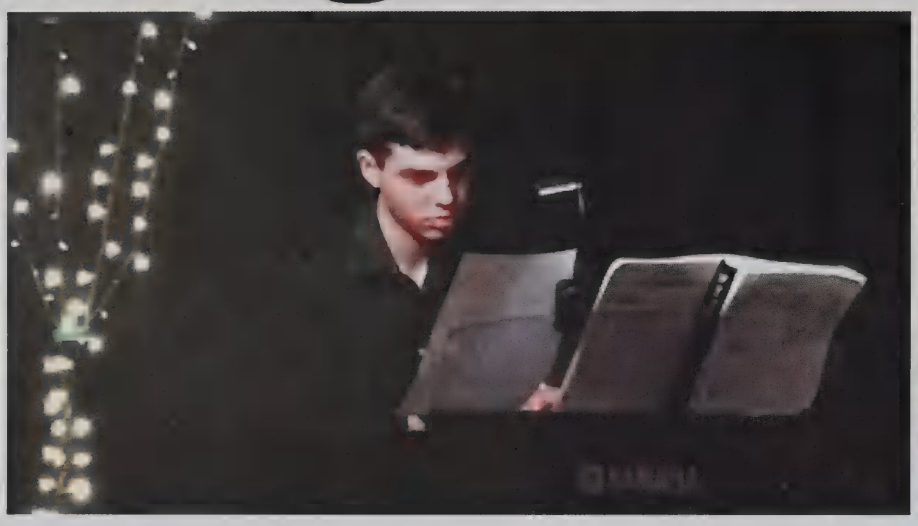
VOLLEYBALL

Front: Victor Santana, Anju Minemoto, Brian Chong
Back: Luke Zhang, Olivia Stewart

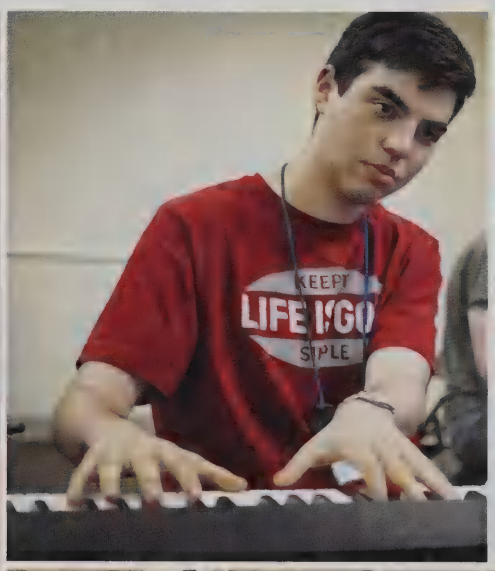
WRITING

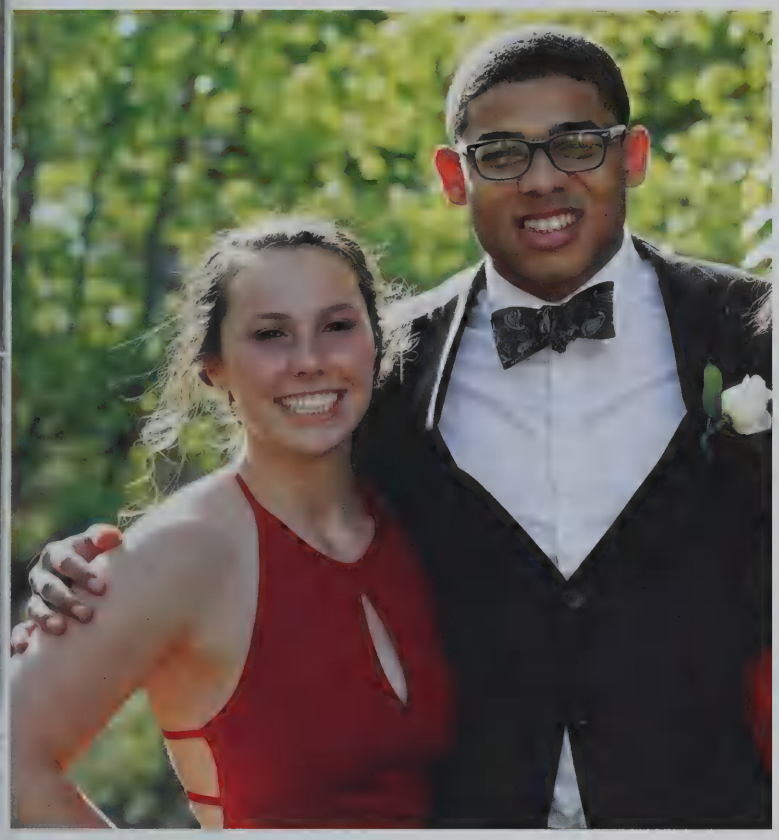
Ava Dickson, Sabrina McClain, Isadore Leginsky, Claire Larson

Congratulations Will!



The future belongs to those who believe in the beauty of their dreams.
May all your dreams come true.
We are so proud of you and love you!
Mom, Dad, Alec, Isaac and Fenway





Leah Strohmeyer Josiah White

Family by choice!
Wishing you both all the best that life has to offer!
Love, Mama and Dad Stroh

Esme Goldfinger
Sophia Ryterband

XOXO
Gossip Squirrel.

Congratulations Playgroup

Lindsey, Catherine, Mitchell, Zach, Cara & Michaela

IT'S THE FRIENDS WE MEET along THE WAY THAT HELP US APPRECIATE THE journey

Looking forward to seeing the next chapter!

Anne & Mark, Jacqy & Larry, Kerry & Brian, Kerry & Russ, Leslie & Dave, Sheila & Brian

Madeleine, Meaghan and Katherine -

We are so proud of the three of you!

We can't believe how fast graduation time has come!

We love you and wish you four amazing years of college and a future filled with love and happiness!

Love Dad, Mom, Lily and Mortimer

CONGRATULATIONS TO THE CLASS OF 2017

RISE UP

New Heights is not just a destination, it is a mindset. All too often we focus on the summit to such an extent that we lose sight of why we want to be there in the first place. As you move forwards in life, it is important that you question what it is that drives you. Make sure the destination you seek is truly your own, and that you put your aspirations first. Don't focus a specific achievement. Focus on yourself and the process of growing that will take you there. New Heights is not a place. New Heights is aspiring for more in life. No matter what your goals are, make sure you are aspiring to something new, warm, and completely your own.

Let it Snow
Decked out in snowflakes, singer Ana Fox belts out a lovely seasonal song for the Outward Concert.

Got Rhythm?
Shiv Chandra lifts Charlie Leightheiser as they belt out a song during Winter Jam.

COLOPHON

The Revolution is the 2016-2017 Lexington High School Yearbook of Lexington, Massachusetts. It is the school's 92nd volume and 13th full-color book. The book contains 216 pages of of vivid color photography to document the minutes in the halls of our hallowed school; a 28-page supplement of spring events will follow. Our thematic perspective this year endeavored to show the lofty heights to which our students and school aspire. This book was published by Herff Jones Yearbooks in Kansas City, MO, with the support of representatives Susan Happel and Missy Miller and their in-plant support team, too.

The Revolution was produced using the web application, eDesign, a Herff Jones proprietary software. The cover was created in collaboration with graphic designer Ashley Joiner at a Herff Jones sponsored cover clinic in the spring of 2016. The cover is a special fusion printing process that applies a rich four color printing on a traditional matte background material. The endsheets are a Pantone silver spot blend paper to complement the structural graphics of the cover design.

We used the font family of AHJ Plaza throughout the book for our headline treatments. All articles, captions, and mods are from the family of AHJ Craft Gothic, with Light Condensed being the most heavily used derivative. The color palette was composed of a variety of Pantone trend colors pulled from fashion trends of 2016. We built vertical gradients of all colors to use graphically throughout the book to help convey the idea of building height, an additional nod to our theme.

Professional portraits, sports photos, activities photos and school function photos were provided by SmilePro Studios of Bedford, MA. The majority of candid photos were taken by staff members using The Revolution's Canon EOS Rebel T2i and other digital cameras belonging to various staff members and the school library. All copy for The Revolution was written by an editor or a staff member.

The LHS Yearbook is a member of the Columbia Scholastic Press Association (CSPA), the New England Scholastic Press Association (NESPA), the American Scholastic Press Association (ASPA), and the Quill and Scroll Society.

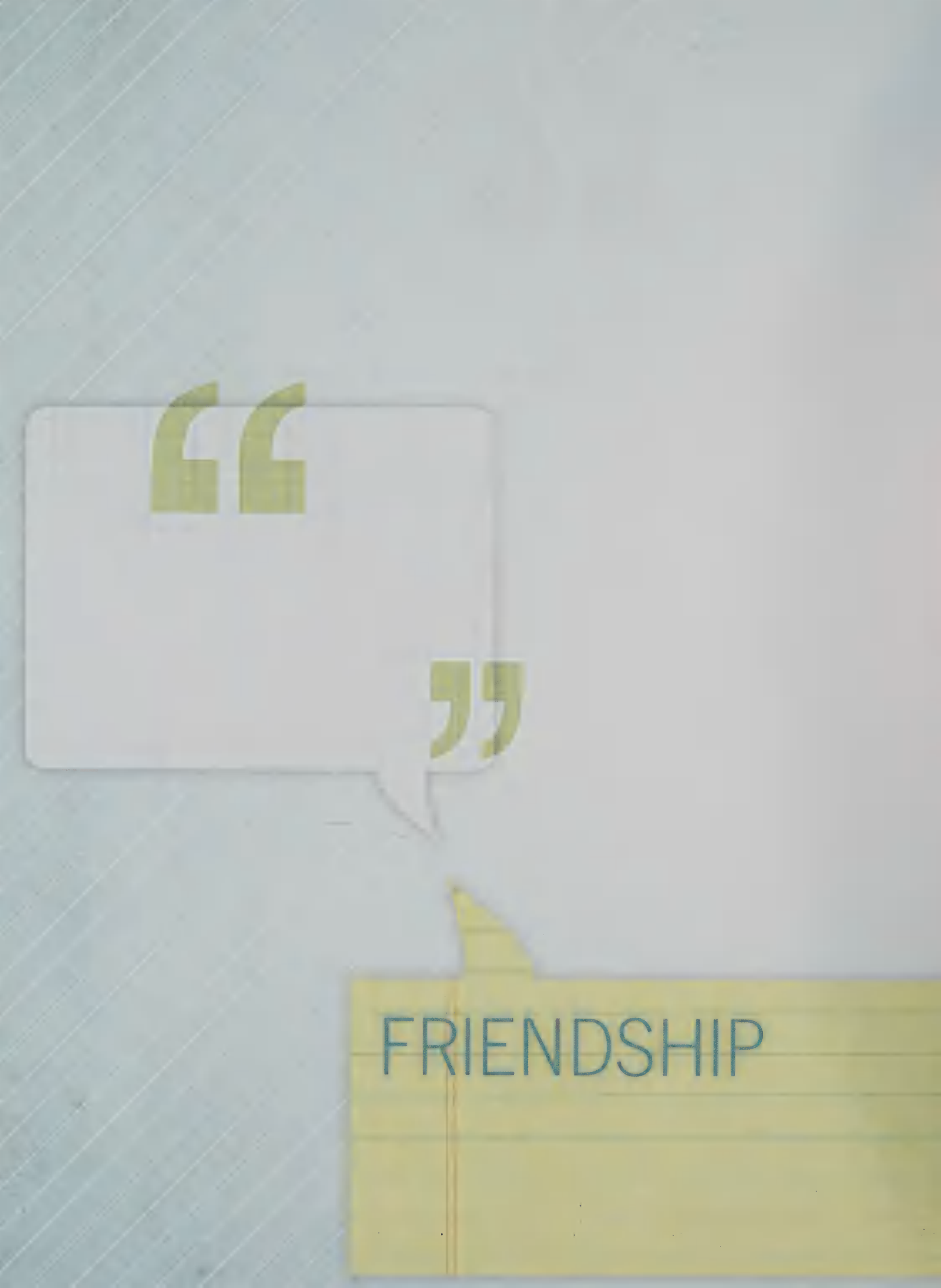
YEARBOOK STAFF 2016 - 2017

Back: Ambika Vinayagam, Sonam Rana, Ayesh Srivastava, Daniel Thacher, Jake Kunz, Ethan Kiesner, Daniel Kassay, Brandon Wu, Matthew Tan
Middle: Jiayi (Frank) Ma, Ms. Harriet Walter, William Sherwood, Talia Chen, Arielle Lee, Hannah Wang, Karanjoth Rajpurath
Front: Iris Gu, Kanch Mori-Sotelo, Li Fei, Fortingham, Aditya Kondragatti, Vishnu Kodragatti, Darsan Sivarup Hellie
Not Pictured: Kaia Chin, Maddie Leake, Laya Kumar, Amina Khan, Samantha Camilo, Seayoung (Grace) Lee, Yun Kyu Kim (Eunice) Kim, Saanvi Lotlus
Field: Lauren Lee, Elaine Yua

MEMORIES

“ ”

FUN


FRIENDSHIP

“ ”

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